



City Research Online

City, University of London Institutional Repository

Citation: Hinchliff, S. & Cruice, M. (2014). An evaluation of communication-related and quality of life outcomes for people with aphasia accessing Early Supported Discharge stroke services. *International Journal of Stroke*, 9(S4), pp. 38-39. doi: 10.1111/ijvs.12374_15

This is the accepted version of the paper.

This version of the publication may differ from the final published version.

Permanent repository link: <http://openaccess.city.ac.uk/11817/>

Link to published version: http://dx.doi.org/10.1111/ijvs.12374_15

Copyright and reuse: City Research Online aims to make research outputs of City, University of London available to a wider audience. Copyright and Moral Rights remain with the author(s) and/or copyright holders. URLs from City Research Online may be freely distributed and linked to.

City Research Online:

<http://openaccess.city.ac.uk/>

publications@city.ac.uk

UKSF abstract 2014

An evaluation of communication-related and quality of life outcomes for people with aphasia accessing Early Supported Discharge stroke services

Susannah Hinchliff^{1,2} and Madeline Cruice²

¹Early Supported Discharge team, Norwich Community Hospital, Bowthorpe Road, Norwich NR2 3TU UK
susannah.hinchliff@nhs.net

²Division of Language and Communication Science, School of Health Sciences, City University London, Northampton Square, London EC1V 0HB UK
m.cruice@city.ac.uk

Introduction:

This study aimed to research outcomes for people with aphasia accessing ESD services using measures relating to the WHO's ICF constructs, health-related quality of life (HRQOL) and well-being.

Method:

Ten participants were assessed one week after admission and on discharge. The measures used were: Western Aphasia Battery-Revised (Kertesz, 2006), Burden of Stroke Scale Communication Difficulty (Doyle et al., 2003), Community Integration Questionnaire (Willer et al., 1994), EQ-5D 5L (EuroQol Group, 1990), Ryff Psychological Well-being scale (shortened) (Thelander, et al., 1994). Wilcoxon signed rank tests were used to calculate change scores. Spearman rank correlation analyses were then conducted to investigate whether change scores for language functioning, communication activities and participation were associated with change scores for HRQOL and well-being.

Results:

The results indicate significant positive change in language functioning ($Z = -2.803$; $p = 0.005$), communication activity ($Z = -2.71$; $p = 0.01$), and participation ($Z = -2.14$; $p = 0.03$) for the participants in this study. There was no significant change in HRQOL with the EQ-5D 5L or visual analogue scale ($Z = -1.12$; $p = 0.26$; $Z = -0.83$; $p = 0.41$) and well-being ($Z = -0.36$; $p = 0.72$). A strong, significant correlation was found between change in participation and change in HRQOL (EQ-5D 5L) $r(10) = 0.73$; $p = 0.02$.

Conclusion:

This preliminary indicates that patients' language functioning, communication activities and participation improved significantly and that change in participation was associated with change in HRQOL. Further research comparing communication-related outcomes for people with aphasia accessing ESD with a control group is needed to demonstrate clear treatment effects.