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Design by Immersion: A Transdisciplinary Approach to Problem-Driven Visualizations

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Abstract—While previous work exists on how to conduct and disseminate insights from problem-driven visualization work and design studies, the literature does not address how to accomplish these goals in transdisciplinary teams in ways that advance all disciplines involved. In this paper we introduce and define a new methodological paradigm we call design by immersion, which provides an alternative perspective on problem-driven visualization work. Design by immersion embeds transdisciplinary experiences at the center of the visualization process by having visualization researchers participate in the work of the target domain (or domain experts participate in visualization research). Based on our own combined experiences of working on cross-disciplinary, problem-driven visualization projects, we present six case studies that expose the opportunities that design by immersion enables, including (1) exploring new domain-inspired visualization design spaces, (2) enriching domain understanding through personal experiences, and (3) building strong transdisciplinary relationships. Furthermore, we illustrate how the process of design by immersion opens up a diverse set of design activities that can be combined in different ways depending on the type of collaboration, project, and goals. Finally, we discuss the challenges and potential pitfalls of design by immersion.

Index Terms—Design methodologies, problem-driven visualization, design study, design by immersion

1 INTRODUCTION

In 1986, McCormick et al. [25] advocated that scientists, engineers and visualization researchers should form collaborative teams such that domain needs and processes provide a basis for solving visualization challenges. This advice is both logical and reasonable; however, realizing this vision is complex with multiple paradigms for research involving different disciplines. Kirby and Meyer [20] characterize multidisciplinary work as addressing challenges that, while being associated with specific domains, require expertise from multiple disciplines. In the multidisciplinary paradigm, “researchers work in parallel with clearly defined roles and specific tasks that provide added benefit to their disciplinary goal” [20, p.83]. They describe the interdisciplinary research paradigm as addressing problems lying outside disciplinary confines, requiring the intersection of multiple disciplines. In this paper, we present a methodology, Design by Immersion, that is based on a third paradigm we characterize as transdisciplinarity where the lines between visualization researchers and domain experts blur as individuals move beyond working in a single domain. The immersive designer works—partially or fully—in both their home discipline (visualization or domain) and the ‘other’ discipline (domain or visualization). Design by immersion has many benefits. It can facilitate collaboration and accelerate project development by building trust and deepening the dialogue between collaborators. From a visualization perspective, it expands the portfolio of existing visualization design processes in ways that encourage active participation of domain experts in the visualization process, allowing for the fluid integration of visualization processes and domains as well as novel perspectives on visualization. Design by immersion also fosters personal development, such as the acquisition of new skills and experiences, enabling a better understanding of different research perspectives and practices. Design by immersion is well suited to problem-driven visualization work.

In contrast to technique-driven visualization which aims to create “new and better techniques without necessarily establishing a strong connection to a particular documented user need”, the goal of problem-driven visualization is “to work with real users to solve their real-world problems” [40, p.2432]. However, problem-driven visualization research comes with challenges introduced by gaps in both knowledge bases and cultures [18, 26, 27, 32, 33, 40, 41]. In response to these challenges, the visualization community has developed guidelines for problem-driven and multidisciplinary visualization projects [40, 43, 45]. Specific design and workshop activities [18, 27], visualization models [33], and collaborative paradigms [43, 44] have been explored for engaging with domain experts.

However, as Wood et al. note, visualization literature generally creates an opposition between visualization and domain experts [46]. For example, in their nine-stage design study methodology framework, Sedlmair et al. advocate that researchers should clearly identify collaborators’ roles prior to characterizing a domain and engaging in the design process [40]. Similarly, action design research [41] (suggested by McCurdy et al. [26] as a visualization design framework) advocates for clearly assigning roles in collaborative problem-driven design projects. In contrast, a growing number of visualization case studies report a blurring of the boundaries between visualization and target domains (e.g., see [1, 11, 12, 16, 46]). In these instances, the roles of the researchers involved cannot be distinctly classified and may have even shifted over the course of the collaboration. Even though Sedlmair et al. [40] call for role definition, they concede that problem-driven visualization work may involve a single person in the role of both visualization and domain expert. Similarly, Wong et al. [45, p.1] note that visualization “tools historically required the users to not only be domain experts, i.e., have expertise in a specific discipline, but also have the time and motivation to become visualization experts.”

While previous work hints at the benefits of transdisciplinary approaches to problem-driven visualization work, methodologies to facil-
We provide hands-on guidance on how to engage in design by immersion as Kolb states: “Knowledge results from the combination of grasping and transforming experience.” [40] which provides the high-level stages of a design study. Their components (domain problem and data characterization; operation and model [33] deconstructs problem-driven visualization design into four relationships (e.g., ongoing collaborative publications in Case Study #4). We provide hands-on guidance on how to engage in design by immersion in visualization research with a focus on evolution as well as target domain intervention and disruption. Design by immersion can be considered as a broader transdisciplinary approach and mindset that aims at collaboratively identifying and leveraging synergies between the domain and visualization spheres, allowing visualization design processes and roles to fluidly evolve, eventually blurring disciplinary boundaries.

2.2 Action Design Research

Considering design research from beyond the field of visualization, strategies exist that offer a wider view of the role of the target domain in visualization design. For example, Action Design Research (ADR) approaches design from the perspective that technological artifacts represent both design knowledge (visualization theory) and design context (target domain knowledge and influences from users) [26, 41]. ADR emphasizes the interconnected nature of: 1) building tools, 2) intervening in the target domain via these tools, and 3) evaluating what has been built. In ADR, these tasks are tightly bound in successive build-intervene-evaluate cycles where “evaluation is not a separate stage of the research process that follows building” [41, p.43]. However, ADR promotes an artifact-centric perspective to design with a particular focus on evolution as well as target domain intervention and disruption. It does not explore transdisciplinary opportunities and their impact.

2.3 Participatory Design

Designers are increasingly focused on including users and stakeholders in the design process. For example, participatory design (e.g., [39]) is explicitly multidisciplinary and collaborative. Participatory design has been used by a number of visualization researchers (e.g., [3, 10, 24, 28, 37]), and Sanders et al. proposed a framework to organize participatory design tools and processes [38]. Based on Muller’s survey [32] of participatory design approaches, its characteristic interdisciplinarity (what Muller calls hybridity) stems from settings, activities and artifacts that encourage the creation of interdisciplinary spaces where designers and users meet to discuss and actively work through potentially differing perspectives. In the context of visualization, participatory design varies substantially from discussions with domain experts [3, 10], through potential users sketching design solutions [28, 37] and using real domain data as a mediator in data-driven wireframes and prototypes [24], to domain experts creating paper prototypes of their ideas [10]. While design by immersion aligns with ideas of stakeholder involvement as in participatory design, it also goes beyond them. In design by immersion, the focus shifts from collaboration between stakeholders and designers being structured through interdisciplinary spaces, artifacts and decisions to involving the personal acquisition of skills and field expertise in the visualization domain.
and/or the stakeholders’ domain. Design by immersion emphasizes the transdisciplinary transformation of individuals and the opportunities these transformations present for design. By engaging potential users and stakeholders in the design process, participatory design invites crossover between domains, and could serve as a starting point for transitioning to design by immersion.

2.4 Transdisciplinary Visualization Work

Design by immersion also relates to ideas from the digital humanities where visualization has started to play an increasingly important role as a new methodology [17]. Hinrichs et al. have discussed the role of visualization as a mediator between visualization and humanities researchers and a transdisciplinary speculative process advancing all disciplines involved [13]. This work emphasizes the importance of considering visualization as a process that not only enables communication between different disciplines, but also allows a collaborative reflection on assumptions inherent in each discipline. Our work builds on this research by defining and situating design by immersion in the broader transdisciplinary context of problem-driven visualization.

3 Design by Immersion

This paper is motivated by our—the authors’—experience of transdisciplinarity in our own individual collaborative visualization design projects. However, we collectively found it difficult to connect these experiences to the design processes and strategies in the visualization literature. While working on different projects, engaging with different domains, all of us had similar experiences with immersion. Reflecting on and discussing our design approaches, we found that all of us had in some way engaged with activities typical of the “other” domain and, in this way, drifted towards becoming members of this “other” community. We all found this immersion to be challenging but also transformative and enriching to our projects and our own perspectives on research. While our approaches and experiences took on different forms, taken together they illustrate a unique transdisciplinary approach to problem-driven visualization we define as design by immersion.

**Design by Immersion** is a methodology for problem-driven visualization design where visualization researchers (or target domain experts) engage with and participate in the work of another domain such that visualization design, solutions, and knowledge emerge from these transdisciplinary experiences and interactions.

This definition is based on our own transdisciplinary visualization projects as discussed below in Section 4 to illustrate and explicate design by immersion. We intentionally chose this methodology of characterizing design by immersion based on a small yet diverse number of exemplary visualization case studies that we know well as this enabled us to discuss the nuances of this design approach. While indications of design by immersion may be present in previous design studies, extracting traces of this approach from such work would be difficult without insider knowledge of these studies. We expect that future instantiating of design by immersion will expand perspectives on and understanding of design by immersion.

From a visualization perspective, design by immersion means to immerse oneself in the target domain and to engage with the data and analysis processes in the ways that domain experts do, to inform visualization processes and design. From the perspective of a domain expert, it means to engage with visualization as a design and thinking process in order to help explore and define approaches or solutions to a problem. This method is a flexible approach to problem-driven visualization design that can take on many forms, depending on the disciplines and types of collaborators.

Our definition exhibits four themes, and we use them as lenses to connect our case studies to our design by immersion definition.

**Communal.** Researchers enter into each others’ domains or existing communities with their own actors and cultures.

**Personal.** Researchers become intimately concerned with, affected by and personally involved in the other domain.

**Active.** Researchers actively engage in the other domain, participating in domain activities, rather than observing activities.

**Emergent.** The processes and results of this approach have their origins in and emerge from transdisciplinary interactions between visualization and the target domain.

A key characteristic of design by immersion is that researchers transform and enrich their knowledge and skills through transdisciplinary experiences as demonstrated in Figure 1. Each discipline is represented as an axis. The expertise of collaborators in their own “home” discipline (visualization or target domain) can vary, as represented in these axes that span from “novice” to “expert”. There is variation among visualization researchers and domain experts in terms of expertise, such as graduate students vs. senior researchers. It is common for visualization experts to have minimal knowledge or expertise in the target domain, and, vice versa. These boundary cases are represented by the red and blue rectangles (see Figure 1). Of course, there are people who are novices in both the target domain and visualization, corresponding to the lower bound on the knowledge space (the orange square in Figure 1). Design by immersion results in increasing one’s skills and knowledge in disciplines other than one’s own. Maximum time commitment can even result in becoming a dual citizen (the purple square in Figure 1), although this is a rare achievement and not a required result of design by immersion. Design by immersion typically leads to a drift of (some or all) involved researchers within this knowledge space (as discussed in [11]). We do not suggest that there is a correct trajectory to take, this depends on the project and the people involved. However, an awareness of this knowledge space and where one would locate oneself can help reflection on collaborative practices and design activities already taking place. We will identify how we have “drifted” through this knowledge space as we discuss our case studies.

The case study descriptions that follow culminate in a series of descriptive tables which can be used as a starting point for new projects. Table 1 lists activities that can benefit a research project. Table 2 provides guidance for understanding the stages of research for those activities. Table 3 describes possible themes and reflective questions to consider, and Section 7 describes potential problems to watch out for.

4 Immersion Case Studies

Our case studies cover a wide variety of domains, including computational linguistics, medicine, literary analysis, transport and chemistry. While the literature lacks a characterization of design by immersion, we draw on a number of existing studies that exemplify immersion [1, 2, 12, 16, 46]. This is not intended as an exhaustive characterization of immersion but rather to illustrate how the ideas in this paper arose from independent places and projects, while capturing the richness and multifaceted nature of design by immersion. We use each case study as a way to reveal transdisciplinary activities using Letter-# to refer to the activities in Table 1. These activities have been grouped as data analysis, study methods, prototyping, learning about the other domain, and communicating across domains, though some could be classified in multiple categories. Some activities appeared across multiple case studies as highlighted in Table 1, so we focus on
designing patterns and meaningfully from them, working through the domain-specific data analysis independently.

- **D-3:** Analyze data collaboratively with domain experts
- **S-1:** Observe domain experts practices unobtrusively in situ
- **S-2:** Keep documentation of experiences
- **S-3:** Interview collaborators
- **S-4:** Attend meetings and discussions in the other domain

### P-Activities

- **P-1:** Develop visualizations in the context of evolving collaborative research projects with multiple disciplines
- **P-2:** Develop visual encoding that explicitly incorporate and take inspiration from domain knowledge and practices
- **P-3:** Start ideating early in the design process using pre-existing domain knowledge
- **P-4:** Iterate rapidly and collaboratively on designs by leveraging informal domain expert feedback
- **P-5:** Self-critique designs from the visualization and domain perspectives

### L-Activities

- **L-1:** Engage directly with both domain-specific and visualization literature
- **L-2:** Gain broader exposure to domain concepts beyond domain problem
- **L-3:** Establish domain-based design considerations for visualizations
- **L-4:** Receive informal training from collaborators
- **L-5:** Participate in simulations of domain work

### C-Activities

- **C-1:** Use language that resonates with collaborators
- **C-2:** Relate across disciplines through common knowledge and experiences
- **C-3:** Engage in informal peer-to-peer communication with domain experts about domain science and visualizations
- **C-4:** Translate concepts and material for design team members coming from predominantly visualization or target domain backgrounds
- **C-5:** Brainstorm with collaborators about methods that would best elicit implicit knowledge

### Design-by-Immersion Activities

<table>
<thead>
<tr>
<th>Design-by-Immersion Activities</th>
<th>Enrich Domain Understanding</th>
<th>Explore New Spaces</th>
<th>Build Relationships</th>
</tr>
</thead>
<tbody>
<tr>
<td>D-1 Undertake domain-specific data analysis independently</td>
<td>1, 4, 5, 6</td>
<td>5</td>
<td>5</td>
</tr>
<tr>
<td>D-2 Enrich datasets meaningfully by deriving new data</td>
<td>5</td>
<td>4, 5</td>
<td>4</td>
</tr>
<tr>
<td>D-3 Analyze data collaboratively with domain experts</td>
<td>3, 4, 5, 6</td>
<td>3, 4, 5, 6</td>
<td></td>
</tr>
<tr>
<td>S-1 Observe domain experts practices unobtrusively in situ</td>
<td>2, 6</td>
<td></td>
<td></td>
</tr>
<tr>
<td>S-2 Keep documentation of experiences</td>
<td>1, 6</td>
<td></td>
<td></td>
</tr>
<tr>
<td>S-3 Interview collaborators</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>S-4 Attend meetings and discussions in the other domain</td>
<td>2, 5</td>
<td>5</td>
<td>5</td>
</tr>
<tr>
<td>P-1 Develop visualizations in the context of evolving collaborative research projects with multiple disciplines</td>
<td>5</td>
<td>4, 5</td>
<td>4, 5</td>
</tr>
<tr>
<td>P-2 Develop visual encoding that explicitly incorporate and take inspiration from domain knowledge and practices</td>
<td>3</td>
<td>4, 6</td>
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<tr>
<td>P-3 Start ideating early in the design process using pre-existing domain knowledge</td>
<td>5</td>
<td>1, 3, 4, 5</td>
<td></td>
</tr>
<tr>
<td>P-4 Iterate rapidly and collaboratively on designs by leveraging informal domain expert feedback</td>
<td>5</td>
<td>1, 4, 5</td>
<td></td>
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<tr>
<td>P-5 Self-critique designs from the visualization and domain perspectives</td>
<td>3, 4, 5, 6</td>
<td></td>
<td></td>
</tr>
<tr>
<td>L-1 Engage directly with both domain-specific and visualization literature</td>
<td>3, 4, 5, 6</td>
<td>3, 5</td>
<td>3, 5, 6</td>
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<tr>
<td>L-2 Gain broader exposure to domain concepts beyond domain problem</td>
<td>5, 6</td>
<td>5, 6</td>
<td>5</td>
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<tr>
<td>L-3 Establish domain-based design considerations for visualizations</td>
<td>5</td>
<td>5, 4, 6</td>
<td>5</td>
</tr>
<tr>
<td>L-4 Receive informal training from collaborators</td>
<td>1</td>
<td></td>
<td>5</td>
</tr>
<tr>
<td>L-5 Participate in simulations of domain work</td>
<td>2</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>C-1 Use language that resonates with collaborators</td>
<td>3, 5</td>
<td>4</td>
<td>4, 5, 6</td>
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<tr>
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<td>5</td>
<td></td>
<td>1, 4, 5, 6</td>
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<tr>
<td>C-3 Engage in informal peer-to-peer communication with domain experts about domain science and visualizations</td>
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<td>4, 5, 6</td>
<td></td>
</tr>
<tr>
<td>C-4 Translate concepts and material for design team members coming from predominantly visualization or target domain backgrounds</td>
<td>3</td>
<td></td>
<td>3, 6</td>
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<tr>
<td>C-5 Brainstorm with collaborators about methods that would best elicit implicit knowledge</td>
<td>2</td>
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### 4.1 Case Study #1: Apprenticeship

One approach to design by immersion is for a visualization researcher to participate in domain activities (an upward movement in Figure 1). Collins et al. [6] recount a visualization researcher using immersive observation to become an apprentice in the context of computational linguistics, and thus gain first-hand experience in statistical machine translation. In this case, the visualization researcher’s first-hand experiences in the target domain provided a contextualized understanding of it, which informed the visualization design process. The researcher’s experiences were a combination of being an immersed apprentice in the context of computational linguistics and trained the visualization researcher to carry out common domain analysis tasks (L-4). The visualization researcher subsequently engaged in independent analysis with standard tools, generated his own domain-specific findings (D-1, Personal, Active), and validated his findings with domain experts. By using pre-existing domain knowledge, the immersive researcher was able to start the visualization ideation process early, sharing visualization sketches with computational linguistics experts on a daily basis (P-3, Communal). Through shared work environments and meetings, this period involved rapid, collaborative design iterations tightly coupled to informal domain expert feedback (P-4), quickly converging on the design of Bubble Sets (Emergent) [6]. During these experiences, the immersed researcher kept a journal, which the research team subsequently leveraged to understand the domain’s data and work practices (S-2).

### Benefits and Impact

Insights into the domain problem went beyond those elicited through initial interviews with domain experts. Through experiencing the analysis process first-hand, the visualization researcher was better equipped to identify opportunities where interaction design and visualization could improve the workflow. This work highlights how design by immersion can engage visualization researchers in independent domain-specific data analysis to gain their own understanding of the target domain and its processes (D-1).

**Context** Some domains, such as medicine, require particular sensitivity and one might think that design by immersion would not be an option. However, the medical domain is one in which domain-specific technology design may be particularly important.
activities and design discussion  
First, the medical collaborator spent considerable time with the visualization group to understand the importance of pre-design empirical work [2] (S-4, Communal). Next, members of the visualization team observed medical experts in-situ, as in job shadowing, a common learning practice in the medical field (S-1). Recognizing that this produced insufficient insight for effective design, the team brainstormed together alternative methods (C-5, Communal, Emergent) to address the challenge of enabling in-situ interviews with internists (doctors who consult on internal medical problems), without putting a strain on their already busy and high-pressure workdays. With the medical collaborator and considerable advice from an ethics board (Communal), the visualization researchers designed what was essentially an in-situ interview (S-3) where the doctors gave a medical consult in the context of their working environment, minimizing their time commitment and maximizing the potential of observing their diagnostic process in a close-to-real situation [2, 47]. For the internists, who had agreed to be approached for a consult on pulmonary embolism (PE), the visualization researcher could approach them in the hospital halls, and in a manner similar to how one doctor asks another, ask for a consult on (a non-existent) PE patient (Personal, Active). The visualization researcher could then, through this simulated consultation, gain a deeper understanding of doctors' diagnostic practices (L-5).

benefits and impact  
Building on extensive transdisciplinary collaboration, the team designed software based on the doctors' own processes (Emergent), using Bayesian reasoning to provide support and revealing data uncertainty when necessary. In a pre-clinical trial comparing the use of this software to a 20 minute refresher lecture, 19 out of 20 doctors did equivalently or better. Now, a professionally programmed version is in clinical trial.

4.3 Case Study #3: Immersion in Visualization

Researchers from other domains can immerse themselves in visualization resulting in a rightward movement in the space of Figure 1.

context  
This case study, reported by Bradley et al. [1], shows the humanities embracing both visualization and the visualization community's methodology. The authors identify a gap in existing visualization techniques for language, introducing a vector space model (L-DNA) to address it. They evaluate L-DNA with a diverse group of participants to highlight the technique's potential and critique its design.

activities and design discussion  
The lead author, Bradley, originally sought out experts in visualization because he had produced mathematical work that his primary domain of English literature was incapable of evaluating. He found value in learning about the visualization process (L-1) because it allowed him to query his own research in new and interesting ways, and convinced him to pursue work as a dual citizen in both research domains.

In this instance, the author was not formally trained in mathematics and needed a domain expert to help translate mathematical ideas into readable equations. This was a unique situation for both scholars as they learned the language and symbols of each other's domains (C-4, Communal, Personal). The openness of the visualization experts to embrace ideas that had their conception in another discipline was a necessary part of this collaboration (C-1). One of the difficulties of immersion in a foreign domain is that lack of knowledge of prior work and terminology make it difficult to communicate with domain experts, even if the ideas are novel and relevant. Quite a lot of work was done in translation (Active), essentially defining common terminology to support conversation. By training, an English scholar's view of language is fundamentally different than those in technical fields, so as conversations became deeper and more theoretical, there was an inverse relationship with the time it took to agree on terminology. While this process was sometimes described as frustrating, it was also exciting in that both parties felt that they were learning from each other while approaching a common goal. This type of immersion can be challenging because it is dependent on both parties being motivated by a process that can be confusing and time consuming.

benefits and impact  
All researchers reported learning new ways of thinking about their own domains (Emergent) by considering how to describe their own tacit knowledge in ways that their colleagues could understand. The humanities researcher reports that immersing himself in visualization practices gave him an expanded methodology for characterizing his research problems and a new way to describe his work. The willingness of one researcher to immerse themselves fully in the domain of their colleagues led to developed that enabled solving problems in both domains (Emergent).

4.4 Case Study #4: Reciprocal Immersion

Design by immersion can also take on a reciprocal character where visualization and domain experts immerse themselves in each others' research approaches and practices, resulting in a vertical upward movement of the visualization researcher in the expertise space and a rightward movement of the domain expert (see Fig. 1).

context  
Hinrichs et al. [12] worked at the intersection of visualization and literary studies to analyze the characteristics of a largely unknown collection of science fiction anthologies. In this project, initial research questions were vague and open-ended due to the underexplored character of the literary collection in focus. The data collection, analysis, and accompanying visualizations evolved over the course of the collaboration (P-1) and were shaped by the design by immersion practices that the team established (Emergent).

activities and design discussion  
Throughout the project team members from literary studies and visualization independently engaged with the collection and its evolving data using their own domain specific approaches. The literary scholars engaged in archival work and the classification of the science fiction anthologies from a literary perspective while the visualization expert, even before concrete data was available, developed sketches of ideas (on paper and in computational form) for a visualization system that could facilitate the analysis of the anthologies from different perspectives (P-1,P-3). As the project took place across two continents, the visualization researcher could not be involved in the archival work or classification process, or directly observe the practices of the literary scholars first-hand. Immersion in each others’ research practices, instead, happened through frequent online discussions (C-3) that helped form joint transdisciplinary perspectives on the project (Communal) that, ultimately, would facilitate contributions to literary studies [7], visualization [12] and beyond [13]. Here, the ever evolving visualization sketches were found to be a central point as they became mediators between the two disciplines in that they exposed certain ideas and assumptions from both a literary and visualization perspective. For example, literary scholars rejected certain visualization ideas that would shape the interpretation of the collected data in unwanted ways (P-2). The visualization sketches raised questions that informed new angles to the ongoing data collection and archival work (D-2). More specifically, documenting these discussions alongside all visualization sketches helped the researchers reflect on their collaborative process (S-2). While immersion initially took place in the form of team meetings, the researchers also started to immerse themselves in the “other” domain, by reading and discussing relevant literature (L-1) and by co-authoring articles and participating in each others’ conferences (Personal, Active). Throughout the project, the team members supported immersion in each other’s fields. More generally, domain experts can help visualization researchers immerse themselves and visualization researchers can reciprocate.

benefits and impact  
The visualization and literary researchers evolved concurrently and influenced one another significantly. This transdisciplinary collaboration enabled by design by immersion has fundamentally shaped the research team and enriched but also changed the team members’ perspectives on their own field. They have “drifted” away from their own domain toward those of their collaborative partners [11]. This case study shows that design by immersion as a process is well suited to working in the context of evolving collaborative visualization-driven research projects involving disciplines where research goals and questions are still in-flux (P-1).

4.5 Case Study #5: Dual Citizens

The deepest form of immersion occurs where a researcher is both a visualization expert and a domain expert — a dual citizen occupying the top-right space in Figure 1. In this case study, reported by Wood et
al. [46], we consider problem solving by researchers with expertise in both visualization design and transport studies.

**Context**  The problem motivating this collaboration between academics and transport planners was the efficient provision and expansion of a major bicycle-share scheme in London, UK. Those directly involved included transport authority analytics experts, transport policy managers, and ‘dual citizen’ academics with both visualization and geography/transport backgrounds (P-1).

**Activities and Design Discussion**  A key activity in the initial discussion between transport authority members and academics was the establishment of trust (Personal)—a genuine belief among participants that the investment involved in collaboration will be beneficial in addressing the motivating problem. Having dual citizens involved helped by demonstrating a commitment to the domain (C-1, Personal, Active), providing a common (transport-related) framework for dialogue (Communal, C-2), and demonstrating recognizable expertise. This accelerated the transition to the analytics phase of the collaboration (Active) where data and visualization provided the mediation artifacts for discussion (P-4). In parallel with this collaborative activity between academics and transport authority members, dual citizenship supported participation in the academic transport studies community including methodological innovation in the use of transport visual analytics (Emergent). Importantly, members of the transport authority participated in joint publication and presentation in the academic transport studies sector (S-4, Personal, Communal, Active, Emergent)—something unlikely to have occurred without the dual citizenship of some of the participants.

**Benefits and Impact**  Immersion via dual citizenship can speed up the process of collaboration, especially at the trust establishment phase of a project. It also offered a wider range of opportunities for impact (operational, policy, academic visualization, and transport studies) than might otherwise have been the case. It provided a structure for the PhD of one of the participants and career development for another (Personal). It assisted in the use of visualization as mediation between the analytics and senior policy members of the transport authority. This deeper immersion also opened up other parallel channels of mutually supporting activity in the arts and museum sectors [46].

### 4.6 Case Study #6: Dual Immersion

Design by immersion was used as part of a collaboration to create novel visualizations in the chemistry domain [4,5]. Here, we discuss how dual immersion was used to achieve an effective visualization design.

**Context**  The team comprised a visualization researcher, two chemical researchers, and a researcher immersed in both visualization and chemistry. At the start of the collaboration, the immersive researcher was developing both his visualization and chemistry expertise in order to become a dual citizen of both research communities. We focus on the impact his immersion in chemistry had on visualization design.

The immersive researcher initially saw an opportunity to address chemistry data analysis challenges through visualization, and the collaborative team evolved because he actively chose to enter into these complicated research spaces. The team was originally what Kirby and Meyer [20] call a multidisciplinary team; trying to solve a research challenge in one domain by leveraging multiple domains such that team members had clear roles. However, the distinction between visualization researcher and domain expert became fluid. By the end of the collaboration, all team members warranted recognition for having helped advance both visualization and chemistry. It is important to note that transdisciplinary activity need not apply to full teams to be useful. In this instance, one researcher on the team was acting in a transdisciplinary context, and it helped shape the way the entire team worked together.

**Activities and Design Discussion**  Having an immersive researcher in both chemistry and visualization enabled knowledge development within the team. Leveraging his existing chemistry knowledge, the immersive researcher familiarized himself with project-relevant chemistry literature (L-1). Coordination and cross-disciplinary learning were achieved through informal peer-to-peer discussions (C-3) facilitated by shared domain knowledge (C-2) and through casual learning opportunities facilitated by sharing office space and informal observations (S-1, Communal). He also engaged in more formal one-on-one and collaborative discussions with the domain researchers about the chemical processes they were studying, chemical research challenges, and potential visualizations. In particular, one of the domain researchers invited him to collaboratively analyze some chemistry data (L-2, Communal, Personal, Active), which strengthened their collaborative relationship and enriched the immersive researcher’s understanding of the data analysis challenges. On the visualization side, the immersive researcher regularly discussed visualizations and the corresponding chemistry with the visualization researcher, acting as a translator between the visualization and chemistry experts (C-4). During the collaboration, the immersive researcher kept sketches, personal notes and prototypes which were valuable in reflecting on the design process (S-2). Furthermore, the he started to self-critique his designs from both the chemistry and visualization perspectives as the project and his immersion progressed (P-5). The collaboration resulted in several visualizations, for example Radially-Angularly Mapped Trajectory (RAMT) plots [4, 5]. While RAMT plots resolve a specific domain analysis challenge, they incorporate additional domain concepts that were not directly connected to the domain challenge nor the chemistry researchers’ data characterizations. Instead, these domain concepts emerged as relevant during the design process. Immersion helped the researchers gain a broader exposure to domain concepts (L-2), which they leveraged to develop domain-inspired visual encodings that explicitly incorporate domain knowledge (P-2, Emergent) and reveal domain-based design considerations for visualizations (L-3, Emergent).

**Benefits and Impact**  The project resulted in novel visualizations that advanced chemical understanding, and yielded publishable insights [4, 5]. It revealed design considerations for future molecular visualization. The resulting chemistry visualizations also raised visualization questions, and inspired subsequent work exploring emphasis in information visualization [9].

### 5.1 Enrich Domain Understanding through Personal Domain Experiences

Gaining an understanding of a target domain plays a central role in models of problem-driven visualization design (e.g., [27,33,40]). Immersion enables researchers to leverage a variety of activities to enrich their understanding of a target domain. What makes design by immersion distinct is the personal component of how a researcher understands a target domain. Researchers can engage in collaborative data analysis with domain experts (D-3), or analyze domain data independently to gain first-hand experiences with existing tools (D-1). An immersed researcher can unobtrusively observe domain experts in situ (S-1), or directly engage in peer-to-peer communication with them about both the domain science and visualizations (C-3). For additional perspectives on the domain, an immersed researcher can consult domain literature (L-1). Similarly, previous work has suggested that visualization researchers read domain literature (e.g., [40,44]), and immersion will help them gain more from this activity. Through immersion, researchers also gain deeper exposure to the concepts and problems of other domains beyond visualization challenges (L-2). In each of these activities, the researcher either engages directly with domain material, or explores the
domain through personal exchanges with domain experts that emphasize peer-to-peer relationships. By participating in the target domain, the researcher confronts domain challenges and creates actionable mental models of the domain. As a researcher starts to design visualizations following (or as part of) immersion, the goal is to develop a richer personal understanding of the target domain.

In addition to using immersion to generate domain descriptions, researchers can also use immersion-supported activities to evaluate those descriptions (e.g., 5-1, D-3, C-3), particularly when they leverage their domain experiences and connections to access new external domain experts for validation purposes. In the context of Munzner’s nested model [33], immersion can facilitate both exploratory and summative evaluations—pre-design studies aimed at gaining a understanding of a domain situation and post-design evaluations aimed at assessing research output quality in the context of the domain situation. Similarly, McKenna et al. [27] distinguish methods that generate an understanding of a domain task and those that evaluate an existing characterization of that task. Immersion empowers researchers to enrich their domain understanding through personal domain experiences, and to provide mechanisms for evaluating domain descriptions. Immersion can also potentially support approaches aimed at achieving “immersive” tool evaluations, for example, multi-dimensional in-depth long-term case studies as detailed by Shneiderman and Plaisant [42].

5.2 Explore New Domain Inspired Spaces
Design by immersion provides an alternative perspective on how researchers can explore visualization solution spaces. For example, through immersion, researchers can realize visual encodings that explicitly leverage domain knowledge and practices beyond those captured by domain problem characterization and subsequent abstraction (P-2), in part due to their broader exposure to domain concepts (L-2). While previous work has suggested that deriving new data types is part of visualization design [27], an immersed researcher, with both domain experience and visualization knowledge, is particularly well positioned to manipulate and extend datasets in meaningful ways (D-2). Wood et al. detail an example of this in their work [46]. In turn, immersion can help meet the design guidelines of Wong et al. [45] that outline how researchers designing visualizations for domain experts should use domain terminology in their designs.

Immersion also opens up alternative design paths. Immersed researchers can concurrently characterize new domain problems and ideate new solutions using immersion-supported experiences and knowledge of the domain (P-3). In contrast, previous work (e.g., [27, 33, 40]) takes the perspective that visualization projects involve an initially ordered progression from domain characterization to ideation. Design by immersion involves visualization researchers iterating frequently and collaboratively on designs with domain experts (P-4) so that visualizations are intertwined combinations of input from domain expert collaborators, visualization and domain influences, and prototype development, aligning well with the build-intervene-evaluate cycles of ADR [41]. The tight coupling of visualization and domain during design by immersion also empowers researchers to design visualizations in the context of evolving collaborative projects (P-1), and potentially when domain needs are open-ended [12]. In contrast, previous work [27, 33, 40] generally emphasizes visualization design scenarios where domain experts have relatively stable tasks and workflows during the course of the visualization project.

Immersion also changes how visualization researchers consider and explore solution spaces as they generate visualization designs. Immersion enables the researcher to critique their designs from both the domain and visualization perspectives (P-5). This dual self-critiquing is complimentary to external critiques from domain experts. Self-critiquing from the domain perspective is similar to Neustaedter and Sengers’ autobiographical design process [34]. Autobiographical design is a type of design research in HCI that relies on “extensive, genuine usage by those creating or building the system.” They advocate that researchers leveraging autobiographical design should keep formal records to facilitate reflection on their design processes. We recommend that immersed researchers should similarly keep their own records if they want to reflect on their design processes following an immersive project, particularly given that design by immersion generally involves blurred roles. Documenting the process both helps reflecting on the domain and navigating the design process [12] (S-2).

Design by immersion can potentially reveal new problem spaces through mutual shaping. Mutual shaping is a principle of ADR [26, 41], and refers to how members of the design team come from differing backgrounds, but learn from each other and shape one another’s ideas. In particular, “[t]hrough close collaboration the team members learn about each other’s expertise, sometimes offering valuable insights into another’s primary domain” [26]. We experienced this during two of the case studies (RAMT plots and the L-DNA project [1]). Outsiders are well positioned to question assumptions and reveal new challenges that the other domain had not considered.

By having both visualization and domain knowledge, an immersive designer brings broader knowledge, perspectives, and skills when addressing a domain’s visualization challenges and critiquing visualizations. The close connections established between the researcher and their domain expert collaborators pushes the design process away from a cyclic interaction. Knowing the target domain and exploring the visualization space become intertwined.

5.3 Build Interdisciplinary Relationships
Through immersion, visualization researchers share more in common with their domain expert counterparts, facilitating greater rapport among collaborators. By embracing design by immersion, a visualization researcher can utilize language that resonates with their domain collaborators (C-1); the value of which has been noted by others [42,43]. Moreover, akin to Liaisons [43], immersed researchers can relate to domain experts through common knowledge or experiences (C-2), engage in informal peer-to-peer communication (C-3), collaboratively analyze data with domain experts (D-3), and translate ideas for non-immersed members of a design team (C-4). These activities, in addition to helping establish domain understanding, help immersive designers to create cohesive teams. Greater rapport and cohesion can establish the trust and openness necessary for effective collaborations. Furthermore, strong relationships with domain experts offer new opportunities, such as access to an extended network of domain experts, and provide a firm basis for engaging in more ambitious future work. While Sedlmair et al. [40] identify poor rapport with collaborators as a potential pitfall for design studies and problem-driven work, the visualization literature generally does not emphasize that building bridges between visualization and other domains requires visualization researchers to build effective personal relationships with researchers in other domains. Design by immersion can help visualization researchers build these personal relationships.

6 HOW TO IMMERSE YOURSELF
Immerse oneself and engaging in design by immersion are two interconnected research processes. The activities in Table 1 are intended as practical approaches to facilitate the construction of customized immersion trajectories. There are many activities in Table 1 and not every design by immersion project will use all possible activities. In fact, one of the challenges of design by immersion is that there are many possible immersion trajectories, and one needs to navigate these possibilities while remaining sensitive to one’s immersion domain. What is appropriate in the context of one domain may not be suitable for another domain. There is also the challenge of deciding when to stop; immersion trajectories do not necessarily need to culminate in dual citizenship. In light of this complexity, we aim to empower people to develop their own trajectories. To this end, we first illustrate the diversity of possible trajectories leveraging our case studies, and then provide a framework for constructing immersion trajectories.

6.1 Example Trajectories
Immersion trajectories may vary considerably depending on the project, team members, and domains. To illustrate the diversity of possible trajectories, we review the immersion trajectories for Case Studies #4 and #6.
In Case Study #4, the two immersed researchers originated from
literary studies and visualization. They facilitated each other’s immer-
sion, which was shaped by the idea of developing visualizations in an
evolving transdisciplinary project (P-1). The immersion trajectories
involved data-driven activities (domain-specific analysis D-1, deriv-
ing new data D-2, and collaborative data analysis using methods from
literary studies and visualization D-3). Visualization and prototyping
followed a speculative approach, that paralleled these data-driven activi-
ties (P-3), in particular: developing visual encodings that explicitly took
inspiration from domain knowledge and practices (P-2), and iterating
rapidly and collaboratively on designs by leveraging informal domain
expert feedback (P4). Key to the immersion for both researchers were
frequent discussions of emerging insights from archival work and visu-
alization (C-3). Current visualization prototypes (on paper and digital)
as manifestations of insights, assumptions and questions became the
centre of these discussions that also included design critiques from
visualization and literary studies perspectives (P-5). While immersion
happened as part of these discussions, documenting these enabled later
reflections on how this immersion had affected the course of the project
and project outcomes as well as the researchers themselves (S-2).

In Case Study #6, the immersed chemistry researcher’s trajectory
involved data-driven activities, learning about the visualization domain,
communicating with collaborators, and study methods, some of which
are domain expert analogs of activities in Table 1. For example, the re-
searcher took a course in visualization, read introductory visualization
literature (L-1), and then undertook independent design sketching and
digital prototyping (D-1). He started participating in a visualization
research group, which involved attending the group’s meetings and
engaging in informal peer-to-peer discussions about visualization (C-3).
Through this engagement, he was able to observe visualization design
practices unobtrusively in-situ (S-1), in addition to critiquing and de-
signing visualizations collaboratively with visualization researchers
(D-3). Longer term, he attended visualization conferences, and collabo-
rated with visualization researchers on visualization projects beyond
chemistry-specific applications.

The differences in these trajectories highlight how specific low-level
characteristics of immersion can differ between projects. Therefore,
we have generated a framework with several sets of questions to help
guide researchers as they construct their own immersion trajectories.

6.2 Constructing an Immersion Trajectory

Researchers need to carefully consider and construct their own immer-
sion trajectories while respecting the specifics of their own interests
and personalities, immersion domain and research goals, as well as
collaborators. Design by immersion is not a cure all. However, in our
experience it tends to lead to rich insights and changes in both personal
and collaborative perspectives, advancing all disciplines involved. We
provide a framework for constructing immersion trajectories in order
to enable other researchers (within and outside of the visualization
domain) to leverage design by immersion.

6.2.1 Considering Your Own Interests & Contextual Factors

Researchers choosing to start design by immersion projects should
carefully consider why and how they will build transdisciplinary rela-
tionships, and, thus, surround themselves with a support group.

What are your own interests? — It can be important to reflect on
your own interests and what draws you toward this type of approach.
Maybe your profile is already interdisciplinary and you wish to ex-
perience work in another domain in more detail. Maybe you wish to
incorporate another domain’s perspective as you feel it may deliver key
aspects to your project and/or research interests. In any case, it can be
valuable to consider personal goals. What would you like to get out of
the transdisciplinary collaboration? What do you think you might
contribute to the collaboration and/or immersion?

Who will be your critical domain supporter(s)? — The immer-
sion process will be easier if you have at least one close domain sup-
porter who is willing to invest themselves in the immersion process
and make long-term commitments to your work. This strong supporter
will likely be the domain partner for your immersive project, so that

<table>
<thead>
<tr>
<th>Table 2. An example immersion trajectory.</th>
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<tbody>
<tr>
<td>Stages</td>
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<tr>
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<tr>
<td>Stage #1: Establishing basic domain knowledge</td>
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<tr>
<td>Take introductory course(s) in domain if you have no prior education or experience with the domain</td>
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<tr>
<td>Find a domain expert who is willing to support the immersion process</td>
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<tr>
<td>Read introductory background domain literature</td>
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<tr>
<td>Start attending group meetings of domain researcher</td>
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<tr>
<td>Stage #2: Gaining domain research exposure</td>
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<tr>
<td>Read domain research literature</td>
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<tr>
<td>Start working co-located with domain experts</td>
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<tr>
<td>Undertake independent domain-specific data analysis</td>
</tr>
<tr>
<td>Work collaboratively with domain experts to tackle domain questions and data analysis challenges</td>
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<tr>
<td>Stage #3: Establishing broader domain reputation</td>
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<tr>
<td>Collaboratively engage with domain experts to prepare a domain-specific paper related to your work with them</td>
</tr>
<tr>
<td>Attend domain-specific events (e.g., a conference)</td>
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</tbody>
</table>
While design by immersion provides opportunities, it also has its challenges, which we have gathered from our case studies and experiences. Design by immersion can place substantial demands on a researcher’s time. This is not a unique characteristic of this approach. As Munzner [33, p.927] states, “The domain problem characterization stage is both difficult and time consuming to do properly.” What is particularly demanding is the double counting of certain activities, such as engaging and keeping up-to-date with two distinct bodies of literature. However, we highlight again, that design by immersion allows for different levels of trajectories in the immersive skill space (see Figure 1), and becoming a “dual citizen” is not necessarily the goal. This being said, design by immersion does align with recent trends in visualization. For example, most PhD programs are structured around a single home department. Similarly, funding initiatives often target particular domain groups (e.g., the sciences, the arts, the humanities, etc.), presenting challenges for transdisciplinary collaborations across non-classical cognate disciplines (e.g., computer science and literary studies). However, it is worth noting that many companies are resource lean, so transdisciplinary work experience and dual citizenship may be desirable. Systemic barriers, like immersion, are sensitive to one’s context.

### 7 Design by Immersion Challenges

#### Time Commitment — Immersion can place substantial demands on a researcher’s time. This is not a unique characteristic of this approach. As Munzner [33, p.927] states, “The domain problem characterization stage is both difficult and time consuming to do properly.” What is particularly demanding is the double counting of certain activities, such as engaging and keeping up-to-date with two distinct bodies of literature. However, we highlight again, that design by immersion allows for different levels of trajectories in the immersive skill space (see Figure 1), and becoming a “dual citizen” is not necessarily the goal. This being said, design by immersion does align with recent trends in visualization. For example, most PhD programs are structured around a single home department. Similarly, funding initiatives often target particular domain groups (e.g., the sciences, the arts, the humanities, etc.), presenting challenges for transdisciplinary collaborations across non-classical cognate disciplines (e.g., computer science and literary studies). However, it is worth noting that many companies are resource lean, so transdisciplinary work experience and dual citizenship may be desirable. Systemic barriers, like immersion, are sensitive to one’s context.

#### Systemic Barriers — Researchers leveraging design by immersion may encounter systemic barriers related to its transdisciplinary nature. For example, most PhD programs are structured around a single home department. Similarly, funding initiatives often target particular domain groups (e.g., the sciences, the arts, the humanities, etc.), presenting challenges for transdisciplinary collaborations across non-classical cognate disciplines (e.g., computer science and literary studies). However, it is worth noting that many companies are resource lean, so transdisciplinary work experience and dual citizenship may be desirable. Systemic barriers, like immersion, are sensitive to one’s context.

### 8 Conclusion

The visualization community is grappling with increasing multidisciplinarity and the breakdown of the traditional dichotomy between visualization researchers and domain experts. In this paper, we introduced and discussed design by immersion, a progression of themes already present in the visualization literature. Design by immersion is an alternative design approach for problem-driven visualization research, and expands the suite of tools available to the community. We highlighted how immersion supports design activities and specifically provides researchers with opportunities to: (1) enrich domain understanding through personal domain experiences, (2) explore new domain-inspired spaces, and (3) build interdisciplinary relationships. To empower other researchers to take advantage of immersion, we pointed to alternative strategies for achieving immersive goals, related the process to existing design approaches in the literature, and revealed some challenges. We also provided a high-level road map of how visualization researchers can immerse themselves in target domains. The visualization community has been calling for increased application research for some time, and a critical part of achieving this is breaking down the walls between visualization and other domains. Design by immersion can help address these challenges by empowering researchers to explore new transdisciplinary horizons for problem-driven, applied visualization.


