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Social Norms as a Cost-Effective Measure of Managing Transport Demand: Evidence from an Experiment on the London Underground

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Social Norms as a Cost-Effective Measure of Managing Transport Demand:

Evidence from an Experiment on the London Underground*

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Abstract

In an effort to cope with increasing passenger demand on its network, Transport for London (TfL) implemented in the second half of 2017 an experiment on one of its busiest metro train platforms. The platform surface was painted to highlight the exact location of the train doors once it comes to a full stop and to direct passengers to wait in parts of the platform that would not obstruct passengers from alighting from the train and leaving the platform. We estimate the effect of this intervention to change passenger behaviour on the platform on train waiting and delay times. We use different sets of assumptions about what the counterfactual change in waiting and delay times would have been in the absence of the intervention. Depending on the assumptions, we find that the intervention has reduced train waiting times between 0 and 6.6%. We also find that this reduction came about mainly through reducing delay times of trains once they are delayed which were cut by between 4.6% and 12.6%. The reductions are not evenly distributed throughout the day, but tend to occur during peak traffic hours. The value of the implied time savings per year are £156,000 at a cost of £25,000, amounting to a return of £6 per £1 investment. If the dwell time reduction could increase train frequency on the affected line by 1 train per hour, however, then TfL could save another £3.6 million.

JEL classifications: C21, C24, D91, R41

Keywords: Social norm, train waiting times, train delay times, public transport

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1. Introduction

Transport is a key factor in any modern economy and its cost-effective management and supply are crucial if the ever-growing demand is to be met and development sustained (Duarte *et al.*, 2010). Many modern local and national authorities now implement policies to encourage people to patronise more environmentally friendly modes of transportation which mainly involve the use of public transport (Karekla and Tyler, 2012), adding importance to the reliability of urban public transport systems. Any delay to a high frequency metro network like London Underground can have far reaching and knock-on effects, as delays to a train service quickly cascade to other trains on the same line. Perceptions of decreased reliability can have long-term adverse effects on customer good-will and – in the case of London – compromise the Mayor’s central aim of having 80 per cent of all trips in London to be made on foot, by cycle or using public transport by 2041 (TfL, 2018a).

One major source of the occurrence of delay to a transport network is the sheer increase in the demand for the network’s services, which in turn puts pressure on the capacity. The demand for transport has been increasing over time in many urban and rural economies. Atkins (2006) predicts that the demand for some inter-urban rail lines would increase by between 70% and 104% by 2026. Increases in demand inevitably impact on the reliability of a transport network (Melo *et al.*, 2011; Barron *et al.*, 2013) and increase transport costs in general. How can transport networks cope with these increases in demand in the face of capacity constraints?

Overcrowding on platforms increases dwell times – the length of time that trains remain at the platform from wheel stop to wheel start – which then translate to increased delay and costs for both providers and passengers. Many metros now invest in acquiring more capacity for their networks through different means like technical and structural solutions to manage travel demand (Barron, 2016). To effectively manage dwell times at platforms one can resort to hard and soft measures (Bamberg *et al.*, 2011). Hard measures include investments in structures and

infrastructures; for an old network like London Underground it entails retrofitting existing infrastructures which are usually very expensive and can sometimes pose an engineering challenge. Soft measures on the other hand broadly represent measures which cause conscious or subconscious behavioural change. Traditional methods involve campaigns, sign posts, audio-visual cues on the platforms, fare structure manipulation and others (Bamberg *et al.*, 2011; Loukopoulos, 2007; Fujii and Taniguchi, 2006). Therefore, where there exist capacity constraints, it is imperative that the providers of the transport network seek smarter and cost-effective ways of managing passenger flow and demand. Many researchers now question the efficacy of using only traditional economic methods in controlling transport demand. For instance, economists and transport policy makers have hitherto focused on the Pigouvian method of using prices to control passenger demand (e.g. charging more to travel in the peak than off-peak), but the efficacy of price in the demand and supply functions of any public transport network depends critically on its price elasticity, transport policy and passengers' behavioural norms. In addition, there is now evidence that non-price interventions can be very effective and relatively inexpensive in some scenarios (Allcott, 2011; Bertrand *et al.*, 2010).

There is limited quantitative evidence based on experimental settings in transport management showing causal effects from norms to behaviour (Metcalf and Dolan, 2012), and existing work is confined to laboratory experiments. In this paper, we address the question of whether using social norms to nudge passengers into conformity has affected a reduction in dwell times on a key platform on one of the busiest metro networks in the world. We employ data from London Underground's Green Lane policy experiment at King's Cross station. The experiment was aimed at influencing passenger behaviour by laying green vinyl on the platform supported by audio and visual cues that encourage customers to pass along the platform until they find a non-green space to stand and wait for a train. The green vinyl was laid only on the Southbound Victoria line platform at King's Cross (providing the treated platform), owing to its vantage

position as a pinch point location and a central hub on the network created by persistent increase in demand and connections to other inter-urban lines. The vinyl on the platform also shows where the doors would open when the arriving train completely stops at the platform thereby helping passengers know exactly where the doors would be. Data were retrieved for periods before, during, and after the experiment (after the vinyl was removed) for every London Underground train through King's Cross and adjacent stations using specialist software.

We observe a significant reduction in dwell time by 6.6% (2.3 seconds), which is a profound result for London Underground by its own standard. London Underground values one second savings in dwell time at King's Cross station at £68,000 worth of customer benefits (Goodwin, 2017). Therefore, our research indicates that the Green Lane intervention generated customer benefits of £156,400 per year for London Underground at a cost of £25,000 (total costs of materials and labour for installing and decommissioning the Green Lanes at one platform). If dwell times could be reduced by a total of 2.7 seconds, the frequency of trains going through the affected platform could be increased from 36 to 37 trains per hour, resulting in additional customer benefit of £3.6 million. The dwell time reductions are mainly occurring during peak demand times, and can be mostly attributed to reductions in delayed departures. We further investigate whether the dwell time reductions can be sustained after the removal of the signals which caused the behavioural change in the first place, thereby adding to the important discussion on how sustainable interventions suggested by the behavioural science literature are. Our results suggest that any beneficial effect of the Green Lanes on dwell times disappeared after the Green Lanes were removed.

Methodologically, our paper is distinct from the existing literature in two important respects: First, it is based on a real-world intervention at one of London's busiest stations, and exploits its quasi-experimental nature by comparing the dwell time changes on the treated platform to

a number of different potential control platforms, accounting for the possibility of seasonal variations in dwell time, changes affecting the entire station, and changes affecting the entire service line. We thus estimate difference-in-differences, triple differences, and a quadruple difference model to quantify the impact of the Green Lanes. Our empirical strategy thus amounts to estimating the effect of the Green Lanes on dwell times under a set of different assumptions. We obtain statistically and economically significant effects in most of our models. The resulting estimates show that while the correctness of any of those assumptions cannot be known, it seems very improbable that all our estimated treatment effects should be attributable to a factor other than the Green Lanes.

The second methodological contribution is to explicitly model the operating procedure for trains to stop and depart. Not every potential dwell time saving translates into actual savings. If the train is on schedule and needs to wait for its scheduled departure, its dwell time will not decrease, even if alighting and boarding terminates quicker. We model dwell and delay times as latent variables, and allow for the Green Lanes to have different effects on dwell and delay times.

The rest of this paper is divided into nine further sections. Section 2 reviews the existing literature. Section 3 discusses the background to the experiment, and section 4 describes the data and estimation methodology. A graphical analysis follows in section 5 and main results are presented in section 6. Sections 7 and 8 discuss heterogeneous trends and further results. Results of the removal of the Green Lanes are in section 9. Section 10 concludes.

2. Review of literature

Our paper is closely related to two general strands of literature. Behavioural economics and the literature on social norms in particular have analysed the effectiveness of relatively cheap and non-intrusive measures to affect behavioural changes resulting in socially desirable

outcomes. The transport literature has identified dwell times as one of the main factors in determining reliability in high-frequency networks, and found that crowding on the platform and train explains most of the variability in dwell times.

2.1 Social Norms.

There is a wealth of research on social norms – unwritten rules that govern individual behaviours in a society. It is widely accepted that social norms are important in influencing human behavior in social sciences (Sherif, 1936; Cialdini *et al.*, 1991; Merton, 1957; Coleman, 1990). For a norm to be considered “social”, it must be acceptable to and shared by the other members of the society. Its sustainability is a function of both the approval and disapproval of the members of the society (Elster, 1989). The distinguishing feature of a social norm is that it does not benefit any one individual but (parts of) society, and the punishment for non-conformity cannot be enforced legally but through social sanctions imposed by others, or self-imposed sanctions such as the feelings of embarrassment, shame, guilt and uneasiness that the offenders suffer when they violate any existing norms (Sugden, 1987; Elster, 1989; Coleman, 1990; Young, 2008). Examples include not jumping queues, standing on the ‘right’ side of an escalator, giving up one’s seat for a pregnant or elderly person, etc. We analyse the effectiveness of using social norms to influence passenger behaviour in a bid to reduce dwell times and by extension the generalised cost of travel.

In economics social norms have been explored in several contexts like unemployment, game theory, consumption and other topics (see Akerlof, 1980; Bernheim, 1994; Fehr and Gächter, 2000; Conlin *et al.*, 2003; Akerlof, 2007; Krupka and Weber, 2013). Setting or communicating social norms have been shown to reduce energy consumption (Allcott, 2011; Schultz *et al.*, 2007) and increase tax compliance (Hallsworth *et al.*, 2017).

Lindbeck *et al.* (1999) show how economic incentives or the pursuit of individual goals influence and are influenced by social norms in a welfare state. Based on the assumption that individuals would generally rather live off their wages or income, which is seen as the norm in a social milieu, Lindbeck *et al.* (1999) state that the more individuals adhere to the same norm the stronger the norm would become. In this sense social norms become an equilibrating scenario in a repeated game where individuals derive utility from economic incentives and the disutility arising from unilaterally deviating from the norm caused by sanctions from the other members of the society.

In game theory the concept of social norms has been used in solving several equilibrium situations (see Schelling, 1981; Bicchieri, 1993; Young, 1993; Young, 2015; Sugden, 1987; Lewis, 1969; Ostrom, 2000). Thibaut and Kelley (1959) show that in repeated game situations individual players tend to avoid costs by agreeing on terms of reference beforehand. This is because engaging in any bargaining in a bid to influence the preferred outcome can be costly; it is rational to agree on the terms from the outset which then become the norm. It has also been argued that social norms yield pareto-efficient scenarios (Coleman, 1990; Ullman-Margalit, 1977) and are quite efficient and effective in the equitable regulation of social welfare (Akerlof, 1976; Bicchieri *et al.*, 2018; Nolan, 2015). In a situation where a norm leads to a pareto-inefficient situation it is expected to disappear with time. This is the case with most, if not all gender, race, or sexual orientation bias norms (Bicchieri *et al.*, 2018). However, inefficiency is only a necessary condition for the disappearance of a social norm; it is by no means a sufficient condition as is evident in situations where corruption results in huge social costs to many and benefits a few (Bicchieri and Chavez, 2010).

2.2 Dwell Time Reduction Strategies

Managing congestion and capacity through the control of train platform dwell time is now receiving increased attention among researchers and operators. Dwell time is an important variable that changes service level and reliability, so its extension or inconsistency can be detrimental to a network's capacity and hence ability to provide reliable service irrespective the level of investment (Thoreau et al., 2016; Barron, 2016). This can be achieved with hard or soft measures. Hard measures represent heavy investments which include capital expenditure on structural adjustments like platform expansion, installation of platform edge doors (PEDs), station restructuring, line re-signalling and even procurement of new rolling stock. Soft measures on the other hand represent non-intrusive interventions such as communication campaigns and other techniques that support and encourage behavioural change (Brög *et al.*, 2009; Cairns *et al.*, 2008; Taylor, 2007; Avineri and Goodwin, 2010; Bamberg *et al.*, 2011).

Dwell time depends, *inter alia*, on system constraints such as station layout, signalling capacity, train design, demand, as well as human behaviour in traffic flow context (Wright, 2015; Buchmüller, Weidmann and Nash, 2008; TfL, 2014a). Given train and platform infrastructure, the amount of boarding and alighting passengers, and in-train occupancy have been shown to explain 70% or more of dwell time variation (Lin and Wilson, 1992; Puong, 2000; Rashidi, Ranjitkar, and Hadas, 2014). Dwell time management has become a focus in terms of managing existing capacity in a transport network through information dissemination which benefits both passengers and operators alike (Avineri, 2011), as well as implementing policies that nudge passengers to conformity.

Examining passenger movement in a laboratory setting, Fujiyama *et al.* (2014) find that adjusting train width and platform step height improved boarding/alighting. This hard measure is a useful consideration in the construction of new metro stations or procurement of new

rolling stock but would be a very expensive investment for an existing network to retrofit platforms or adjust train doors. Karekla and Tyler (2012) analysed the Victoria line in London to determine the possibility of reducing dwell time by making specific changes to train system hardware which entails both trains and platform. Using data from London Underground and on-site observation they conclude that adjusting the width of train doors and platform step height are most effective in reducing dwell time, similar to the conclusion arrived at by Thoreau *et al.* (2016). Again, this is an expensive hard measure especially for an existing network. It would still cost London Underground approximately £1.5m per platform to adjust the height (Karekla and Tyler, 2012).

Platform edge doors (PEDs) hold the potential to affect dwell time through the control of passenger behaviour. PEDs help passengers queue at the right place and eliminate the guess work in determining where the train doors would be. However, de Ana Rodriguez *et al.* (2016) find that PEDs have a negligible effect on passenger boarding and alighting time while Thoreau *et al.* (2016) conclude that the effect of PEDs is mixed.

Soft measures can be very cost effective and as efficient in controlling dwell time. A major variable in the dwell time management equation is passenger behaviour (Oliveira *et al.*, 2019; Barron, 2016; De Ana Rodriguez *et al.*, 2016; Harris, 2006; Wiggensraad, 2001). Therefore, platform communication systems that encourage passengers to pass along platforms to get on less crowded carriages of an arriving train have been proposed by Olaverri-Monreal *et al.* (2018) and Moncrieff (2015). Although already in use in some newer metros like Singapore, it can become counter intuitive as it may encourage ‘bunching up’ of passengers around the doors of the supposedly emptier carriage. In a field experiment carried out at Schiphol Airport station in Amsterdam, van den Heuvel (2016) finds that adjusting train stopping positions decreased dwell time by 30 seconds during the peak, however Oliveira *et al.* (2019) opine that the method does not help with crowd control and is only effective in facilitating the boarding of less busy

train carriages. The use of price structure to control demand and therefore platform dwell time can be effective (Douglas *et al.*, 2011; Liu and Charles, 2013; Currie and Delbosc, 2011; Qu *et al.*, 2018). But it comes at a cost, especially to the transport consumer, and it may encourage modal switch to less energy efficient modes.

Perhaps the closest interventions to the Green Lane experiment are platform communications and markings encouraging passengers to pass along the platform or not to hold train doors. Seriani and Fernandez (2015) evaluate some interventions, including a keep-out zone on platforms. While simulation results suggest a potential to reduce dwell times by 50%, their laboratory experiments found no effect of the keep-out zone, most likely due to observed non-compliance by passengers waiting on the platform.

Our paper is thus one of the few which seeks to analyse the implementation of such soft interventions and its impact on dwell times. To the best of our knowledge it is the only one which does so in a real-world setting rather than in computer simulations or laboratory experiments.

3. Background

3.1 The London Underground (LU) Network.

London Underground is the oldest network in the world, which ran its first train service in 1863. Consequently, LU faces capacity and structural challenges as many of the modernisation works to the network are either impossible or very expensive to retrofit. The network consists of 17 different lines connecting some 270 stations and extends to 250 miles of track with about 45 per cent of it in tunnels making it the 7th largest (in served passengers) and 3rd longest (in kilometres of track) network in the world. Figure 1 is a section of the London Underground network (Tube map). In 2017 the network served about 4 million passenger journeys per day making it one of the busiest metros in Europe in terms of passenger demand, just after Moscow

and Paris. The central zones are the busiest and connect passengers to many of London's landmarks and financial hubs.



Figure 1: Section of the Tube Map. Source: <http://content.tfl.gov.uk/standard-tube-map.pdf>

It is important to note that the users of this network face overcrowding on the platforms in the peak times (0700 – 1000 hours and 1600 – 1900 hours). Critical congestion occurs particularly in the ‘peak of the peak’ (0800 – 0900 hours and 1645 – 1730 hours) when the network is busiest and operating close to its maximum capacity. At these times passengers face delays as they may be unable to board the first available train and even the subsequent ones depending on their position on the platform and level of congestion on both the platform and the arriving train. Consequently, LU is constantly seeking for innovative and cost-effective methods of improving customer experience and reducing the generalised cost of travel. One of such ways is the Green Lane project designed to influence passenger travel in a certain way to aid the reduction of dwell times, travel time and costs.

3.2 The Experiment

The Green Lanes project was aimed at influencing passenger behaviour in a transport setting. It was an experiment performed at the platform level in a bid to aid

the reduction of the generalised cost of travel for customers by decreasing dwell and journey times which would, in effect, increase the capacity for more service frequency at the treated station. This could be achieved through ‘nudging’ passenger behaviour using visual and audio cues, but without incurring high costs or imposing physical or financial impediments. The installation of the Green Lanes started on the 18th of July 2017 and was completed by the 1st of September 2017. The lanes remained in place until early 2018.

To perform the experiment the Victoria line at London King’s Cross station was chosen because of its central location and the persistent increases in dwell times in recent years. King’s Cross station is a major hub and terminal with connections to many parts of London and the United Kingdom. The Victoria line serves several central and very important stations linking many of London’s landmarks, central and suburban districts. It was completed in 1968 as a new line on London Underground network and was designed to reduce congestion on other lines like the Piccadilly line. However, dwell times have increased due to congestion brought about by persistent rise in travel demand over the years. King’s Cross station constitutes a pinch point location and a bottle neck on the Victoria line, but only the southbound Victoria line was chosen for treatment because the dwell times on this platform increased significantly from 35 seconds to 47 seconds between 2015/16 working timetables (Goodwin, 2017).



Figure 2: Green lanes at London King’s Cross station. Adapted from Goodwin, 2015.

The experiment was simple. As can be seen in Figure 2, green vinyl was laid on the platform in such a way that encourages customers to pass along the platform until they find a non-green space to stand and wait for a train. The green vinyl also showed where the doors would open when the arriving service train comes to a complete stop at the platform edge. The choice for the green colour is in accordance with international convention for green indicating ‘clearance to proceed’ and made violation of the social norm that TfL was trying to establish (do not stand in the lane) highly salient. The passengers are expected, or at least encouraged, to keep moving on any green section of the platform and not to stop until they get to any non-green section. When a train arrives at the platform, the alighting passengers use the space on the Green Lanes spurs to exit the platform so that passengers waiting in the non-green sections can board quicker. In theory, this should eliminate or at least reduce the pushing, bumping and shoving that happens at peak times when the platforms are crowded.

The Green Lanes have been successful in reducing the number of waiting passengers who stand in front of the train doors before they open (TfL, 2018b). They might also have helped to control the frequency of the occurrence of platform train interface (PTI) issues. This consists of injuries to passengers or staff including getting caught in the closing doors or having items caught between the doors at the platform edge. At all times during the experiment there were visual cues like posters and direction markers encouraging passengers not to stand or wait on any green section but to keep moving while on it. At peak times there would be a member of station staff on the platform performing what London Underground termed SATS duties. This entails giving audio messages, managing overcrowding on the platforms and assisting the train driver in ensuring safety on the platform during train arrival and departure. A close alternative to the Green Lanes are platform edge doors which can be found on the new sections of the Jubilee line in London and in many new metro networks in the world. However, no visual encouragement is given to waiting passengers not to stand in front of opening doors. As the

London network is old and extensive, updating them by retrofitting platform edge doors on old and curved platforms would be an engineering challenge and significantly more expensive than the Green Lanes vinyl.

3.3 Operating Procedure.

The Victoria line runs an automatic train operation process, but all the trains have train operators (drivers) in the front cab. The driver can intervene when automation breaks down as well as assist with doors opening and closing to minimise PTI issues resulting in injuries. There are 16 stations on the route and King's Cross station is somewhat in the middle in Zone 1 (centre) providing interchanges with other LU lines and National Rail services. The Victoria line is used by around 200 million passengers each year, making it the sixth-most heavily used line on the network (TfL, 2014b). When the train arrives at the platform, the driver opens the doors for alighting and boarding to commence. The driver monitors this process through the in-cab and platform CCTVs depending on location. Provided the station starting signal is clear, the driver then pushes the doors close button which effectively brings boarding and alighting to completion. This usually begins with an audible sound that only lasts for a couple of seconds before the doors begin to shut. The trains are fitted with sensitive edge technology; this is a safety device which ensures the doors are completely shut without which the train would be unable to proceed. A clear signal indicates that the route ahead is clear of any train, secure, and safe for the train to proceed. As soon as the doors close the train departs. Once it clears the platform and section of track, it is then safe for the next train to arrive. The process is repeated at the arrival of the next train.

The station starting signal is automatically controlled by a computer preloaded with a predetermined running timetable which has the scheduled arrival and departure times of every train going through every platform on a line. If a train arrives before the scheduled arrival time, the starting signal remains at danger (red) and would only clear at the scheduled departure time. This always remains the case safe for when a failure occurs, at which point the signalling process would be controlled by a duty Signalling Operator and the service itself regulated by a duty Service Controller. The passengers are encouraged to stand at the non-green areas so as not to obstruct the flow of traffic especially at peak times. At both the AM and PM peak times there is usually a station staff member on the platform assisting with platform duties. They were tasked with encouraging passengers to acknowledge the Green Lane and to conform to the rule of not standing or waiting anywhere on the Lane. The Green Lane keeps the walkways clear for alighting passengers to easily disembark from the train so that boarding can commence quicker.

4. Data and methodology

4.1 Data

The Green Lane installation commenced on the 18th of July 2017 with the lanes laid only on the southbound Victoria line platform. As it was not completed until the 1st of September of the same year, for the main analysis we exclude the time period during which the installation was in progress (18.7. to 1.9.). The appendix contains results for the full sample and where the start of the Green Lanes is assumed to be the 18th of July. The Green Lane experiment was not announced or made public to passengers before its start. The dwell time data were supplied by TfL using specific software that records detailed real time train movements to the second. The data

includes dwell time counts for London Underground services from 5am to 1.30am from Monday to Friday (weekdays), but we restrict our sample to trains departing between 6am and 11pm, since platform crowding does not occur outside this time interval. The weekend data have been excluded owing to lower weekend service frequency, prevalence of engineering works leading to platform or station closures and decreased weekend demand. Any abnormally long (>70 seconds) or short (≤ 10 seconds) dwell time is disregarded, retaining 98% of dwell time observations. All trains arriving at the study platforms have an arrival time and a departure time, the time difference between these variables gives the dwell time (Dwell) in seconds. We extracted dwell times for all trains which pass through King's Cross station or an adjacent station, for the time periods from 21st of May to 30th of November for 2016, 2017 and 2018. For any train in our data we thus have the following information: its arrival and departure times, which station it dwelled at, which service line it served, and which direction it was travelling in. The adjacent stations are the following (see figure 1): Angel, Caledonian Road, Euston, Euston Square, Farringdon, Highbury and Islington, and Russell Square. For each year, we have approximately 1 million dwell time observations.

4.2 Identification

We identify the effect of the Green Lanes on dwell times by comparing the change in dwell times at the treated platform with changes in dwell times at different sets of control platforms. Our data present us with different choices as control observations. Dwell times for treated trains might change compared to untreated trains due to any of the following effects:

- Dwell times change after September 1st at the treated platform compared to other platforms.
- Dwell times have decreased on the Victoria line relative to other lines.
- Dwell times have decreased at King’s Cross station relative to other stations.
- Dwell times have decreased because of the Green Lanes intervention.

Our estimation strategy is to estimate the effect of the Green Lanes based on different combinations of control observations – and correspondingly different assumptions regarding the counterfactual trend in dwell times on the treated platform. We start with the Difference-in-differences (DD) estimator where the change in dwell times over time for trains on the control platforms is subtracted from the difference for trains on the treated platform. This removes bias in second period comparisons between the treatment and control platforms that could be the result from permanent differences between those platforms, as well as bias from comparisons over time in the treatment platform that could be the result of trends (Imbens and Wooldridge, 2009).

Let Y_{tsld} represent the natural logarithm of dwell time³ of a train at time t , at station s , on service line l , and travelling in direction d . Here, t is any moment in time from 6am on May the 21st to 11pm on November 30th in 2016 and 2017, and d can be inbound (towards central London) or outbound (away from central London). We further define the following variables:

$Post_t = 1$ if t is later than 6am, September 1st, in either year (2016, or 2017), and 0 otherwise.

$D2017_t = 1$ if t is in 2017, and 0 if t is in 2016.

³ Residuals from a dwell time regression exhibit a log-normal distribution. We therefore use the natural logarithm of dwell times as the dependent variable, which also results in a better model fit in terms of R^2 .

$Kings_s = 1$ if s is King's Cross station, and 0 otherwise.

$Victoria_l = 1$ if l is the Victoria line, and 0 otherwise.

$In_d = 1$ if the d is inbound, and 0 otherwise.

An observation is identified as subject to the Green Lane treatment, if (and only if) all those indicator variables are equal to 1.

Where applicable, we also include the following control variables: *Demand* is the sum of daily station entries and exits. We include it as a control variable since higher demand is likely to increase dwell times. Since the demand variable is a total daily count of the number of passengers through the gates of a station, it is difficult to apportion the passengers to individual platforms at the stations of entry or exit. We thus assume demand to be constant throughout the day and across station platforms, but include *Lines* as a control variable, the number of service lines through a station. It is typical that stations with high interchange options tend to have higher demand. In addition, *DemandPerLine* (*Demand* divided by *Lines*) has been added to account for average demand per platform in a station. *ServiceLevel* (in seconds) measures the time interval between two scheduled train arrivals and is expected to be negatively correlated to dwell time; higher service frequency reduces station dwell times. *ServiceLevelDemand* is a variable interacting demand and the level of train service on a line. We also include dummies for each 15-minute interval of a day (from 6am to 23pm), and for each weekday. Finally, we include a linear time trend which is restricted to be the same for all trains and both years (that is, we include a variable equal to x if the observation is for the x^{th} day of any year). We relax this restriction in section 7 when allowing for heterogeneous trends. The

error term ε_{tsld} is assumed to be independent of the independent variables. Robust standard errors are used to account for heteroscedasticity.

Three sets of control platforms were used to obtain three sets of DD estimates. The key identifying assumption is that the average change in dwell time for treated trains would have been the same as the average change for control trains, if the treatment had not happened. To estimate the effects of the Green Lane project on dwell times, we compare the change in dwell times at the treated platform – southbound Victoria line at King’s Cross station – before and after the implementation of the policy in 2017 and then compare this change with the corresponding changes to dwell times at:

- The same station, line and direction in the previous year where no Green Lanes were registered.
- The same line, year, and direction but in adjacent stations.
- The same station, year, and direction but for other service lines.

We estimate the following equations:

$$Y_t = \alpha + \beta Post_t + \gamma D2017_t + \delta(Post_t \cdot D2017_t) + \rho X_t + \varepsilon_t \quad (1)$$

where the sample is restricted to inbound trains on the Victoria line at King’s Cross station. A negative δ indicates a decrease in dwell times at the southbound Victoria line at Kings Cross in 2017 compared to the same time period in the preceding year when no Green Lanes were in effect. Such a finding could not be attributed to seasonal effects of dwell time, since these effects should equally be present in 2016 and 2017;

$$Y_{ts} = \alpha + \beta Post_t + \gamma Kings_s + \delta(Post_t \cdot Kings_s) + \rho X_{ts} + \varepsilon_{ts} \quad (2)$$

where the sample is restricted to inbound trains on the Victoria line in 2017. A negative δ represents a decrease in dwell times at the King's Cross, Victoria line platform compared to the dwell times at the control stations on this line (Euston and Highbury & Islington) in the same direction of travel;

$$Y_{it} = \alpha + \beta Post_t + \gamma Victoria_{it} + \delta(Post_t \cdot Victoria_{it}) + \rho X_{it} + \epsilon_{it} \quad (3)$$

where the sample is restricted to inbound trains at King's Cross station in 2017. We look at dwell times at all the other lines running through King's Cross station and compare them to those of Victoria line before and after the intervention and in the same direction as stated earlier. If δ is negative, then Green Lanes caused the decrease on the Victoria line platform compared to the other lines at King's Cross.

4.3 Triple (DDD) and Quadruple Difference Regressions

In our setting, the common trend assumption of the DD estimator for any of the above models might not hold. To see this, consider the following example. Assume that dwell times decreased by three seconds at the treated platform, and that dwell times at other stations on the Victoria line also decreased by two seconds. If we estimated the treatment effect with equation (2), then we would obtain a treatment effect equal to 1 second – assuming that the common trend was a decrease by 2 seconds. But what if, during the same time period, dwell times for other service lines at King's Cross station also decreased by 1 second compared to dwell times at other stations? Then, the estimated treatment effect is likely to be spurious and fully explained by some effect specific to King's Cross station. Therefore, we expand our estimation to triple and quadruple difference estimators. The triple difference in a given year can be calculated as follows:

$$\begin{aligned}
Y_{tsl} = & \alpha + \beta Post_t + \gamma Kings_s + \zeta Victoria_l + \delta(Post_t \cdot Kings_s) + \vartheta(Post_t \cdot Victoria_l) \\
& + \iota(Victoria_l \cdot Kings_s) + \eta(Post_t \cdot Victoria_l \cdot Kings_s) + \rho X_{tsl} + \varepsilon_{tsl}
\end{aligned} \tag{4}$$

The difference in dwell time changes between King’s Cross station and adjacent stations is calculated for service lines other than the Victoria line, giving us the change in dwell times specific to King’s Cross station. Under the assumption that this effect is the same across service lines, we can subtract this difference from the difference in dwell time changes between King’s Cross station and adjacent stations for the Victoria line and obtain the effect of the Green Lanes on dwell times. In a regression as in equation (4), this effect can be estimated by a model with a full set of interactions of the variables $Post_t$, $Kings_s$, and $Victoria_l$. The Green Lane effect will be given by the coefficient on the triple interaction term $Post_t \cdot Kings_s \cdot Victoria_l$.

Since there are three potential sources of dwell time changes alternative to the Green Lane intervention (season, station, and service line), we can estimate three different triple difference effects, each based on a different identifying assumption. Other than the triple difference described above (based on station and service line), we thus estimate two further triple difference treatment effects. One under the assumption that the difference in dwell time changes between King’s Cross and adjacent stations on the Victoria line would be the same in 2016 and 2017 in the absence of the Green Lane intervention, and another one under the assumption that the difference in dwell time changes between the Victoria and other service lines at King’s Cross station would be the same in 2016 and 2017 in the absence of the Green Lane intervention (equations not reported).

Finally, one might object to the identifying assumption of any of the triple differences. For example, the difference in dwell time changes between King’s

Cross and adjacent stations might be different for the Victoria line than for others (e.g. because the Victoria line might carry more passengers through King’s Cross station than other service lines), compromising the identification of the treatment effect η in equation 4. If, however, these differences between the Victoria and other lines are the same across years, then we can add yet another difference in time to obtain the quadruple difference estimate of the Green Lane intervention. In a regression, this effect can be estimated by a model with a full set of interactions of the variables $Post_t$, $Kings_s$, $Victoria_t$, and $D2017_t$. The Green Lane effect will be given by the coefficient on the quadruple interaction term $Post_t \cdot Kings_s \cdot Victoria_t \cdot D2017_t$. The quadruple difference model is the most general model. To see this, note that the second DD model (2) assumes that in the absence of the treatment, the difference in the changes in dwell times of trains on the Victoria line between King’s Cross station and adjacent stations is zero. The triple difference model in equation (4) assumes that this difference is equal to the difference in changes in dwell times of trains on lines *other than the Victoria line* between King’s Cross station and adjacent stations, but not necessarily 0. Rather, the difference in the two differences is assumed to be 0. The quadruple difference model takes this one step further and assumes that this difference itself is not necessarily equal to zero, but equal to the same difference as in the previous year. Since the quadruple difference takes into account all sources of dwell time changes, it is our preferred specification and serves as our benchmark model.

Our empirical strategy amounts to the estimation of the effect of the Green Lane intervention on dwell times under a set of different assumptions, and to demonstrate that most of those assumptions yield a statistically and economically significant effect. While the correctness of any of the assumptions cannot be known, it seems

very improbable that all our estimated treatment effects should be attributable to a factor other than the Green Lane intervention.

4.4 Delay Time Analysis

Given scheduled departure times of trains, any intervention to speed up alighting and boarding times of passengers would affect dwell times only if the train exceeds or is close to exceeding its scheduled departure time. Otherwise, even if alighting and boarding completes faster, the train would have to wait on the platform until its scheduled departure time, thus only prolonging the time where it is idle. We therefore extend the analysis to an investigation of whether the Green Lanes had a stronger effect on reducing delay times rather than dwell times in general. To do this, we have to take into account that 1) we observe delay times only once a train exceeds its scheduled departure time, and 2) we do not observe the train's regular dwell time once it is delayed (rather, the dwell time is censored). Consider the following empirical model. A train is scheduled to stay on the platform for \bar{t} seconds. A latent dwell time variable Y_{tsld}^* and a latent delay time variable Z_{tsld}^* are given by

$$Y_{tsld}^* = \beta X_{tsld} + \epsilon_{tsld}^y \quad (5)$$

$$Z_{tsld}^* = \gamma X_{tsld} + \epsilon_{tsld}^z \quad (6)$$

The actual dwell time Y_{tsld} is observed only if $Y_{tsld}^* \leq \bar{t}$, in which case $Y_{tsld} = Y_{tsld}^*$, and the delay time is unobserved. If, on the other hand $Y_{tsld}^* > \bar{t}$, then the actual delay time is given by $Z_{tsld} = Z_{tsld}^*$, and we know that the latent dwell time exceeds the schedule \bar{t} : $Y_{tsld}^* > \bar{t}$.

We assume that the errors are jointly normally distributed:

$$\begin{pmatrix} \epsilon^y \\ \epsilon^z \end{pmatrix} \sim N \left(\begin{pmatrix} 0 \\ 0 \end{pmatrix}, \begin{pmatrix} 1 & \sigma_{yz} \\ \sigma_{yz} & \sigma_z^2 \end{pmatrix} \right)$$

The contribution of a train on schedule and with observed dwell time y to the likelihood function is given by;

$$\phi(Y^* = y) = \int \phi(Y^* = y, Z^*) dZ^* \quad (7)$$

and the contribution of a train delayed by z (seconds in natural logs) is given by;

$$\int_{\bar{t}}^{\infty} \phi(Y^*, Z^* = z) dY^* \quad (8)$$

Amemiya (1985) derives closed form solutions of the likelihood of this class of models (p. 386). We estimate the above model with maximum likelihood. No restrictions are placed on the parameters within or across the latent variable equations. We thus allow the Green Lanes to have differential effects on regular dwell and delay times.

One constraint that we face is that we do not observe the scheduled arrival and departure times of all trains. However, from trains for which we do observe these data, we can impute a train's scheduled dwell time. Our delay time is thus based on the difference between scheduled and actual *dwell* times, rather than the scheduled and actual departure times. For example, if a train arrives 5 seconds behind schedule, and departs 5 seconds behind schedule, it would be classified as departing just on time according to our imputation. Because the service frequency is high (on the Victoria line a train runs every 2-3 minutes), this misclassification should not be of great concern, as passengers do not arrive at the platform with the intention of catching a particular scheduled train, but rather to get on the next available train

regardless its scheduled departure (actual timetables for the Underground are not displayed on the platforms or on TfL's website).

5. Graphical analysis

We begin by visually inspecting the average daily dwell times of trains. The upper panel of figure 3 shows dwell times in 2016, and the lower panel dwell times in 2017. The vertical line corresponds to the 18th of July, the day at which the Green Lane installation began in 2017.⁴

We observe that dwell times on the treated platform (graph on the left) are longer in 2017 than in 2016 by about a second. However, to the naked eye in both years the dwell time trend over the year looks flat in both years. Thus, since dwell times did not trend down in 2017 compared to 2016, one would conclude that the Green Lanes have not reduced dwell times.

If the comparison is made against other stations (graph in the middle) or other lines (graph on the right) in 2017, we see that while dwell times on the treated platform were flat, dwell times at other platforms increased over the same period. Thus, if the counterfactual trend of dwell times on the treated platform would be captured by either of those control platforms, one would conclude a successful reduction (or prevention of increase) of dwell times. The graphs also give an intuition about what we could expect from a triple difference estimation. The difference in the slope of the regression lines between 2017 and 2016 is close to zero on the treated platform. For other stations, we see a steep increase in 2017, and a less steep increase in 2016.

⁴ Figure 3 includes all days. For the regression analysis, we exclude observations from the installation period (18th July to 1st September) as described in section 4.1.

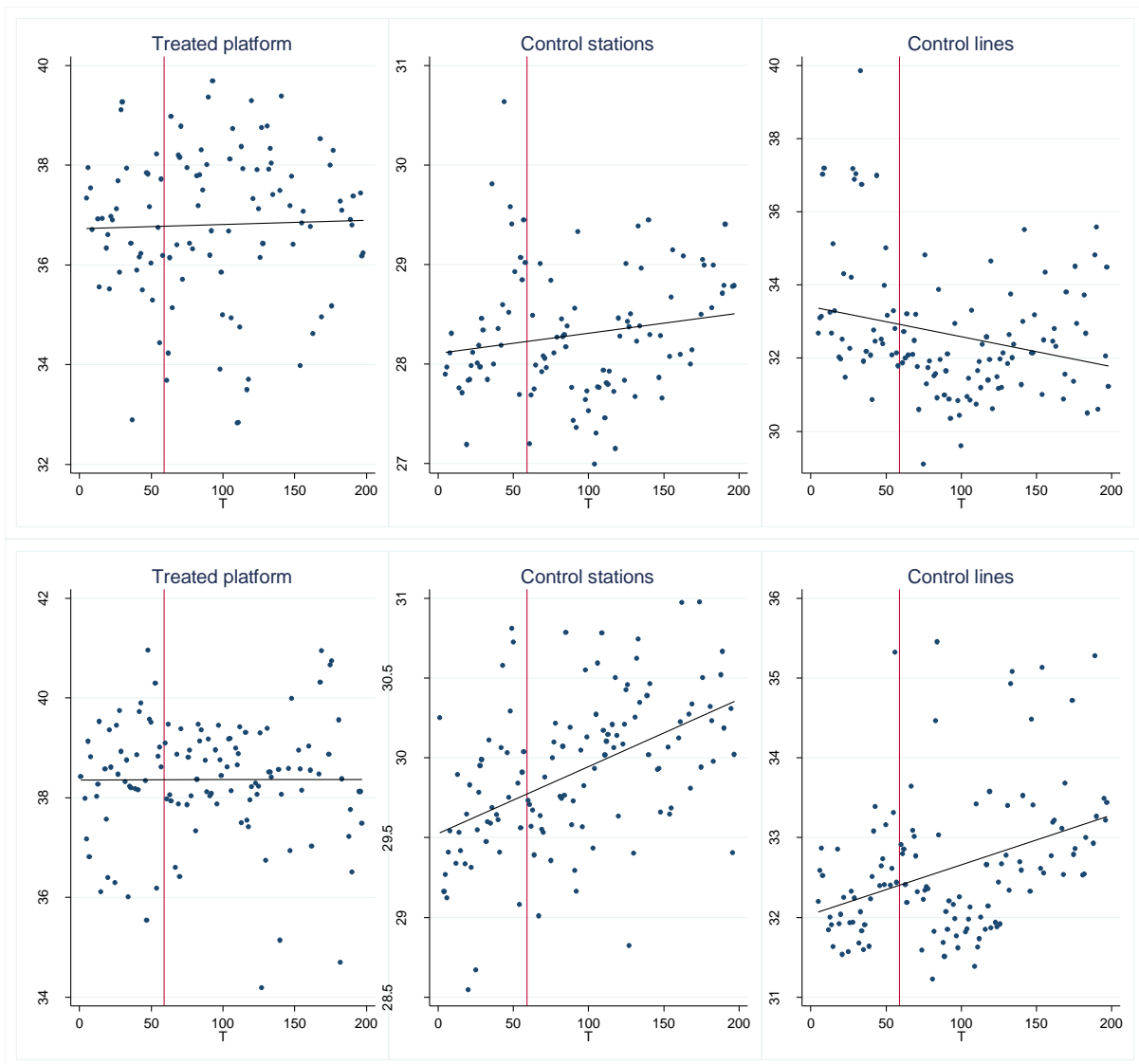


Figure 3: Average daily dwell times in 2016 (top) and 2017 (bottom) at treated platform (left), adjacent stations on the Victoria line (middle), and other service lines at King's Cross station. The vertical line corresponds to the 17th of July (when the installation of the Green Lanes in 2017 started).

Thus, a difference in differences estimate involving other stations in 2017 should produce a strong negative effect. However, if we assume that the difference in slopes on the treated platform between 2017 and 2016 would have followed the same trend as the difference in slopes in the control stations, then the estimated treatment effect will be smaller.

The graphs show that choice of control observations is crucial. While inspecting trends in the pre-treatment period can be suggestive, uncertainty about the

counterfactual evolution of dwell times on treated observations cannot be resolved. We therefore present in the next section results from alternative models.

6. Main results

The main results are presented in Table 1. The first column shows results from the linear dwell time model, while the second and third columns are results for the delay time model described in section 4.4. The second column shows the impact of the Green Lanes on latent dwell times, while the third column shows the effect on delay times. We start by comparing the dwell times before and after the Green Lane intervention on the Southbound Victoria line at King's Cross station. The result suggests a modest and statistically insignificant increase in dwell time by

Table 1: Treatment effect estimates of Green Lanes

Model	Dwell Analysis	Delay Analysis	
	Effect on dwell time	Effect on dwell time	Effect on delay time
<i>Simple difference</i>	1.3 (0.6)	5.0 (4.0)	-5.6 (3.0)
<i>Difference-in-differences (1)</i>	0.2 (0.3)	3.9* (1.8)	-4.6** (1.2)
<i>Difference-in-differences (2)</i>	-1.2** (0.3)	0.5 (1.6)	-2.1 (1.4)
<i>Difference-in-differences (3)</i>	-1.0** (0.3)	1.7 (2.1)	-5.1** (1.1)
<i>Triple difference (1, 2)</i>	-2.0** (0.4)	0.2 (2.3)	-8.7** (1.9)
<i>Triple difference (1, 3)</i>	-5.1** (0.4)	-0.1 (2.6)	-12.6** (1.7)
<i>Triple difference (2, 3)</i>	-2.1** (0.4)	1.4 (2.3)	4.4** (1.5)
<i>Quadruple difference (1, 2, 3)</i>	-6.6** (0.5)	-1.5 (3.2)	-3.9 (2.3)

Notes: The coefficients are percentage changes in dwell/delay times. Standard errors are in parentheses. * $p < 0.05$, ** $p < 0.01$. (1) uses the treatment platform in 2016 as control observations, (2) uses adjacent stations on the Victoria line as control observations, (3) uses other service line platforms at King's Cross station as control observations. All regressions control for *Demand*, *Lines*, *DemandPerLine*, *ServiceLevel*, *ServiceLevelDemand*, day of the week dummies, dummies for each 15-minute interval of the day, as well as a linear time trend. See also methodology section.

1.3% on the treated platform from pre to post treatment (*Simple difference*). We then use dwell time on the same platform and in the same period in 2016 as control to measure the possible treatment effects in 2017; this is intuitive as it accounts for any seasonal patterns on dwell time by comparing platform dwell times for both years (*Difference-in-differences (1)*). Here, we observe no significant reduction in dwell time on the treated platform compared to 2016. However, if we compare the dwell times in 2017 between King's Cross and its adjacent stations (*Difference-in-differences (2)*), we find a 1.2% reduction in dwell times. For the model that uses other service lines as a control group (*Difference-in-differences (3)*) we find a dwell time reduction of 1.0%. The next three rows display the estimated treatment effect for the triple difference estimator. *Triple difference (1, 2)* uses adjacent stations on the Victoria line and the treated platform in 2016 as the two groups of control observations. *Triple difference (1, 3)* uses other service lines at King's Cross station and the treated platform in 2016 as control observations. *Triple difference (2, 3)* uses adjacent stations on the Victoria line and other service lines at King's Cross station as control observations. The estimated reductions in dwell times range from 2.0% to 5.1%. Finally, the quadruple difference estimator – the most general model – suggests that dwell times were reduced by 6.6% – a reduction of 2.3 seconds.

The second and third columns explain whether these changes in dwell times came about through a general reduction of dwell times or through cutting the delay times of trains which were behind schedule. Since the service level and timetable in 2017 was not changed we would expect the reduction to come mainly through reduced delay times. For most specifications we observe reductions of delay time, ranging from an insignificant 2.1% to 12.6%. Only the *Triple difference (2, 3)* model finds a positive impact of the Green Lanes on delay times.

7. Heterogeneous trends

As discussed in the methodology section, the identification of the treatment effect relies on the assumption that the dwell times of the treated observations would have changed by the same amount as the dwell times of the non-treated observations in the absence of the treatment.⁵ While we cannot know whether this is the case, we can check whether treatment and control observations were trending in parallel before the treatment. We conduct tests for all our models in table 1 in the pre-treatment period with the null hypothesis of parallel trends for control and treatment observations. Unfortunately, in all cases this hypothesis is rejected (results not reported). All our tests strongly indicate that the treatment observations were trending up relative to the control observations in the pre-treatment period. How would this bias our coefficient of the Green Lane effect? If we extrapolated these trends, then the difference in dwell times between treatment and control observations would increase over time, resulting in a positive, but spurious, estimate of the Green Lanes. If after the treatment the trends run in parallel, we would still have a positively biased estimate, as the difference in dwell times between treatment and control observations after the treatment would still exceed the same difference before the treatment. A negative, and therefore compromising, bias occurs only if the growing gap in dwell times before the treatment reverts. In that case, if the difference in dwell times after the treatment is smaller than before the treatment, we would obtain a negative estimate for the Green Lane effect. The visual inspection of the dwell times does not suggest that this is the case.

⁵ Analogous parallel trend assumptions can be formulated for the triple and quadruple difference models. See methodology section.

To analyse the robustness of our results with respect to different pre-existing trends we re-estimate our models allowing for separate trends between different observations. For example, for the first difference-in-differences model, we allow for different trends in 2016 and 2017, while for the triple difference model which uses both years and different stations, we allow for different trends for King’s Cross station in 2016, King’s Cross station in 2017, other stations in 2016, and other stations in 2017. The results of these alternative models are in table 2. One important difference compared to the main results is the reversal of the effect for model *Difference-in-differences* (3). Since we can see that the dwell times of observations on other service lines are increasing over time, allowing for separate trends does not attribute the growing gap between other lines and the Victoria line to the treatment anymore and reverses the effect.

Table 2: Treatment effect estimates of Green Lanes - Heterogenous trends

Model	Dwell Analysis	Delay Analysis	
	Effect on dwell time	Effect on dwell time	Effect on delay time
<i>Difference-in-differences</i> (1)	-0.0 (0.8)	8.5 (4.9)	-24.9** (4.0)
<i>Difference-in-differences</i> (2)	-0.7 (0.7)	0.6 (4.6)	-1.4 (3.8)
<i>Difference-in-differences</i> (3)	4.0** (0.8)	11.0 (5.7)	-9.1** (2.9)
<i>Triple difference</i> (1, 2)	-7.6** (1.0)	1.6 (6.0)	-38.5** (5.0)
<i>Triple difference</i> (1, 3)	-0.9 (1.1)	5.4 (7.0)	-40.3** (4.5)
<i>Triple difference</i> (2, 3)	-2.0* (0.9)	3.1 (6.3)	-26.2** (4.0)
<i>Quadruple difference</i> (1, 2, 3)	-9.5** (1.4)	0.6 (8.5)	-70.1** (6.1)

Notes: The coefficients are percentage changes in dwell/delay times. Standard errors are in parentheses. * $p < 0.05$, ** $p < 0.01$. (1) uses the treatment platform in 2016 as control observations, (2) uses adjacent stations on the Victoria line as control observations, (3) uses other service line platforms at King's Cross station as control observations. All regressions control for Demand, Lines, DemandPerLine, ServiceLevel, ServiceLevelDemand, day of the week dummies, dummies for each 15-minute interval of the day, as well as linear time trends for each combination of treatment and control platforms. See also methodology section.

The negative effects of the Green Lanes in the triple and quadruple difference models however are preserved for dwell times, and we estimate very substantial reductions for latent delay times.

8. Further results

We next turn to the analysis of dwell times differentiated by time of day. London Underground typically splits the day into AM peak (07.00 to 10.00), PM peak (1600 to 1800), Inter-peak (10.00 to 1600) and off peak (any time outside these times). Trains dwell longest in the AM and PM peaks due to demand as these are when commuters go to work, do school runs, etc. The purpose is to examine if the Green Lane policy had a differing effect in any part of the day. Figure 4 is a plot of the estimated effects and confidence intervals from the quadruple difference model by time of the day in 15 minute intervals. We observe reductions in dwell time throughout the day, but significant effects are concentrated around the morning and evening peak hours. As platform demand ramps up in both peak periods, it appears that passengers tend to conform to the platform norm by obeying the Green Lane policy; this in turn drives down dwell time by a fraction. During periods of less demand the Green Lane's effect is not so significant because the main driver of dwell time and a major cause of impedance to boarding and alighting is demand.

The graph suggests that the Green Lane had higher peak effects (both AM and PM) than on the inter-peak and off-peak periods. This concurs with the normative theory that passengers tend to conform more when they know their actions impact on others, which is more pronounced at peak times because of high demand for waiting area. At other times, when the supply of waiting area exceeds demand, passengers do not bother so much about how or where they wait as there is abundant space for alighting and boarding to take place, sometimes simultaneously.

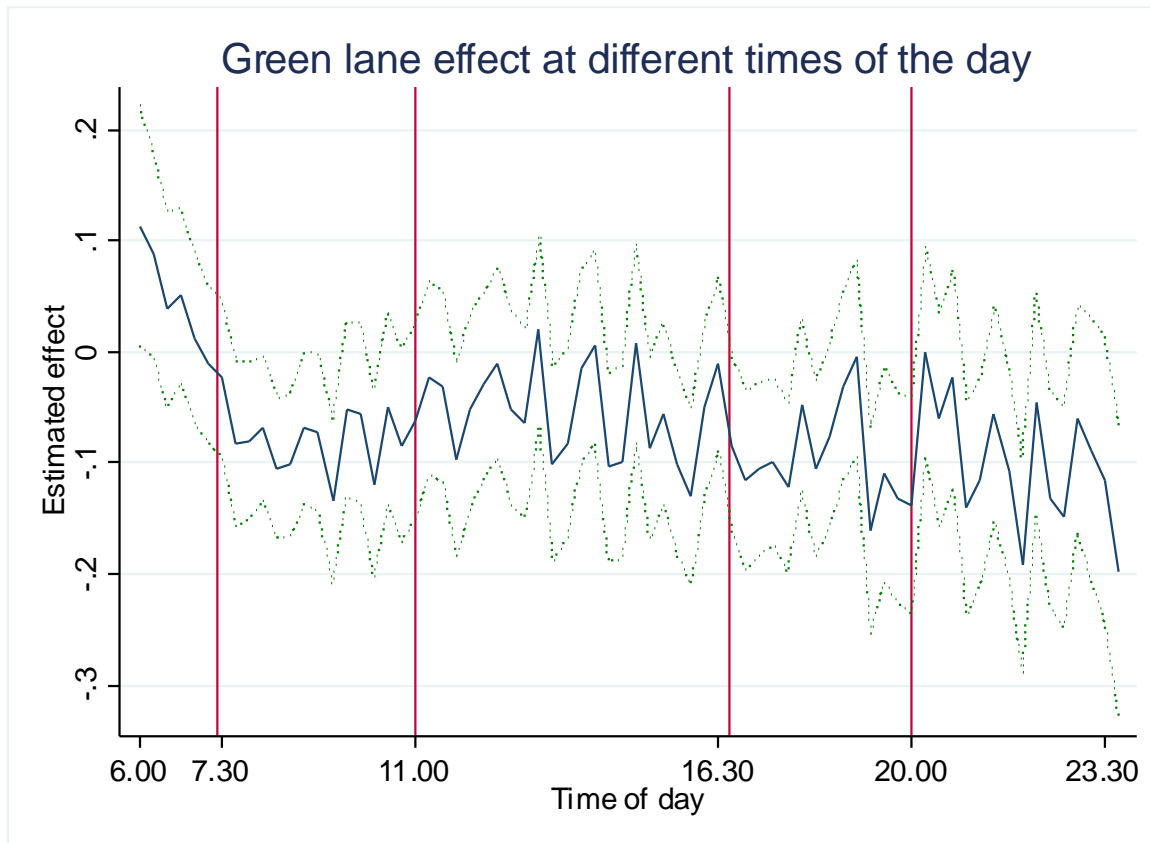


Figure 4: Estimated effects (solid blue) and confidence intervals (dashed green) of Green Lanes on dwell times.

We next analyse whether the Green Lanes had any effect on the opposite direction of travel. It is tempting to think of the opposite travel direction as a placebo experiment because of the similarities of the two platforms. The outbound platform of the Victoria line at King’s Cross station shares most characteristics with the inbound platform: it serves the same line, and therefore has the same service level; it is located at the same station (the two platforms are immediately connected, only separated by a passenger corridor; in particular, the platforms are not on opposite ends of the rails), and therefore has the same daily station demand and the same number of interchanges. The exact number of passengers served by a platform is not observed, but it is probable that the platforms serve roughly the same number of people within a day – e.g. commuters whose return journey is the reverse of their onward journey. The outbound platform differs from the inbound platform in two respects: First, the distribution of passengers over the day is probably different, e.g. most traffic on the inbound platform might be

concentrated in the morning, while most of the traffic on the outbound platform might be concentrated in the evening. Unfortunately, we observe only daily station demand, but do not know the exact time of day, nor how it is distributed across the service lines. Second, the outbound platform was not treated with the Green Lanes.

However, there would be a great intersection between people using the platform in the inbound and the outbound direction, for example commuters. It is conceivable that changes to their behaviour on the treated platform extend to other platforms as well. Table 3 presents results for the outbound direction.

Table 3: Treatment effect estimates of Green Lanes - outbound direction

Model	Dwell Analysis	Delay Analysis	
	Effect on dwell time	Effect on dwell time	Effect on delay time
<i>Simple difference</i>	2.2** (0.6)	9.3* (4.7)	-5.6* (2.6)
<i>Difference-in-differences (1)</i>	0.4 (0.3)	1.7 (2.1)	2.7 (1.5)
<i>Difference-in-differences (2)</i>	-0.9** (0.3)	-0.8 (2.0)	-0.4 (1.2)
<i>Difference-in-differences (3)</i>	1.4 (0.3)	3.2 (2.3)	-2.3* (1.1)
<i>Triple difference (1, 2)</i>	-1.0* (0.4)	-2.4 (2.4)	2.0 (1.9)
<i>Triple difference (1, 3)</i>	-1.0* (0.4)	-0.0 (2.8)	5.1** (1.7)
<i>Triple difference (2, 3)</i>	-0.4 (0.4)	-1.5 (2.7)	1.4 (1.3)
<i>Quadruple difference (1, 2, 3)</i>	-1.8** (0.5)	-5.1 (3.5)	6.8** (2.2)

Notes: The coefficients are percentage changes in dwell/delay times. Standard errors are in parentheses. * $p < 0.05$, ** $p < 0.01$. (1) uses the treatment platform in 2016 as control observations, (2) uses adjacent stations on the Victoria line as control observations, (3) uses other service line platforms at King's Cross station as control observations. All regressions control for Demand, Lines, DemandPerLine, ServiceLevel, ServiceLevelDemand, day of the week dummies, dummies for each 15-minute interval of the day, as well as a linear time trend. See also methodology section.

The treatment effects on dwell times are much smaller in magnitude compared to the inbound observations, but we still find significant dwell time reductions on the

order of 1.0% to 1.8% in the triple and quadruple difference models. In most specifications no significant effect on latent dwell and delay times are found. The result could mean two things: perhaps the outbound direction is an accurate scenario to describe what would have happened to the inbound direction in the absence of treatment, suggesting that our main results are somewhat negatively biased (they overestimate the reduction in dwell times). Alternatively, passengers might have extended their platform behaviour to the outbound platform as well, also reducing dwell times there, though not as strongly as on the treated platform.

9. Removal of the Green Lanes

Our final analysis is on whether the Green Lane effect has been permanent. The Green Lanes were removed in early 2018. Did passengers revert to non-compliant behaviour and thus cause a reversion in dwell times? To this end, we now define the year 2016 as pre- and the year 2018 as post treatment periods, and omit the year 2017 altogether. This causes us to lose one dimension of control, so we have two difference-in-differences and one triple difference model. However, the concern that led us to include the year 2016 as one control dimension in the main section was the possibility of seasonal patterns in dwell time. Since we are now comparing across rather than within years, seasonality should not be a problem.

Table 4 shows what happened to dwell times after removal. Relative to 2016, dwell times are greater when compared against control stations, and when compared against control stations and control service lines. Only when compared against control service lines do we find a negative effect. However, the effect is statistically not distinguishable from zero. For delay times, two specifications support a reduction, while one supports an increase in dwell times. Overall, the evidence points to the disappearance of any beneficial effect of the Green Lanes after their removal.

Table 4: Treatment effect estimates of Green Lanes after removal

Model	Dwell Analysis	Delay Analysis	
	Effect on dwell time	Effect on dwell time	Effect on delay time
<i>Simple difference</i>	2.6** (0.2)	10.4** (1.4)	-28.9** (1.1)
<i>Difference-in-differences (2)</i>	8.4** (0.2)	21.2** (1.3)	18.8** (1.1)
<i>Difference-in-differences (3)</i>	-0.1 (0.2)	-5.3** (1.9)	-29.6** (0.8)
<i>Triple difference (2, 3)</i>	1.6** (0.2)	2.6* (1.3)	-4.3** (1.1)

Notes: The coefficients are percentage changes in dwell/delay times. Standard errors are in parentheses. * $p < 0.05$, ** $p < 0.01$. (2) uses adjacent stations on the Victoria line as control observations, (3) uses other service line platforms at King's Cross station as control observations. All regressions control for Demand, Lines, DemandPerLine, ServiceLevel, ServiceLevelDemand, day of the week dummies, dummies for each 15-minute interval of the day, as well as a linear time trend. See also methodology section.

10. Conclusion

Transport plays a key role in any economy. If demand continues to grow, then policy makers and train operating companies must investigate and invest in smarter ways of managing demand so that transport services can be supplied efficiently. One of such ways is the management of passenger behaviour through establishing norms that would encourage a paradigm shift and sustained behavioural change. This paper shows that norms can be very cost efficient when applied properly as was achieved at London King's Cross station. The Green Lanes changed passenger behaviour as people conformed to the existing platform norm. Passengers knew where the doors would be when the train comes to a complete stop at the platform edge. This reduced the interactions at the train side as passengers queued at the space provided by the Green Lane, which allows for clear doorway for the alighting passengers. The reduction in dwell time was achieved because of the combination of passengers standing at the right place and allowing passengers off the arriving train. This is particularly relevant to established transport networks operating close to or at full capacity and for which infrastructural adjustments can be prohibitively expensive. For a fraction of the cost of procuring new rolling stock or adjusting station structure to meet growing demand, the Green

Lane policy achieved a reduction, or at least a prevention in the increase of dwell times at the treated platform vis-à-vis the control platforms.

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Appendix

Tables A1 to A3 correspond to tables 1 to 3 in the main text, but they are based on the entire sample, whereas the results in the main text exclude all observations which fall into the installation period of the Green Lanes. The 18th July marks the first day of the treatment period (that is, the variable Post is 1 for observations from the 18th of July to the 30th of November). While quantitative differences to the main results exist, the general conclusions about the effectiveness of the Green Lanes hold for this alternative sample selection as well.

Table A1: Treatment effect estimates of Green Lanes

Model	Dwell Analysis	Delay Analysis	
	Effect on dwell time	Effect on dwell time	Effect on delay time
<i>Simple difference</i>	1.4** (0.3)	4.7* (2.1)	-4.3** (1.6)
<i>Difference-in-differences (1)</i>	0.2 (0.3)	3.9* (1.7)	-7.2** (1.4)
<i>Difference-in-differences (2)</i>	-0.8** (0.2)	0.4 (1.5)	-2.0 (1.3)
<i>Difference-in-differences (3)</i>	-0.3 (0.3)	3.1 (1.9)	-5.2** (1.0)
<i>Triple difference (1, 2)</i>	-1.9** (0.3)	0.4 (2.0)	-7.6** (2.0)
<i>Triple difference (1, 3)</i>	-5.3** (0.4)	-0.3 (2.4)	-10.1** (1.5)
<i>Triple difference (2, 3)</i>	-1.9** (0.3)	1.9 (2.1)	-0.4 (1.4)
<i>Quadruple difference (1, 2, 3)</i>	-7.6** (0.5)	-1.7 (2.9)	-12.4** (2.1)

Notes: The coefficients are percentage changes in dwell/delay times. Standard errors are in parentheses. * p < 0.05, ** p < 0.01. (1) uses the treatment platform in 2016 as control observations, (2) uses adjacent stations on the Victoria line as control observations, (3) uses other service line platforms at King's Cross station as control observations. All regressions control for *Demand*, *Lines*, *DemandPerLine*, *ServiceLevel*, *ServiceLevelDemand*, day of the week dummies, dummies for each 15-minute interval of the day, as well as a linear time trend. See also methodology section.

Table A2: Treatment effect estimates of Green Lanes - Heterogenous trends

Model	Dwell Analysis	Delay Analysis	
	Effect on dwell time	Effect on dwell time	Effect on delay time
<i>Difference-in-differences (1)</i>	0.1 (0.4)	4.8 (2.7)	-9.6** (2.2)
<i>Difference-in-differences (2)</i>	0.8*	3.3	-1.9

	(0.4)	(2.5)	(2.1)
<i>Difference-in-differences (3)</i>	2.3**	8.1**	-6.7**
	(0.4)	(3.1)	(1.6)
<i>Triple difference (1, 2)</i>	-3.1**	1.1	-13.8**
	(0.5)	(3.3)	(2.7)
<i>Triple difference (1, 3)</i>	-4.5**	0.7	-11.1**
	(0.6)	(3.8)	(2.5)
<i>Triple difference (2, 3)</i>	-1.7**	2.5	-19.0**
	(0.5)	(3.4)	(2.2)
<i>Quadruple difference (1, 2, 3)</i>	-10.2**	-1.7	-46.9**
	(0.8)	(4.6)	(3.3)

Notes: The coefficients are percentage changes in dwell/delay times. Standard errors are in parentheses. * p < 0.05, ** p < 0.01. (1) uses the treatment platform in 2016 as control observations, (2) uses adjacent stations on the Victoria line as control observations, (3) uses other service line platforms at King's Cross station as control observations. All regressions control for Demand, Lines, DemandPerLine, ServiceLevel, ServiceLevelDemand, day of the week dummies, dummies for each 15-minute interval of the day, as well as linear time trends for each combination of treatment and control platforms. See also methodology section.

Table A3: Treatment effect estimates of Green Lanes - outbound direction

Model	Dwell Analysis	Delay Analysis	
	Effect on dwell time	Effect on dwell time	Effect on delay time
<i>Simple difference</i>	0.6	4.7	-2.9*
	(0.3)	(2.6)	(1.4)

<i>Difference-in-differences (1)</i>	-0.3 (0.3)	1.6 (1.9)	-0.4 (1.3)
<i>Difference-in-differences (2)</i>	-0.5* (0.2)	-0.2 (1.8)	0.8 (1.1)
<i>Difference-in-differences (3)</i>	0.3 (0.3)	3.0 (2.1)	-2.8** (1.0)
<i>Triple difference (1, 2)</i>	-1.4** (0.4)	-1.7 (2.2)	-0.2 (1.8)
<i>Triple difference (1, 3)</i>	-2.2** (0.4)	-1.2 (2.5)	3.1* (1.6)
<i>Triple difference (2, 3)</i>	-1.2** (0.3)	-3.0 (2.4)	-0.3 (1.2)
<i>Quadruple difference (1, 2, 3)</i>	-3.2** (0.5)	-6.9* (3.1)	0.8 (2.0)

Notes: The coefficients are percentage changes in dwell/delay times. Standard errors are in parentheses. * $p < 0.05$, ** $p < 0.01$. (1) uses the treatment platform in 2016 as control observations, (2) uses adjacent stations on the Victoria line as control observations, (3) uses other service line platforms at King's Cross station as control observations. All regressions control for Demand, Lines, DemandPerLine, ServiceLevel, ServiceLevelDemand, day of the week dummies, dummies for each 15-minute interval of the day, as well as a linear time trend. See also methodology section.