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# Food and Citizen Science

ESRC Festival of Social Science: FSA Event in partnership with the University of Sheffield Understanding food in a digital world: 9th Nov 2020

Dr Christian Reynolds

Centre for Food Policy, City, University of London





#### Who am I? Christian Reynolds

Senior Lecturer at the Centre for Food Policy

















Focus: healthy sustainable diets and food consumption (including waste)



Public Health Nutrition: 22(8), 1503-1517

doi:10.1017/S1368980018003774

Healthy and sustainable diets that meet greenhouse gas emission reduction targets and are affordable for different income groups in the UK

Christian J Reynolds<sup>1</sup>, Graham W Horgan<sup>2</sup>, Stephen Whybrow<sup>1</sup> and Jennie I Macdiarmid<sup>1,\*</sup>

<sup>1</sup>The Rowett Institute University of Aberdeen, Aberdeen AB25 2ZD, UK: <sup>2</sup>Biomathematics & Statistics Scotland, Aberdeen, UK

Previously: Food waste politics/history, social sciences approaches

Just about to publish: Sustainability and cooking (16% of UK food GHGE!)





# What will we be talking about today?

- Citizen Science What is it?
- Food and Citizen Science
- How I got into Citizen Science
- Where have I used Citizen Science
  - Online experiments, Gamification and Living Labs



# Citizen Science – what is it?



- Research where public citizens participate as investigators in research projects alongside professional scientists.
- Citizen science engages a diversity of publics (Sauermann et al., 2020) enabled by scientists who are advocates (Stilgoe, 2009) is a powerful collaborative approach.
- This is not only about engaging widely, but also about bringing fresh perspectives, solutions and enable a faster and smoother uptake.



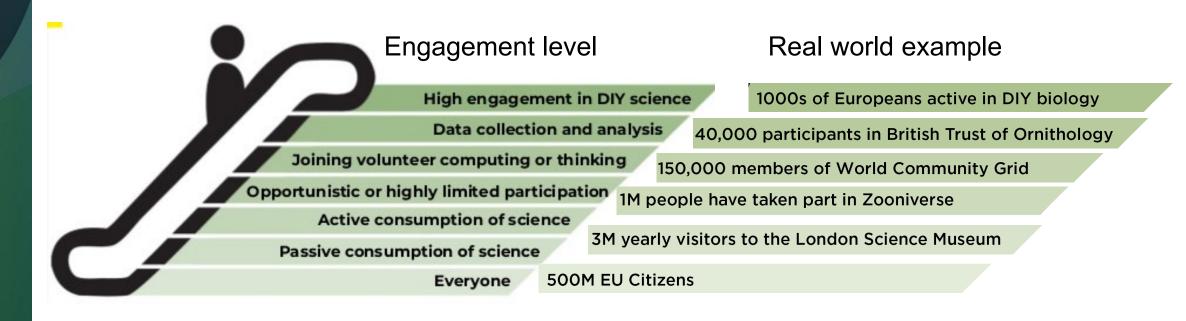
For more information please read:

Robinson L.D., Cawthray, J.L., West, S.E., Bonn, A., & Ansine, J. (2018). *Ten principles of citizen science*. In S. Hecker, M. Haklay, A. Bowser, Z. Makuch, J. Vogel, & A. Bonn. *Citizen Science: Innovation in Open Science, Society and Policy*. London, UCL Press. 1–23.





# The 'escalator' model of science engagement







#### **Levels of Citizen Science**

Level 4 'Extreme'

 Collaborative Science – problem definition, data collection and analysis

Level 3 'Participatory science'

 Participation in problem definition and data collection

Level 2 'Distributed Intelligence'

Citizens as basic interpreters

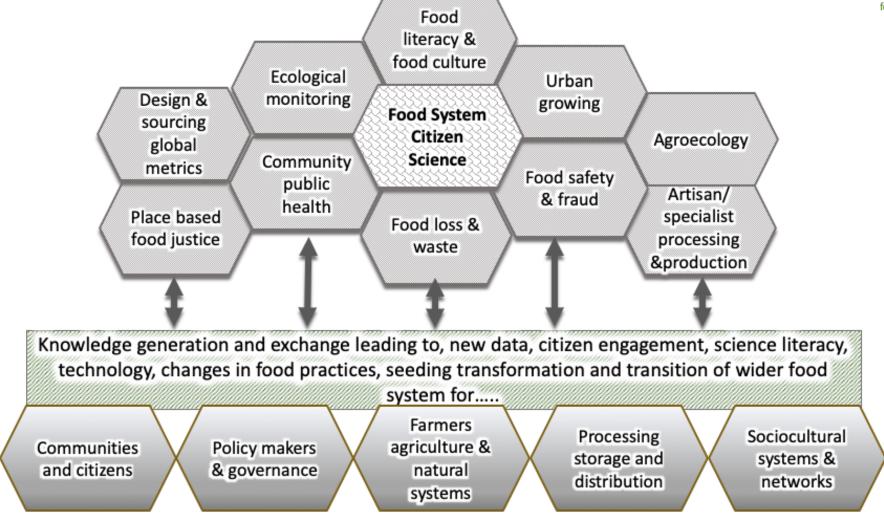
Level 1 'Crowdsourcing'

Citizens as sensors



# **Food and Citizen Science**





Citizen science engagement with the food system and impact pathways

Oakden et al (forthcoming/under review) Citizen engagement in science and the food system is essential to enable a shift to sustainable healthy dietary practices. Frontiers



# **Ecological monitoring**

**Centre for Food Policy** 

Educating, researching & influencing for integrated and inclusive food policy

- School children scientists in a project to monitor soil health
- Mussel pathogen survey to monitor local toxins, collected samples and also carried out sample analysis, allowing survey sites number to rise from 60 to 108.
- Local Environmental Observer (LEO) is a community situated network that started in Alaska. This group has tested for food pathogens, and monitored for advanced permafrost melting, to safeguard household and community food storage depots



Using data from schools to model variation in soil invertebrates across the UK: The importance of weather, climate, season and habitat



B. Martay<sup>a,\*</sup>, J.W. Pearce-Higgins<sup>a,b</sup>

British Trust for Omithology, The Numery, Thetford, IP24 2PU, UK
 Conservation Science Group, Department of Zoology, University of Cambridge, Downing Street, Cambridge, CB2 3EJ, UK

ABSTRACT

limate regulation. It is likely that clima of information about how soil inverteb he abundance of soil macro-invertebr ised protocols on six occasions over t

nabitat and soil characteristics, and we ittle evidence that large-scale variation

tebrates and that it is possible to util ata collection. Not only can this deliver the collection of scientifically valuable of



Puget Sound Ecosystem Monitoring Program (PSEMP)

#### Mussel Watch Pilot Expansion 2012/2013: a study of toxic contaminants in blue mussels (Mytilus trossulus) from Puget Sound Washington, USA

Field Sample Summary and Progress Report February 19, 2013

Jennifer A. Lanksbury, Andrea J. Carey, Laurie A. Niewolny and James E. West





One Health 6 (2018) 29-33 Contents lists available at ScienceDi





Environmental observation, social media, and One Health action: A description of the Local Environmental Observer (LEO) Network

Emily Mosites<sup>a,\*</sup>, Erica Lujan<sup>b</sup>, Michael Brook<sup>b</sup>, Michael Brubaker<sup>b</sup>, Desirae Roehl<sup>b</sup>, Moses Tcheripanoff<sup>b</sup>, Thomas Hennessy<sup>a</sup>

Arctic Investigations Program, Division of Preparedness and Emerging Infections, National Center for Emerging and Zoonotic Infectious Diseases, Centers for Dis

Control and Prevention, Anchorage, AK, United States

b Center for Climate and Health, Alaska Native Tribal Health

ARTICLE INFO

Citizen science Social media

As a result of the close relationships between Arctic residents and the environment, climate change has a dis proportionate impact on Arctic communities. Despite the need for One Health responses to climate change, mental monitoring is difficult to conduct in Arctic regions. The Local Environmental Observer (LEO) Network is a global social media network that recruits citizen scientists to collect environmental observations on social media. We examined the processes of the LEO Network, numbers of members and observations, and three case studies that depict One Health action enabled by the system. From February 2012 to July 2017, the LEO Network gained 1870 members in 35 countries. In this time period, 670 environmental observations were posted. Examples that resulted in One Health action include those involving food sources, wild fire smoke, and thawing permafrost. The LEO network is an example of a One Health resource that stimulates action to protect the health of communities around the world.



# **Urban Growing**

- Citizens generated data on the suitability of growing conditions in different geographies for up to 10 lines of soya bean plants, aiming to reduce reliance on imported soya
- MY Harvest initiative is investigating the geography of urban food growing, examining the scale of urban cultivation and yields in Leicester and across the UK.

Theoretical and Applied Genetics (2019) 132:617-626 https://doi.org/10.1007/s00122-018-3134-2

#### **ORIGINAL ARTICLE**





for integrated and inclusive food policy

The soybean experiment '1000 Gardens': a case study of citizen science for research, education, and beyond

Tobias Würschum¹© · Willmar L. Leiser¹© · Felix Jähne¹ · Kristina Bachteler² · Martin Miersch² · Volker Hahn¹©

Received: 26 January 2018 / Accepted: 21 June 2018 / Published online: 3 July 2018

Science of the Total Environment 705 (2020) 13593

#### Abstract

Key message ( also for plant sc Abstract Citizen by the various di describe details citizen scientists participants was abilities ranging holds great poten project was also as a promising av



Contents lists available at ScienceDirect Science of the Total Environment

journal homepage: www.elsevier.com/locate/scitotenv



Feeding a city - Leicester as a case study of the importance of allotments for horticultural production in the UK

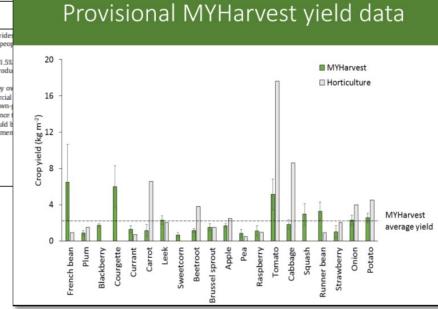


Jill L. Edmondson a.\*, Dylan Z. Childs a, Miriam C. Dobson a, Kevin J. Gaston b, Philip H. Warren a, Jonathan R. Leake a

Department of Animal and Plant Sciences, University of Sheffield, Sheffield \$10 2TN, UK

#### HIGHLIGHTS

- a city provides fresh produ
- ere similar to commercial
- Availability of land for ownsignificantly declined since
- Urban food security could I by providing more allotmen





# **Artisanal/ Specialist Food Processing & Production**



Educating, researching & influencing for integrated and inclusive food policy

- Peer networks and by experts (e.g. brewers or bakers)
- Commercial food substitute Soylent
- 'biohackers' such as Real Vegan
   Cheese biohacking group (Wilbanks,
   2017) or the Shojin Meat project.

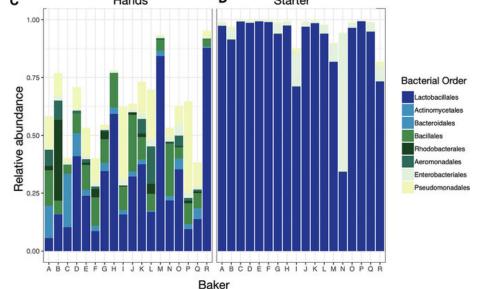


AMERICAN SOCIETY FOR MICROBIOLOGY INSphere

Influences of Ingredients and Bakers on the Bacteria and Fungi in Sourdough Starters and Bread

O Aspen T. Reese, Anne A. Madden, Marie Joossens, Guylaine Lacaze, Robert R. Dunnb.g.h







# **Artisanal/ Specialist Food Processing & Production**

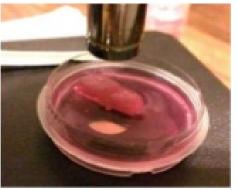


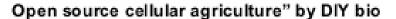
# "Shojinmeat Project" - Who we are

#### "Democratization of cellular agriculture"

Nonprofit non-corporate non-university citizen science community of DIY bio/fab enthusiasts, students, researcher, artists, writers etc. for cellular agriculture











Public communication by art and education



Shojinmeat Project





# **Food Safety & Fraud**



Allergen testing, food spoilage etc.

See <a href="https://theanalyticalscientist.com/fields-applications/citizen-science-and-food-safety">https://theanalyticalscientist.com/fields-applications/citizen-science-and-food-safety</a>

- 'Citizen Radioactivity Monitoring stations'
  - Japan post Fukushima

Analytical and Bioanalytical Chemistry https://doi.org/10.1007/s00216-018-0989-7

ASIEN 140 (Juli 2016), S. 56-73

#### REVIEW

Consumer-friendly food allergen detection: moving towards smartphone-based immunoassays

Georgina M. S. Ross 1 · Monique G. E. G. Bremer 1 · Michel W. F. Nielen 1,2

Refereed article

Lay People and Experts in Citizen Science: Monitoring Radioactively Contaminated Food in Post-Fukushima Japan

Cornelia Reiher

Received: 29 December 2017 / Revised: 14 February 2018 / Accepted: 26 February 2018 © The Author(s) 2018





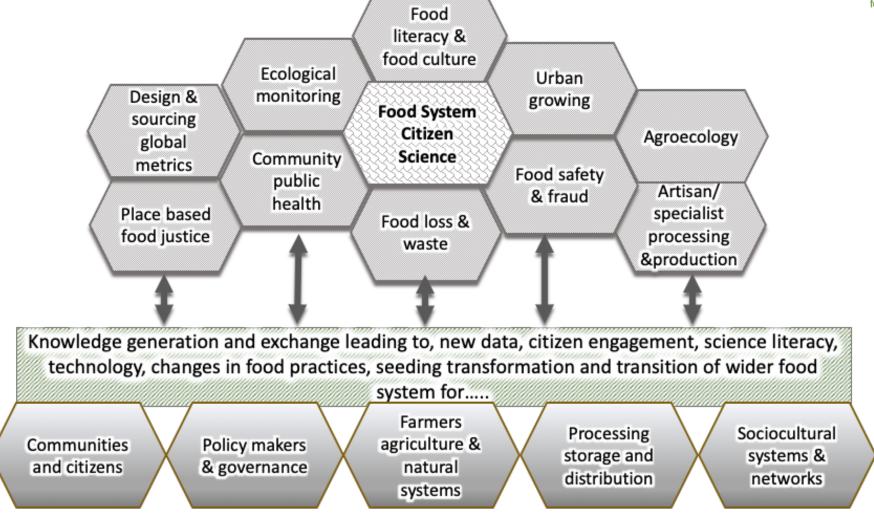
# **Community Based Public Health**

- Onevoice or Photovoice methodology (using smartphones)
- Examine enablers and barriers to health and food practice
- Citizen scientists in New Jersey (USA) identified problems with a Healthy corner stores' scheme and suggested strategies for stores' to modifying logistics together, improving scheme implementation (Chrisinger et al., 2018).
- Sharing recipes and meeting to cook healthier foods together (Rogers et al., 2018).



These were just some of the aspects...





Citizen science engagement with the food system and impact pathways

Oakden et al (forthcoming/under review) Citizen engagement in science and the food system is essential to enable a shift to sustainable healthy dietary practices. Frontiers



# **How I got into Citizen Science**



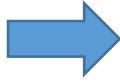
2012-2014

2018-2020









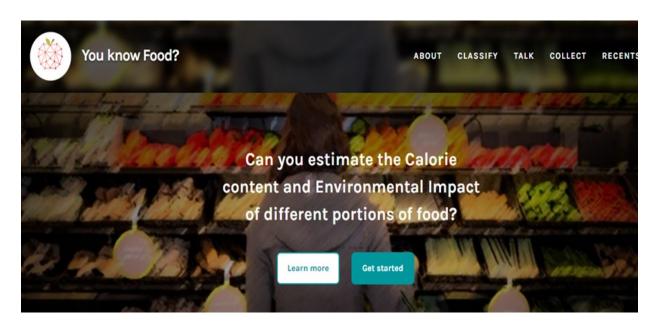




Dr Philip Roetman from the University of South Australia demonstrates the Koala Counting app



## ZOØNIVERSE



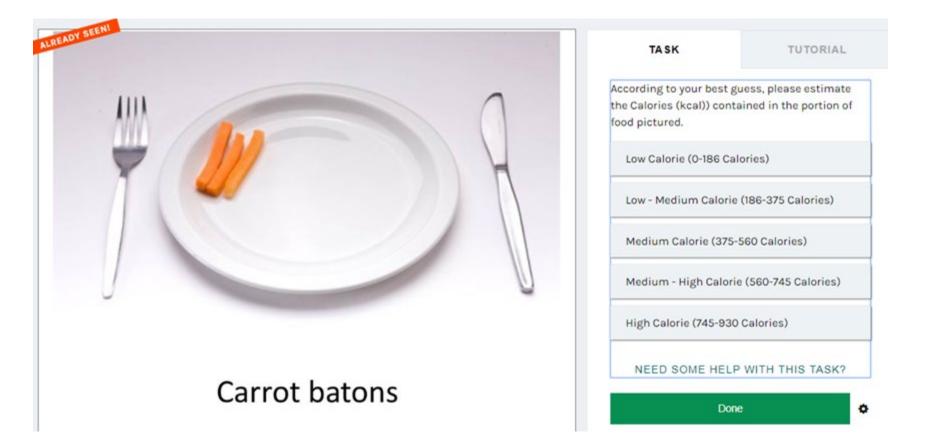


# Online experiments



# **Zooniverse - You Know Food? (2019)**

3 different question systems: Slider, Multiple choice, or text entry

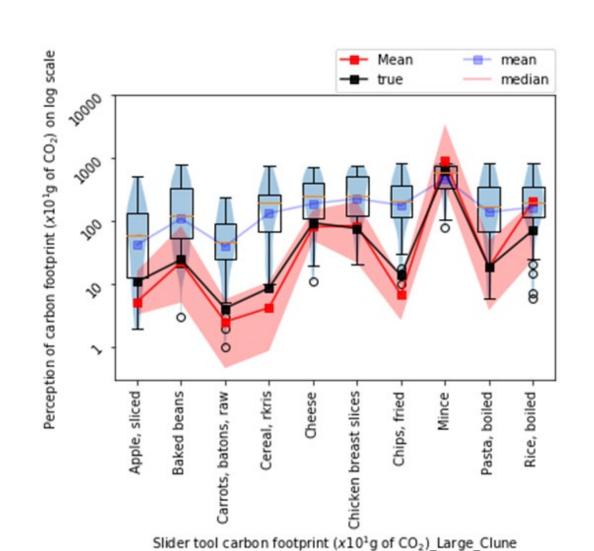




# Online experiments

# Centre for Food Policy Educating, researching & influencing for integrated and inclusive food policy

### **Zooniverse - You Know Food?**



https://doi.org/10.3389/fsufs.2020.00120

N=~516, 8484 valid image classifications.

10 Foods types 3 portion sizes, with and without weights.

Results: Citizens are unable to accurately estimate carbon footprint and energy content, with the majority of citizens overestimating values. Portion perceptions, with estimations impacts s<sub>1</sub>ze increasing alongside size. Weight information influences perception, but the direction varies by factor. Input method significantly affects citizen estimations. Citizen feedback confirms the lack of knowledge surrounding carbon footprint values.



# Online experiments

**Food Safety: Controls** 



for integrated and inclusive food policy

**Emerald Open Research** 

Emerald Open Research 2020, 2:35 Last updated: 15 JUL 202

Check for updates

RESEARCH ARTICLE

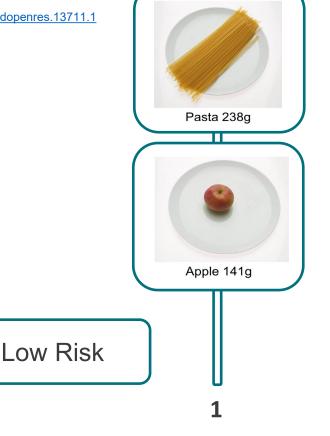
China and the USA, a higher perceived risk for UK consumers in a post COVID-19 food system: the impact of country of origin and ethical information on consumer perceptions of food [version 1; peer review: 1 approved]

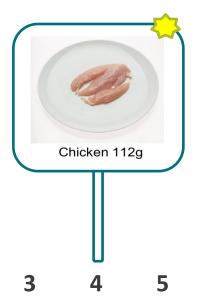
Beth Armstrong <sup>10</sup>, Christian Reynolds <sup>10</sup>,2

https://doi.org/10.35241/emeraldopenres.13711.1

Chicken is rated as a higher risk food than pasta and apple.

Women rate chicken as higher risk than men or other, however there are no gender difference for pasta or apple.





Significant diff.
vs control

High Risk

8 9 10

# CITY UNIVERSITY OF LONDON EST 1894

# Online experiments

**Chicken: Safety** 



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Emerald Open Research

Emerald Open Research 2000, 2:95 Last updated: 15.J.L. 2000

Check for updates

RESEARCH ARTICLE

China and the USA, a higher perceived risk for UK consumers in a post COVID-19 food system: the impact of country of origin

and ethical information on consumer perceptions of food

[version 1; peer review: 1 approved]
Beth Armstrong <sup>[]</sup> , Christian Reynolds <sup>[]</sup> 1,2

https://doi.org/10.35241/emeraldopenres.13711.1

Chicken 112g

Vegans, vegetarians, pescatarians, those with another dietary preference rate risk as significantly higher than omnivores.

Low Risk

1

3

4

6

7

8

9

10

High Risk



## **Gamification**

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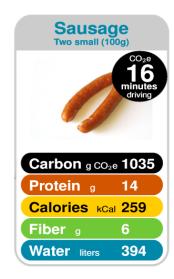
## http://climatefoodchallenge.online/



**Figure 1:** Screengrab of the climate food challenge game. The player must click the foods in order of lowest carbon footprint to highest. The number under each food represents the portion size in grams. For the example shown the player would click the chocolate bar first, then the bowl of rice, then the steak, to win points. Should the player get it wrong, they will win no points.











# **Living Labs - University of Sheffield**





#### **Actions**

- Low impact logo on menu
- Milk guides
- Surveys and Interviews with students
- Student ambassadors
- "Climate Strike" menu changes

Milk Type	Impact Category	2018 Usage (litres)	2019 Usage (litres)	Increase in Usage?
Dairy	Medium	2460	2206	No
Soya	Low	252	240	No
Oat	Low	282	564	Yes

Ingredient	Impact category	Usage in 2018 (kg)	Usage in 2019 (kg)	Increase in usage?
Falafel	Low	105.7	91.8	No
Basil Tofu	Low	28.5	18.7	No
Hummus	Low	73.7	65.1	No
Tuna chunks	Medium	33.3	23.0	No
Roasted Mediterranean Vegetables	Low	27.9	32.4	Yes
Vegan Sausages	Low	374 sausages	723 sausages	Yes
Back Bacon	Medium	6.6	-1.5	No
Piri Piri Chicken	Low	125	86.6	No
Chicken Breast Slices	Low	76.2	58.4	No
Greek Feta	Medium	61.6	55.7	No
Mature Cheddar	Medium	31.3	53.1	Yes
Stilton	Medium	0.07	19.6	Yes
Bacon	Medium	891 portions	492.8 portions	No





# **Take Away thoughts**

- Technology is enabling Citizen Science research in new and exciting ways.
- There are many ways that Citizen Science can help engage, and educate, advance and evaluate existing types of (food) research.
- Let's get to it!





# Thanks to my (many) collaborators...

Citizen Science; climate change, cooking and food habits: Carla Adriano Martins; Marcelo Vega; Ian Vázquez Rowe; Gustavo Cediel; Ximena Schmidt; Angelina Frankowski; Sarah Bridle; Carolyn Auma; Jacqueline Silva; Gemma Bridge; Libby Oakden; Hibbah Osei-Kwasi; Alana Kluczkovski; Robert Akparibo; Tahir Bockarie; Daniel Mensah; Maria Laura Louzada; Changqiong Wang; Luca Panzone; Astrid Kause; Charles Ffoulkes; Coleman Krawczyk; Grant Miller; Stephen Serjeant; Fernanda Rauber; Renata Levy, and the catering team and students at University of Sheffield.

... and funders. This work was funded by STFC Food Network+ pilot funding (ST/P003079/1), and STFC 21st Century challenge funding (ST/T001410/1) "Piloting Zooniverse for food, health and sustainability citizen science". Christian Reynolds was supported from the HEFCE Catalyst-funded N8 AgriFood Resilience Programme and matched funding from the N8 group of Universities. Additional funding was provided by Research England via the project "Food based citizen science in UK as a policy tool". Thanks to Sheffield Sustainable Food Futures group and the Institute for Sustainable Food, University of Sheffield for providing funding to extend the Living Labs project.











# Comments? Questions?

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**Financial Support:** This work was funded by STFC Food Network+ pilot funding (ST/P003079/1), and STFC 21st Century challenge funding (ST/T001410/1) "Piloting Zooniverse for food, health and sustainability citizen science". Christian Reynolds was supported from the HEFCE Catalyst-funded N8 AgriFood Resilience Programme and matched funding from the N8 group of Universities. Additional funding was provided by Research England via the project "Food based citizen science in UK as a policy tool". Thanks to Sheffield Sustainable Food Futures group and the Institute for Sustainable Food, University of Sheffield for providing funding to extend the Living Labs project.

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## Place-based citizen science

- "Health and Local communities" project in Bornholm, Denmark was community led public health intervention, in a defined geography that aimed to reduce childhood overweight and obesity (Bloch et al., 2014; Toft et al., 2018)
- Sustainable food places?





# **Food Literacy & Culture**

 Canadian healthy eating project (Growing roots): Immigrant communities, to gain familiarity with cooking healthy Canadian meals and to explore positive nutritional elements in their indigenous food cultures. (Henderson and Slater, 2019)