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Supplementary Table 2

*Search terms for PUBMED database*

POPULATION	
1.	Obesity (MeSH)
2.	Obesity
3.	Obese
4.	Overweight (MeSH)
5.	Overweight
6.	Body weight (MeSH)
7.	Body weight
8.	Body weight changes (MeSH)
9.	Body weight changes
10.	Weight gain (MeSH)
11.	Weight loss (MeSH)
12.	Weight gain
13.	Weight loss
14.	Body mass index (MeSH)
15.	Body mass index
16.	BMI
17.	Weight reduction
18.	Weight reduc*
19.	Overeat*
20.	OR/1-19
21.	Child (MeSH)
22.	Adolescent (MeSH)
23.	Infant (MeSH)
24.	Child*
25.	Children
26.	Childhood
27.	Adolescen*
28.	Infan*
29.	Teenage*
30.	Schoolchild*
31.	School child*
32.	Paediatr*
33.	Pediatr*
34.	Boys
35.	Girls
36.	Youth*
37.	Young adult*
38.	Young person
39.	Young people
40.	OR/21-39
41.	20 AND 40
INTERVENTION	
42.	peer support

43.	social support
44.	psychotherapy
45.	cognitive therapy
46.	family therapy
47.	Counseling
48.	Counselling
49.	group therapy
50.	behavior* intervention
51.	behavior* interventions
52.	behaviour* intervention*
53.	psychological intervention*
54.	life style intervention*
55.	lifestyle intervention*
56.	life style change*
57.	lifestyle change*
58.	treatment
59.	prevention
60.	psychological therap*
61.	behaviour change strateg*
62.	behavior change strateg*
63.	behavior change technique*
64.	behaviour change technique*
65.	behaviour* intervention
66.	behaviour change strategy
67.	Behaviour* change*
68.	behavior modification
69.	behaviour modification
70.	behaviour therapy
71.	behavior therapy
72.	Family intervention*
73.	Parent* intervention*
74.	OR/42-73
OUTCOMES	
75.	Fitness
76.	Health service*
77.	Health education
78.	Health promotion
79.	Cogniti*
80.	Nutrition*
81.	Diet*
82.	Vegetable*
83.	Fruit
84.	Unhealthy eating
85.	Healthy eating
86.	Physical education
87.	Sedentary behaviour
88.	Sedentary behavior
89.	Physical activity

90.	Physical inactivity
91.	Exercise
92.	Exercising
93.	Exercis*
94.	Body Mass Index
95.	BMI
96.	OR/75-95
DESIGN	
97.	experimental study
98.	intervention group*
99.	intervention stud*
100.	matched groups
101.	experimental design
102.	comparison group
103.	control group
104.	matched pairs
105.	Or/97-105
106.	randomized controlled trial
107.	controlled clinical trial
108.	randomized
109.	randomly
110.	placebo
111.	trial
112.	"Clinical Trials as Topic"[Mesh:NoExp]
113.	OR/106-112
114.	animals
115.	humans
116.	#114 NOT (#114 AND #115)
117.	#113NOT #116
118.	#41 AND #74 AND #96 AND #117