Rigorous Full Vectorial Beam Propagation Analysis of Second Harmonic Generation in Zinc Oxide Waveguides

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Abstract: In this paper, a rigorous, full vectorial Finite Element (FE)-based Beam Propagation Method (BPM) has been implemented to study Second Harmonic Generation (SHG) in planar Zinc Oxide (ZnO) waveguides for the first time. It is shown here that the SHG output power is significantly improved when the waveguide structure is optimized. Furthermore, phase matching between the fundamental and the second harmonic modes, through the use of the quasi phase matching technique, is discussed.

Index Terms: Second Harmonic Generation (SHG), ZnO Waveguide, Finite Element Method (FEM), Beam Propagation Method (BPM).

1. Introduction

Lately, there have been considerable advancements in adapting nanotechnology for a variety of engineering applications. Among various nano-scale devices, nanowires are widely utilized in nanophotonics. In such optical devices, Second Harmonic Generation (SHG) continues to play a vital role in a wide range of applications such as cell imaging in biology [1]. In addition to the optical waveguide structures, materials with lack of inversion symmetry such as LiNbO$_3$, KNbO$_3$, BaTiO$_3$ and ZnO have been used to fabricate optical waveguides due to their higher second order nonlinear optical response (i.e. second-order nonlinear susceptibility $\chi^{(2)}$).

There has been a continuous demand for materials with a high Non-Linear Optical (NLO) response. Among the various materials available, Lithium Niobate (LiNbO$_3$) exhibits excellent properties of second order nonlinearity with the use of periodical poling methods [2], which can be utilized in many second order NLO devices [3]. However, it is challenging to achieve high second order nonlinearity in nanoscale LiNbO$_3$ waveguide structures due to lack of flexibility and the high costs required for their practical implementations, such as is needed in modern crystal growth technology. Hence there is a growing demand for alternative NLO materials in which the waveguide cross-section can be reduced to enhance effective nonlinearity.

Furthermore, Zinc Oxide (ZnO), a II-VI semiconductor, has many excellent optical and photomechanical properties compared to those of other nonlinear materials such as LiNbO$_3$ and has the capability to be deposited on different types of substrates [4]. Alternatively, ZnO can also be grown on various substrates such as silica [5], silicon [6], GaAs [7], quartz [8], diamond [9], Diamond-Like-Carbon (DLC) [10, 11], LiTaO$_3$ [12] and LiNbO$_3$ [13]. Therefore, due to their positive characteristics in terms of their fabrication potential and ability to be readily integrated, ZnO nanomaterials are promising candidates for integrated optics devices such as solar cells, lasers and transparent transistors and ZnO-based blue light emitting diodes (LEDs) etc. [14]. Furthermore, second order susceptibilities in ZnO can be enhanced by decreasing the thin film thickness, regardless of the technology being used. Further, by varying the growth time in ZnO nanorods, it is possible to vary the aspect ratio and the second order susceptibilities [15]. Moreover, exploiting SHG in various forms of ZnO is becoming popular for a wide range of applications, especially in biophotonics where it is used to better understand some of the biological molecules used [16]. Studying induced luminescence is another aspect of the use of SHG in ZnO [17] and recently, ZnO has been employed as a hybrid optical material for fabricating integrated active optical devices operating in the visible, near-infrared, mid-infrared and THz frequency regions, taking full advantage of the highly transparent nature of ZnO [18].

1.1 Structure of the paper

This paper is organized as follows. Section 2 details the theoretical background of SHG generation, while Section 3 provides a description of the numerical methods used. Section 4 provides a description of the ZnO waveguide structure considered and Section 5 presents detailed results of the investigation carried out. Finally, Section 6 draws conclusions.

2. Theoretical Background

Through SHG, an optical wave of fundamental frequency, $\omega$, propagating through a dielectric material is converted to a wave of second harmonic frequency, $2\omega$. This is a result of the induced non-linear polarization caused by the lack of inversion symmetry of the material [23]. The induced non-linear polarization ($P_{NL}$) in a crystal can be represented
mathematically using a second order term proportional to the second order nonlinear susceptibility, \( \chi^{(2)} \) (i.e. nonlinear susceptibility tensor \( d = 1/2 \chi^{(2)} \)) and the square of the applied electric field \( (E) \) as follows [24]:

\[
P_{NL} = 2dEE
\]  

(1)

In this nonlinear process, electromagnetic fields exchange energy between the fundamental and second harmonic frequencies where this represents the phenomenon of SHG. However, only materials with lack of inversion symmetry have a quadratic nonlinear susceptibility term and non-vanishing second harmonic susceptibility tensor term. In general, the induced polarization can be written as follows;

\[
P_{NL} = \begin{bmatrix} P_x \\ P_y \\ P_z \end{bmatrix} = \begin{bmatrix} d_{11} & d_{12} & d_{13} & d_{14} & d_{15} & d_{16} \\ d_{21} & d_{22} & d_{23} & d_{24} & d_{25} & d_{26} \\ d_{31} & d_{32} & d_{33} & d_{34} & d_{35} & d_{36} \end{bmatrix} \begin{bmatrix} e_x^2 \\ e_y^2 \\ e_z^2 \\ 2e_x e_y e_z \\ 2e_x e_z \\ 2e_y e_z \end{bmatrix}
\]  

(2)

where \( P_x, P_y \) and \( P_z \) are the components of nonlinear polarization, \( d_{ij} (i = 1,3, j = 1..6) \) are the nonlinear susceptibility tensors and \( e_x, e_y \) and \( e_z \) are amplitudes of the \( x, y \) and \( z \) components of the electric fields respectively.

ZnO thin films exhibit significant second-order nonlinear susceptibility \( \chi^{(2)} \) across different crystallinities and thicknesses [19]. Another advantage of using ZnO films is that the well-defined crystal polarity can be identified in advance in order to understand the origin of the NLO response in the thin film [20]. ZnO thin films have been employed in many practical applications e.g. nanocrystalline ZnO thin film for gas sensor applications [21] and in producing ZnO thin film transistors (TFTs) [22] for next-generation displays. ZnO waveguides can also be used to fabricate low power CMOS-compatible ZnO nanocomb-based gas sensors. In this paper, a ZnO nanostructure has been considered and it is assumed that the ZnO nanowires have been grown on a silica/silicon substrate with the crystal axis perpendicular to the silica/silicon substrate.

ZnO has a group symmetry of 6\( mn \). The second order nonlinear susceptibilities of ZnO are, \( d_{33} \approx 18.0 \text{ pm/V} \) and \( d_{15} = d_{31} \approx 2.88 \text{ pm/V} \) [15]. The nonvanishing components are \( d_{15}, d_{24} = d_{15}, d_{32} = d_{31} \) and \( d_{33} \) (i.e. by applying Kleinman symmetry conditions). Equation (3) shows the nonlinear polarisation for \( x, y \) and \( z \) directions.

\[
\begin{bmatrix} P_x \\ P_y \\ P_z \end{bmatrix} = \begin{bmatrix} 2d_{15} E_x E_z \\ 2d_{15} E_y E_z \\ d_{15} E_x^2 + d_{15} E_y^2 + d_{33} E_z^2 \end{bmatrix}
\]  

(3)

3. Numerical Methods

Initially, a Full Vectorial Finite Element Method (FV-FEM) has been used for the modal analysis. The FV-FEM has been used to obtain the optimum ZnO planar waveguide structural parameters for SHG, following which the propagation constant (\( \beta \)) and the generated modal fields are used in the Full Vectorial Finite Element Beam Propagation Method (FE-BPM) to analyze the evolution of the fundamental and second harmonic waves.

For modal analysis using the FV-FEM, the cross-section of a waveguide is discretized into a number of triangular elements using an irregular mesh. The FV-FEM, based on the vector \( \mathbf{H} \)-field formulation, is used to obtain the modal field solutions and propagation constants of the fundamental and higher order quasi-Transverse Electric (TE) and quasi-Transverse Magnetic (TM) modes [25]. The full vector \( \mathbf{H} \)-field formulation used in FV-FEM can be written as;

\[
\omega^2 = \frac{\int (\nabla \times \mathbf{H}) \cdot \nabla \times \mathbf{H} d\Omega + \left( \int \frac{\mathbf{H}}{\varepsilon_0} \cdot \nabla \cdot \mathbf{H} + \varepsilon_0 \nabla \cdot \mathbf{H} \right) d\Omega}{\int \mathbf{H} \cdot \mu \mathbf{H} d\Omega}
\]  

(4)

where \( \mathbf{H} \) is the full-vectorial magnetic field, \( \varepsilon \) and \( \mu \) are the permittivity and permeability, respectively, of the waveguide, \( \varepsilon_0 \) is the permittivity of the free space, and \( \omega^2 \) is the eigenvalue where \( \omega \) is the angular frequency of the wave. The
dimensionless parameter $\eta$ is used to impose the divergence-free condition of the magnetic field in a least squares sense to eliminate spurious solutions. Typically the penalty term, $\eta = 1/n_e^2$ is used, where $n_e$ the effective index of the mode, and this is balances the electric and magnetic field energy via the waveguide impedances.

The propagation of radiation generated via SHG in an optical waveguide was analyzed by applying the Full Vectorial FE-BPM and numerically represented as follows:

For the fundamental frequency:
\[
\nabla \times [\varepsilon_\omega]^{-1} \nabla \times H_\omega - k_0^2 H_\omega = j \omega \varepsilon_0 \nabla \times [\varepsilon_\omega]^{-1} [d_\omega ] E_{2\omega} E_\omega^* \tag{5}
\]

For the Second Harmonic frequency:
\[
\nabla \times [\varepsilon_{2\omega}]^{-1} \nabla \times H_{2\omega} - 4 k_0^2 H_{2\omega} = j \omega \varepsilon_0 \nabla \times [\varepsilon_{2\omega}]^{-1} [d_{2\omega}] E_{2\omega} E_\omega^* \tag{6}
\]

where an asterisk (“*”) denotes a complex conjugate, $k_0$ is the free-space wavenumber, $\varepsilon_\omega$ and $\varepsilon_{2\omega}$ are linear relative permittivity tensors at the fundamental and SH frequencies, respectively and $d_\omega$ and $d_{2\omega}$ are second order nonlinear susceptibility tensors at the fundamental and SH frequencies, respectively. Then it is necessary to consider the nonlinear part (i.e. R.H.S) of the equations (5) and (6) to find the nonlinear components in $x$, $y$ and $z$ directions.

By substituting $\psi_{NL}(x,y,z)$ into the R.H.S. of equation (6);
\[
\psi_{NL}(x,y,z) = j \omega \left\{ t_x \left[ \frac{\partial P_x}{\partial y e_z} - \frac{\partial P_y}{\partial z e_y} \right] - t_y \left[ \frac{\partial P_x}{\partial x e_z} - \frac{\partial P_z}{\partial z e_x} \right] + t_z \left[ \frac{\partial P_y}{\partial x e_z} - \frac{\partial P_x}{\partial y e_x} \right] \right\} \tag{7}
\]

Therefore, the $x$ component of the nonlinear part of the coupled wave equation can be written as;
\[
\psi_{NL}(x) = j \omega \left\{ t_x \left[ \frac{\partial P_x}{\partial y e_z} - \frac{\partial P_y}{\partial z e_y} \right] \right\} \tag{8}
\]

By replacing $\varepsilon_x = n_x^2$, $\varepsilon_y = n_y^2$, $\omega \varepsilon_0 = k_0 / Z_0$ and $\partial / \partial z = -2 j \beta$ the following equation can be obtained;
\[
\psi_{NL}(x) = \frac{k_0}{\varepsilon_0 Z_0} \left\{ t_x \left[ \frac{\partial P_x}{\partial y n_x^2} - 2 \beta \frac{P_y}{n_y^2} \right] \right\} \tag{9}
\]

where $Z_0$ denotes the free space impedance ($\approx 377 \Omega$). The $y$ and $z$ components can be calculated in a similar manner.

Similarly, the R.H.S. of equation (5) (i.e. $j \omega \nabla \times [\varepsilon_{2\omega}]^{-1} [d_{2\omega}] E_{2\omega} E_\omega^*$) can be expanded in order to find the nonlinear components of the fundamental frequency in the $x$, $y$ and $z$ directions.

Then the application of FEM equations (5) and (6) will yield the following matrix equations (10) and (12) for the propagation model of the fundamental and second harmonic frequencies. The propagation model of the fundamental field can be represented in the form of equation (10): this equation can be obtained by assuming that the envelope of the field changes slowly in the $z$-direction (propagation direction) ($\partial^2/\partial z^2 \approx 0$).
\[
-2 j n_o k_0 [\hat{M}] \frac{d(\phi_\omega)}{dz} + ([K] - n_e^2 k_0^2 [M]) (\phi_\omega) = \{\psi_{NL}\} \tag{10}
\]

where $[\hat{M}]$ can be written as;
\[
[\hat{M}] = [M] + \frac{1}{4 n_o^2 k_0^2} ([K] - n_e^2 k_0^2 [M]) \tag{11}
\]

In equation (11), the $[M]$ and $[K]$ global matrices can be represent as;
\[
[M] = \Sigma_e [M]_e = \Sigma_e \left[ \begin{bmatrix} M_{xx} \end{bmatrix}_{3x3} \right]_{3x3} \text{ and } [K] = \Sigma_e [K]_e = \Sigma_e \left[ \begin{bmatrix} K_{xx} \end{bmatrix}_{3x3} \right]_{3x3}
\]

Then the SHG wave propagation can be representing as;
Then the split-step procedure and Crank Nicolson (CN) scheme can be applied to both the fundamental and SH wave equations (i.e. equations (10) and (12) respectively) to derive the following;

\[
[A]_k \{ \phi_\omega \}_{k+1} = [B]_k \{ \phi_\omega \}_k
\]  

where,

\[
[A]_k = -2j n_0 k_0 |\mathbf{M}|_k + \theta \Delta z ([K]_k - n_0^2 k_0^2 |\mathbf{M}|_k)
\]  

\[
[B]_k = -2j n_0 k_0 |\mathbf{M}|_k + (\theta - 1) \Delta z ([K]_k - n_0^2 k_0^2 |\mathbf{M}|_k)
\]

where \(\Delta z\) is the propagation step size in the \(z\)-direction, and the subscripts \(k\) and \((k+1)\) denote the quantities related to the \(k\)th and \((k + 1)\)th propagation steps respectively. \(\theta\) is an artificial parameter \((0 \leq \theta \leq 1)\). In this paper the CN scheme \((\theta = 0.5)\) has been adopted for numerical simulations of unconditionally stable systems and the propagation step size \((\Delta z)\) used as 0.1 \(\mu m\) in the simulations.

Then the following equation can be derived for the fundamental frequency;

\[
\{ \phi_\omega^{(2)} \}_{k+1} = \{ \phi_\omega^{(1)} \}_{k+1} + \frac{\Delta z}{2 \beta \varepsilon_r} \{ \psi_{NL}^{2\omega} \}
\]  

By applying equation (13) into equation (16) the following equation can be derived;

\[
\{ \phi_\omega^{(2)} \}_{k+1} = \frac{[B]_k}{[A]_k} \{ \phi_\omega^{(1)} \}_{k+1} + \frac{\Delta z}{2 \beta \varepsilon_r} \{ \psi_{NL}^{2\omega} \}
\]  

In a similarly the following equation can be derived for the SH frequency;

\[
\{ \phi_{2\omega}^{(2)} \}_{k+1} = \frac{[B]_k}{[A]_k} \{ \phi_{2\omega}^{(1)} \}_{k+1} + \frac{\Delta z}{4 \beta \varepsilon_r} \{ \psi_{NL}^{2\omega} \}
\]  

The equations (17) and (18) have been used numerical analysis of the SHG in optical waveguide.
4. ZnO Waveguide Design

Fig. 1 shows the structure of the ZnO planar waveguide with a silica buffer layer on a silicon substrate. In Fig. 1, $H$ and $W$ denote the height and the width of the planar waveguide, respectively. In practice, rectangular-shaped ZnO crystals have been used in the form of fabricated thin films, achieved by using different growing techniques, which have shown promising SHG performance. An initial investigation was carried out to optimize ZnO waveguides with different aspect ratios. The refractive indices of ZnO and SiO$_2$ are taken as 1.95494 [26] and 1.54292 [27], respectively, at the fundamental wavelength $\lambda_{\omega} = 1.064 \mu m$. The refractive indices of the ZnO and SiO$_2$ for the second harmonic wavelength $\lambda_{2\omega} = 0.532 \mu m$ were given by 2.04651[26] and 1.55609 [27], respectively. The ZnO waveguide with the SiO$_2$ / Si substrate and air-cladding was represented by an irregular mesh of 9800 triangular elements, i.e. with fine mesh in the core and coarse mesh in the cladding, in the numerical simulations in order to obtain accurate modal solutions. In this analysis (and in all simulation results presented in this paper), the fundamental pump power is taken as $1W$ and the $H_{mn}^x$ (quasi-TM) and $H_{mn}^y$ (quasi-TE) mode notations are used. Further, the modal solutions are carried out in order to a) analyze phase matching between the fundamental and the second harmonic modes and b) implement the Quasi Phase Matching technique (QPM) to prevent phase mismatching between these two modes, as discussed in Section 5.
5. Results

This section first discusses the stationary analysis of the ZnO waveguides including the effective index, spot-size and overlap integral. This is followed by an analysis of the modal propagation in the ZnO waveguides including the coherence length and QPM.

The variation of the effective index ($n_{\text{eff}}$) with height has been studied for the first order mode at two frequencies, $\omega$ and $2\omega$, each with different widths, $W$ (i.e. $1 \mu m$ and $2 \mu m$), and the results of this are shown in Fig. 2. Here, $n_{\text{eff}} = \beta / k_0$, where $\beta$ is the propagation constant and $k_0$ is the wavenumber ($k_0 = 2\pi / \lambda$ where $\lambda$ denotes the wavelength). The first order mode $H_{11}^x$ of the fundamental frequency, $\omega$, is indicated by $H_{11}^x, \omega$.

![Fig. 2 Variation of the effective index of the propagating modes with the height at the fundamental and second harmonic frequencies for width values of 1 $\mu m$ and 2 $\mu m$.](image)

As can be seen in Fig. 2, a reduction of the height results in a reduction of $n_{\text{eff}}$ as the confined mode becomes exposed to the air cladding of the ZnO waveguide. Initially the effective indices of the modes reduce slowly, but these decrease rapidly as the modes approach their cut-off conditions (i.e. height values of 0.3 $\mu m$ – 0.7 $\mu m$). Moreover, the effective index of $H_{11}^x, 2\omega$ (i.e. $H_{11}^x$ of the second harmonic frequency) is shown to move towards the cut-off condition at a lower rate than the $H_{11}^x, \omega$ mode does. This is because the first order mode of the higher frequency (i.e. of second harmonic) is more confined in the centre of the ZnO core, in comparison with that of the lower frequency. Further, as the height is increased, the mode becomes more confined to the core, resulting in the value of $n_{\text{eff}}$ asymptotically approaching the refractive index of ZnO (i.e. $n_\omega = 1.95494$ and $n_{2\omega} = 2.04651$). For very small dimensions the difference between the effective indices of the fundamental and SH wavelength is high indicating a deviation from the phase matching in the cut-off region.
The spot-size ($\sigma$) is an important modal parameter which can be used to better understand the power confinement and the resulting power density of the pump and the second harmonic modes. The spot-size, in this work, has been defined as the area where the Poynting vector is more than $1/e^2$ of its maximum value for a given mode (or area where field is greater than $1/e$ of its maximum field value). Fig 3 shows the variation of the spot-size with height for the dominant first order modes $H_{11}^x$ at the fundamental frequency, $\omega$, indicated by $H_{11}^x, \omega$ for different widths. For a given height, $\sigma$ reduces when the width decreases from 2 $\mu$m to 1 $\mu$m. For all the width values, it can be observed that $\sigma$ reduces as the height is reduced until the cut-off condition is reached. However, when the dimensions of the waveguide reduces, $\sigma$ also reduces due to the high confinement of the $H_{11}^x, \omega$, and as shown in Fig 3, a further reduction of the dimensions results in spreading the field into the air-cladding due to reaching the cut-off condition when the $H$ =0.4 $\mu$m. Therefore, the fundamental mode reaches its cut-off condition when $W$ =1 $\mu$m more rapidly than when $W$ =2 $\mu$m. The relationship between $\sigma$ and the dimensions of the ZnO waveguide is used as a guideline for design optimization.

It can be seen that lower height values give smaller spot sizes leading to a high SHG generation. However it should be noted that when $H < 0.5$ $\mu$m the second harmonic generation will deteriorate as the fundamental mode loses its high power density. Next, it is necessary to consider the spot-size of the SH wavelength. This is because the modal area of both fundamental and SH modes should match spatially to achieve efficient power transfer between modes. Hence the overlap integral has been analyzed as follows.
The overlap integral ($\Gamma$) between the interacting fundamental and second harmonic first order dominant modes $H_{11}^x$ relates directly to the efficiency of power transfer between these modes, i.e. a higher value of the overlap integral results in higher conversion efficiency and vice versa. The definition of the overlap integral is given below by [28]:

$$\Gamma = \frac{|\iint E_\omega^2 \cdot E_{2\omega} \cdot dx \cdot dy|}{\sqrt{(\iint E_\omega^2 \cdot dx \cdot dy) \cdot (\iint E_{2\omega}^2 \cdot dx \cdot dy)}} \quad (19)$$

where $E_\omega$ and $E_{2\omega}$ are the electric field distributions of the fundamental and second harmonic waves, respectively. Fig. 4 illustrates how the overlap integral of the first order modes $H_{11}^x$ for the $\omega$ and $2\omega$ varies with the height over a range of width values. For small width values, both the $H_{11}^x$, $\omega$ and the $H_{11}^x$, $2\omega$ modes are well confined and the overlap integral is high, particularly when height is also large. However, as has been mentioned, for a smaller waveguide width, its cut-off is reached more rapidly as the height is reduced; hence the overlap integral reduces in this operating range. It can be observed that, as the height decreases for a given value of width, the overlap integral initially increases, reaching a maximum value (in the region $1 \mu m \leq H \leq 1.3 \mu m$) and then starts to decrease. This can be explained as follows: reducing the height makes $H_{11}^x$, $\omega$ and $H_{11}^x$, $2\omega$ more confined which reduces the mismatch of their spot-sizes, leading to an increase in the overlap integral. However, as illustrated in Fig 3, when the height is very small the fundamental mode reaches its cut-off region more rapidly than the second harmonic mode, as shown in Fig. 2 and Fig 3. Therefore, even though the second harmonic field becomes more confined to the core of the waveguide, the overall mismatch between fundamental and second harmonic fields becomes significant and the overlap integral starts to reduce at very small values of the waveguide heights.

In the above analysis the spot-sizes of the fundamental frequency were used to identify a highly confined mode. Furthermore, the optimized dimensions of the ZnO waveguide required to achieve the highest SHG has been identified using the overlap integral. To complete the analysis, the propagation length should be considered. This is because; even though SH power generated is directly proportional to the propagation length, this length is limited by a value called coherence length which is explained as follows.
Fig. 5 Variation of the coherence length for the quasi-TM modes against the height with different width values.

The fundamental and second harmonic waves accumulate a $\pi$ radian phase shift over a distance known as the coherence length ($L_c$). Here $L_c = \pi/\Delta\beta$ and $\Delta\beta = \beta_{2\omega} - 2\beta_\omega$, where $\beta_\omega$ and $\beta_{2\omega}$ are the propagation constants of the fundamental and second harmonic waves, respectively. The variation of $L_c$ with the height and width is shown in Fig. 5. Furthermore, a larger $L_c$ value would allow for a longer interaction between the fundamental and SH waves for higher SHG. As waveguide height decreases for a given width, the effective index, $n_{\text{eff}}$, decreases due to the decreased area of the ZnO core enabling the confined mode to be more exposed to the air cladding. Therefore, the propagation constant ($\beta$) decreases with $n_{\text{eff}}$, as shown in Fig. 2. However, when the height increases, $\beta_\omega$ increases faster than $\beta_{2\omega}$ bringing $2\beta_\omega$ close to $\beta_{2\omega}$ (i.e. $2\beta_\omega \approx \beta_{2\omega}$) which results in a higher value of $L_c$. The ideal condition is possible if $n^\omega = n^{2\omega}$ (where $n^\omega$ and $n^{2\omega}$ are the fundamental and second harmonic refractive indices); however, this cannot be realized in practice for this particular material due to the chromatic dispersion of the ZnO. Moreover, as the height is increased, the ZnO core area is further increased and $L_c$ asymptotically approaches the value for bulk ZnO material (~2.9 $\mu$m). However, if the core area is increased, the power density of the fundamental wave will become smaller and as a result the power transfer rate will be reduced. The trade-off between overlap integral and coherence length can be seen in Fig. 6.
Fig. 6 shows the non-Quasi Phase Matched (non-QPM) second harmonic output power for different ZnO waveguide heights as a function of the propagation length. In all three cases, the ZnO waveguide width is fixed at 1 \( \mu m \). It can be observed that the rate at which the non-QPM SH output power increases goes up as the height decreases, over the range from 3 \( \mu m \) to 1 \( \mu m \). This arises because of the \( H_{11}^x \) mode, which becomes more confined to the core and also increases the overlap integral, resulting in high field intensities leading to high power conversion rates. For the quasi-TM mode, the \( H_{11}^x \) field component is dominant. Reducing the height of the waveguide can be use to tailor TM mode operation. It has been observed that when the height is further reduced (i.e. below 1 \( \mu m \)) the mode spreads in to the air cladding. Further, the application of the top silica layer is used to maintain the higher propagation constant difference between the \( H_{11}^x \) mode of the fundamental wavelength and the higher order modes of second harmonic wavelength: as a result the evolution of higher order second harmonic modes can be prevented (i.e. the application of silica layer does not significantly affect the power conversion efficiency).
In addition to the height, the width of the waveguide has also been considered for the optimization. Accordingly, Fig. 7 shows the non-QPM second harmonic output power along the axial direction for different widths of the ZnO waveguide; in this case the height is 1.0 \( \mu m \). The SH output power increases along the axial direction in Fig. 7, reaches its maximum after a distance equal to the first coherence length and reduces due to the phase mismatch. As the width decreases from 2.0 \( \mu m \) to 1.0 \( \mu m \), the rate of change increases due to the higher overlap integral. A further reduction in the width (i.e. from 1.0 \( \mu m \) to 0.5 \( \mu m \)) causes the \( H_{11}, \omega \) mode to start spreading into the air cladding while the \( H_{11}, 2\omega \) mode becomes more confined to the waveguide core, resulting in a decreased overlap integral. Therefore, the rate of change reduces reaching the cut-off condition. It can be observed that the initial rate of change of the \( W = 1.0 \mu m \) curve was greater due to the maximum overlap integral, as shown in Fig. 4. Furthermore, the coherence length increases as the width increases from 0.5 \( \mu m \) to 2.0 \( \mu m \). In the case of \( W = 1.0 \mu m \), the predicted rate of generation of SH output power is higher, but the coherence length is smaller than that of \( W = 1.5 \mu m \). Hence, it can be observed that the maximum conversion efficiency can be achieved when \( W = 1.5 \mu m \).
As mentioned in Section 1, ZnO can be fabricated with different dimensions in order to achieve an optimized structure to produce maximum second harmonic output power. First, for each height value of the ZnO waveguide, the width value is optimized at which the non-quasi phase matched second harmonic output power is maximum (the range of width was between 1.3 \( \mu m \) -1.6 \( \mu m \)): these maximum power values achieved after a propagation length equal to \( L_c \) are shown in Fig. 8. As explained in Figs. 6 and 7, when the dimensions of the ZnO waveguide reduce, the SH output power generated increases due to the better mode confinement and improved overlap integral (unless the waveguide approaches mode cut-off). In Fig. 8, the maximum SH output power is obtained at a height of 1.3\( \mu m \) with the corresponding width value of 1.5\( \mu m \). It was observed that the dimensions of the maximum point as shown in Fig. 7 strongly support the \( H_{11}^T \) mode for both the fundamental and the second harmonic frequencies.

In the analysis above, it should be noted that the high SHG power achieved is limited by the respective coherence lengths. This limitation can be removed by a technique called quasi phase matching, where the sign of the nonlinear susceptibility (\( \chi^{(2)} \)) of the core material is inverted periodically at every \( L_c \) as explained in relation to Fig. 9.
The direction of power exchange between the fundamental and second harmonic waves depends on their relative phase difference and this changes sign at a distance equal to the coherence length. Furthermore, noting the change of sign of the nonlinear susceptibility ($\chi^{(2)}$) at every $L_c$, by periodic poling, the phase of the polarization wave will be shifted by $\pi$, effectively re-phasing the interaction and leading to a monotonic power flow into the second harmonic wave [29]. In Fig. 9 the solid curve shows the first order Quasi Phase Matched (QPM) SH output power for a width of $1.5\mu m$ and height of $1.3\mu m$, i.e. optimized dimensions as per Fig. 6 and Fig. 7. In this case (i.e. solid curve) the $L_c$ is $\sim 1.9\mu m$. The fabrication of the QPM for every sub-micrometer scale $L_c$ ($\sim 1.9\mu m$) can be achieved in practice by using different techniques such as the lithography technique [30]. Fig. 9 also shows the first order QPM SH output power for a core width of $1.0\mu m$ and height of $0.6\mu m$. In this case, the normalized conversion efficiency of $\eta_{norm} = 1.0 \times 10^{-7} \text{ W}^{-1} \mu m^{-2}$. This value was higher than the reported value of $\eta_{norm} = 0.15 \times 10^{-7} \text{ W}^{-1} \mu m^{-2}$ for a periodically poled LiNbO$_3$ waveguide device [31]. Although power conversion within a single $L_c$ section was lower for $H$ = $0.6\mu m$ and $W$ = $1.0\mu m$, compared to that for $H$ = $1.3\mu m$ and $W$ = $1.5\mu m$, its rate of energy transfer was higher. Therefore, when QPM was implemented, the overall SHG for the first case (i.e. $H$ = $0.6\mu m$ and $W$ = $1.0\mu m$) was higher as shown here. In Fig. 9, the inset mode profiles show the QPM SH output mode after propagation of a distance of $5.5\mu m$.

6. Conclusions

In this paper, a rigorous full-vectorial FE based BPM formulation has been applied to find the mode spectrum of the different ZnO optical waveguide structures presented in an efficient and robust manner. This numerical method has been applied to analyze the modal solutions and the calculation of SHG in ZnO waveguides where inherently hybrid modes exist. It can be noted that by changing the height and width of the ZnO waveguide, it is possible to achieve improved SH output power. The higher output power is a result of the higher overlap integral due to the optimized modal properties in the waveguide structure. This paper shows that the SHG efficiency in ZnO can be higher than in the more widely used LiNbO$_3$ based devices, due to the stronger confinement and the modal overlap integral. The QPM technique has been applied in order to obtain higher SH output power and eliminate the phase mismatch between the fundamental and SH waves. Moreover, the practical implementation of the fabrication techniques of the ZnO waveguides and the application of QPM in the waveguide has also been addressed.


