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Table 3. Contacts recorded on the web server between intervention participants (n=40) and the technical support team

Technical / device-related operations <sup>†</sup>		Total	Mean, SD	Minimum-maximum	Completed/Expected (%)
Outgoing phone calls	Technical assistance	$10^{\Delta}$	$0.25 \pm 0.87$	0-7	-
	Non-transmission	19	$0.48 \pm 0.72$	0-2	-
	End of trial	32	NA*	NA	32/40 (80%)
Incoming phone calls		5	$0.12\pm 0.33$	0-1	
Text messages		29	$0.73 \pm 0.60$	0-2	-

<sup>&</sup>lt;sup>†</sup>This does not include contacts with the engineer, attempted but unsuccessful phone calls, and voicemails.

Note: Incoming phone calls refer to instances when MTH participants initiated contact. In the last column, % of expected contacts are only provided for intervention components of a fixed nature, i.e. for which specific completion rates could be expected.

**Table 4.** Contacts between intervention participants (n=40) and the mobile telehealth (MTH) nurse

Contact type (n=40)		Total	Mean, SD	Minimum-maximum	Completed/Expected (%)
Clinical feedback		23	$0.58 \pm 0.78$	0-3	-
Patient education and assistance					
Outgoing phone calls	Introductory	37	NA*	NA	37/40 (92.5%)
	6 weekly education	32	$0.80 \pm 0.93$	0-3	32/240 (13.3%)
Incoming phone calls		7	$0.18\pm0.38$	0-1	-
Text messages <sup>†</sup>		164	$4.10 \pm 2.56$	0-9	

<sup>\*</sup> NA: not applicable; participants could only receive 1 introductory call.

Note: These data do not include attempted but unsuccessful phone calls, or voicemails. Clinical feedback calls refer to outgoing calls made by a MTH nurse that were not logged on the web server as educational or introductory calls. Data in the last column 'completed/expected' are only provided for intervention components that were to be delivered at a known frequency, i.e. for which specific completion rates could be expected based on the protocol.

<sup>&</sup>lt;sup>Δ</sup>A further 33 outgoing phone calls were recorded on a separate log sheet provided by the technical support team

<sup>\*</sup> NA: not applicable; participants could only receive 1 end of trial call.

<sup>&</sup>lt;sup>†</sup>A minority (5.7%) of these messages were considered to be characteristic of clinical feedback and advice (see text).