An evaluation of alternative equity indices

Part 1: Heuristic and optimised weighting schemes

Andrew Clare, Nick Motson & Steve Thomas¹

March 2013

¹ We would like to thank John Belgrove and his colleagues at AON Hewitt for encouraging and sponsoring the research in this paper. All of the authors are members of Cass Business School’s Centre for Asset Management Research. Postal address: 106, Bunhill Row, London. EC1Y 8TZ. Email addresses: a.clare@city.ac.uk; n.motson@city.ac.uk; stephen.thomas.1@city.ac.uk.
Abstract

There is now a dazzling array of alternatives to the market-cap approach to choosing constituent weights for equity indices. Using data on the 1,000 largest US stocks every year from 1968 to the end of 2011 we compare and contrast the performance of a set of alternative indexing approaches. The alternatives that we explore can be loosely categorised into two groups. First, a set of weighting techniques that Chow et al. (2011) describe as “heuristic”. The second set are based upon “optimisation techniques”, since they all require the maximisation or minimisation of some mathematical function subject to a set of constraints to derive the constituent weights. We find that all of the alternative indices considered here would have produced a better risk-adjusted performance than could have been achieved by having a passive exposure to a market capitalisation-weighted index. However, the most important result of our work stems from our ten million Monte Carlo simulations. We find that choosing constituent weights randomly, that is, applying weights that could have been chosen by monkeys, would also have produced a far better risk-adjusted performance than that produced by a cap-weighted scheme.

Keywords: Alternative equity indices; risk-adjusted performance; Monte Carlo simulation
1. Introduction

The practice of investing in equity portfolios that are benchmarked against Market-cap weighted indices is very common. This choice of index weighting scheme is particularly relevant to those investors that choose to track such indices passively. But this choice is also of relevance to those investors that employ active fund managers benchmarked against these indices since the performance and the risk profile of these active managers is usually very closely related to the indices. In this paper we provide a thorough evaluation of two subsets of equity index weighting schemes where the weights of individual equities are determined either by simple, heuristic rules of thumb, or are determined by processes that use comparatively more demanding optimisation techniques\(^2\).

For both sets of alternative indices we calculate the performance that investors would have experienced had they adopted any one of these approaches to the construction of portfolios comprising US equities over this period. By using the same, rich dataset we are able to compare ‘apples with apples’ and to make definitive statements about the differences in the constituent characteristics and performances of this range of alternatives.

We find that all of the alternative indices considered here would have produced a better risk-adjusted performance than could have been achieved by having a passive exposure to a market-capitalisation weighted index. However, the most important result of our work stems from our ten million Monte Carlo simulations. **We find that choosing constituent weights randomly, that is, applying weights that could have been chosen by monkeys, would also have produced a far better risk-adjusted performance than that produced by a cap-weighted scheme.**

The rest of this report is organised as follows: in section 2 we outline the essential features of a set of heuristic alternative index construction techniques, while in section 3 we review three more techniques which can only be implemented by using optimisation routines; in Section 4 we outline the data that we use to compare the various index construction methods and also the portfolio construction technique that we use; in section 5 we report the main results and index performance statistics; in Section 6 we take a closer look at the source of the performance differences between the indices; in Section 7, we undertake some Monte Carlo experiments to determine how much of the performance of the indices is due to luck and how much to ‘design’; in Section 8 we consider how the use of a simple timing indicator can improve the risk-adjusted performance of the indices; in section 9 we consider the possible impact of transactions costs on our results; and finally Section 10 concludes the paper.

2. Heuristic index construction techniques – defining the weights

*The benchmark: Market-capitalisation weights*

The focus of this paper is the performance of the Market-cap weighted approach to indexing equities. Of course there are a number of very familiar indices of this kind, such as the S&P 500 Composite and FTSE-100 indices. However, so that we can make fair comparisons, rather than using these familiar indices as the basis for the comparisons of alternative approaches to equity index constructions, we calculate our own Market-cap weighted index using the same stock universe that we use to construct the various alternatives. The weight of each stock in the Market-cap weighted index that we use here is calculated in the

conventional manner: the weight of each stock is equal to its Market-capitalization divided by the sum of the Market-capitalisation of all of the other stocks in our chosen universe of 1,000 stocks.

It is has often been suggested that a Market-cap based approach to equity index weights is ‘theoretically’ consistent with the Capital Asset Pricing Model (CAPM), and that such a portfolio should, if the market is efficient, be ‘mean variance efficient’. That is, any portfolio constructed on this basis should have the highest expected return of any set of portfolios with the same expected risk, in turn meaning that it would be impossible to achieve a higher expected return from another portfolio with the same expected risk. A stylised representation of a mean-variance efficient frontier is shown in Figure 1. Any combination of securities that have an expected return and risk combination that means that they plot on the upper portion of this frontier, is said to be mean-variance efficient.

![Figure 1: The Mean Variance Efficient Frontier](image)

However, it is simply not true that a Market-cap weighted index will plot on this frontier. There is no ex ante reason why, for example, a Market-cap weighted portfolio of US equities should be either mean-variance efficient in a global sense, or consistent with the CAPM in any sense. But most investors that invest on a Market-cap weighted basis do not do so because they think it is theoretically consistent anyway, they do so for the many convenient reasons outlined in last summer’s report.

### 2.1 Equal weights

Creating passive equity portfolios against a Market-cap index at least ensures that investors hold positions in the largest, usually most liquid stocks in a market, but of course it can lead to less than appealing concentrations in very large stocks. Therefore a straightforward alternative to Market-cap weighting would be to assign each of the N stocks in the equity universe an equal weight. This is a very simple approach to determining equity index weights that avoids the concentration risk that might arise with a Market-cap weighted approach. However, one of the possible drawbacks of this approach is that, by definition, it gives higher weights to smaller, possibly less liquid stocks than the Market-cap weighted approach.
2.2 Diversity weights

Equally-weighted equity index constituents clearly avoids the problem of concentration that arises from the use of Market-cap weights, but with the potential for increasing positions in less liquid stocks (depending upon the stock universe under consideration of course). A practical approach to this issue might involve setting a cap on the market value of any particular stock in a market-cap weighted index. And redistributing the weight of the largest stocks above this ceiling equally amongst the remaining index constituents. Essentially this approach to index construction combines features of both the Market-cap weighting approach, subject to a maximum constituent weight, and the equal weighting approach. Of course the higher the ceiling of the constituent weight the closer the index will be to a pure Market-cap based index, while the lower it is the closer it will be to an equally weighted index.

To this extent this blending of Market-cap and equal weights is the principle behind the Diversity Weighting approach to index construction. This approach was first proposed by Fernholz et al (1998). Effectively it involves raising the Market-cap weight \( w \) of each constituent by the value \( p \), that is \( w^p \), where \( p \) is bounded between 1 and 0. The weight of each index constituent is then calculated by dividing its \( w^p \) weight by the sum of all \( w^p \)s of all of the constituents in the index. When \( p \) is set to 1 then the constituent weights are equal to Market-cap weights and when \( p \) is set to 0 the weights are equivalent to equal weights.

To demonstrate how it works consider Table 1. Column 2 shows the market values of 5 hypothetical stocks. Each successive column shows the value of the diversity weights as we change the parameter \( p \), shown in the parentheses in row 1 of the table. The third column shows that the weights are equivalent to Market-cap weights when \( p \) is set equal to 1. For example for stock A, \((100/185) \times 100\% = 54.1\%\). When \( p \) is set to 0 (column 7), the weights all equal 20%. As demonstrated in the table, the lower the value of \( p \) the closer the constituent weights to equality.

<table>
<thead>
<tr>
<th>Stock</th>
<th>MCW (1)</th>
<th>DW (0.75)</th>
<th>DW (0.50)</th>
<th>DW (0.25)</th>
<th>EW (0)</th>
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<tr>
<td>Stock A</td>
<td>100</td>
<td>54.1%</td>
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<td>35.8%</td>
<td>27.3%</td>
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<td>Stock B</td>
<td>35</td>
<td>18.9%</td>
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<td>21.2%</td>
<td>21.0%</td>
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<tr>
<td>Stock C</td>
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<td>8.1%</td>
<td>10.8%</td>
<td>13.9%</td>
<td>17.0%</td>
</tr>
<tr>
<td>Stock D</td>
<td>10</td>
<td>5.4%</td>
<td>8.0%</td>
<td>11.3%</td>
<td>15.4%</td>
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<tr>
<td>Stock E</td>
<td>25</td>
<td>13.5%</td>
<td>15.9%</td>
<td>17.9%</td>
<td>19.3%</td>
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<td>100%</td>
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So this leaves one question: what value of \( p \) should we use? In their initial work Fernholz et al (1998) used a value of \( p \) equal to 0.76. In their tests of this approach to index construction Chow et al (2011) also report results with \( p \) set to 0.76; so for purposes of comparison in our main results we also set \( p \) equal to 0.76.

2.3 Inverse volatility

Finance theory tells us that low risk investment strategies should ultimately produce relatively low returns, although in the context of large portfolios it is not the volatility of the return on any particular stock that matters, but its contribution to the volatility of the portfolio which, in turn, depends upon the average correlation of that stock’s return with the return of all others. However, in the mid-1970s Haugen and Heins published a paper that
demonstrated that low volatility stocks tended to outperform high volatility stocks. More recently there has been growing interest in 'low volatility investing', and we therefore felt that it was worth exploring the consequences of creating an index where we assigned a greater weight to stocks with relatively low return volatility. To do this we began by estimating the standard deviation of the return of each stock in the universe using five years of monthly data. We then calculate the inverse of this value, so that the stock with the lowest volatility will have the highest inverted volatility. We then simply summed these inverted standard deviations. The weight of stock i is then calculated by dividing the inverse of its return standard deviation by the total inverted return standard deviation. This process therefore assigns the biggest weight to the stock with the lowest volatility, and the lowest weight to the stock with the highest return volatility.

2.4 Equal risk contribution weights
Equally weighting an index as a rule of thumb (which is one definition of a ‘heuristic’ approach), would seem to be as sensible as assigning weights based on Market-capitalization, at least in an ex ante sense. But an equal weighting in terms of Market-capitalisation does not necessarily mean that the contribution to the volatility of the portfolio will be equal. The index weight of each stock in an equally weighted index of 100 stocks will be 1%. But those stocks with relatively high levels of volatility will then contribute more to the overall volatility of the index than those stocks with lower volatility.

This will only “tend” to be true, because it is not only the individual stock’s volatility that will matter, but also the way in which the returns on that stock correlate with the other 99 stocks. Therefore an alternative heuristic approach to the equally–weighted approach to determining index weights would be to use measures of past stock return volatilities and correlations to choose weights such that the contribution of each stock to the risk of the overall portfolio is equal4 (see Maillard et al (2008)). That is, so that in a 100 stock index each stock contributes 1% of the index’s total volatility.

2.5 Risk clustering weights
The final heuristic approach that we consider to index construction involves the equal weighting, not of individual equity constituents, but instead the equal weighting of “risk clusters”. With this technique each risk cluster comprises market value weighted constituents that have similar risk characteristics. The identification of risk clusters normally relies on fairly complex statistical procedures. But a very simplified version of this process might be to split a stock universe into its sectoral components, that is, Industrials, Financials, Consumer Discretionary etc, then to construct an index where each sector has an equal weight, but within each sector the constituents are Market-cap weighted. So, to some extent, this process would involve equally weighting a set of Market-cap weighted sectoral indices to create one, ‘risk clustered’ index.

The risk clustering approach to index construction is similar at least in spirit to the approach outline above. It begins with the identification of equity sectors. For a risk clustering index focusing on a single market, the sectors will each represent a Market-cap weighted component of the related stock market. However, for a risk clustering index spanning a number of markets there is a second, country dimension to the sector definitions so, for

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example, as well as there being a consumer discretionary sector for the US, there will be other consumer discretionary sectors for each other market, for the UK, for France, for Japan etc.

Once all of the sectors are identified, statistical techniques are applied to identify clusters of sectors that are similar. This is a purely statistical process involving no economic or finance related input. However, before the statistical procedure can begin the index constructor has to specify the number of clusters that they want to construct. Once the desired number of risk clusters has been identified each sector within a risk cluster is given an equal weight, and then finally each risk cluster itself is given an equal weight so that it comprises the risk cluster index.

In our work we apply this approach to US stocks and identify 30 US industrial sectors. From these sectors we create ten risk clusters using a k-mediod partitioning technique, and create the index from these clusters following the process explained above.

2.6 Summary
Each of the alternative equity index weighting schemes considered above seek to reduce the sorts of concentration risks that can arise from a straightforward application of Market-cap weights. None have a basis in finance theory, and there is no ex-ante reason why investors should expect one to perform better than the other. Furthermore, with the exception of the partitioning technique needed for risk clustering, all of the alternatives are relatively simple to understand. The next set of alternatives that we consider require the application of optimisation techniques.

3. Optimization-based index construction techniques

The process of optimisation involves trying to achieve some goal, which could be to find the maximum or minimum value of a variable, subject to certain constraints. So, for example, one could estimate the expected returns, expected volatilities and expected correlations relating to a universe of stocks. Given these inputs it is then a relatively simple computational task to find the portfolio weights from this universe that would give the highest expected return for a pre-specified level of expected risk. The goal in this case is the “highest return possible”, while the constraint is that this return should be achieved for the “lowest amount of expected risk” possible. In fact when we take that set of stocks and find the highest return portfolios for every level of expected risk, we obtain the mean-variance efficient frontier shown in Figure 1. Each portfolio that plots on the frontier is the optimised portfolio with the highest Sharpe ratio for each level of expected risk.

3.1 Minimum variance weights
When constructing the mean variance frontier using optimisation techniques, point A in Figure 1 represents the lowest level of expected risk that can be achieved by combining all the securities in the chosen universe. The optimiser chooses weights for each stock in this universe so that the expected risk (point E) is as low as possible, where the weights are all constrained to be between 0% and 100%, that is, no short positions are allowed. The

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5 For those that really wish to learn more about this technique see Kaufman, L. and Rousseeuw, P.J. (1987), Clustering by means of Medoids, in Statistical Data Analysis Based on the L1-Norm and Related Methods, edited by Y. Dodge, North-Holland, 405–416.

6 To estimate the relevant variance-covariance matrices we used five years of historic data and applied the shrinkage technique outlined in Ledoit, O. and Wolf, M. (2004). Honey, I shrunk the sample covariance matrix. Journal of Portfolio Management 30, Volume 4, 110-119. We used the Matlab code from Michael Wolf’s website, which can be found at: http://www.econ.uzh.ch/faculty/wolf/publications.html
expected return on this portfolio (point D) is a function of the weighted average returns of the individual equities. As can be seen, the expected return on this portfolio is lower than any portfolio located on the upper portion (the efficient portion) of the efficient frontier. But under what circumstances would it make sense to use MVP index weights?

One possible instance where constructing an index, or portfolio on a MVP basis might make sense, would be if one took the view that stock returns are so unforecastable that one may as well assume that the expected return on each stock is identical. In this case the mean-variance optimiser would produce not a pleasing looking curve as in Figure 1, but instead a single point within the expected return, expected risk plane, where the expected risk (volatility) would be the minimum achievable level of risk from combining these stocks; and where the expected return on the index would be the same as the return expected on each one of the stocks in this universe.

At each index reconstruction date one could create an MVP index by finding the weights that satisfy this simple optimisation problem. However, in practice if this process is applied in a completely unconstrained manner then the index can often comprise only a very small proportion of stocks, where the remainder are assigned a weight of 0%. Given that concentration risk is one of the key drawbacks of Market-cap based weights it would be equally unappealing to some investors to have a concentrated portfolio constructed from the MVP process. Therefore we construct both an unconstrained MVP-based equity index and a constrained one where the maximum constituent weight is set at 1%, and then again at 5%.

Constructing a MVP-based equity index avoids the knotty problem of having to forecast equity returns, but it is not obvious why investors would want to construct an index which, ex ante at least, will give them the most ‘efficient’ but lowest possible return. If the expected return on all stocks are not identical – which seems very likely – then there exists the prospect of moving along the mean-variance efficient frontier to achieve higher returns, though at the expense of taking on more risk. But to construct a full mean variance frontier, rather than just the MVP would require the index constructor to forecast returns on all of the index constituents. Since it is very likely that any two equity analysts will provide different return forecasts on the just one stock, this would seem to be an impossible task. However, two of the alternative index construction techniques that we examine do offer a solution to this problem. The first of these is the Maximum Diversification approach proposed by Choueifaty and Coignard (2008)\(^7\), while the second is the Risk Efficient technique proposed by Amenc et al (2010)\(^8\).

### 3.2 Maximum Diversification weights

Choueifaty and Coignard postulate that the expected return on individual stocks is directly proportional to their volatility. That is, the more volatile a stock’s return the higher will be its average return. Given this heuristic assumption Choueifaty and Coignard then use optimisation techniques to identify the weights of individual equity components that generate the highest Sharpe ratio. On the stylised efficient frontier shown in Figure 1, point C represents the point on the frontier that has the highest Sharpe ratio, that is, that point on the frontier where the ratio of the excess expected return (point B) relative to expected risk (point F) is greatest.

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\(^8\) Amenc, N., F. Goltz, L. Martellini and P. Retkowsky, 2010, Efficient Indexation: An alternative to cap-weighted indices, EDHEC-Risk Institute (February.)
The numerator in the Sharpe ratio is the weighted average volatility of the index components (the ‘expected’ index return), while the denominator is the standard deviation of the ‘expected return’ of the weighted index. As with the MVP index construction method, the lower bound for any constituent weight is set to 0% so that the index does not consist of short positions. And to stop the optimiser applying non-zero weights to only a few stocks Choueifaty and Coignard set the maximum index weight to 10%.

3.3 Risk Efficient weights
Amenc et al propose an index construction approach that is similar, at least in spirit, to the Maximum Diversification technique. However, instead of assuming or postulating, that the expected return on a stock is directly proportional to its volatility, they instead suggest that it is proportional to the downside deviation of the stock’s return – another heuristic assumption.

The downside deviation of a stock’s return is calculated in much the same way as one would calculate its standard deviation. But standard deviation gives the same weight to positive as it does to negative returns. By contrast, downside deviation is calculated using only negative stock returns. So for example, in the extreme case, if the set of monthly returns on a stock are all positive, the stock’s downside deviation will be 0%. However, unless this set of positive monthly returns are identical, the standard deviation of the stock’s returns will be positive. Downside deviation focuses attention on negative returns so, other things equal, the greater their frequency and size, the higher will be the stock’s measured return downside deviation.

To construct a Risk Efficient index Amenc et al propose a two stage process. First, the semi deviation of each stock is calculated. Then on the basis of these estimates, the stocks are grouped into deciles so that the 10% of stocks with the largest downside deviation comprise the first decile; the 10% with the next highest downside deviation comprise the second decile and so on, until ten deciles are identified. The median downside deviation for each decile is then calculated and this value is then assigned to each stock in its decile as the proxy for the expected return of that stock. The second stage then involves finding the portfolio with the maximum expected return (proxied by the median downside deviation of each stock’s decile) with the lowest portfolio return standard deviation.

Again, to prevent the optimiser from creating a portfolio with concentrated single stock exposures, Amenc et al impose restrictions on the constituent weights that might otherwise be chosen by the optimiser. The weight limits are as follows:

\[
\text{lower limit} = \frac{1}{(\lambda \times N)} \times 100\% \\
\text{upper limit} = \frac{\lambda}{N} \times 100\%
\]

where N represents the total number of stocks under consideration and where \(\lambda\) is a free parameter. If N equals 1,000 and \(\lambda\) is set equal to 2, then the limits on each index component would be:

\[
\text{lower limit} = \frac{1}{(2 \times 1,000)} \times 100\% = 0.05\% \\
\text{upper limit} = \frac{2}{1,000} \times 100\% = 0.2\%
\]

The eagle-eyed will have noticed that if \(\lambda\) is set equal to 1, then all constituent index weights would be equal to 1/N, that is, the index constituents would be equally-weighted. In our replication work we construct the Risk Efficient index from a universe of 1,000 stocks with \(\lambda\) set to various values, and also apply a simpler maximum weight to the constituents.
3.4 Summary
The alternative index weights based upon optimisation routines might seem more ‘scientific’ than the heuristic alternatives reviewed in Section 2, but none of them are consistent with modern portfolio theory. To be consistent with theory the MVP approach would necessitate that the expected returns on all stocks were identical. With regard to the Maximum Diversification and Risk Efficient approaches, both suggest that investors are rewarded for taking on stock specific risk, that is, the higher the risk either calculated as standard deviation or downside deviation, the higher the expected return, and yet we know that this risk can be diversified away within any randomly chosen portfolio with sufficiently large number of constituents. Second the basis of both these approaches, which both seek to identify a maximum Sharpe ratio is a rather arbitrary assumption about the relationship between expected returns and risk.

Once again, ex ante, there is no reason to expect one approach to be better than the other, or indeed any better than those approaches outlined in Section 2. The value of any of these alternative approaches to indexing is an empirical issue.

4. Data and portfolio construction methodology

4.1 Data
The data that we use to test the performance of all of the alternative index construction techniques outlined in Sections 2 and 3 of this report were collected from the CRSP\(^9\) data files. This dataset contains the end month, total returns on all US equities quoted on the NYSE, Amex and NASDAQ stock exchanges. In keeping with previous work in this area\(^{10}\), we excluded Exchange Traded Funds (ETFs) and American Depository Receipts (ADRs). The sample period that we use spans the period from January 1968 to December 2011.

Again, in keeping with similar analysis in this area, we choose an index construction methodology which, for the first full year in our sample, involves identifying the 1,000 largest stocks by Market-capitalisation as at December of that year that have five full years of return history, and where Market-capitalisation is calculated as the stock’s share price multiplied by the number of outstanding ordinary shares. We then apply the weights to these thousand stocks which are suggested by the various strategies that we reviewed in Sections 2 and 3. The performance of the relevant index, and sub-components of each alternative index were then collated. This process is repeated in the following year, where we again identify the 1,000 largest US stocks in December of that year that have five full years of return history, repeating both the index calculation exercise and the collation of relevant return data. This process eventually produces a continuous portfolio, representative of each index construction methodology, plus sub-components of this index, from January 1969 to December 2011. The process means that the constituent weights of each methodology are calculated at the end of each year, so that each index itself is rebalanced annually.

As well as calculating the performance of these proxies for alternative indices using the usual performance statistics, such as the Sharpe ratio etc, we also collect data on the characteristics of the index constituents.

4.2 Examining the Maximum Diversification and Risk Efficient heuristic return assumptions
Choueifaty and Coignard postulate that the more volatile a stock’s return the higher will be its average return. However, Figure 2 offers very little support for this idea. Each year we

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\(^9\)The Chicago Booth Centre for Research in Securities Prices (CRSP) historic database provide US daily corporate actions, price, volume, return, and shares outstanding data for securities with primary listings on the NYSE, NASDAQ, Amex, and ARCA exchanges.

\(^{10}\) In particular see Chow et al (2011).
estimated the volatility of the stocks in our database, the ten percent of stocks with the lowest historic volatility (based on 60 months of data) were placed in decile 1; the ten percent of stocks with the next lowest historic volatility (based on 60 months of data) were placed in decile 2, etc. We repeated this process for every year in our 45 year sample, until we had produced ten equity portfolios ranked by volatility. Each bar in the Figure represents the annualised return of these volatility-ranked deciles. As the Figure shows, if anything high volatility tends to lead to lower annualised returns.

Figure 2: The relationship between volatility and returns

<table>
<thead>
<tr>
<th>Annualised return</th>
<th>10%</th>
<th>8%</th>
<th>6%</th>
<th>4%</th>
<th>2%</th>
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<tr>
<td>Decile</td>
<td>1</td>
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Amenc et al postulate that the return over time on a stock is directly proportional to the downside deviation of its return. We also tested this proposition using the same methodology that generated Figure 2, but where we used the downside deviation of a stock’s return for the ranking process instead of its standard deviation. The results are shown in Figure 3. Once again, if anything, the higher the downside deviation of a stock the lower is its subsequent average return.

Figure 3: The relationship between downside deviation and returns

<table>
<thead>
<tr>
<th>Annualised return</th>
<th>10%</th>
<th>8%</th>
<th>6%</th>
<th>4%</th>
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<td>Decile</td>
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5. Main results
Table 2 presents the performance statistics of each of the index construction methods described in Sections 2 and 3, using the full sample period, and the annual rebalancing methodology described in Section 4.

5.1 Returns
The second column in Panel A of Table 2 presents the average, annualised returns on each of the index construction methodologies. The first point to notice is that the Market-cap weighted approach produces the lowest return of 9.4%, over the full sample. The highest returns are achieved by the Inverse volatility and Risk Efficient approaches, which generate annualised returns of 11.4% and 11.5% respectively. The risk efficient index approach presented in the Table is produced with the constraint that no index constituent has a greater than 5% weight in the index. We have imposed the same constraint on the minimum variance and maximum diversification techniques to make them broadly comparable. The risk efficient index approach still produces the highest return over this sample period\(^{11}\). The worst performance is produced by the risk clustering index, however, it is probably fair to say that this approach might be better suited to an international dataset rather than to one with only one country. Column 3 in Panel A of Table 2 presents the annualised standard deviations of the returns of each index. By this measure the index that generated the highest volatility was the Equally Weighted index (17.2%). The index that produced the lowest volatility by far was the Minimum Variance Portfolio index (11.2%). The volatility of the returns of the remaining indices range between 13.9% and 16.7%. The volatility of the Market-cap index is neither relatively high nor low.

<table>
<thead>
<tr>
<th>Table 2: Main results</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Panel A: Full sample results (1969 to 2011)</strong></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td>Market cap weighted</td>
</tr>
<tr>
<td>Equal-weighted (2.1)</td>
</tr>
<tr>
<td>Diversity Weighting (2.2)</td>
</tr>
<tr>
<td>Inverse volatility (2.3)</td>
</tr>
<tr>
<td>Equal risk contribution (2.4)</td>
</tr>
<tr>
<td>Risk clustering (2.5)</td>
</tr>
<tr>
<td>MVP-weighted (3.1)</td>
</tr>
<tr>
<td>Maximum diversification weights (3.2)</td>
</tr>
<tr>
<td>Risk Efficient (3.3)</td>
</tr>
</tbody>
</table>

| **Panel B: Annualised returns and volatility by decade** |
| | 1970s | 1980s | 1990s | 2000s |
| Market cap weighted | 6.1% | 16.2% | 16.9% | 16.1% | 17.6% | 13.1% | 0.4% | 15.2% |
| Equal-weighted (2.1) | 9.0% | 19.9% | 17.8% | 16.7% | 15.0% | 13.7% | 6.2% | 17.0% |
| Diversity Weighting (2.2) | 6.9% | 17.1% | 17.1% | 16.2% | 17.1% | 13.1% | 2.6% | 15.5% |
| Equal risk contribution (2.3) | 9.3% | 18.4% | 18.9% | 15.5% | 14.0% | 12.5% | 6.6% | 15.1% |
| Inverse volatility (2.4) | 9.4% | 17.1% | 19.6% | 14.6% | 13.2% | 11.6% | 6.9% | 14.2% |
| Risk clustering (2.5) | 6.4% | 18.4% | 17.8% | 17.3% | 13.5% | 13.3% | 5.1% | 16.5% |
| MVP-weighted (3.1) | 7.8% | 12.9% | 20.2% | 12.0% | 11.2% | 9.8% | 6.5% | 10.4% |
| Maximum diversification weights (3.2) | 7.5% | 16.8% | 20.0% | 13.6% | 12.7% | 11.7% | 4.6% | 12.4% |
| Risk Efficient (3.3) | 12.5% | 17.5% | 18.7% | 15.5% | 12.2% | 15.3% | 5.6% | 15.8% |

Notes: The figures in parentheses in column 1 of the table relate to the section in the report where the index construction method is described. Returns and standard deviations of returns are all annualised figures. The alphas presented in column 8 are monthly. For the Diversity Weighting index (2.2) we set the parameter \(p\) equal to 0.76. For purposes of comparison we set the maximum constituent weight to 5% for the Minimum Variance index (3.1), the Maximum Diversification index (3.2) and for the Risk Efficient Index (3.3).

\(^{11}\) It is important to note that the recommendation of Amenc et al is that the Risk Efficient methodology should be applied with \(\lambda\) set equal to 2. We explore the significance of this constraint in Table 3.
Panel B of Table 3 breaks down the annualised return and annualised standard deviation of return of each technique by decade. The Market-cap weighted approach is the worst performing index construction technique in the 1970s, but it performs particularly badly in the 2000s. Indeed the annualised performance of 0.44% in the Noughties appears to be a substantial outlier. By contrast the 1990s appears to have been the ‘Market-cap decade’, where this index technique comfortably outperformed most other techniques with an annualised return of 17.59%, compared with the Risk Efficient technique – the best performing technique of the whole sample – which produced a relatively modest 12.2% over the same period. Perhaps the most notable feature of the sub-sample analysis of volatility in Panel B is that over each decade the index with the lowest annualised standard deviation is the Minimum Variance Portfolio index.

5.2 Risk ratios
But of course it is not only return that matters. Panel A of Table 2 also presents a range of risk statistics. We calculated the very familiar Sharpe ratio for each index (Si), which is written as:

\[ S_i = \frac{(R_i - R_f)}{\sigma_i} \]

where \( R_i \) is the average return on the index, \( r_f \) is a proxy for the risk free rate of interest, in this case the average return on US T-bills; and \( \sigma_i \) is the standard deviation of the returns on index i. The higher this ratio, the higher has been the return relative to each unit of risk. The higher the Sharpe ratio the better. The lowest Sharpe ratio is produced by the Market-cap approach to indexation. The highest is produced by the minimum variance index (MVP) approach. We also calculated the less familiar Sortino ratio which is based upon the semi-deviation, \( \sigma_{s-d,i} \), of index i’s returns, rather than on the full range of returns, in other words it is only based upon negative returns and disregards all positive returns:

\[ S_i = \frac{(R_i - R_f)}{\sigma_{s-d,i}} \]

However, the results are broadly unchanged: the Market-cap weighting technique generates the lowest risk-adjusted returns while the MVP approach generates the best.

Table 3: Test of null hypothesis that Sharpe ratios are equal. A value of 1 means null is rejected. P-values are given in each case

<table>
<thead>
<tr>
<th>Market cap</th>
<th>Equal-weighted</th>
<th>Diversity weighting</th>
<th>Inverse Volatility</th>
<th>Equal risk contribution</th>
<th>Risk clustering</th>
<th>MVP-weighted</th>
<th>Maximum diversification</th>
<th>Risk Efficient</th>
</tr>
</thead>
<tbody>
<tr>
<td>Equal-weighted</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td></td>
<td>33.4%</td>
<td>6.0%</td>
<td>4.6%</td>
<td>22.8%</td>
<td>39.2%</td>
<td>79.0%</td>
<td>53.9%</td>
<td></td>
</tr>
<tr>
<td>Diversity weighting</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td></td>
<td>3%</td>
<td>5.3%</td>
<td>60.8%</td>
<td>24.6%</td>
<td>42.7%</td>
<td>36.1%</td>
<td>0</td>
<td></td>
</tr>
<tr>
<td>Inverse volatility</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td></td>
<td>11%</td>
<td>2%</td>
<td>68%</td>
<td>27%</td>
<td>78%</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Equal risk contribution</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td></td>
<td>4.6%</td>
<td>52.4%</td>
<td>57.7%</td>
<td>89.6%</td>
<td></td>
<td></td>
<td>22.9%</td>
<td></td>
</tr>
<tr>
<td>Risk clustering</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>MVP-weighted</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Maximum diversification</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td></td>
<td>40.5%</td>
<td>61.8%</td>
<td>66.5%</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Note: A value of 1 in a cell means that the null is rejected at the 95% level of confidence; the associated p-value is also shown in each cell.
But the Sharpe ratio of one index may be higher than that of another, simply by chance. To determine how different the Sharpe ratios were from one another we performed a set of complex statistical techniques to determine the differences. The results are shown in Table 3. Each cell in the table shows the results of the test of the difference between the full sample Sharpe ratios of each pair of indices. A value of 1 in the cell is a rejection of the null hypothesis that the Sharpe ratios are the same at the 95% confidence level. In each cell we have also presented the relevant p-values.

Table 3 shows that there are only six instances where the pairs of Sharpe ratios prove to significantly different from one another at the 95% level of confidence. With regard to our main focus here, although the results presented in Table 2 showed that all eight of the alternative equity weighting schemes produced higher Sharpe ratios than the Market-cap index, Table 3 shows that only two of them – Inverse Volatility and Equal Risk Contribution – appear to produce a higher Sharpe ratio than the Market-cap index at the 95% level of confidence. However, the table does show that the Diversity Weighting index produced a higher Sharpe ratio than the Market-cap index at the 90% confidence level. With regard to the remaining alternative indices we cannot say with any statistical certainty that their Sharpe ratios are different from the one produced by the Market-cap index.

5.3 “Systematic” risk
We also calculated the alpha and beta of each index, where the market return was proxied by the Market-cap index. This is why the alpha and beta of the Market-cap index are 0.0 and 1.0 respectively. In other words the remaining alphas and betas are estimated relative to the market index.

First, all of the alternative indices produce a positive alpha. In fact, relative to the Market-cap weighted index, they all produce positive alphas over a long period of time, a performance of which many active fund managers would have been proud. The MVP index construction technique generates the highest alpha over this period of 0.48% per month. The smallest alpha of 0.02% was generated by the risk clustering alternative index.

Second, the ‘systematic risk’ of each index is also expressed relative to the Market-cap index. For the Equal-weighted, Equal Risk Contribution, Diversity Weighting and Risk Clustering indices the betas are all very close to one, indicating a relatively close average relationship with the Market-cap weighted index. However, the beta coefficients on the Inverse Volatility index and on the three optimised indices are much lower than one. In particular, the beta on the MVP-weighted index is 0.51. These results indicate that these indices, and in particular the MVP index seem to be deriving their returns from a different source than the Market-cap index.

5.4 Tail Risk
For many institutional investors, and in particular for Defined Benefit pension schemes, but also for very risk averse retail investors including those approaching retirement, avoiding significant declines in the value of their equity portfolios is crucial. Column 5 in Panel A of Table 2 presents the maximum drawdown statistics for each index. This statistic is calculated as the largest peak to trough decline in each index in percentage terms. The index calculation methodology with the lowest maximum drawdown is MVP, where the largest peak to trough fall of this index between 1969 and 2011 was 32.5%. The Maximum

---

Diversification index produced the next best peak to trough fall of 41.1%. The worst maximum drawdown statistic is produced by the Risk Efficient index, where the maximum peak to trough fall was 56.0% over the period. The remaining indices all experience peak to trough falls between 45% and 50%.

In this regard then the MVP index would have represented an attractive alternative for risk averse investors, particularly when we consider that the annualised returns on this index were well above those of the Market-cap based index.

5.5 Parameter sensitivity

In Table 2 we presented a set of results for alternative indices of US equities. In Table 4 we present a similar set of results for a selection of the indices where the choice of indexing parameter may influence the results. In the first row of Panel A we present the index statistics related to the Diversity Weighting index, but where \( p \) is set equal to 0.5 rather than 0.76, as in Table 2. Recall that when \( p=1.0 \), the index weights are identical to those of a Market-cap weighted index; and when \( p=0.0 \) the weights are equivalent to those of an equally weighted index. 0.5 is exactly half way. The results in Table 5, unsurprisingly then show that the Diversity Weighting index with \( p=0.5 \) produces a performance that is closer to that of the equally weighted index than when \( p=0.76 \). For example, the annualised return increases from 10.0% to 10.4%.

Of perhaps more interest is the way in which the optimised indices change when the constraints around their constituent weights are changed. In Table 2, in each case, the maximum constituent weight was set to 5%.

The details of the performance of the MVP index with a 1% constituent cap presented in Table 4, are very similar to those with the 5% constituent cap shown in Table 2. The annualised returns and Sharpe ratios are almost unchanged. However, the performance of the unconstrained equivalent MVP index is worse, in terms of annualised returns, Sharpe ratio and maximum drawdown. This indicates that with a universe of 1,000 stocks a constituent cap can improve the performance of a MVP based index, but that it does not need to be greater than 1.0%.

In Panel A of Table 4 we also present two alternative versions of the Maximum Diversification index, one where the constituent weights are completely unconstrained. The performance of these two indices and of the one presented in Table 2, with the 5% constituent weight cap are almost identical. This suggests that the Maximum Diversification index construction methodology tends to spread the weights of the constituents in such a way that even a constituent cap of 1% makes little difference to the weights, in other words the process tends not to produce many constituent weights above 1%.
Table 4: Sensitivity analysis

Panel A: Full sample results (1969 to 2011)

<table>
<thead>
<tr>
<th>Method</th>
<th>Sharpe Ratio</th>
<th>Sortino Ratio</th>
<th>Max Drawdown</th>
<th>% Positive</th>
<th>Alpha</th>
<th>Beta</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diversity weighting - p=0.5</td>
<td>0.37</td>
<td>0.45</td>
<td>-49.3%</td>
<td>60.3%</td>
<td>0.71%</td>
<td>1.04</td>
</tr>
<tr>
<td>Minimum Variance - unconstrained</td>
<td>0.37</td>
<td>0.45</td>
<td>-49.3%</td>
<td>60.3%</td>
<td>0.71%</td>
<td>1.04</td>
</tr>
<tr>
<td>Minimum Variance - 1% cap</td>
<td>0.48</td>
<td>0.58</td>
<td>-36.9%</td>
<td>63.6%</td>
<td>0.41%</td>
<td>0.60</td>
</tr>
<tr>
<td>Maximum diversification - unconstrained</td>
<td>0.40</td>
<td>0.46</td>
<td>-41.1%</td>
<td>62.4%</td>
<td>0.20%</td>
<td>0.82</td>
</tr>
<tr>
<td>Maximum diversification - 1% cap</td>
<td>0.39</td>
<td>0.46</td>
<td>-41.8%</td>
<td>62.0%</td>
<td>0.19%</td>
<td>0.84</td>
</tr>
<tr>
<td>Risk Efficient - unconstrained</td>
<td>0.42</td>
<td>0.52</td>
<td>-56.0%</td>
<td>62.2%</td>
<td>0.30%</td>
<td>0.79</td>
</tr>
<tr>
<td>Risk Efficient - 1% cap</td>
<td>0.46</td>
<td>0.58</td>
<td>-51.1%</td>
<td>62.6%</td>
<td>0.29%</td>
<td>0.90</td>
</tr>
<tr>
<td>Risk Efficient (λ = 2)</td>
<td>0.42</td>
<td>0.53</td>
<td>-48.7%</td>
<td>61.0%</td>
<td>0.17%</td>
<td>1.02</td>
</tr>
<tr>
<td>Risk Efficient (λ = 10)</td>
<td>0.45</td>
<td>0.57</td>
<td>-51.8%</td>
<td>62.0%</td>
<td>0.26%</td>
<td>0.92</td>
</tr>
<tr>
<td>Risk Efficient (λ = 50)</td>
<td>0.43</td>
<td>0.54</td>
<td>-56.3%</td>
<td>61.4%</td>
<td>0.29%</td>
<td>0.86</td>
</tr>
</tbody>
</table>

Panel B: Annualised returns and volatility by decade

<table>
<thead>
<tr>
<th>Method</th>
<th>1970s</th>
<th>1980s</th>
<th>1990s</th>
<th>2000s</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diversity weighting - p=0.5</td>
<td>7.7%</td>
<td>18.1%</td>
<td>17.4%</td>
<td>16.4%</td>
</tr>
<tr>
<td>Minimum Variance - unconstrained</td>
<td>8.2%</td>
<td>12.5%</td>
<td>19.3%</td>
<td>11.9%</td>
</tr>
<tr>
<td>Minimum Variance - 1% cap</td>
<td>7.3%</td>
<td>13.8%</td>
<td>20.5%</td>
<td>12.0%</td>
</tr>
<tr>
<td>Maximum diversification - unconstrained</td>
<td>7.5%</td>
<td>16.9%</td>
<td>20.0%</td>
<td>13.6%</td>
</tr>
<tr>
<td>Maximum diversification - 1% cap</td>
<td>7.6%</td>
<td>16.6%</td>
<td>19.7%</td>
<td>13.9%</td>
</tr>
<tr>
<td>Risk Efficient - unconstrained</td>
<td>11.8%</td>
<td>15.6%</td>
<td>18.7%</td>
<td>15.8%</td>
</tr>
<tr>
<td>Risk Efficient - 1% cap</td>
<td>11.7%</td>
<td>19.4%</td>
<td>19.6%</td>
<td>14.5%</td>
</tr>
<tr>
<td>Risk Efficient (λ = 2)</td>
<td>9.6%</td>
<td>20.0%</td>
<td>18.6%</td>
<td>16.1%</td>
</tr>
<tr>
<td>Risk Efficient (λ = 10)</td>
<td>11.7%</td>
<td>19.8%</td>
<td>19.1%</td>
<td>14.9%</td>
</tr>
<tr>
<td>Risk Efficient (λ = 50)</td>
<td>12.6%</td>
<td>17.6%</td>
<td>18.6%</td>
<td>15.6%</td>
</tr>
</tbody>
</table>

Notes: Returns and standard deviations of returns are all annualised figures. The alphas presented in column 8 are monthly.

Table 4 also presents several versions of the Risk Efficient index, an unconstrained one and one with an index constituent cap of 1%, plus three more where lambda is set equal to 2, 10 and 50. First, the unconstrained index underperforms the Risk Efficient index with the 5% constituent cap presented in Table 2, by an annualised 0.4% per annum, but otherwise the performance is very similar. In return terms the best performing Risk Efficient index is the one with a 1% constituent weight cap, which produced an annualised return of 12% and a Sharpe ratio of 0.46.

Of the remaining Risk Efficient indices, which all have the constituent weights constrained by λ, the differences between them are relatively slight. The highest annualised return and Sharpe ratio occurs when we set λ to 10; while the highest information ratio occurs when we set λ equal to 2. In their work Amenc et al recommend setting λ to 2. Overall, and over this particular sample period, we find this index to have the worst risk and return profile, but the difference is so small that it is probably not sufficiently significant to warrant a great deal of consideration.

Finally, Panel B of Table 4 presents the annualised returns for each of these indices by decade for information.
6. A further decomposition of the index returns
The results presented in section 5 indicate that investors that had constructed their equity portfolios along the lines of any of the alternatives considered would generally have outperformed a Market-cap weighted equivalent portfolio over the last four decades. To understand where the performance came from we decomposed the returns of each index in a number of ways.

6.1 The Market-Cap weighted index
For the purposes of comparison, we began by decomposing the returns of the Market-cap index. These results are presented in Appendix 1.

Figure 1A in this appendix shows the three year rolling returns of the index. Figure 1B shows the average weight of the Market-cap index by Beta decile. This figure shows that the Market-cap index has an average 10% weighting in those 10% of stocks with the smallest betas (decile 1), and has the lowest average weighting of 5% to the 10% of stocks with the highest betas (decile 10). Figure 1C presents analogous results with regard to the average weight of the Market-cap index by size. The figure shows that on average just under 60% of its market capitalisation is concentrated in the largest decile of stocks. Figure 1D shows the exposure of the index by book-to-market. In accounting speak, the book value of any asset is recorded on a company's balance sheet as the original cost of the asset minus depreciation and subject to some other accounting adjustments. A company's book value is the total value of its booked assets minus its liabilities and also minus intangible assets like 'goodwill'. We will say more about this exposure in section 6.3, but for the moment we can simply note that the Market-cap weighted index is tilted towards stocks with low book values relative to their market values. Figure 1E shows the Market-cap weighted index's exposure to high and low momentum stocks. The first momentum decile is comprised of those stocks whose prices have been the worst performing ten percent of stocks over the previous 12 months. Conversely decile 10 is made up of the stocks who have been the top ten percent of stock price performers over the previous 12 months. Again we will say more about the meaning of these momentum exposures in section 6.3, but for now we can see that there is no obvious momentum bias in the Market-cap index. Figure 1F presents the index's weight by volatility decile. The figure shows, for example, that the Market-cap index has an average 20% weighting to the decile of stocks with the lowest volatility and a 3% weighting towards those stocks with the highest volatility. Figure 1G shows the average monthly return on the Market-cap index in months when the market rises and falls. Finally, Figure 1H shows the average weight of the Market-cap based index by volume decile. On average, and unsurprisingly, the Market-cap index has a weighting of 53% in the top decile of stocks by traded volume, and a combined average of 12% in the five deciles of stocks with the lowest traded volume.

Taken together these results show that a Market-cap index is heavily weighted towards large cap stocks (by design), to the most highly liquid stocks (almost by design), but also to stocks with relatively low return volatility.

Appendices 2 to 8, present the same results for the heuristic and optimised indices discussed in sections 2 and 3, but where the results are expressed relative to the Market-cap index. So, for example, Figure 2A in Appendix 2 shows the three year rolling returns of the Equally Weighted index relative to those generated by the Market-cap index; while Figure 2B in the same appendix, shows the average betas of the Equally Weighted index, by decile, relative to the average betas of the Market-cap index by decile.

6.2 The three year rolling returns of the alternative indices
The rolling three year return figures for each of the indices indicate that there are fairly significant periods when the alternatives underperform the Market-cap index. With regard to
the heuristic indices there appear to be two such periods: in the early part of the 1970s (approximately 1970 to 1975) and during the high tech bubble of the 1990s (approximately 1995 to 2000). There is also a short period beginning in the late 1980s (1988 to 1991) where the Market-cap index outperforms, but only marginally. Generally speaking the optimised indices also underperform between 1970 and 1975, and 1995 to 2000, but also fairly substantially in the 1988 to 1991 period too. The optimised index alternative that performs a little differently is the Risk Efficient index. This index does not underperform in the early 1970s to any noteworthy degree, but underperforms substantially between 1984 and 1987, 1990 and 1992 and then finally between 1995 and 2000.

Of course, past performance is no guarantee of future performance, simply opting for the best performing alternative index is no guarantee of future outperformance, but even if future performance is superior, it seems likely that there could be times when investors could expect to underperform a Market-cap weighted equity index.

6.3 Index factor exposures
The analysis of the performance of equity portfolios often begins by decomposing the returns generated by the portfolio into four, systematic sources of return, that is, estimating how much of the fund’s return was due to its exposure to the ‘market’, to small cap stocks, to stocks with high book-to-market values, or to stocks with relatively high price momentum. The appendices of Figures for each index construction methodology contain information on their exposures to these four factors. Figures B, C, D and E show the index tilts towards market risk (represented by beta), size, book-to-market value and momentum respectively.

6.3.1 The market
According to the Capital Asset Pricing Model (CAPM) the “universe of all tradable assets” is the only source of undiversifiable, systematic risk. According to the theory over long periods of time, investors should earn a return over and above a cash return, known as a risk premium, simply from being passively exposed to this source of risk. When analysing equity market risk to capture this source of risk, finance researchers and industry practitioners generally use the return on a broad index of equities as a proxy for market risk.

Figure 2B in appendix 2 shows that the Equally Weighted index is overweight the top four high beta deciles relative to the market. The Diversity Weighting index is overweight the higher beta stocks, but only marginally. Equivalent figures for the other heuristic indices shows that the Equal Risk Contribution and Inverse Volatility indices are overweight the decile of stocks with the lowest betas. The pattern of over and underweight beta exposures for the Risk Clustering index indicate a slight bias towards higher beta stocks. Finally, the figures for the three optimised indices show a significant bias towards the ten percent of stocks with the lowest betas or exposure to market risk. The Minimum Variance index is almost 70% overweight this decile of low beta stocks, while the Maximum Diversification and Risk Efficient indices are 42% and 18% overweight this decile of stocks respectively.

These results show that the alternative indices are not all uniformly under or overweight market risk, as represented by beta. But we can at least say that the three optimised indices are uniformly overweight low beta stocks or, alternatively, that they are underweight market risk.

Although the CAPM remains the benchmark model of risk and return, dissatisfaction with the empirical performance of this model led Fama and French (1993) to propose that

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systematic returns were comprised of two further factors: size and book-to-market value. We now discuss the exposure of the indices to these two risk factors.

6.3.2 Size
A number of researchers had previously found that small cap stocks tended to outperform large cap stocks even though the identifiable market risk in the small cap stocks was lower than what was evident in the large cap stocks. In other words, there seemed to be a risk premium that could be earned from investing in small cap stocks that was independent of the premium that could be earned from being only exposed to 'market' risk.

Figure 2C in appendix 2 shows the relative decile exposures by Market-capitalization for the Equally Weighted index. Unsurprisingly the figure shows that this index is 50% underweight the largest ten percent of stocks. The equivalent figures in the other appendices show that the Equal Risk Contribution and Inverse Volatility indices have similarly-sized underweight positions in the top ten percent of large stocks, 46% and 43% respectively. The Diversity Weighting and Risk Clustering indices are also underweight the largest ten percent of stocks, around 14% and 17% respectively. Finally, the optimised indices all show a significant underweight position in the largest ten percent of stocks, just over 40% in each case.

Another way of looking at the differences in the size of the stocks that comprise each index is shown in Figure 4. This figure shows the average size of each index constituent for each index over 2011. The Market-cap weighted average is clearly largest, but the Diversity weighting index, when p is set equal to 0.76, has an average index constituent approximately 80% of the average size of constituents in the Market-cap based index. The Equal Risk, Equal Risk Contribution, Maximum Diversification and Risk Efficient indices comprise stocks that are on average much smaller than those that comprise the Market-cap index.

![Figure 4: Weighted average size of index constituents (2011)](image-url)
Overall these results indicate that all of the indices are underweight large cap stocks, and therefore could all be said to have a bias towards small cap stocks. This is particularly true of the Equal Risk Contribution, Inverse Volatility and optimised indices.

6.3.3 Book-to-market value
Researchers found that companies with a high book-to-market value tended to outperform those with lower book-to-market value. Fama and French (1993) went further and suggested that book-to-market value was a systematic risk factor. They argued that there was a risk premium that could be earned from passive exposure to stocks with a high book-to-market value. Such stocks are often described as ‘value stocks’ because the price being ‘asked’ for their shares in the market is low relative to their recorded book value, by contrast ‘growth’ stocks tend have very low book-to-market values. Importantly, the book value of a company can often be very different from its market value. For example, the book value of Dot.Com firms in the late 1990s was often very, very small relative to the market value of the same firms. This is because these companies unlike, for example, large manufacturing firms had few assets, but they still had a market price that had been inflated by the irrational exuberance of the time.

Figure 2D in appendix 2 shows the relative decile exposures by book-to-market value for the Equally Weighted index. The figure shows that this index has a mild overweight position in those stocks with a relatively high book-to-market value. The equivalent figures in the appendices indicate that the Diversity Weighting and Inverse Volatility indices also have the same, mild bias towards stocks with a high book-to-market value. By contrast the Risk Clustering index has a slight bias towards stocks with relatively low book-to-market values. With regard to the optimised indices, all three are significantly overweight stocks with high book-to-market values. In particular, the Risk Efficient index is 18% overweight the decile of stocks with the highest book-to-market values.

These results indicate that these alternative indices are generally overweight high book-to-market value stocks relative to the exposure of the Market-cap index.

6.3.4 Momentum
Fama and French (1993) first proposed size and book-to-market value as additional systematic sources of risk and return; in further work in the same spirit, Carhart (1997) identified yet another factor: momentum. Carhart argued that there was another premium available to investors that could be derived from tilting portfolios towards stocks with high price momentum, that is, stocks that had performed relatively well compared with other stocks. Essentially Carhart’s argument was that an additional and independent risk premium could be earned by equity portfolio managers over time that by tilting their portfolios towards stocks that had performed relatively well in the past (usually over the previous 12 months).

Figure 2E in appendix 2 shows the relative decile exposures by momentum for the Equally Weighted index. The over and underweight positions are relatively small, and indicate that this index is overweight both the decile of stocks with the lowest price momentum (decile 1) and that decile of stocks with the highest price momentum (decile 10). The Diversity Weighting and Risk Clustering indices have similar patterns of over and underweight momentum exposures, but which are smaller than those for the Equally-Weighted index. The Equal Risk Contribution and Inverse Volatility indices are both marginally underweight high momentum stocks. With regard to the optimised indices, the Minimum Variance index is underweight both low and high momentum stocks, and therefore overweight the middle momentum deciles (3 to 7). The Maximum Diversification index is overweight the lowest and highest momentum deciles and marginally underweight most of the intervening momentum.

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deciles. However, the most significant relative exposure is seen when we consider the Risk Efficient index, which is 18% overweight the decile of stocks with the lowest momentum.

*In summary, there does not seem to be an obvious momentum bias in the alternative indices where over and underweights are either relatively small, or balanced at either extreme. The clear exception to this narrative however, is the Risk Efficient index which is quite heavily tilted towards low momentum stocks.*

6.3.5 The impact of factor tilts on index returns

The return produced by a tilt in any equity portfolio or index depends not only on the size of the tilt, as discussed above, but also the return to that tilt. In other words, if there were no additional return available to investors from overweighting small cap stocks over time, it would make little difference to overall performance. To determine the impact of the tilts to the four risk factors for each index and for each factor, we calculated the average value of, for example, being overweight small cap stocks relative to the Market-cap weighted index. These results are shown in Table 5.

<table>
<thead>
<tr>
<th>Table 5: The ‘returns’ to factor exposures</th>
</tr>
</thead>
<tbody>
<tr>
<td>Equal-weighted (2.1)</td>
</tr>
<tr>
<td>Diversity weighting (2.2)</td>
</tr>
<tr>
<td>Inverse volatility (2.3)</td>
</tr>
<tr>
<td>Equal risk contribution (2.4)</td>
</tr>
<tr>
<td>Risk clustering (2.5)</td>
</tr>
<tr>
<td>Minimum variance (3.1)</td>
</tr>
<tr>
<td>Maximum diversification weights (3.2)</td>
</tr>
<tr>
<td>Risk Efficient (3.3)</td>
</tr>
</tbody>
</table>

**Notes:** The return value in the table represent the annualised difference between the return to the factor exposure of the alternative index relative to the Market-cap index.

The results in Table 6 show that on the whole, the difference in the exposure of the Market-cap index to market risk, represented by beta, and the market risk of most of the alternative indices led to underperformance of the alternatives relative to the Market-cap index. The one exception to this general finding is the Inverse Volatility Index whose relative beta exposure produces a small annualised outperformance over the full sample relative to the Market-cap index of 0.11%. However, in all cases the size tilts of the alternative indices lead to positive performance relative to the Market-cap index. In most cases this outperformance is well above an annualised value of 1.0%. A similar result is seen with regard to book-to-market value. While the impact of the differential exposures to this factor for the Diversity Weighting, Maximum Diversification and Risk Clustering indices is small or negligible, for all of the other indices the exposure to this factor has added quite significantly to the indices returns over time – this is particularly true for the Minimum Variance and Risk Efficient indices. Finally, the differential exposures of the alternative indices to momentum has generally lead to underperformance over time. With regard to this factor the Risk Efficient index underperforms by 1.20% relative to the Market-cap index. The notable exception here is the Minimum Variance index where the annualised outperformance is 0.42%.

**Overall, our results indicate that the performance differences between the Market-cap index and the alternative indices is a function of a bias towards small cap stocks and to a lesser degree to stocks with high book-to-market values.**
6.4 Index compositions by total volatility

Some investors are uninterested in the factor decomposition of returns, and instead are more concerned with total volatility, so in addition to decomposing the indices into factor risk buckets, we also decomposed them by total volatility. Each of the appendices for the alternative indices show the decile weights relative to the Market-cap index by total volatility. For example, we can see from appendix 2 Figure 2F that the Equally Weighted index has 7% additional weight to the decile of stocks with the highest volatility. The results show that the Equally Weighted index is generally overweight higher volatility stocks and underweight the lower volatility stocks. The Equal Risk Contribution has a similar weight distribution with regard to total volatility. The Diversity Weighting and Risk Clustering indices also tend to be overweight the more risky stocks – defined by total volatility – and underweight the stocks in the lower risk deciles relative to the Market-cap index. The Inverse Volatility index is underweight by around 6.5% the decile comprising the stocks with the lowest return volatility.

The Minimum Variance Portfolio index, unsurprisingly, is very overweight the lowest risk decile. We find that this index allocates much more to the stocks with the lowest volatility. For example, compared to the Market-cap index, the MVP index has an overweight position of nearly 80% relative to the Market-cap index to the stocks that comprise the lowest decile of total return volatility. The exposures to low volatility stocks should not be a surprise of course, given the construction technique, but the subsequent performance of the index does not appear to be consistent with the empirical prediction of modern portfolio theory, that is that low risk investments over long periods of time should generate relatively low returns. The Maximum Diversification index also produces an interesting allocation to the risk deciles. The distribution of total volatility risk exposures are very similar to those of the Equally Weighted and other heuristic indices, with more exposure to higher volatility stocks and less to lower risk stocks. Finally, the pattern of risk exposures for the Risk Efficient index is also relatively complicated. It produces overweight exposures in the lowest total volatility decile, where the average overweight is 12%. But the index is underweight risk deciles 2 to 5, overweight risk deciles 6 to 9, and then marginally underweight the highest risk decile. However, given that the Risk Efficient index is based upon the semi deviation of stock returns, we have introduced an additional Figure, Figure 9I, for this index breaking down exposure into semi-deviation deciles. The figure shows a different profile, in particular a relatively large overweight position in the top semi-deviation decile of 15%, which is a clear reflection of the index construction methodology.

6.5 Summary

The results presented in this section of the report confirm that alternative weighting schemes would have produced a better risk-adjusted performance for long only US equity investors over the long-term and most strikingly over the Noughties than by weighting constituents by their Market-capitalisation. However, during the long bull market of the 1990s, the Market-cap based index outperformed all the other alternatives. Generally speaking, the alternative indices allocate more weight to stocks with lower realised historic, volatility as well as to smaller stocks and to stocks with high book-to-market values.

In the next section of this paper we try to determine whether the performance differences are due to luck or to intelligent design.

7. Fooled by randomness

It is unlikely that any of the index construction techniques examined in Section 6 would have produced identical results. In other words, there was always going to be one index that was going to be the best risk-adjusted performer and one that was going to be the worst.

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15 Fooled by Randomness: The Hidden Role of Chance in Life and in the Markets, Nassim Nicholas Taleb.
Perhaps unfortunately for US equity investors benchmarked against a Market-cap weighted index, our results show that this was the worst performer.

In his book *Fooled by Randomness*, Nassim Taleb warns us that financial market participants often mistake unsystematic, random events for systematic and explicable phenomena. Or as Professor Taleb puts it:

"If one puts an infinite number of monkeys in front of (strongly built) typewriters and lets them clap away (without destroying the machinery), there is a certainty that one of them will come out with an exact version of the 'Iliad.' Once that hero among monkeys is found, would any reader invest [their] life's savings on a bet that the monkey would write the 'Odyssey' next?"

7.1 A simian experiment

To try to distinguish between 'luck and design' we set up an experiment. Instead of determining weights at the end of each calendar year using the techniques described in Sections 2 and 3, and then forming the index every year using the appropriate weights, we employed a more random approach. In essence we programmed the computer to simulate the stock picking abilities of ten million monkeys.

More precisely, at the end of each year the computer chose, at random, a stock from the 1,000 available. This stock was then assigned a weight of 0.1% and placed back in to the pool of 1,000. The computer then chose, randomly the next stock, this stock was also assigned a weight of 0.1% and placed back into the pool and so on. This process was repeated 1,000 times until the weights of all of the chosen stocks summed to 100%. If the computer had chosen the same stock twice its weight in the index that year would have been 0.2%, if it had chosen the same stock three times, its weight in the index that year would have been 0.3%, and so on. If the computer did not choose the stock once in the 1,000 draws, its weight in the index would have been zero. At the other extreme, if the computer had chosen exactly the same stock 1,000 times then that year this stock would have comprised 100% of the index (though the odds against this happening are almost incomprehensible). This process was repeated ten million times for every year in our sample. In other words the computer generated ten million indices where the weights might as well have been chosen by Taleb’s monkeys.

Figure 5 shows how many of the ten million monkeys managed to outperform the Market-cap index and the other alternatives. The dotted lines represent the terminal values of $100 invested at the start of the sample period in one of the alternative indices. The Risk Efficient index produces the best terminal value of just under $11,000, while the Inverse Volatility index comes a close second. The worst performing index in this context is the Market-cap index which produces a terminal value of just under $5,000. The black line in the Figure represent the distribution of terminal wealth values produced by the ten million monkeys. The grey line in the Figure represents the cumulative frequency of the terminal wealth values produced by the monkeys. Half of the monkeys produced a terminal wealth value greater than $8,700; 25% produced a terminal wealth value greater than $9,100; while 10% produced a terminal wealth value greater than $9,500.

Perhaps the first point to make with regard to this Figure is that nearly every monkey beats the performance of the Market-cap index. However, these indices, constructed on the basis of randomly chosen constituent weights, also tend to be vastly superior to most of the other approaches to index construction too. Only four manage to perform better than half of the monkeys. The first is the Equally Weighted index where the modal performance is understandably almost equivalent. However, the three indices that manage to outperform
most of the ten million random performers are the Equal Risk Contribution, Inverse Volatility and Risk Efficient indices.

The second point to make with regard to Figure 5, and with regard to the outperformance of the alternative indices, is that it is not so much that the alternative index techniques are good (though three seem to be) it is more the fact that the Market-cap approach has represented a very bad investment strategy (particularly since the late 1990s as Table 2 shows).

But a high risk-adjusted return should be the real goal of all investors. Figure 6 shows the distribution of Sharpe ratios produced by the ten million random simulations, and also the Sharpe ratios produced by the various indices. Half of the monkeys produced a Sharpe ratio greater than 0.38; 25% produced a Sharpe ratio greater than 0.39; while 10% produced a Sharpe ratio greater than 0.4.

Once again, the vast majority of simulations produce a Sharpe ratio greater than that produced by the Market-cap index. However, the Maximum Diversification, Equal Risk Contribution, Inverse Volatility and Risk Efficient indices all produce Sharpe ratios that are greater than those produced by most of the monkeys. But the stand out Sharpe ratio performance was produced by the Minimum Variance Portfolio index, which generated a Sharpe ratio greater than that produced by any of the monkeys.
The results presented in Figures 5 and 6 are a damning indictment of the practice of Market-cap weighting equity indices. But do monkey always win? Figure 7 shows the proportion of random simulations that beat the Market-cap index on a rolling three year basis. Once
again, there are a number of periods when the Market-cap index performs well. Between 1972 and 1975; for most of the period between 1998 and 1992; and then again between 1996 and 2001, the Market-cap index outperforms 100% of the random simulations. However, having said this, the random simulations outperform the Market-cap index over three year overlapping periods 60% of the time.

One of the reasons why the randomly weighted indices rarely produce a set of weights similar to the Market-cap index is that there is only a very small prospect of any stock having a weight as high as, for example, 10.0%. For this to happen the same stock would have to be chosen 100 times. To see whether the process itself could be biasing the results against the Market-cap index we re-ran the experiment, but using just 100 picks instead of 1,000, so that every stock that was picked would be assigned a constituent weight of 1%, etc. In this way a stock would only need to be picked ten times to have an index weight of 10% the following year. However, we found that even with this approach the Market-cap index outperforms only a very small proportion of the ten million randomly generated indices.\(^{16}\)

7.2 Summary

The results in this section suggest that a random process for choosing equity index weights would have often outperformed more "intelligent index designs", but in particular, such an "unintelligent" approach would nearly always have outperformed the Market-cap based approach to the formulation of constituent weights.

8. Can timing indicators improve performance?

In their paper of last summer Sengupta et al proposed the possible use of ‘timing indicators’ as a way of improving the risk return outcome for long only equity investors. There are a number of such techniques. Using the S&P500 index, Clare et al (2012a)\(^ {17}\) explore a range of aspects of these rules. They find that a simple, low frequency trend following approach to long only US equity investing can generate better risk-adjusted returns than a comparable passive holding in a Market-cap index and that other, more complicated rules do not perform as well. In addition, they find that the performance of more complex rules is often undermined anyway once transactions costs are taken into account.

8.1 The application of a trend following filter

Trend following is a popular investment technique among CTAs and amongst quantitative, systematic investors more generally. Using simple trend following principles it has been shown that average asset class returns can be enhanced compared to passive alternatives and that volatility can be much reduced, typically by as much as one third, compared to the passive alternative. For recent evidence of these techniques, over a range of asset classes and historic periods see Faber (2007)\(^ {18}\) and Clare et al (2010 and 2012b)\(^ {19}\).

We applied a trend following rule to all of the indices explored in Table 2. The rule that we applied was very simple:

\(^{16}\) We experimented with a number of other variations of the original random experiment, including picking from sets of actual market cap weights and reassigning these weights randomly each year, etc. But ultimately the results were largely unaffected.


• at the end of the month if the index value was greater than its ten month moving average, we ‘invested’ 100% in the equity index and earned the return on that index in the following month;
• but if at the end of the month the index value was lower than its ten month moving average, we ‘invested’ 100% in US T-bills and earned the T-bill return in the following month.

The results shown in Table 7 were generated by applying this technique to each index. They are therefore directly comparable to those presented in Panel A of Table 2. The process has its biggest impact upon the Market-cap weighted index. The annualised return on this index rises by over one percentage point and the Sharpe ratio rises from 0.32 to 0.46. But the index with the highest annualised return is now the MVP index, which rises from 10.8% to 11.6%. Column 3 in Table 6 presents the annualised standard deviation of the returns produced by these indices with the application of the filter. These figures are all around a third lower than the equivalent figures presented in Table 2 for the unfiltered indices. This represents a substantial reduction in volatility compared with the passive alternatives. **The annualised standard deviation of the returns on the Minimum Variance Portfolio falls to 8.7%, which is comparable to the sort of volatility experienced in bond portfolios. The combination of the MVP index technique and trend following filter has therefore produced ‘equity like returns and bond like volatility.**

The Sharpe ratios of all the indices also rise, with the exception of the Risk Clustering index. In particular, the Sharpe ratio for the MVP index rises from 0.50 to 0.69. The monthly alphas of the indices now range from 0.28% (MVP index) to 0.55% (Equally Weighted and Diversity Weighting indices). But perhaps the biggest difference between the results in Panel A of Table 2 and those in Table 6 relate to the maximum drawdown statistics. For example, for the Market-cap index, the maximum drawdown more than halves from 48.5% to 23.3%. The maximum drawdown statistic for the MVP index falls from 32.5% to 16.8%.

The results presented in Table 6 are broadly consistent with those published in academic journals: **compared to a passive alternative, annualised returns are either enhanced or unaffected by a low frequency trend following filter, while volatility, and maximum drawdowns are significantly reduced.** To our knowledge this is the first time trend following has been applied to a range of passive indices derived from the same universe of stocks.

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20 There is of course an infinite number of rules that we could have used here. However, the main purpose of this section of the paper was not to experiment with different rules. Instead its purpose was to address the proposal in Sengupta et al (2012) which was that market timing rules might be able to add value to the performance of an equity index over time. The evidence presented in Table 7 suggests that they might. In their work Clare et al (2012a) show that their results are largely invariant to a wide range moving average, trend following rules. They found that their results were robust to the use of 6, 8, 10, 12 and 14 month moving average rules, as were the original results reported by Faber (2007).
Table 6: Adding a “timing indicator”

<table>
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<tr>
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<th>Sharpe Ratio</th>
<th>Sortino Ratio</th>
<th>Max Drawdown</th>
<th>% Positive</th>
<th>Alpha</th>
<th>Beta</th>
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</thead>
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<td></td>
<td>Return</td>
<td>St. dev.</td>
<td>Return</td>
<td>St. dev.</td>
<td>Return</td>
<td>St. dev.</td>
</tr>
<tr>
<td>Market cap weighted</td>
<td>10.5%</td>
<td>11.6%</td>
<td>0.46</td>
<td>0.55</td>
<td>-23.3%</td>
<td>73.8%</td>
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<td>Equal-weighted (2.1)</td>
<td>10.3%</td>
<td>12.6%</td>
<td>0.41</td>
<td>0.50</td>
<td>-27.7%</td>
<td>71.7%</td>
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<td>Diversity weighting (2.2)</td>
<td>10.4%</td>
<td>11.9%</td>
<td>0.44</td>
<td>0.53</td>
<td>-23.4%</td>
<td>72.8%</td>
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<td>Inverse Volatility (2.3)</td>
<td>10.4%</td>
<td>11.1%</td>
<td>0.46</td>
<td>0.54</td>
<td>-21.8%</td>
<td>72.6%</td>
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<td>Equal risk contribution (2.4)</td>
<td>10.0%</td>
<td>11.9%</td>
<td>0.41</td>
<td>0.48</td>
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<td>72.6%</td>
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<td>Risk clustering (2.5)</td>
<td>9.8%</td>
<td>12.2%</td>
<td>0.31</td>
<td>0.37</td>
<td>-25.7%</td>
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<td>MVP-weighted (3.1)</td>
<td>11.6%</td>
<td>8.7%</td>
<td>0.69</td>
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<td>9.5%</td>
<td>10.6%</td>
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<td>Risk Efficient (3.3)</td>
<td>11.0%</td>
<td>11.7%</td>
<td>0.49</td>
<td>0.61</td>
<td>-25.7%</td>
<td>73.8%</td>
</tr>
</tbody>
</table>

Panel A: Full sample results (1969 to 2011)

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<thead>
<tr>
<th></th>
<th>Return</th>
<th>St. dev.</th>
<th>Return</th>
<th>St. dev.</th>
<th>Return</th>
<th>St. dev.</th>
<th>Return</th>
<th>St. dev.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Market cap weighted</td>
<td>9.4%</td>
<td>11.1%</td>
<td>14.6%</td>
<td>14.0%</td>
<td>14.7%</td>
<td>12.1%</td>
<td>7.5%</td>
<td>8.3%</td>
</tr>
<tr>
<td>Equal-weighted (2.1)</td>
<td>8.1%</td>
<td>13.9%</td>
<td>13.9%</td>
<td>14.2%</td>
<td>13.6%</td>
<td>11.3%</td>
<td>9.1%</td>
<td>10.6%</td>
</tr>
<tr>
<td>Diversity weighting (2.2)</td>
<td>8.6%</td>
<td>11.7%</td>
<td>15.3%</td>
<td>14.2%</td>
<td>14.2%</td>
<td>12.0%</td>
<td>7.5%</td>
<td>8.9%</td>
</tr>
<tr>
<td>Inverse Volatility (2.3)</td>
<td>9.8%</td>
<td>12.1%</td>
<td>13.5%</td>
<td>12.8%</td>
<td>11.9%</td>
<td>10.1%</td>
<td>9.2%</td>
<td>9.5%</td>
</tr>
<tr>
<td>Equal risk contribution (2.4)</td>
<td>8.6%</td>
<td>12.8%</td>
<td>13.9%</td>
<td>13.4%</td>
<td>11.0%</td>
<td>11.3%</td>
<td>9.6%</td>
<td>9.8%</td>
</tr>
<tr>
<td>Risk clustering (2.5)</td>
<td>7.6%</td>
<td>12.6%</td>
<td>12.7%</td>
<td>14.8%</td>
<td>9.8%</td>
<td>10.9%</td>
<td>8.5%</td>
<td>10.0%</td>
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<tr>
<td>MVP-weighted (3.1)</td>
<td>7.7%</td>
<td>8.1%</td>
<td>19.1%</td>
<td>10.8%</td>
<td>13.3%</td>
<td>8.1%</td>
<td>6.9%</td>
<td>7.4%</td>
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<tr>
<td>Maximum diversification weights (3.2)</td>
<td>8.8%</td>
<td>11.3%</td>
<td>14.5%</td>
<td>12.4%</td>
<td>10.4%</td>
<td>10.3%</td>
<td>6.8%</td>
<td>7.7%</td>
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<tr>
<td>Risk Efficient (3.3)</td>
<td>9.8%</td>
<td>12.9%</td>
<td>14.6%</td>
<td>13.6%</td>
<td>10.1%</td>
<td>10.7%</td>
<td>10.5%</td>
<td>9.7%</td>
</tr>
</tbody>
</table>

Panel B: Annualised returns and volatility by decade

Notes: The figures in parentheses in column 1 of the table relate to the section in the report where the index construction method is described. Returns and standard deviations of returns are all annualised figures. The alphas presented in column 8 are monthly. For the Diversity Weighting index (2.2) we set the parameter $p$ equal to 0.76. For purposes of comparison we set the maximum constituent weight to 5% for the Minimum Variance index (3.1), the Maximum Diversification index (3.2) and for the Risk Efficient Index (3.3).

Figure G in appendices 2 to 9 show that the Market-cap index tends to underperform the alternative indices in an environment when equity values are declining – particularly the Inverse Volatility and optimised indices. This is just another way of identifying that the long term relative underperformance of the Market-cap index, particularly on a risk-adjusted basis, tends to come from its performance in bear or more volatile markets, where the Noughties are a good example. The trend following filter reduces the downside risk in all of these indices, but this has a particularly pronounced effect with the Market-cap index because it seems to suffer most when the equity market turns down.

Panel B of Table 6 shows the annualised returns and volatilities of each index where we have applied the trend following market timing rule. One obvious concern about applying a trend following rule like this might be “what happens when the market isn’t trending?” The Noughties were a difficult time for global equities. They peaked at around the start of this period and were still well below this peak by the end of the sample period. If anything they trended down over this period. But when we compare the annualised returns for the Noughties in Panel B of Table 2, with those in Panel B of Table 6 we can see that in all cases annualised returns are higher in the Noughties with the trend following filter than without it. **In particular the Market-cap index has an annualised return of 0.4% before the application of the trend following filter, but an annualised return of 7.5% with the addition of this filter.** The results in Table 6 therefore suggest a further alternative to a straightforward, passive investment in a Market-cap index. **This could be a passive investment in a Market-cap index, along with the application of a trend following filter (derivative products can achieve this relatively easily and cheaply).** There may be a number of advantages to this approach:
• First, investors get all of the well known benefits of investing in a Market-cap weighted index, outlined by Sengupta et al (2012).

• And second, if there were to be another equity bull market the trend following rule, applied to a market-cap index, would leave investors 100% invested in the best performing long only equity index type in this scenario, while at the same time providing them with some protection against the downside risks that discourages many investors from investing in equity markets.

8.2 Summary
The results in this section demonstrate that the application of a simple, mechanical risk on, risk off market timing indicator can significantly enhance the risk-return trade off for investors that simply wish to track an equity index.

9. Traded volumes and transactions costs
9.1 Trading volumes
One of the perceived advantages of a Market-cap based index is that it allocates weights towards the largest stocks that tend to have the highest traded volumes, meaning that a portfolio based upon that index should be more liquid than, for example, an index based on equal weights. Figure H in each of the appendices shows the average exposure of the alternative indices by volume decile, relative to the composition of the Market-cap index.

Each of the heuristic alternative indices have a very large underweight to the stocks with the highest traded volume (decile 10), with a relatively similar overweight to volume deciles 1 (low volume) to 9. The three optimised alternative indices demonstrate a different exposure to traded volumes. Each has sizeable overweight exposures to the lowest four traded volume deciles. This is particularly true of the Risk Efficient index which is 44% underweight the 10% of stocks with the highest traded volumes.

Figure 8: Weighted average traded volume of index constituents
In Figure 8 we present a picture analogous to that shown in Figure 4. However, this time each bar represents the average traded volume of the index constituents over 2011. It is clear from this chart that the average traded volumes of the stocks in most of the alternative indices is substantially lower than those for the Market-cap index. Only the Diversity Weighting and Risk Clustering indices have average figures that are comparable to that of the Market-cap index.

_This Figure shows clearly that one of the implications of choosing to benchmark one’s portfolio against an alternative index would be a portfolio comprising more thinly traded stocks._

### 9.2 Transactions costs

The average trading volumes shown in Figure 8 and in Figure H in each of the appendices give an idea of the liquidity of the underlying stocks of each index. Liquidity is an important issue of course. However a second related issue is transactions costs. For any investor wishing to hold a US equity portfolio with one of these indices as the benchmark, one of the key questions is whether the trading costs of mimicking the index weights could outweigh any potential risk-return benefits that might exist. We have tried to give an indication of the scale of the likely costs of mimicking these indices by calculating an average annual turnover statistic for each index. We calculate the annual one-way turnover statistic for all of the indices, including the Market-cap index. In Table 7 we have provided a simple example of how the statistic has been calculated. In this example, the annual turnover of the portfolio consisting of these five stocks between year 1 and year 2 is 50%.

<table>
<thead>
<tr>
<th>Stock A</th>
<th>Stock B</th>
<th>Stock C</th>
<th>Stock D</th>
<th>Stock E</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 1</td>
<td>50%</td>
<td>25%</td>
<td>15%</td>
<td>10%</td>
</tr>
<tr>
<td>Year 2</td>
<td>0%</td>
<td>30%</td>
<td>20%</td>
<td>10%</td>
</tr>
<tr>
<td>Turnover</td>
<td>50%</td>
<td>5%</td>
<td>5%</td>
<td>0%</td>
</tr>
</tbody>
</table>

In Figure 9 we have presented the average, annual one-way turnover statistics for each index. The Figure shows that the index with the lowest turnover – by far – is the Market-cap based index, which turns over approximately 5% on average every year. The Diversity Weighting index, also has very low annual turnover at just under 8.5% every year. The Equally Weighted, Equal Risk Contribution and Inverse Volatility indices have turnover of around 19%, 17% and 16% respectively, all much higher than the Market-cap index. However, the turnover of the Risk Clustering index and the optimised indices is very high compared to the Market-cap benchmark. The highest turnover of these is the Risk Efficient index which has average turnover of almost 66%.

Of course turnover is only half of the story – if the costs of buying and selling stocks were zero, turnover would matter little. Could trading costs have reduced the performance advantages of the alternative indices? The answer is yes, but it seems unlikely to us that it would be enough to eliminate the return outperformance of most of the alternative indices. It is impossible to know the trading costs that would have been involved in mimicking any of these index strategies in the past, particular in the 1970s and 1980s. However, to put it into perspective, if an alternative index outperformed a completely costless Market-cap index by 2.0% per year with turnover of 50% per year, then the average bid ask spread on the stocks would need to be 4.0%, which is extremely high, to eliminate the performance difference.
To illustrate the issue further, consider the Risk Efficient index which has the highest turnover. Over the sample period it outperforms the Market-cap index by 2.1% with additional turnover of approximately 60%. For transactions costs to have eliminated completely the additional return, the average bid-ask spread on US equities would have had to have average 3.3% over the full sample period. Furthermore, over the Noughties (where we probably can make a more reasoned guess at average spreads) the turnover of the Market-cap index was 5.5%, and the turnover of the Risk Efficient index was 65%. But the Risk Efficient Index outperformed the Market-cap index by 5.2% over this period. If the bid-ask spread on US stocks had averaged just over 8.5% over this period then the after transactions costs performance of the Market-cap and Risk Efficient indices would have been approximately the same.

Our results show that some alternative indices involve much more turnover than others, but also that trading costs would have needed to be implausibly high to have eliminated all of the return advantage of the alternative indices over the lower turnover Market-cap index, particularly during the Noughties.

10. Summary

We find that all of the alternative indices considered in this paper would have produced a better risk-adjusted performance than could have been achieved by having a passive exposure to a Market-capitalisation weighted index. Our research shows that it is not so much that these alternative indices are well designed, indeed, in many cases a random choice of constituent weights would often have produced a superior performance than that generated by the alternative indexing techniques. Instead, the most important result of this paper is that since the late 1990s the market-capitalisation weighted index has proved to be a relatively unsuccessful investment strategy.
Appendix 1: Market-capitalisation weights

Notes: In Figure 1B: decile 1 contains the 10% of stocks with the lowest beta, decile 10 contains the 10% of stocks with highest beta. In Figure 1C: decile 1 contains the smallest 10% of stocks, decile 10 the largest 10% of stocks. In Figure 1D: decile 1 contains the 10% of stocks with the lowest book-to-market-value, decile 10 contains the 10% of stocks with highest book-to-market-value. In Figure 1E: decile 1 contains the 10% of stocks with the lowest return momentum, decile 10 contains the 10% of stocks with greatest return momentum. In Figure 1F: decile 1 contains the 10% of stocks with the lowest volatility, decile 10 contains the 10% of stocks with greatest volatility. In Figure 1H: decile 1 contains the 10% of stocks with the lowest traded volume, decile 10 contains the 10% of stocks with greatest traded volume.
Appendix 2: Equal weight – relative to Market-cap

Notes: In Figure 2B: decile 1 contains the 10% of stocks with the lowest beta, decile 10 contains the 10% of stocks with highest beta. In Figure 2C: decile 1 contains the smallest 10% of stocks, decile 10 the largest 10% of stocks. In Figure 2D: decile 1 contains the 10% of stocks with the lowest book-to-market-value, decile 10 contains the 10% of stocks with highest book-to-market-value. In Figure 2E: decile 1 contains the 10% of stocks with the lowest return momentum, decile 10 contains the 10% of stocks with greatest return momentum. In Figure 2F: decile 1 contains the 10% of stocks with the lowest volatility, decile 10 contains the 10% of stocks with greatest volatility. In Figure 2H: decile 1 contains the 10% of stocks with the lowest traded volume, decile 10 contains the 10% of stocks with greatest traded volume.
Appendix 3: Diversity weighting (p=0.76) – relative to Market-cap

Figure 4A: 3-Year Relative Rolling Performance

Figure 4B: Mean Weight by Beta Decile

Figure 4C: Mean weight by size decile

Figure 4D: Mean Weight by BTMV Decile

Figure 4E: Mean Weight by Momentum Decile

Figure 4F: Mean Weight by Volatility Decile

Figure 4G: Up/Down capture

Figure 4H: Mean Weight by Volume Decile

Notes: In Figure 4B: decile 1 contains the 10% of stocks with the lowest beta, decile 10 contains the 10% of stocks with highest beta. In Figure 4C: decile 1 contains the smallest 10% of stocks, decile 10 the largest 10% of stocks. In Figure 4D: decile 1 contains the 10% of stocks with the lowest book-to-market-value, decile 10 contains the 10% of stocks with highest book-to-market-value. In Figure 4E: decile 1 contains the 10% of stocks with the lowest return momentum, decile 10 contains the 10% of stocks with greatest return momentum. In Figure 4F: decile 1 contains the 10% of stocks with the lowest volatility, decile 10 contains the 10% of stocks with greatest volatility. In Figure 4H: decile 1 contains the 10% of stocks with the lowest traded volume, decile 10 contains the 10% of stocks with greatest traded volume.
Appendix 4: Inverse volatility – relative to Market-cap

Figure 6A: 3-Year Relative Rolling Performance
Figure 6B: Mean Weight by Beta Decile
Figure 6C: Mean weight by size decile
Figure 6D: Mean Weight by BTMV Decile
Figure 6E: Mean Weight by Momentum Decile
Figure 6F: Mean Weight by Volatility Decile
Figure 6G: Up/Down capture
Figure 6H: Mean Weight by Volume Decile

Notes: In Figure 6B: decile 1 contains the 10% of stocks with the lowest beta, decile 10 contains the 10% of stocks with highest beta. In Figure 6C: decile 1 contains the smallest 10% of stocks, decile 10 the largest 10% of stocks. In Figure 6D: decile 1 contains the 10% of stocks with the lowest book-to-market-value, decile 10 contains the 10% of stocks with highest book-to-market-value. In Figure 6E: decile 1 contains the 10% of stocks with the lowest return momentum, decile 10 contains the 10% of stocks with greatest return momentum. In Figure 6F: decile 1 contains the 10% of stocks with the lowest volatility, decile 10 contains the 10% of stocks with greatest volatility. In Figure 6H: decile 1 contains the 10% of stocks with the lowest traded volume, decile 10 contains the 10% of stocks with greatest traded volume.
Appendix 5: Equal risk contribution – relative to Market-cap

Figure 3A: 3-Year Relative Rolling Performance

Figure 3B: Mean Weight by Beta Decile

Figure 3C: Mean weight by size decile

Figure 3D: Mean Weight by BTMV Decile

Figure 3E: Mean Weight by Momentum Decile

Figure 3F: Mean Weight by Volatility Decile

Figure 3G: Up/Down capture

Figure 3H: Mean Weight by Volume Decile

Notes: In Figure 3B: decile 1 contains the 10% of stocks with the lowest beta, decile 10 contains the 10% of stocks with highest beta. In Figure 3C: decile 1 contains the smallest 10% of stocks, decile 10 the largest 10% of stocks. In Figure 3D: decile 1 contains the 10% of stocks with the lowest book-to-market-value, decile 10 contains the 10% of stocks with highest book-to-market-value. In Figure 3E: decile 1 contains the 10% of stocks with the lowest return momentum, decile 10 contains the 10% of stocks with greatest return momentum. In Figure 3F: decile 1 contains the 10% of stocks with the lowest volatility, decile 10 contains the 10% of stocks with greatest volatility. In Figure 3H: decile 1 contains the 10% of stocks with the lowest traded volume, decile 10 contains the 10% of stocks with greatest traded volume.
Appendix 6: Risk clustering – relative to Market-cap

Figure 5A: 3-Year Relative Rolling Performance

Figure 5B: Mean Weight by Beta Decile

Figure 5C: Mean weight by size decile

Figure 5D: Mean Weight by BTMV Decile

Figure 5E: Mean Weight by Momentum Decile

Figure 5F: Mean Weight by Volatility Decile

Figure 5G: Up/Down capture

Figure 5H: Mean Weight by Volume Decile

Notes: In Figure 5B: decile 1 contains the 10% of stocks with the lowest beta, decile 10 contains the 10% of stocks with highest beta. In Figure 5C: decile 1 contains the smallest 10% of stocks, decile 10 the largest 10% of stocks. In Figure 5D: decile 1 contains the 10% of stocks with the lowest book-to-market-value, decile 10 contains the 10% of stocks with highest book-to-market-value. In Figure 5E: decile 1 contains the 10% of stocks with the lowest return momentum, decile 10 contains the 10% of stocks with greatest return momentum. In Figure 5F: decile 1 contains the 10% of stocks with the lowest volatility, decile 10 contains the 10% of stocks with greatest volatility. In Figure 5H: decile 1 contains the 10% of stocks with the lowest traded volume, decile 10 contains the 10% of stocks with greatest traded volume.
Appendix 7: Minimum Variance Portfolio (5% weight cap) – relative to Market-cap

Figure 7A: 3-Year Relative Rolling Performance

Figure 7B: Mean Weight by Beta Decile

Figure 7C: Mean weight by size decile

Figure 7D: Mean Weight by BTMV Decile

Figure 7E: Mean Weight by Momentum Decile

Figure 7F: Mean Weight by Volatility Decile

Figure 7G: Up/Down capture

Figure 7H: Mean Weight by Volume Decile

Notes: In Figure 7B: decile 1 contains the 10% of stocks with the lowest beta, decile 10 contains the 10% of stocks with highest beta. In Figure 7C: decile 1 contains the smallest 10% of stocks, decile 10 the largest 10% of stocks. In Figure 7D: decile 1 contains the 10% of stocks with the lowest book-to-market-value, decile 10 contains the 10% of stocks with highest book-to-market-value. In Figure 7E: decile 1 contains the 10% of stocks with the lowest return momentum, decile 10 contains the 10% of stocks with greatest return momentum. In Figure 7F: decile 1 contains the 10% of stocks with the lowest volatility, decile 10 contains the 10% of stocks with greatest volatility. In Figure 7H: decile 1 contains the 10% of stocks with the lowest traded volume, decile 10 contains the 10% of stocks with greatest traded volume.
Appendix 8: Maximum Diversification (5% weight cap) – relative to Market-cap

Notes: In Figure 8B: decile 1 contains the 10% of stocks with the lowest beta, decile 10 contains the 10% of stocks with highest beta. In Figure 8C: decile 1 contains the smallest 10% of stocks, decile 10 the largest 10% of stocks. In Figure 8D: decile 1 contains the 10% of stocks with the lowest book-to-market-value, decile 10 contains the 10% of stocks with highest book-to-market-value. In Figure 8E: decile 1 contains the 10% of stocks with the lowest return momentum, decile 10 contains the 10% of stocks with greatest return momentum. In Figure 8F: decile 1 contains the 10% of stocks with the lowest volatility, decile 10 contains the 10% of stocks with greatest volatility. In Figure 8H: decile 1 contains the 10% of stocks with the lowest traded volume, decile 10 contains the 10% of stocks with greatest traded volume.
Appendix 9: Risk Efficient (5% weight cap) – relative to Market-cap

Figure 9A: 3-Year Relative Rolling Performance

Figure 9B: Mean Weight by Beta Decile

Figure 9C: Mean weight by size decile

Figure 9D: Mean Weight by BTMV Decile

Figure 9E: Mean Weight by Momentum Decile

Figure 9F: Mean Weight by Volatility Decile

Figure 9G: Up/Down capture

Figure 9G: Mean Weight by Volume Decile

Benchmark Up  Benchmark Down
Market-cap Return  Index Return

-3.4%  -2.6%
Appendix 9: Risk Efficient (5% weight cap) – relative to Market-cap (continued)

Figure 9I: Mean Weight by semi-deviation Risk Decile

Notes: In Figure 9B: decile 1 contains the 10% of stocks with the lowest beta, decile 10 contains the 10% of stocks with highest beta. In Figure 9C: decile 1 contains the smallest 10% of stocks, decile 10 the largest 10% of stocks. In Figure 9D: decile 1 contains the 10% of stocks with the lowest book-to-market-value, decile 10 contains the 10% of stocks with highest book-to-market-value. In Figure 9E: decile 1 contains the 10% of stocks with the lowest return momentum, decile 10 contains the 10% of stocks with greatest return momentum. In Figure 9F: decile 1 contains the 10% of stocks with the lowest volatility, decile 10 contains the 10% of stocks with greatest volatility. In Figure 9H: decile 1 contains the 10% of stocks with the lowest traded volume, decile 10 contains the 10% of stocks with greatest traded volume. In Figure 9I: decile 1 contains the 10% of stocks with the lowest semi-deviation, decile 10 contains the 10% of stocks with greatest semi-deviation.