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Table 1 Quality rating of the papers included in the review

[illegible]

Fredstrom et al	1991	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	8
Heimberger D.C et al	1985	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	7
Anderson K et al	1984	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	8
Shils M et al	1977	Yes	No	Yes	Yes	Yes	Yes	Yes	No	6
Brown S	2014	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	7
Zettel S	2016	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	8
Amaral Felisio B et al	2012	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	8
Machado de Sousa L et al	2014	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	8
Martin, K. and Gardner, G	2017	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	8
Armstrong J et al	2017	Yes	Yes	Yes	Yes	No	Yes	Yes	No	6
Coad, J. et al.	2016	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	8
Boullata, J et al	2017	Yes	Yes	Yes	Yes	No	Yes	Yes	No	6
Escuro A and Hummell A	2016	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	7
Guenther P and Lyman B	2016	Yes	Yes	No	No	No	Yes	Yes	No	4
Thiyagesh V and Hill H	2016	No	Yes	Yes	No	No	No	Yes	Yes	4
Thomas S	2016	No	Yes	No	No	No	Yes	Yes	Yes	4