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**Citation:** Arafat, M., Dinan, B., Haseeb, A., Akbar, S., Rahman, B. M., Rozali, S. & Naher, S. (2021). Growth of 1D TiO<sub>2</sub> nanostructures on Ti substrates incorporated with residual stress through humid oxidation and their characterizations. *Nanotechnology*, 32(47), 475607. doi: 10.1088/1361-6528/ac1d77

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3 **Growth of 1D TiO<sub>2</sub> Nanostructures on Ti Substrates Incorporated with Residual Stress through**  
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5 **Humid Oxidation and their Characterizations**  
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## Abstract

Different Ti substrates, such as particles (as-received and ball milled), plate and TEM grid were oxidized for the growth of 1D TiO<sub>2</sub> nanostructures. The Ti substrates were oxidized for 4 h at temperatures of 700-750 °C in humid and dry Ar containing 5 ppm of O<sub>2</sub>. The effects of residual stress on the growth of 1D TiO<sub>2</sub> nanostructures were investigated. The residual stress inside the Ti particles was measured by XRD-sin<sup>2</sup> $\psi$  technique. The oxidized Ti substrates were characterized using field emission scanning electron microscope (FESEM) equipped with energy dispersive X-ray (EDX) spectroscopy, transmission electron microscope (TEM), X-ray diffractometer (XRD) and X-ray photoelectron spectroscopy (XPS). Results revealed that humid environment enhances the growth of 1D TiO<sub>2</sub> nanostructures. Four different types of 1D morphologies obtained during humid oxidation, e.g., stacked, ribbon, plateau and lamp-post shaped nanostructures. The presence of residual stress significantly enhances the density and coverage of 1D nanostructures. The as-grown TiO<sub>2</sub> nanostructures possess tetragonal rutile structure having length up to 10  $\mu$ m along the  $\langle 1\ 0\ 1 \rangle$  directions. During initial stage of oxidation, a TiO<sub>2</sub> layer is first formed on Ti substrate. Lower valence oxides (Ti<sub>3</sub>O<sub>5</sub>, Ti<sub>2</sub>O<sub>3</sub> and TiO) then form underneath the TiO<sub>2</sub> layer and induce stress at the interface of oxide layers. The induced stress plays significant role on the growth of 1D TiO<sub>2</sub> nanostructures. The induced stress is relaxed by creating new surfaces in the form of 1D TiO<sub>2</sub> nanostructures. A diffusion based model is proposed to explain the mechanism of 1D TiO<sub>2</sub> growth during humid oxidation of Ti. The 1D TiO<sub>2</sub> nanostructures and TiO<sub>2</sub> layer is formed by the interstitial diffusion of Ti<sup>4+</sup> ions to the surface and reacts with the surface adsorbed hydroxide ions (OH<sup>-</sup>). Lower valence oxides are formed at the metal-oxide interface by the reaction between diffused oxygen ions and Ti ions.

## Keywords

Ti substrates; TiO<sub>2</sub> nanostructures; 1D nanostructures; Thermal oxidation; Humid oxidation; Rutile

## 1. Introduction

Over the past few decades, nanostructured metal oxides have been of great scientific interest among researchers, engineers and industrialists due to their unique chemical and physical properties, such as dimensional characteristics [1-3], enhanced surface area [4, 5], quantum confinement [6, 7] and superior electrical properties [8-10]. These characteristics of nanostructured materials are significantly different from their bulk counterparts. For these reasons, the research focusing on the fabrication, characterizations and applications of nanostructured materials in the field of electronics, optoelectronics and electro-mechanical devices have gained prominence [11].

The wide direct band gap (3-3.2 eV), non-toxicity, high temperature stability, low production cost and outstanding physical, chemical and optical properties fueled the research interest towards nanostructured TiO<sub>2</sub> in various applications [12]. A rich family of TiO<sub>2</sub> based nanomaterials, such as zero dimensional (0D), one dimensional (1D), two dimensional (2D), and three dimensional (3D) nanostructures have been synthesized and their properties have been explored. Out of these, nanostructures of 1D TiO<sub>2</sub> have been extensively studied due to having numerous applications in many engineering fields including dye-sensitized solar cells [13, 14], photo-detector [15, 16], photo-catalyst [17-19], photo-splitting of water [20-22], photo-electrochemical cells [23, 24], gas sensors [25, 26], piezo-electronics [27], super capacitors [28], lithium ion batteries [29, 30], field emitters [31, 32], and bone implantation [33, 34].

Researchers invented many sophisticated and innovative processing routes, such as hydrothermal [35, 36], electrospinning [37, 38], anodization [39-41], nanocarving [42, 43], and UV lithography with dry plasma etching [44] for the synthesis of 1D TiO<sub>2</sub> based nanostructures. Out of these, wet processing, such as hydrothermal, electrospinning and anodization requires multiple steps with appropriate control on processing variables. The resultant nanostructures are amorphous, which is a distinct disadvantage for many applications where crystallinity is required. Furthermore, wet processed TiO<sub>2</sub> nanostructures possess impurities. So, in many instances post-processing, such as purification and annealing are required. On the contrary, solid-state processing, such as UV lithography with dry plasma etching resulted in crystalline structures, but the equipment is too sophisticated, expensive and not easily scalable. Recently, a simple, inexpensive and highly scalable procedure has been developed for the synthesis of 1D TiO<sub>2</sub> based nanostructures on Ti [31, 45-51] and Ti alloy [25, 52, 53] substrates by thermal oxidation. This process

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3 requires heating of Ti substrates at temperatures ranging from 600 °C to 850 °C in very low oxygen containing  
4 environment [31, 45-51]. This process has some distinct advantages over wet chemical and solid state processing.  
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6 The most significant advantages are being low-cost and scalability for the large scale production [54]. Moreover,  
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8 while most of the other fabrication processes produce homogeneous single phase nanostructures, the thermal  
9 oxidation process provides the opportunity to grow core-shell hetero-structures [25, 53]. The possibility of growing  
10 hetero-structures can be optimized by choosing proper alloying composition in the substrate [25, 53], or by  
11 employing an oxidizing environment other than oxygen [31].  
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18 The growth of 1D TiO<sub>2</sub> nanostructures on Ti substrate by thermal oxidation process requires minute amount of O<sub>2</sub>  
19 [51]. High concentration of O<sub>2</sub> resulted in oxide layer on Ti substrates instead of 1D nanostructures [46, 47]. On the  
20 other hand, minute amount of dry O<sub>2</sub> resulted in very low coverage of 1D TiO<sub>2</sub> nanostructures [46]. In the literature,  
21 different oxidation mediums, such as acetone (CH<sub>3</sub>COCH<sub>3</sub>) [31, 45-47], ethanol (C<sub>2</sub>H<sub>5</sub>OH) [47, 49, 50],  
22 acetaldehyde (CH<sub>3</sub>CHO) [47] and dibutyltin dilaurate (C<sub>32</sub>H<sub>64</sub>O<sub>4</sub>Sn) [48] in Ar were used for the growth of 1D TiO<sub>2</sub>  
23 nanostructures on Ti substrates. However, usage of acetone [31, 45-47], ethanol [47, 49, 50], acetaldehyde [47] and  
24 dibutyltin dilaurate [48] as oxidation medium is not cost effective and special gas flow system is required. The  
25 presence of carbon layer was observed on the 1D TiO<sub>2</sub> nanostructures, which requires post-annealing to be removed  
26 [31]. Beside this, potassium based catalyst, such as KOH [19, 55] and KF [56] were also investigated for the growth  
27 of 1D TiO<sub>2</sub> nanostructures on Ti by thermal oxidation process. Results showed that the originated 1D nanostructures  
28 are shorter with length up to 600 nm [19] and the nanostructure possessed potassium as doped element [55, 56]. In  
29 contrast, usage of commercial Ar containing ppm level of O<sub>2</sub> as impurity in the presence of humidity is an  
30 affordable oxidation medium of Ti for the growth of 1D nanostructures. The presence of humid Ar with ppm level  
31 of O<sub>2</sub> is relatively unexplored for the growth of 1D nanostructures on Ti substrates.  
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47 The presence of multi-layered oxides were observed beneath the 1D nanostructures during oxidation of metal  
48 oxides, such as Cu [57-59], Fe [60-62] and Ti-6Al-4V (Ti64) [25, 53]. Oxidation of these substrates resulted in the  
49 formation of CuO/Cu<sub>2</sub>O [57-59], Fe<sub>2</sub>O<sub>3</sub>/Fe<sub>3</sub>O<sub>4</sub>/FeO [60-62] and TiO<sub>2</sub>-Al<sub>2</sub>O<sub>3</sub>/TiO<sub>2</sub> [53] layers on the surface of Cu,  
50 Fe and Ti64 substrates, respectively. Previously, it was proposed by Kumar *et al.* [57] that during oxidation of Cu  
51 substrate, stress is induced at the interface of CuO/Cu<sub>2</sub>O layers due to difference in crystal structures, molar volume  
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3 and densities. During oxidation, the “induced stress” is released by creating new surfaces in the form of 1D CuO  
4 nanostructures. This stress-induced growth mechanism was also supported for the growth of 1D Fe<sub>2</sub>O<sub>3</sub> [60-62] and  
5 core-shell TiO<sub>2</sub>-Al<sub>2</sub>O<sub>3</sub> [52, 53] nanostructures on Fe and Ti64 substrates, respectively. So far, no study has focused  
6 on the oxidation states of the oxide layer that forms beneath the 1D TiO<sub>2</sub> nanostructures during humid oxidation of  
7 Ti in oxygen deprived conditions. The oxide scale beneath the 1D TiO<sub>2</sub> nanostructures has not been investigated  
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16 Besides the induced stress generated at the interfaces of oxide layers, the effects of “residual stress” imposed by ball  
17 milling [52], hammering [52], bending [63], sand blasting [59] and surface mechanical attrition treatment [64, 65]  
18 were investigated during oxidation for the growth of 1D nanostructures on Cu and Ti64 substrates. It was clearly  
19 demonstrated that residual stress imposed by these treatments significantly enhances the coverage and density of 1D  
20 nanostructures. Similar to induced stress, the residual stress also relaxes by forming new surfaces in the form of 1D  
21 nanostructures. So far, no study has been conducted to study the effect of residual stress on Ti substrates during  
22 oxidation for the growth of 1D TiO<sub>2</sub> nanostructures.  
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31 In this research work, a study was undertaken to synthesize 1D TiO<sub>2</sub> nanostructures by oxidizing Ti substrates in dry  
32 and humid Ar environment containing 5 ppm of O<sub>2</sub>. Residual stress was imposed on the Ti substrates by ball milling  
33 and its effects on the growth of 1D nanostructures was investigated. The 1D nanostructures and oxide layers beneath  
34 the nanostructures was characterized by different techniques. Based on the results, a mechanism is proposed for the  
35 growth of 1D TiO<sub>2</sub> nanostructures.  
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## 43 2. Experimental Procedures

44 Ti particles (Powder Alloy Corporation, USA), Ti plates (Goodfellow Cambridge Limited, England) and Ti TEM  
45 grids (Ted Pella, 300 mesh) were investigated for the growth of one dimensional (1D) TiO<sub>2</sub> nanostructures by  
46 thermal oxidation. Prior oxidation, the Ti particles were stressed by ball milling. The residual stress in Ti particles  
47 was measured by XRD- $\sin^2\psi$  technique. Then the Ti particles were oxidized under optimum conditions to  
48 investigate the effects of residual stress on the growth of 1D nanostructures. The 1D nanostructures were  
49 characterized by different techniques to explain the growth mechanism.  
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## 2.1. Measurement of residual stress

To determine the effects of residual stress on 1D TiO<sub>2</sub> growth, the as-received Ti particles (Ti-0h) were milled in a planetary ball mill (Retsch: PM 400 - MA type) for 20 hr at 250 rpm in ambient environment. The milled Ti particles are designated as Ti-20h. Twenty four ZrO<sub>2</sub> balls having diameter of 1 cm and weight of 3 gm were used in the milling process. The weight ratio of ZrO<sub>2</sub> balls to Ti particles was 10:1.

The residual stress inside the Ti-0h and Ti-20h particles was measured using an X-ray diffractometer (XRD: PANalytical Empyrean) having CuK $\alpha$  radiation (0.1540598 nm). The XRD-sin<sup>2</sup> $\psi$  technique was employed to measure the residual stress by tilting the samples at different tilt angles ( $\psi$ ) ranging from 0 to 40° [66-68]. The incident X-ray beam was introduced through a window to hit the sample surface at a fixed incident angle of  $\Omega$  having a width, divergence slit and anti-scattering slit of 0.5 inch, 0.125° and 0.0625°, respectively. A computer controlled Omega-goniometer was used to tilt the samples. The as-received and titled Ti particles were scanned in the  $2\theta$  region from 136-142° for the (2 1 3) crystallographic plane at different  $\psi$  angles. The  $d$  spacing of the (2 1 3) crystallographic plane was calculated using the Bragg's law [69]. The residual stress inside the particles is calculated by the following equation [66-68].

$$\sigma = \frac{E}{1+\nu} \cdot m \quad (1)$$

Where,  $\sigma$  is the residual stress,  $E$  is Young modulus,  $\nu$  is Poison ratio and  $m$  is the slope of the  $d$ -sin<sup>2</sup> $\psi$  curve. The average value of the elastic constant [ $E/(1+\nu)$ ] for (2 1 3) crystallographic plane is reported to be 90.3 GPa for commercial Ti substrates [70]. So, for the measurement of residual stress of Ti substrates equation (1) can be written as follows:

$$\sigma = 90.3 \times m \quad (2)$$

## 2.2. Thermal oxidation of Ti substrates

Prior oxidation, the Ti particles (Ti-0h and Ti-20h), Ti plates and Ti TEM grids were cleaned in 30 vol% HCl for 30 min followed by cleaning in distilled water. For oxidizing Ti-0h and Ti-20h particles, ethanol was taken in a small

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3 bottle and 5 wt% of particles were dispersed in it. The suspensions were ultrasonicated for 1 h. About 10  $\mu\text{L}$  of  
4 suspension was taken using micropipette and dropped on the alumina substrate. The Ti plates were cut having  
5 dimensions of 15 mm x 15 mm x 1 mm and the surface to be oxidized was polished until 0.02  $\mu\text{m}$  finishes using  
6 standard metallographic techniques to incorporate stress and defects on the surface. For the oxidation of Ti TEM  
7 grid, it was placed vertically inside a shallow recess (~1 mm) cut into a piece of bulk Ti.  
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14 The Ti particles along with alumina substrates, polished Ti plates and Ti TEM grid inside a shallow recess were  
15 placed inside the quartz tube of a horizontal tube furnace (Lindberg Blue M, TF5503A-1). The details of the  
16 experimental setup are presented in Ref. [52, 53]. In short, the quartz tube was connected through mass flow  
17 controller (MFCs: Sierra, C100L-CM-NR-2-0V1-SV1-PV2-V1) with a cylinder containing commercial Ar with 5  
18 ppm  $\text{O}_2$  as impurity. A bubbler containing 150 ml deionized (DI) water was placed in between the MFC and quartz  
19 tube and connected with appropriate gas piping system to create humid environment inside the quartz tube during  
20 oxidation. The relative humidity (RH) inside the quartz tube was monitored using a dew point transmitter (EE31-  
21 PFTE, E+E Elektronik Corporation). The bubbler was removed during dry oxidation of Ti. Before ramping up the  
22 furnace, the quartz tube was purged for 30 min with 5 ppm  $\text{O}_2$  in Ar to create homogeneous oxidizing environment  
23 inside the quartz tube. Then the furnace was heated to the oxidation temperatures (700 or 750  $^\circ\text{C}$ ) at a rate of 30  
24  $^\circ\text{C}/\text{min}$ . The oxidation was carried out for 4 h. The total flow rate of the gases was maintained at 150 or 500 sccm.  
25 The slight variations in experimental conditions are due to variations in substrates, which require little adjustment  
26 for optimum coverage of 1D nanostructures. The oxidation conditions for different substrates are tabulated in Table  
27 1. After oxidation, the furnace was cooled down to room temperature by opening the furnace lid, but the gases  
28 continued to flow inside the quartz tube.  
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45 Table 1: Experimental conditions for the growth of 1D  $\text{TiO}_2$  nanostructures on Ti substrates by thermal oxidation.  
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Sample identification	Oxidation environment	Oxygen concentration	Background gas	Total gas flow rate	Oxidation duration	Oxidation temperature
As-received Ti particles (Ti-0h)	Humid	5 ppm	Ar	150 sccm	4h	750 $^\circ\text{C}$
	Dry			150 sccm		750 $^\circ\text{C}$
Milled Ti particles (Ti-20h)	Humid			150 sccm		750 $^\circ\text{C}$
Ti plate	Humid			500 sccm		750 $^\circ\text{C}$
Ti TEM grid	Humid			500 sccm		700 $^\circ\text{C}$

### 2.3. Characterization of oxidized Ti substrates

The materials were characterized at different stages using field emission scanning electron microscope (FESEM: FEI Quanta FEG 450) equipped with energy dispersive X-ray (EDX: Oxford instruments) spectroscopy, transmission electron microscope (TEM: FEI, Model CM200), X-ray diffractometer (XRD: PANalytical Empyrean) and X-ray photoelectron spectroscopy (XPS: ULVAC-PHI Quantera II). The particle size and morphological observations of 1D nanostructures were performed under FESEM. The average density of 1D nanostructures were calculated from the low magnification FESEM images by counting the number of nanostructures in per unit area.

The compositional analysis was performed under EDX spectroscopy. The crystal structure and growth direction of the nanostructures were determined using TEM equipped with selected area diffractometer (SAD). The phase analysis was performed using XRD with  $\text{CuK}\alpha$  radiation (0.1540598 nm). The oxidation states of Ti were investigated using XPS with monochromatic  $\text{AlK}\alpha$  radiation (1486.6 eV). The instrument base pressure was  $3 \times 10^{-7}$  Pa and operated at 25.6 W. The diameter of the beam was 100  $\mu\text{m}$ . Electron flood gun and mono-atomic Ar ion gun was used as charge neutralizer. The wide scan analysis was performed using pass energy of 280 eV with 1eV per step. The narrow scan (chemical states analysis) was performed using pass energy of 112 eV with 0.1 eV per step. The Multipak Spectrum: ESCA software was used for the analysis the XPS data.

## 3. Results and Discussion

The first approach of this study was to characterize the Ti substrates and investigate the effects of residual stress on the growth of one dimensional (1D)  $\text{TiO}_2$  nanostructures during oxidation. The as-grown nanostructures together with the oxide scale formed on Ti substrates were characterized by different techniques, such as field emission scanning electron microscope (FESEM), energy dispersive X-ray (EDX) spectroscopy, transmission scanning microscope (TEM), X-ray diffractometer (XRD) and X-ray photoelectron spectroscopy (XPS). Based on the findings a mechanism is proposed to explain the growth of 1D  $\text{TiO}_2$  nanostructures on Ti substrates during thermal oxidation.

### 3.1. Characterizations of as-received and milled Ti particles

Figure 1(a) shows the FESEM image of the as-received Ti particles (Ti-0h). The as-received Ti particles have irregular shape with an average size of 70  $\mu\text{m}$ . The EDX spectroscopy spot analysis of Ti particles shows Ti, C and

O peaks (Figure 1(b)). The C peak is obtained from surface contaminants or conductive carbon tape which was used to stick the particles with FESEM sample holder. The O peak originates from surface oxides of Ti particles. The XRD peaks of as-received Ti particles are shown in Figure 1(c). Peaks from  $\alpha$ -Ti (hexagonal) phase are seen in the XRD pattern. No peak from  $\beta$ -Ti (body centered cubic) is seen in the XRD analysis. In addition, no peak belonging to the oxides of Ti or any other contaminants is observed. So, the O peak observed in EDX spectroscopy analysis (Figure 1(b)) is obtained from surface oxides and it is expected that the thickness of the surface oxide layer is very small.

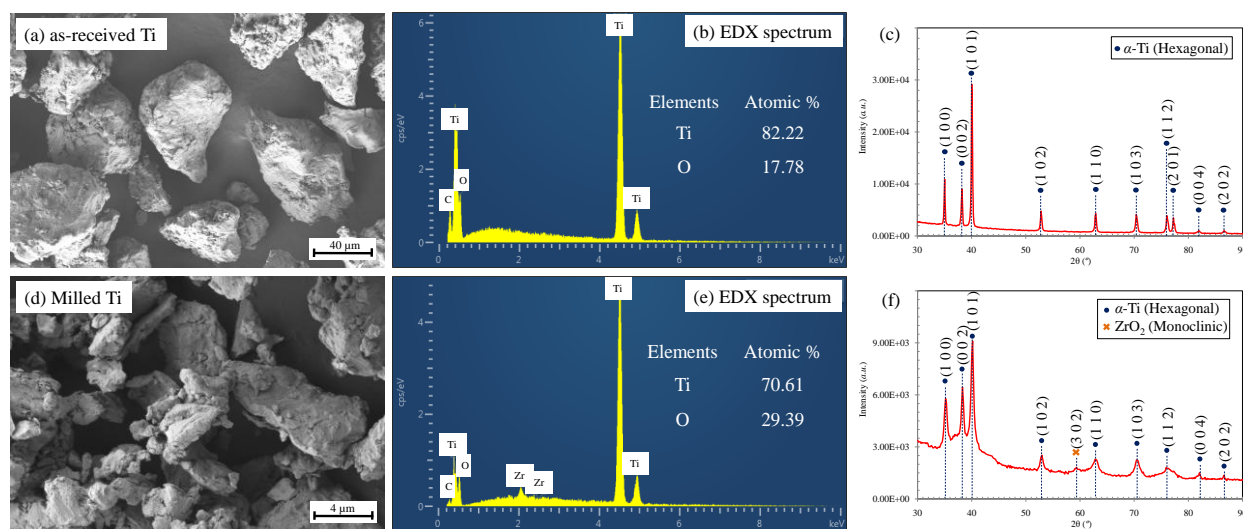


Figure 1: (a-c) FESEM image, EDX spectrum (spot analysis), and XRD peaks of as-received Ti particles, respectively and (d-f) FESEM image, EDX spectrum (spot analysis), and XRD peaks of the milled Ti particles, respectively.

The Ti particles were ball milled for 20 h at 250 rpm in a planetary ball mill and designated as Ti-20h particles. Figure 1(d) shows the FESEM image of Ti-20h particles. After milling, the particles have irregular shape with size ranging from 3 to 10  $\mu\text{m}$ . Peaks of Ti, Zr, C and O are seen in the EDX spectrum of Ti-20h particles (Figure 1(e)). The Zr peaks were obtained from the erosion of  $\text{ZrO}_2$  balls, which were used to mill Ti particles. Such  $\text{ZrO}_2$  contaminations were also observed by other researchers during long hours of milling [71]. As mentioned earlier, the C peak is obtained from contaminants or conductive carbon tape. On the other hands, O peak is obtained from surface oxides either from  $\text{TiO}_2$  or  $\text{ZrO}_2$ . The XRD peaks of milled Ti particles are shown in Figure 1(f). The  $\alpha$ -Ti (hexagonal) phase is observed in the XRD analysis of milled Ti particles. No  $\text{TiO}_2$  peak is seen in the XRD.

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3 However, a small  $ZrO_2$  peak appeared at  $2\theta$  angle of  $59.6^\circ$ . So, it can be concluded that milling do not alter the  
4 phase of Ti particles but the particle size is significantly reduced.  
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### 8 9 **3.2. Effects of residual stress on 1D growth**

10 Residual stress was incorporated inside the Ti particles during ball milling. The XRD- $\sin^2\psi$  technique was used to  
11 evaluate the residual stress in Ti-0h and Ti-20h particles [66-68]. According to Zheng [72] and Luo *et al.* [73], the  
12 diffraction peaks occurring at Bragg angles of  $130^\circ$  or higher should be chosen for measuring residual stress. For  
13 this reason, the Ti-0h and Ti-20h particles were scanned at  $2\theta$  angles from  $136^\circ$  to  $142^\circ$  targeting the peak from (2 1  
14 3) crystallographic planes of  $\alpha$ -Ti, which generally appears at  $139.5^\circ$  when  $CuK\alpha$  radiation is used. It was also  
15 recommended by Prev y *et al.* [70] to scan the (2 1 3) crystallographic plane of Ti to measure the residual stress.  
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24 The particles were scanned at different tilt angles ( $\psi$ ) ranging from  $0^\circ$  to  $40^\circ$  as shown in Figure 2(a-b). To obtain  
25 good accuracy, the particles were scanned for eight times at each tilt angles and plots are superimposed in Figure  
26 2(a-b). In general, the (2 1 3) peaks are shifted at different tilt angles. The shifts are more evident for Ti-20h  
27 compared to Ti-0h particles. The peaks become shorter and wider in Ti-20h particles. Broadening of peaks is an  
28 evidence of stress accumulation in Ti-20h particles.  
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36 The lattice spacing ( $d$ ) corresponding to the peaks of (2 1 3) crystallographic planes for all eight scans are calculated  
37 using the Bragg's law and average lattice spacing ( $d$ ) is plotted against  $\sin^2\psi$  in Figure 2(c) for both Ti-0h and Ti-  
38 20h particles. The slopes ( $m$ ) of the  $d$ - $\sin^2\psi$  plot were found to be +0.001 and +0.003 for Ti-0h and Ti-20h particles,  
39 respectively. Substituting these values in equation (2), the residual stresses are found to be +90.3 MPa (compressive)  
40 and +270.9 MPa (compressive) for Ti-0h and Ti-20h particles, respectively as shown in Figure 2(d). Though the  
41 residual stress is calculated using eight scans but Figure 2(d) does not have standard deviation as the average value  
42 of  $m$  from eight sets of data is used for the calculations.  
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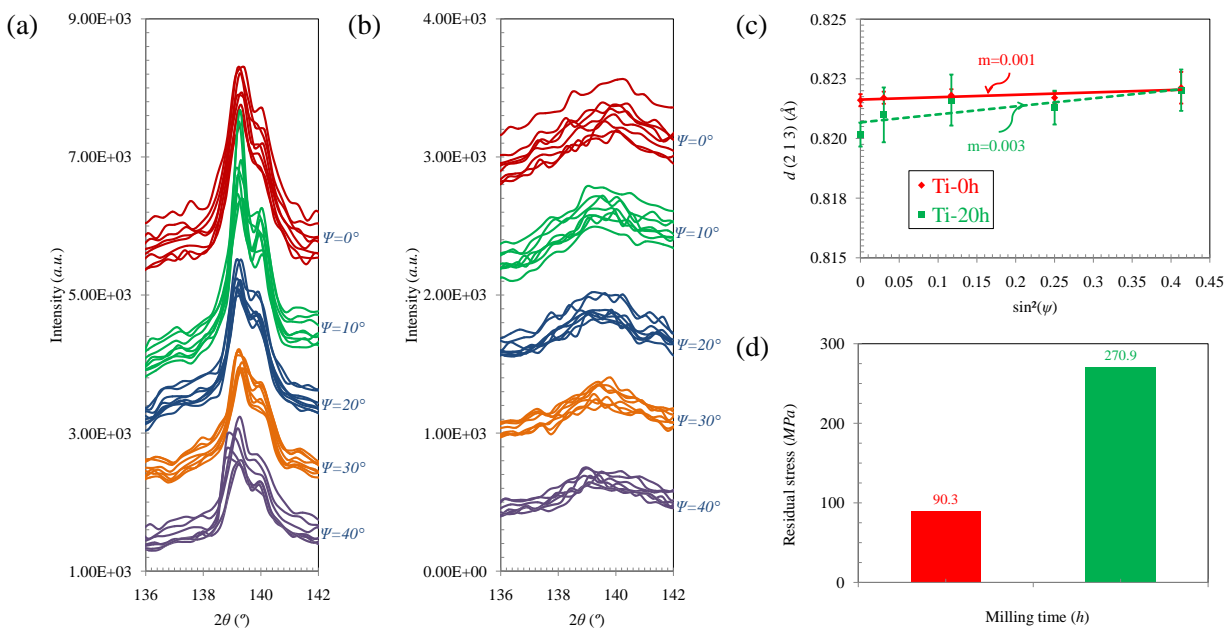


Figure 2: (a-b) XRD peaks of (2 1 3) crystallographic planes in Ti-0h and Ti-20h particles at different tilt angles ( $\psi$ ). The particles were scanned for eight times at each tilt angles and the plots are superimposed. (c)  $d$ - $\sin^2\psi$  plot for the Ti-0h and Ti-20h particles, and (d) estimated residual stress in Ti-0h and Ti-20h particles.

According to literature, there are some sources of error in the XRD- $\sin^2\psi$  technique for determining residual stress. These include the errors in measurement of diffraction peaks, nonlinear relation between lattice spacing ( $d$ ) and  $\sin^2\psi$  due to the grain interactions, anisotropic elastic property of crystalline materials and instrumental conditions [72, 73]. Nonetheless, the estimated values show the accumulation of higher amount of compressive stress in milled Ti-20h particles. The XRD analysis shown in Figure 1(f) also indicates the accumulation of stress in Ti-20h particles through peak broadening when compared with the XRD of Ti-0h particles shown in Figure 1(c). It should be noted that the values of residual stress may not be accurate, but the values are suggestive that the accumulated residual stress is three times higher in the milled particles compared to as-received Ti particles.

To elucidate the effects of residual stress imposed by ball milling, the Ti-0h and Ti-20h particles were thermally oxidized for 4 h at 750 °C in the presence of 5 ppm  $O_2$  in humid Ar environment flown at a rate of 150 sccm. The FESEM images of Ti-0h and Ti-20 particles after humid oxidation are shown in Figure 3. Higher coverage of 1D nanostructures is observed on the surface of Ti-20h particles compared with Ti-0h. Moreover, in Ti-0h particles the

1D nanostructures preferentially grow at the corner or bent regions, where higher amount of residual stress is present. The bulk surface of Ti-0h particles consists of oxide scale or very low coverage of 1D nanostructures (Figure 3(a)). On the other hand, the surface of Ti-20h particles is fully covered by 1D nanostructures (Figure 3(b)). The average density of 1D nanostructures in Ti-0h and Ti-20h particles is  $1.27 \times 10^{10} \text{ m}^{-2}$  and  $2.7 \times 10^{11} \text{ m}^{-2}$ , respectively. The number of 1D nanostructures increases  $\sim 21$  times in the milled particles. It should be noted that the general distribution of the 1D nanostructures is more or less the same for certain condition of oxidation. However, the values of average density are not absolute but suggestive that residual stress significantly enhances the coverage of 1D nanostructures.

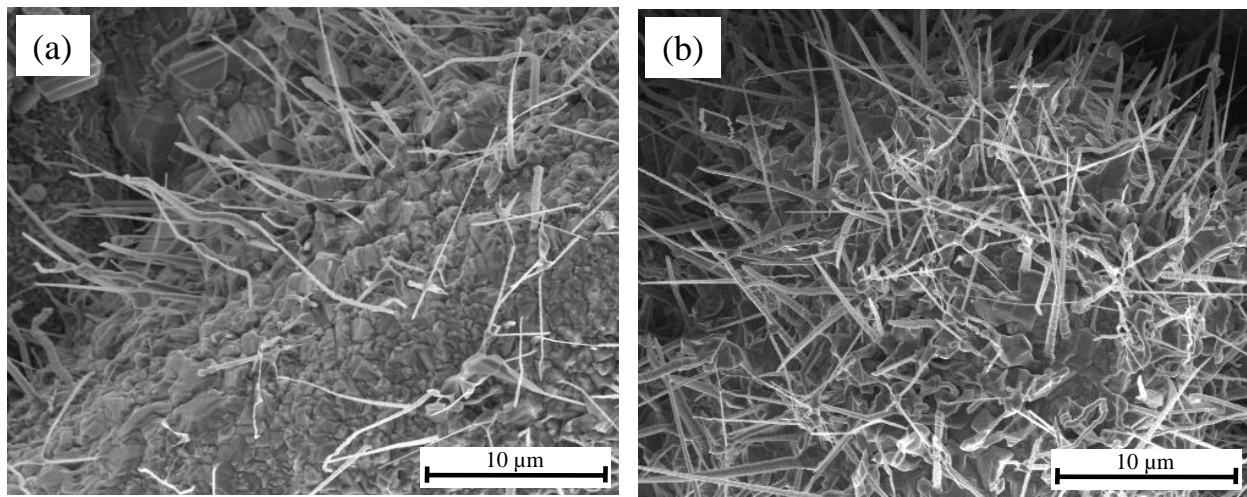


Figure 3: FESEM images of Ti-0h and Ti-20h particles after oxidation for 4 h at 750 °C in humid Ar containing 5 ppm of O<sub>2</sub> flown at a rate of 150 sccm.

Previously, the effects of residual stress on the growth of 1D nanostructures during thermal oxidation of Ti-6Al-4V (Ti64) particles and plates were investigated and similar results were found [52, 53]. It was observed that residual stress imposed by ball milling of Ti64 particles or hammering of Ti64 plates significantly enhanced the density of 1D nanostructures during thermal oxidation. Similar phenomena were also observed for the growth of CuO nanowires on Cu substrates by thermal oxidation. It was reported that residual stress imposed on Cu substrates by bending [63], sand blasting [59] and surface mechanical attrition treatment [64, 65] significantly enhances the coverage of CuO nanowires during thermal oxidation. It is believed that the imposed residual stress is released during humid oxidation of Ti substrate by creating new surfaces in the form of 1-D nanostructures [52, 57]. The

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3 mechanism of the growth of 1D nanostructures and the role of stress on Ti substrates during oxidation is discussed  
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5 separately in Section 3.4.  
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### 8 9 **3.3. Characterizations of oxidized Ti substrates**

10 The 1D nanostructures grown on Ti particles during thermal oxidation are not straight and bend to certain angles.  
11  
12 Four types of 1D morphologies namely (a) stacked, (b) ribbon, (c) plateau and (d) lamp-post shaped nanostructures  
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14 are seen during oxidation of Ti substrates as shown in Figure 4. These types of 1D nanostructures are randomly  
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16 distributed on the surface oxidized under similar condition. However, the prevalence of stacked morphology is most  
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18 frequently observed. Stacked morphology appears to be composed of nano-crystal platelets grown over one another  
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20 along the length of 1D nanostructures as shown in Figure 4(a). However, the dark field (DF) TEM image of small  
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22 portion of stacked nanostructures confirms the single crystal nature (inset of Figure 4(a)). The contrast observed in  
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24 stacked nanostructures is most likely due to thickness variations. The length of the stacked nanostructures is  
25  
26 typically 5 to 10  $\mu\text{m}$ . The nanostructures have non-uniform thickness varying from 50-500 nm. Generally, the  
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28 thickness of the nanostructure is wider at the root compared to the top. The entanglement behavior is most  
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30 commonly seen in stacked nanostructure. Beside this, formation of nodes is seen on these nanostructures as shown  
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32 in Figure 4(a), where two 1D nanostructures are originated from the node. It is assumed that defect sites are involved  
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34 for the bending of stacked nanostructures. Further studies are required to obtain a better understanding of the root  
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36 causes of bending and formation of nodes.  
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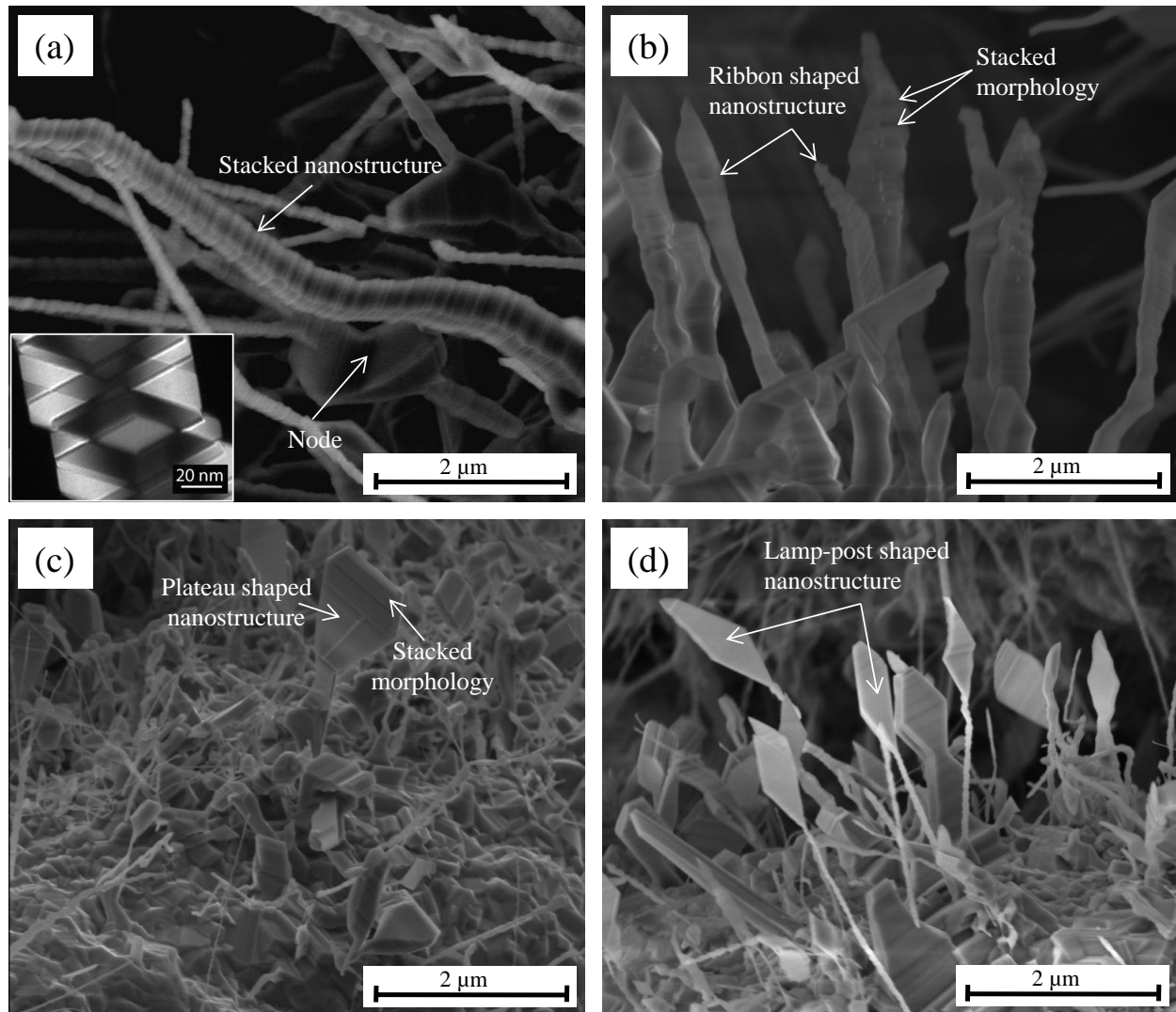


Figure 4: The growth of different types of 1D morphologies during oxidation of Ti particles (a) stacked nanostructure and inset showing DF TEM image of stacked nanostructure, (b) ribbon shaped nanostructure, (c) plateau shaped nanostructure, and (d) lamp-post shaped nanostructure.

The ribbon shaped nanostructures are the second most widely observed morphology during thermal oxidation of Ti substrates. The ribbons have flat shape at the root but tapered at the top as shown in Figure 4(b). Some stacked type morphology and entanglement is also evident in ribbon shaped nanostructures. The ribbons are 2-4 μm long with width and thickness of 300-400 nm and 60-80 nm, respectively. Plateau shaped morphology is observed at discrete locations during oxidation of Ti substrates. One plateau shaped nanostructure is shown in Figure 4(c). Plateau morphology appears in different size and shapes and has non-uniform width. Typically, plateau shaped

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3 nanostructures are 2-4  $\mu\text{m}$  long with a thickness of 60-80 nm. The width of the nanostructure can be as high as 2  $\mu\text{m}$   
4 at some points. Stacked morphology and entanglement is also evident on plateau nanostructures. The lamp-post  
5 shaped nanostructures are also seen during oxidation of Ti substrates as shown in Figure 4(d). However, the  
6 frequency of appearance of lamp-post shaped nanostructures is quite low. Lamp-post shaped nanostructures are  
7 combinations of two morphologies: (1) stacked morphology at the root and (2) a rhombus shaped morphology at the  
8 top. Typically, these nanostructures are 6-8  $\mu\text{m}$  long. The diagonals of the rhombus in lateral and longitudinal  
9 directions are 0.8-1  $\mu\text{m}$  and 1.6-2  $\mu\text{m}$ , respectively. Evidence of stacked morphology and entanglement are also  
10 observed in lamp-post shaped nanostructures. Though four different morphologies are observed during oxidation of  
11 Ti particles, some features, such as stacking and bending are common. Moreover, the stacked morphology occupies  
12 roughly 80% of total as-grown 1D nanostructures. Based on the current investigation it is impossible to say anything  
13 conclusive about the reason why the growth of one type of nanostructure is predominating over the others. The  
14 variances in morphologies may be due to variations in surface conditions, such as stress, defects, impurities, grain  
15 size, etc. Further analysis is necessary to determine what conditions favor the growth of one type of nanostructure  
16 over the other.

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32 To understand the crystal structure and growth direction of nanostructures, Ti TEM grid was thermally oxidized for  
33 4 h at 700  $^{\circ}\text{C}$  in humid Ar environment containing 5 ppm  $\text{O}_2$  flowing at a rate of 500 sccm. The reason for growing  
34 1D nanostructures on Ti grid rather than Ti particles is to simplify the observation process of the nanostructures  
35 under TEM. In general, it is hard to detach 1D nanostructures from the particles by ultrasonication for the  
36 observation under TEM as performed in a previous study [74]. The particles may break during ultrasonication and  
37 may be contaminated with the oxide scales formed beneath the 1D nanostructures. On the other hand, the Ti grids  
38 can be directly used for high resolution observation under TEM without any further processing after oxidation. The  
39 FESEM image of the oxidized Ti grid is shown in Figure 5(a), where a large number of 1D nanostructures is seen  
40 growing radially into the grid holes. It should be noted that the number of defect sites, active sites and edges can be  
41 different in Ti grid compared with the milled particles. But, close observation to the oxidized Ti grid shows that the  
42 1D nanostructures preferentially grow at the edges compared to the interior. The interior of the grid has higher  
43 thickness and the edges of the grid is probably stressed. This finding is aligned with Figure 3(a), where the  
44 nanowires grow only at the corner or bent regions of Ti-0h particles. As similar scenario is observed both on Ti

particles and grid with similar morphological variations under similar experimental conditions, it can be concluded that the growth direction of 1D nanostructures on Ti particles and grid is comparable.

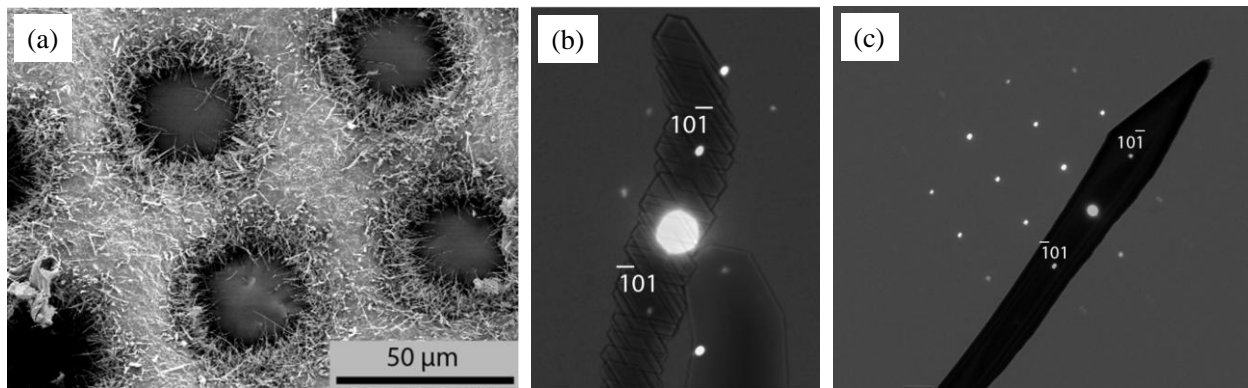


Figure 5: (a) FESEM image of Ti TEM grid oxidized at 700 °C for 4 h in humid Ar containing 5 ppm O<sub>2</sub> flowing at a rate of 500 sccm, (b) BF TEM image of stacked nanowires superimposed with corresponding diffraction pattern, and (c) BF TEM image of ribbon shaped nanowires superimposed with corresponding diffraction pattern.

Figure 5(b) shows bright field (BF) TEM image of stacked nanostructures and the corresponding selected area diffraction (SAD) pattern is superimposed on it. The TEM grid was tilted to obtain strong diffraction pattern, which was not exactly on the zone. However, it is still possible to index the pattern to a  $[1\ 1\ 1]$  type zone axis of tetragonal rutile TiO<sub>2</sub>. The growth direction of the nanostructures is  $\langle 1\ 0\ 1 \rangle$ . Figure 5(c) shows BF TEM image of ribbon-shaped nanostructure superimposed with SAD pattern. The bright and dark contrast appears on the nanostructure are indicative of thickness variations. The SAD pattern appears to be tetragonal rutile TiO<sub>2</sub> with  $[1\ 1\ 1]$  zone axis. The ribbon shaped nanostructure grows along  $\langle 1\ 0\ 1 \rangle$  directions, which is similar to the stacked morphology. So, from TEM analysis it is confirmed that the 1D nanostructures composed of rutile TiO<sub>2</sub> having  $\langle 1\ 0\ 1 \rangle$  growth directions.

The growth direction of TiO<sub>2</sub> nanostructures found in the present case is different from other researchers. Previously, Peng *et al.* [46-48] and Daothong *et al.* [50] reported that 1D TiO<sub>2</sub> nanostructures grows along  $\langle 0\ 0\ 1 \rangle$  direction. However, they oxidized Ti substrates in different mediums, such as acetone [46, 47], ethanol [50] or dibutyltin dilaurate [48] in Ar as tabulated in Table 2. In the present case, humid Ar containing 5 ppm O<sub>2</sub> is used for oxidizing Ti substrates and the growth direction is found to be  $\langle 1\ 0\ 1 \rangle$ . So, a different mechanism is predicted for the growth of 1D TiO<sub>2</sub> nanostructures on Ti substrates during humid oxidation which is discussed in Section 3.4.

During oxidation of Ti substrates, the 1D TiO<sub>2</sub> nanostructures are originated from the oxidized surface. To investigate the elemental composition of oxidized surface, EDX spectroscopy and XRD analysis was performed. Figure 6(a) shows a typical EDX spectrum of Ti-20h particles after oxidizing at 750 °C for 4 h with 5 ppm of O<sub>2</sub> in humid Ar at a flow rate of 150 sccm. The inset of the figure is showing the corresponding oxidized Ti-20h particle. The presence of Ti and O peaks are seen in the EDX spectrum with small amount of C peak. The C peak is obtained from the carbon tape used for sticking the sample on FESEM sample holder or contaminations. Spot analysis at different locations of the oxidized particles shows 35.5 at% of Ti and 64.5 at% of oxygen, which is very close to the atomic ratio of Ti and O in TiO<sub>2</sub>. The EDX analysis confirms that the top of the oxidized surface is TiO<sub>2</sub>.

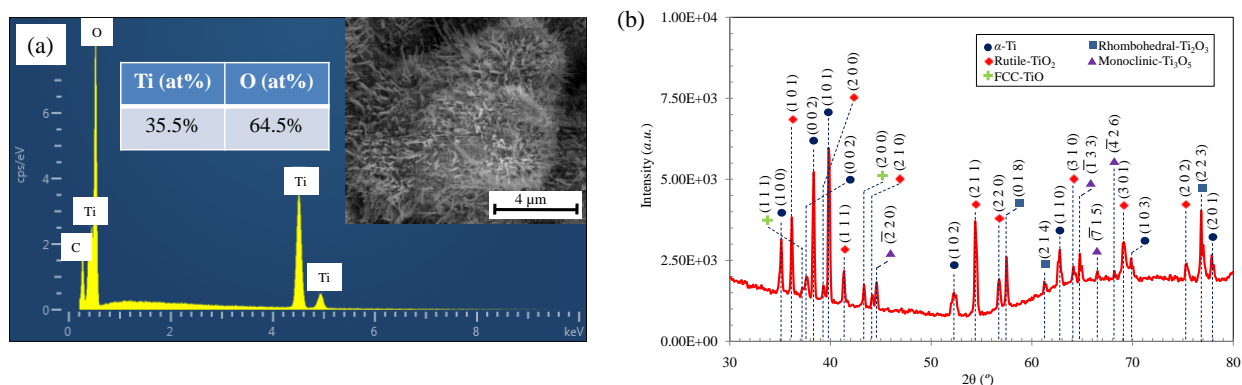


Figure 6: (a) EDX spectrum on oxidized Ti-20h particles and the inset showing the oxidized Ti-20h particle, and (b) XRD peaks of Ti-20h particles oxidized for 4 h at 750 °C containing 5 ppm of O<sub>2</sub> in humid Ar at a flow rate of 150 sccm.

Figure 6(b) shows the XRD peaks of Ti-20h particles oxidized under similar conditions. The presence of tetragonal rutile TiO<sub>2</sub> is evident in the XRD peaks. However, some lower valence oxides, such as monoclinic Ti<sub>3</sub>O<sub>5</sub>, rhombohedral Ti<sub>2</sub>O<sub>3</sub> and face centered cubic TiO are also seen in the XRD peaks. In the literature, it was reported that lower valence oxides are formed during humid oxidation of Ti [75-77]. The lower valence oxides forms multiple layers at the oxide-metal interface and TiO<sub>2</sub> forms at the gas-oxide interface [75-77]. In the present case, similar scenario is anticipated though the experimental conditions were oxygen deprived. In XRD, some  $\alpha$ -Ti peaks are observed, which comes from the un-oxidized core of Ti particles.

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3 To further confirm different oxidation states, Ti plates were oxidized for 4 h at 750 °C in humid Ar containing 5  
4 ppm O<sub>2</sub> flown at a rate of 500 sccm and analyzed under XPS. To incorporate stress and defect sites similar to the  
5 milled Ti particles, prior oxidation the Ti plates were polished using standard metallographic techniques until 0.02  
6 μm finishes. Figure 7 shows the XPS spectra of oxidized Ti plate. The Ti2*p* peaks (Ti2*p*<sub>3/2</sub> and Ti2*p*<sub>1/2</sub>) are seen at  
7 binding energies of 456.8 and 462.01 eV, respectively (Figure 7(a)). The Ti2*p* profile is deconvoluted into three  
8 Ti2*p* components (dotted lines) with binding energies of 454.2, 456.8 and 461.5, which represents the oxidation  
9 states of Ti<sup>2+</sup>, Ti<sup>3+</sup> and Ti<sup>4+</sup> oxides, respectively (Figure 7(b)). Layering of lower valence oxides underneath TiO<sub>2</sub>  
10 layer are reported in the literature [75-77]. But, XPS should not be able to detect lower oxidation states of Ti if they  
11 are layered below the TiO<sub>2</sub>. The possible reason for the existence of the peaks of lower oxidation state of Ti in XPS  
12 spectra could be due to peeled-off oxide layer during XPS observation. To understand this issue, the samples were  
13 cross-sectioned and observed under FESEM equipped with EDX (Figure 8). Beside this, the obtained values of  
14 binding energies of the deconvoluted Ti2*p* peaks is slightly deviate from the literature, which occurred at 455.34,  
15 457.13 and 458.66 eV for Ti<sup>2+</sup>, Ti<sup>3+</sup> and Ti<sup>4+</sup> oxides, respectively [78]. No peaks belonging to Ti<sub>3</sub>O<sub>5</sub> is observed in  
16 the XPS spectra though it is observed in XRD peaks (Figure 6(b)).  
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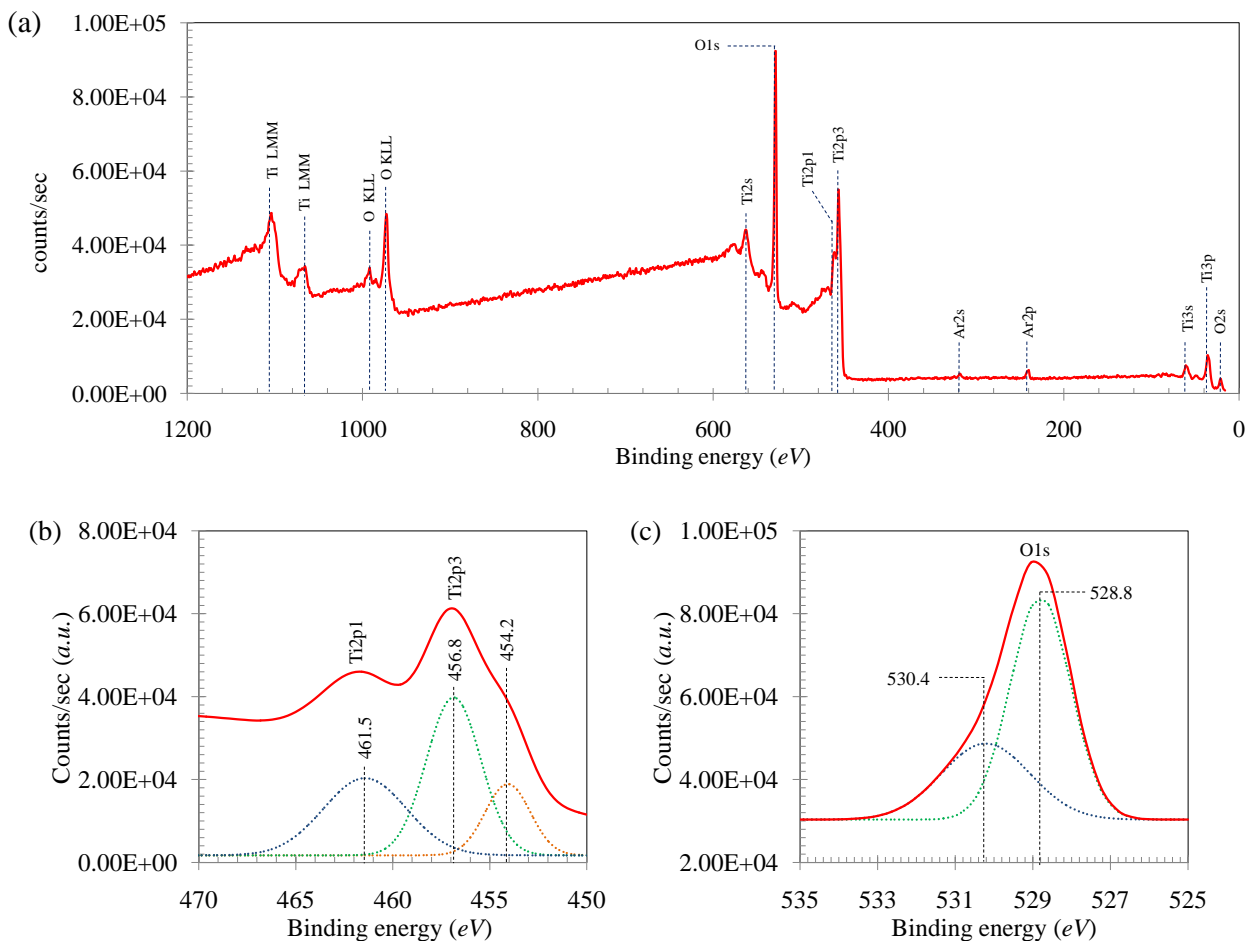


Figure 7: (a) XPS spectra of Ti plate oxidized at 750 °C for 4 h in the presence of 5 ppm O<sub>2</sub> in humid Ar, (b) narrow scan of Ti2p spectra, and (c) narrow scan of O1s spectra. The dotted lines in Figure (a) and (b) represent the deconvoluted Ti2p and O1s profile, respectively.

The occurrence of O1s peak is observed at the binding energy of 529.05 eV as shown in Figure 7(a). The O1s profile is deconvoluted into two components (dotted lines) having binding energies of 530.4 and 528.8 eV as shown in Figure 7(c). The major O1s peak at 528.6 eV is associated with TiO<sub>2</sub> or Ti<sub>2</sub>O<sub>3</sub> [75]. In the literature, the O1s binding energy for TiO<sub>2</sub> is reported to be 529.9 eV [79]. The minor O1s peak at 530.4 eV is assigned to hydroxyl species on the Ti surface. In the literature, this minor peak is reported at 531.86 eV for hydroxyl species on the surface [80]. So, it is likely that during humid oxidation of Ti, hydroxyl species is adsorbed on the surface of Ti.

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3 To further elucidate the presence of lower valence oxides, Ti particles were mounted in epoxy after oxidizing for 4 h  
4 at 750 °C in humid Ar containing 5 ppm of O<sub>2</sub> having total flow rate of 150 sccm. The particles were polished and  
5 observed under FESEM in cross-section as shown in Figure 8. It is seen that oxide layer(s) forms beneath the 1D  
6 nanostructures after oxidation. The total thickness of the oxide layers(s) is ~10 μm after 4 h of oxidation. The  
7 layering of lower valence oxides is not clearly resolved under FESEM and for this reason EDX spectroscopy was  
8 carried out at different depth of the oxide layer(s). It should be noted that the spatial resolution of EDX spectroscopy  
9 is in micron range and to overcome this problem at least 10 spots were analyzed to calculate the average atomic  
10 percentage of Ti and O. The average atomic ratio of O to Ti (O:Ti) is calculated from the results and presented in  
11 Figure 8. Results reveal that the atomic ratio of O:Ti varies from 2.2±0.82 to 2±0.14 from the top surface (point A)  
12 to a depth of ~6.5 μm (point C), respectively. These atomic ratios are very close to the O:Ti ratio in TiO<sub>2</sub>. Some sort  
13 of cracks are observed beneath point C and assumed to have different compositions. The atomic ratio of O:Ti  
14 beneath the cracks (point D) is 1.6±0.27, which is close to the atomic ratio of O:Ti in Ti<sub>3</sub>O<sub>5</sub>. Finally, near to the  
15 metal/oxide interfaces (point E), the atomic ratio of O:Ti is about 1±0.03, which is basically TiO. Though the EDX  
16 analysis is not exact but the results are indicative of the formation of different oxide layers during humid oxidation  
17 of Ti. The outermost layer is TiO<sub>2</sub>. Beneath TiO<sub>2</sub>, the presence of Ti<sub>3</sub>O<sub>5</sub> and TiO is resolved under EDX  
18 spectroscopy. However, the presence of Ti<sub>2</sub>O<sub>3</sub> is not observed in EDX analysis but present in the XRD peaks (Figure  
19 6(b)) and XPS spectra (Figure 7). So, it is concluded that the formation of TiO<sub>2</sub> and lower valence of oxides are  
20 evident during humid oxidation of Ti in oxygen deprived condition as observed by XRD (Figure 6(b)), XPS (Figure  
21 7) and FESEM equipped with EDX spectroscopy (Figure 8).

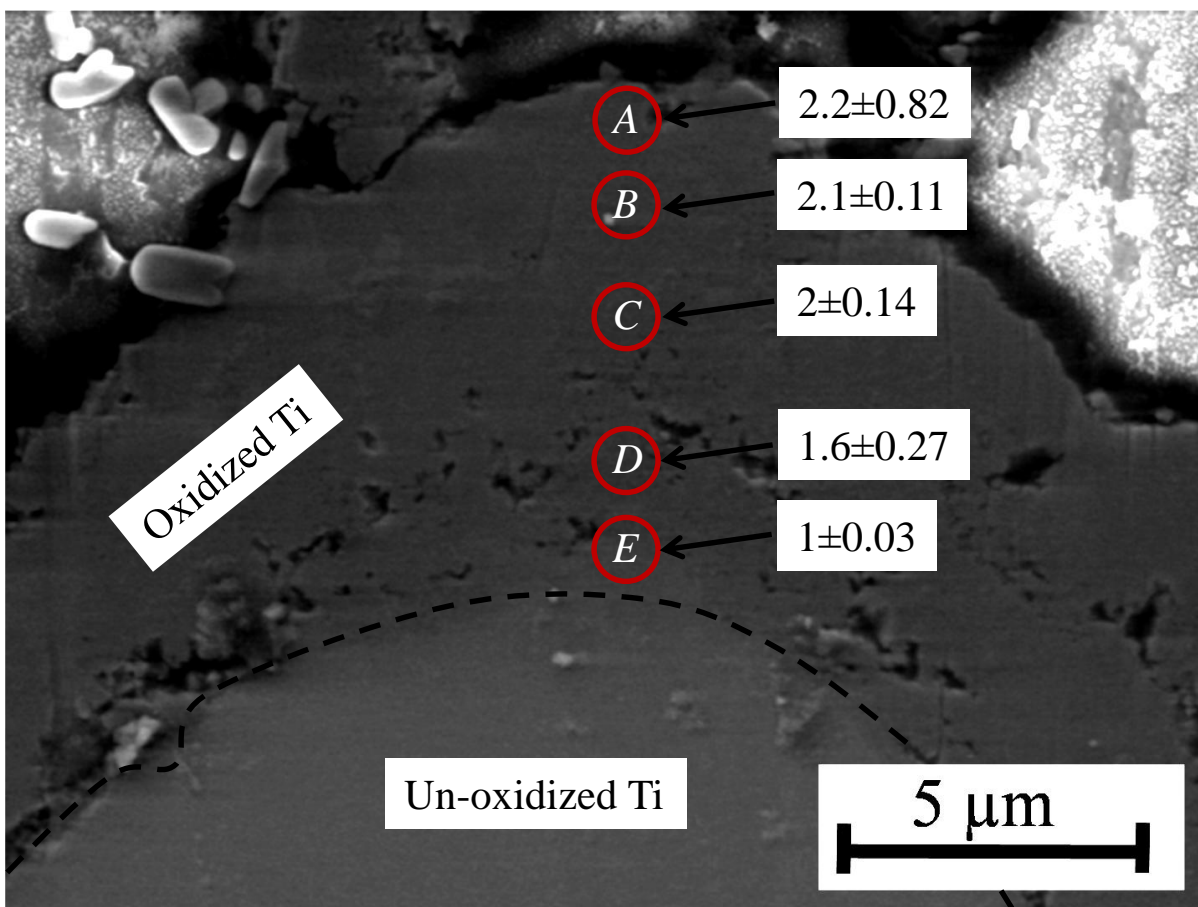
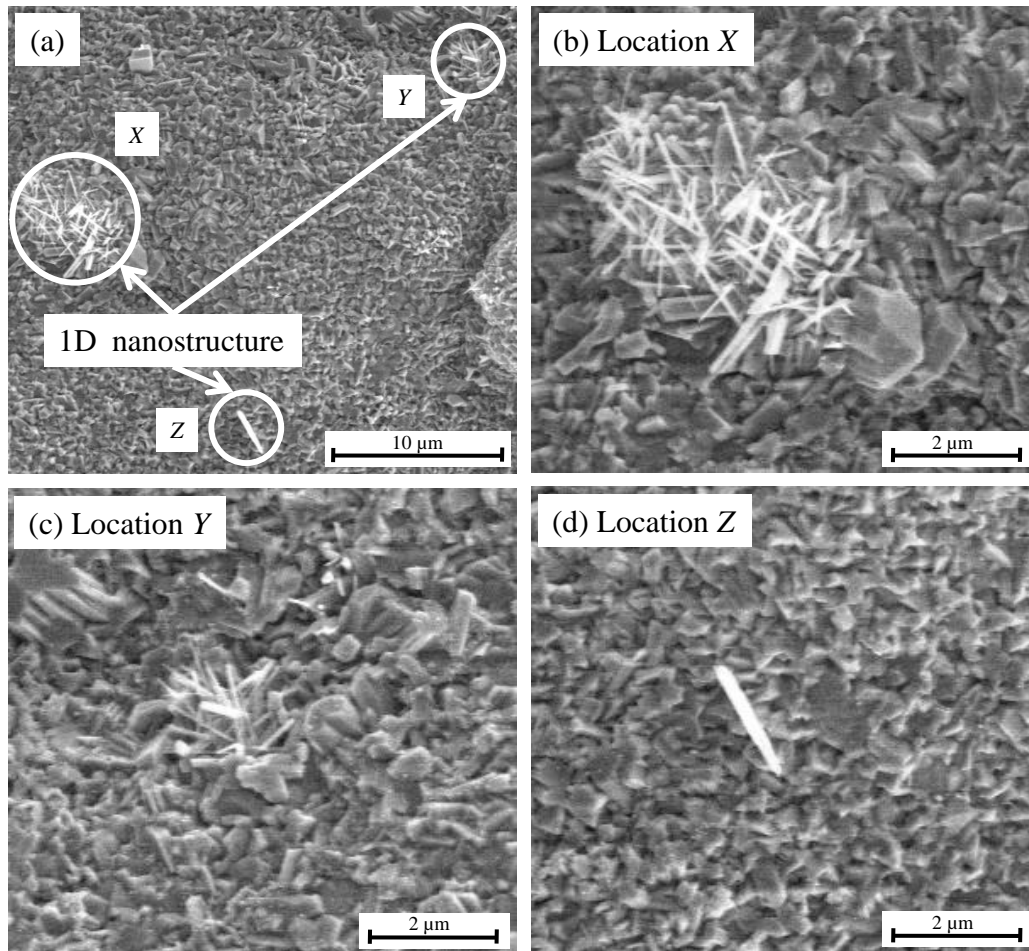


Figure 8: Cross-sectional view of Ti particles oxidized for 4 h at 750 °C in humid Ar containing 5 ppm of O<sub>2</sub> having total flow rate of 150 sccm and showing the atomic ratios of O:Ti at different depth of oxide layers.

### 3.4. Mechanism of 1D growth

The relative humidity (RH) inside the quartz tube was measured using dew point transmitter. It reveals that the RH decreases slightly with increasing gas flow rate. With increasing the flow rate from 150 sccm to 500 sccm, the RH was increased from 93% to 96%, respectively. To understand the role of humid environment, Ti particles were oxidized under similar conditions except humidity. Figure 9(a) shows low magnification FESEM image of Ti-0h particles after oxidizing for 4 h at 750 °C in dry Ar containing 5 ppm O<sub>2</sub>. In dry oxidation, oxide scale is seen with very low density of short 1D nanostructures at discrete locations (shown as X, Y and Z) on the surface of Ti-0h particles. High magnification FESEM image of locations X, Y and Z is shown in Figure 9(b-d). It is seen that 1D nanostructures having length of 1-2 μm grow at discrete locations of the surface of Ti-0h particles oxidized in dry

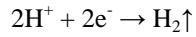
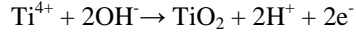
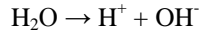
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3 conditions. Similar low coverage of 1D TiO<sub>2</sub> were obtained by Peng *et al.* [46] during dry oxidation of Ti in 1 sccm  
4 O<sub>2</sub> flow in 200 sccm flow of Ar. Besides this, oxidation with high concentration of O<sub>2</sub> (99%) resulted in  
5 polycrystalline TiO<sub>2</sub> film [46, 47]. In the literature, high coverage of 1D TiO<sub>2</sub> nanostructures on Ti substrates was  
6 found during oxidation in environments containing acetone (CH<sub>3</sub>COCH<sub>3</sub>) [31, 45-47], ethanol (C<sub>2</sub>H<sub>5</sub>OH) [47, 49,  
7 50], acetaldehyde (CH<sub>3</sub>CHO) [47] and dibutyltin dilaurate (C<sub>32</sub>H<sub>64</sub>O<sub>4</sub>Sn) [48] in Ar as tabulated in Table 2. So, it is  
8 clear that dry oxidation environment is not beneficial for the growth of 1D TiO<sub>2</sub> nanostructures. It is anticipated that  
9 the oxidation kinetics of Ti substrate is different in dry and humid environment. So far, no study reports the  
10 mechanism of the growth of 1D TiO<sub>2</sub> nanostructures on Ti substrates during humid oxidation in oxygen deprived  
11 conditions.  
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51 Figure 9: (a) Low magnification FESEM image of Ti-0h particles oxidized for 4 h at 750 °C in dry Ar containing 5  
52 ppm O<sub>2</sub>, and (b-d) high magnification FESEM image of locations having 1D TiO<sub>2</sub> nanostructures shown by circles  
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55 in Figure (a).  
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The general oxidation behavior of Ti in humid air was studied by different researchers [76, 77, 81, 82]. During humid oxidation, water ( $\text{H}_2\text{O}$ ) molecules dissociate to hydroxide ions ( $\text{OH}^-$ ) and adsorb on the surface of Ti [76, 81, 82]. The  $\text{Ti}^{4+}$  ions diffuse interstitially to the surface and reacts with the surface adsorbed  $\text{OH}^-$  to form  $\text{TiO}_2$  [76]. Hydrogen evolves as a byproduct by the following reactions [76].



In addition, oxygen ions ( $\text{O}^-$ ) diffuse inward via grain boundaries and reacts with Ti ions ( $\text{Ti}^{x+}$ , where value of  $x$  varies from 2 to 4) [81, 82]. Lower valence oxides of Ti, such as  $\text{Ti}_3\text{O}_5$ ,  $\text{Ti}_2\text{O}_3$ ,  $\text{TiO}$  are layered beneath the  $\text{TiO}_2$  scale [77, 81]. In the present case,  $\text{TiO}_2$  layer forms at the outermost oxide scale as seen from the EDX spectroscopy analysis (Figure 6 and 8). The existence of lower valence oxides is observed from XRD (Figure 6(b)), XPS (Figure 7) and EDX (Figure 8) investigations. XPS result confirms that  $\text{OH}^-$  ion is adsorbed on the surface of Ti during humid oxidation (Figure 7(c)). Based on these findings, the mechanism for growth of 1D  $\text{TiO}_2$  nanostructures on Ti substrate is proposed during humid oxidation and schematically presented in Figure 10.

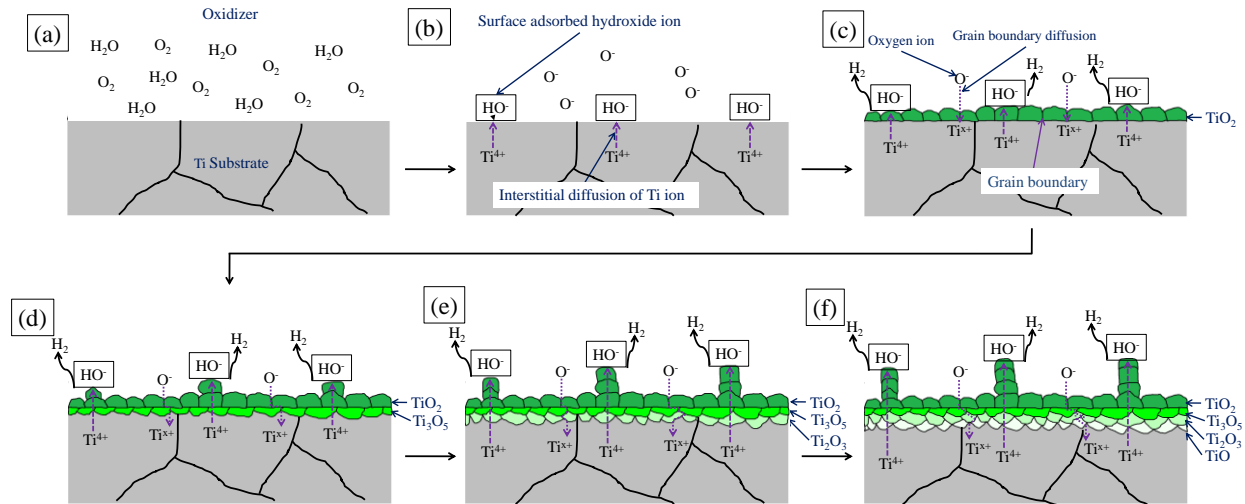


Figure 10: Flow-chart of the schematics mechanism of 1D  $\text{TiO}_2$  nanostructure growth on Ti substrate during humid oxidation in oxygen deprived conditions.

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3 Figure 10(a) shows a substrate containing  $\alpha$ -Ti grains. During humid oxidation,  $\text{H}_2\text{O}$  molecules dissociate and  $\text{OH}^-$   
4 ions adsorb on the surface of  $\alpha$ -Ti grains as shown in Figure 10(b) [81-83]. The  $\text{Ti}^{4+}$  ions diffuse interstitially to the  
5 surface and reacts with surface adsorbed  $\text{OH}^-$  ions to form  $\text{TiO}_2$  nuclei (Figure 10(c)) [83]. The  $\text{TiO}_2$  nuclei grow and  
6 cover the surface of  $\alpha$ -Ti with continuous supply of  $\text{Ti}^{4+}$  and  $\text{OH}^-$  ions (Figure 10(c)). Hydrogen evolves as a  
7 byproduct of the reactions [83]. When the surface is fully covered with  $\text{TiO}_2$  layer, oxygen ions start to diffuse  
8 inward via grain boundaries and reacts with Ti ions beneath the newly formed  $\text{TiO}_2$  layer [81, 82]. Lower valence  
9 oxide such as,  $\text{Ti}_3\text{O}_5$  is formed at this stage of oxidation as shown in Figure 10(d).  
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18 Previously similar phenomena, i.e., the presence of multilayered oxides were observed during oxidation of Cu and  
19 Fe substrates for the growth of 1D CuO [57-59] and  $\text{Fe}_2\text{O}_3$  [60-62] nanostructures, respectively. It was proposed by  
20 Kumar *et al.* [57] that stress is induced during oxidation of Cu substrate between the formed oxide layers of CuO  
21 and  $\text{Cu}_2\text{O}$ . This induced stress is compensated by forming new surfaces in the form of 1D CuO nanostructures  
22 during oxidation [57]. Similar scenario is proposed in the present case during humid oxidation of Ti, where  
23 multilayered oxides are seen in XRD (Figure 6(b)), XPS (Figure 7) and EDX (Figure 8) analysis. It should be noted  
24 that during humid oxidation of Ti, rutile  $\text{TiO}_2$  forms at the outermost layer which has tetragonal crystal structure.  
25 Beneath, rutile  $\text{TiO}_2$ , monoclinic  $\text{Ti}_3\text{O}_5$  is formed. Due to difference in crystal structures, densities and molar  
26 volumes, it is expected that substantial stress is induced at the  $\text{TiO}_2$ - $\text{Ti}_3\text{O}_5$  interface. Diffusion of oxygen at the  
27 interface of  $\text{TiO}_2$ - $\text{Ti}_3\text{O}_5$  also accumulates stress [57]. Due to difference in concentration,  $\text{Ti}^{4+}$  ions diffuse  
28 interstitially from the substrate to the top surface of  $\text{TiO}_2$  layer and react with surface adsorbed  $\text{OH}^-$ . As long as the  
29 oxidation process continues, stress is accumulated at the interface and after reaching a critical limit the oxide layer  
30 relaxes the induced stress by forming  $\text{TiO}_2$  nuclei of 1D nanostructure on existing  $\text{TiO}_2$  grains (Figure 10(d)). It is  
31 thermodynamically more viable to form nuclei of 1D nanostructures on existing  $\text{TiO}_2$  grains as it does not require to  
32 overcome the energy barrier for nucleation [58]. The nuclei of  $\text{TiO}_2$  grows longer by continuous diffusion of  $\text{Ti}^{4+}$   
33 ions via interstitial sites and reacts with surface adsorbed  $\text{OH}^-$  ions (Figure 10(e-f)). On the other hand, oxygen ions  
34 diffuse via grain boundaries and reacts with Ti ions to form rhombohedral  $\text{Ti}_2\text{O}_3$  and face centered cubic TiO at the  
35 oxide-metal interface at the later stages of oxidation (Figure 10(e-f)). In the presence of limited supply of oxygen,  
36 the growth of as-grown  $\text{TiO}_2$  nuclei occur along  $\langle 1\ 0\ 1 \rangle$  directions resulting in 1D  $\text{TiO}_2$  nanostructures [51]. At high  
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3 concentration of oxygen, the growth of nuclei occurs in all directions and as a result oxide scale is seen instead of  
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5 1D nanostructures.

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9 Besides the induced stress, ball milling or other means of cold working also impose stress on Ti substrates. During  
10 humid oxidation, additional residual stress imposed by cold working on Ti releases by enhancing new surfaces in the  
11 form of 1D TiO<sub>2</sub> nanostructures. For this reason, high coverage of 1D TiO<sub>2</sub> nanostructures is seen in the milled  
12 particles compared with the as-received particles.  
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18 So, during humid oxidation, 1D TiO<sub>2</sub> nanostructures form on TiO<sub>2</sub> layer by the reaction between surface adsorbed  
19 OH<sup>-</sup> ion and interstitially diffused Ti<sup>4+</sup> ions. Lower valence of oxides of Ti forms beneath the TiO<sub>2</sub> layer due to  
20 grain boundary diffusion of oxygen ions. In the literature, different environments such as CH<sub>3</sub>COCH<sub>3</sub> [31, 45-47],  
21 C<sub>2</sub>H<sub>5</sub>OH [47, 49, 50], CH<sub>3</sub>CHO [47] and C<sub>32</sub>H<sub>64</sub>O<sub>4</sub>Sn [48] in Ar was used as oxidizing medium for the growth of 1D  
22 TiO<sub>2</sub> on Ti substrates (Table 2). Out of these, humid Ar environment is an easy, low-cost and affordable oxidizing  
23 medium to obtain good coverage of 1D TiO<sub>2</sub> nanostructures.  
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Table 2: Summary of the 1D nanostructures grown by thermal oxidation process on Ti substrates.

Nanostructure	Substrate, dimensions and source	Oxidation environment	Growth temperature (°C)	Growth time	Dimension of the 1-D nanostructures	Crystal structure	Growth direction	Reference
1D TiO <sub>2</sub> nanostructures	Ti particles (as-received and milled), Ti plate and Ti TEM grid	5 ppm O <sub>2</sub> in humid Ar	700-750 °C	4 h	Thickness: 50-500 nm Length: 5 -10 μm	Rutile	<1 0 1>	Present work
TiO <sub>2</sub> nanowires	Ti foil	Acetone vapor in Ar	800°C	1 h	Diameter: 20-50 nm	Rutile	-	[45]
TiO <sub>2</sub> nanorods	Ti plate	Acetone vapor in Ar	850 °C	1.5 h	<u>Tetragonal structure:</u> Width: ~1.5 μm Thickness: 100 nm Length: 1-2 μm <u>Columnar structure:</u> Diameter: 230 nm Length: 2-3 μm	Rutile	[0 0 1]	[46, 47]
Core-shell TiO <sub>2</sub> -C	Ti foil	Acetone vapor in Ar	850°C	1.5 h	Diameter: 15-20 nm	Rutile	[1 0 1]	[31]
TiO <sub>2</sub> plate-like nanostructures	Ti plate	Ethanol vapor in Ar	850 °C	1.5 h	Width: 500 nm Thickness: 150 nm Length: 1 μm	Rutile	-	[47]
TiO <sub>2</sub> nanowire	Ti particles	Ethanol	650-800 °C	30-180 min	Diameter: 60-150 nm Length: ~2 μm	Rutile	-	[49]
TiO <sub>2</sub> nanowire	Ti wire	Ethanol	650-850 °C	30-180 min	Diameter: 23-73 nm	Rutile	[0 0 1]	[50]
TiO <sub>2</sub> nanorods	Ti plate	Acetaldehyde vapor in Ar	850 °C	1.5 h	Width: 500 nm Thickness: 150 nm Length: 1 μm	Rutile	-	[47]
TiO <sub>2</sub> nanorods	Ti plate	Dibutyltin dilaurate in Ar	600-900 °C	4 h	Width: 150 nm Length: several hundred nanometer Height: 1.5 μm	Rutile	[0 0 1]	[48]
TiO <sub>2</sub> nanofibers	Ti plate	Mixture of Ar and O <sub>2</sub>	850 °C	1.5 h	<u>Chain-like structure:</u> Diameter: 200 nm Length: several micrometers <u>Ribbon-like structure:</u> Width: 200-1500 nm Thickness: 60 nm Length: several micrometers	Rutile	[0 0 1]	[46]

\*Different terminologies were used in the literature interchangeably to describe 1D TiO<sub>2</sub> based nanostructures. To avoid confusion, the term “1D nanostructures” is explicitly used in this article. However, the original terminologies used in the literatures are preserved in Table 2.

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3 Our present study clearly demonstrates that residual stress imposed by ball milling enhances the growth of 1D TiO<sub>2</sub>  
4 nanostructures on Ti substrate during thermal oxidation. Different morphological variations are observed during  
5 oxidation of Ti substrates. The 1D nanostructures and underlying oxide scales are characterized. From the results a  
6 probable diffusion based growth model is proposed.  
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#### 14 **4. Conclusions**

16 Thermal oxidation is a simple, inexpensive, catalyst-free and scalable method for synthesizing one dimensional (1D)  
17 TiO<sub>2</sub> nanostructures on Ti substrates. This process requires heating the Ti substrates in oxygen containing humid  
18 environment. Both residual stress and induced stress play role during oxidation for the formation of 1D TiO<sub>2</sub>  
19 nanostructures. The following conclusions are drawn from this present work.  
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24 1. The presence of humid environment is essential for the growth of 1D TiO<sub>2</sub> nanostructures. Dry  
25 oxidation resulted in oxide scale with very low coverage of 1D nanostructures.  
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28 2. Four types of morphological variations such as stacked, ribbon, plateau and lamp-post shaped TiO<sub>2</sub>  
29 nanostructures are seen on oxidized Ti substrates. However, the prevalence of stacked nanostructures  
30 is most abundant. The 1D TiO<sub>2</sub> nanostructures are single crystalline and possess tetragonal rutile  
31 structure. The 1D TiO<sub>2</sub> nanostructures grow along  $\langle 1\ 0\ 1 \rangle$  directions.  
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35 3. During humid oxidation TiO<sub>2</sub> layers is formed beneath the 1D nanostructures. Lower valence oxides  
36 such as Ti<sub>3</sub>O<sub>5</sub>, Ti<sub>2</sub>O<sub>3</sub> and TiO forms underneath the TiO<sub>2</sub> layer.  
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40 4. Residual stress imposed by ball milling significantly increases the coverage of 1D TiO<sub>2</sub> nanostructures  
41 during oxidation. The residual stress is compensated during oxidation by creating new surfaces in the  
42 form of 1D TiO<sub>2</sub> nanostructures.  
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46 5. A diffusion based model is proposed for the formation of 1D TiO<sub>2</sub> nanostructures on Ti substrates  
47 during humid oxidation. It is proposed that the Ti<sup>4+</sup> ions diffuse interstitially and reacts with surface  
48 adsorbed hydroxide ions to form TiO<sub>2</sub> layer and 1D TiO<sub>2</sub> nanostructures. On the other hand, oxygen  
49 ions diffuse through grain boundaries and react with Ti ions to form lower valence oxides such as  
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51 Ti<sub>3</sub>O<sub>5</sub>, Ti<sub>2</sub>O<sub>3</sub>, TiO at the metal-oxide interface.  
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3 **Acknowledgements**  
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5 The authors would like to acknowledge the financial support from Impact-oriented Interdisciplinary Research Grant  
6 (Project No.: IIRG018C-2019) of University of Malaya and Marie Skłodowska-Curie Individual Fellowships  
7 (Project No.: 898736) from European Commission Research Executive Agency.  
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