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Immune Checkpoint Inhibitor and Radiotherapy-Related Pneumonitis: An Informatics Approach to Determine Real-World Incidence, Severity, Management & Resource Implications

Sumeet Hindocha^{1, 2, 3}, Des Campbell¹, Merina Ahmed¹, Kyriaki Giorgakoudi^{3, 4}, Bhupinder Sharma¹, Nadia Yousaf¹, Philip Molyneaux⁵, Benjamin Hunter^{1, 3}, Hardeep Kalsi¹, Wanyuan Cui¹, Michael Davidson¹, Jaishree Bhosle¹, Anna Minchom¹, Imogen Locke¹, Fiona Mcdonald¹, Mary O'brien¹, Sanjay Popat¹, Richard W. Lee^{1, 5, 3*}

¹Royal Marsden NHS Foundation Trust, United Kingdom, ²Al for Healthcare Centre for Doctoral Training, Imperial College London, United Kingdom, ³Institute of Cancer Research (ICR), United Kingdom, ⁴School of Health Sciences, City University of London, United Kingdom, ⁵National Heart and Lung Institute, Faculty of Medicine, Imperial College London, United Kingdom

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The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest

Author contribution statement

Author contributions to the work are indicated with author initials as follows: Guarantor of integrity of the entire study – RWL Study concepts and design – SH, DC, MA, BS, KG, PM, NY, RWL Literature research – SH Data analysis – SH, DC, KG, BH, HK, RWL Manuscript preparation – SH Manuscript editing – SH, KG, BH, MA, HK, BS, PM, WC, MD, NY, JB, AM, IL, FM, MO, SP, RWL

Keywords

Pneumonitis, Immunotherapy, Checkpoint inhibitor, Radiotherapy, Informatics, Health Economics

Abstract

Word count: 292

Pneumonitis is a well-described, potentially life-threatening adverse effect of immune checkpoint inhibitors (ICI) and thoracic radiotherapy. It can require additional investigations, treatment, and interruption of cancer therapy. It is important for clinicians to have an awareness of its incidence and severity, however real-world data are lacking and do not always correlate with findings from clinical trials. Similarly, there is a dearth of information on cost impact of symptomatic pneumonitis. Informatics approaches are increasingly being applied to healthcare data for their ability to identify specific patient cohorts efficiently, at scale. We developed a Structured Query Language (SQL)-based informatics algorithm which we applied to CT report text to identify cases of ICI and radiotherapy pneumonitis between 1/1/2015-31/12/2020. Further data on severity, investigations, medical management were also acquired from the electronic health record.

We identified 248 cases of pneumonitis attributable to ICI and/or radiotherapy, of which 139 were symptomatic with CTCAE severity grade 2 or more. The grade 2+ ICI pneumonitis incidence in our cohort is 5.43%, greater than the all-grade 1.3-2.7% incidence reported in the literature. Time to onset of ICI pneumonitis was also longer in our cohort (mean 4.5 months, range 4 days-21 months), compared to the median 2.7 months (range 9 days-19.2 months) described in the literature. The estimated average healthcare cost of symptomatic pneumonitis is £3932.33 per patient.

In this study we use an informatics approach to present new real-world data on the incidence, severity, management, and resource burden of ICI and radiotherapy pneumonitis. To our knowledge, this is the first study to look at real-world incidence and healthcare resource utilisation at the per-patient level in a UK cancer hospital. Improved management of pneumonitis may facilitate prompt continuation of cancer therapy, and improved outcomes for this not insubstantial cohort of patients.

Contribution to the field

Pneumonitis is a well-described, potentially life-threatening adverse effect of immune checkpoint inhibitors (ICI) and thoracic radiotherapy. It can require additional investigations, treatment, and interruption of cancer treatment. It is important for clinicians to have an awareness of its incidence and severity, however real-world data are lacking and do not always correlate with findings from clinical trials. Similarly, there is a dearth of information on cost impact of symptomatic pneumonitis. Informatics approaches are increasingly being applied to healthcare data for their ability to identify specific patient cohorts efficiently, at scale. In this study, we draw upon a Structured Query Language (SQL)-based informatics approach to present new real-world data on the incidence, severity, management, and resource burden of ICI and radiotherapy pneumonitis. To our knowledge, this is the first study to look at real-world incidence and healthcare resource utilisation at the per-patient level in a UK cancer hospital. The latter is an important contribution, providing useful health economics data to inform future studies assessing cost-effectiveness of pneumonitis-related healthcare pathways. Additionally, we contribute evidence to the literature on the utility of informatics tools to extract real-world data from the electronic health record with reduced need for clinician time to manually collect such data.

Ethics statements

Studies involving animal subjects

Generated Statement: No animal studies are presented in this manuscript.

Studies involving human subjects

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Inclusion of identifiable human data

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Data availability statement

Generated Statement: The original contributions presented in the study are included in the article/supplementary material, further inquiries can be directed to the corresponding author/s.



Cancer-Immune Checkpoint Inhibitor and Radiotherapy-Related Pneumonitis: <u>An Informatics Approach to Determine</u> Real-World Incidence, Severity, Management & Resource Implications

- 1 Sumeet Hindocha^{1,2,3}, Des Campbell⁴, Merina Ahmed¹, Kyriaki Giorgakoudi^{3,5}, Bhupinder
- 2 Sharma⁶, Nadia Yousaf¹, Philip Molynaeux⁷, Benjamin Hunter^{1,3}, Hardeep Kalsi¹, Wanyuan
- 3 Cui¹, Michael Davidson⁸, Jaishree Bhosle⁸, Anna Minchom⁸, Imogen Locke¹, Fiona McDonald¹,
- 4 Mary O'Brien⁸, Sanjay Popat¹, Richard W Lee^{1,3,7}
- 5 6
- ⁷ ¹Lung Unit, The Royal Marsden NHS Foundation Trust, London, UK
- ⁸ ²AI for Healthcare Centre for Doctoral Training, Imperial College London, UK
- ⁹ ³Institute of Cancer Research NIHR Biomedical Research Centre, London, UK
- ⁴Performance & Information Department, The Royal Marsden NHS Foundation Trust, London, UK
- ⁵School of Health Sciences, City University of London, London, UK
- ⁶Radiology Department, The Royal Marsden NHS Foundation Trust, London, UK
- ¹³ ⁷National Heart and Lung Institute, Imperial College London, UK
- ¹⁴ ⁸Lung Unit, The Royal Marsden NHS Foundation Trust, Sutton, UK

15 * Correspondence:

- 16 Richard W Lee
- 17 Richard.Lee@rmh.nhs.uk
- 18

19 Keywords: Pneumonitis, Immunotherapy, Checkpoint Inhibitor, Radiotherapy, Informatics,

- 20 Health Economics,
- 21

22 Abstract

- 23 Pneumonitis is a well-described, potentially life-threatening adverse effect of immune checkpoint
- 24 inhibitors (ICI) and thoracic radiotherapy. It can require additional investigations, treatment, and
- 25 interruption of cancer therapy. It is important for clinicians to have an awareness of its incidence and
- 26 severity, however real-world data are lacking and do not always correlate with findings from clinical
- trials. Similarly, there is a dearth of information on cost impact of symptomatic pneumonitis.
- 28 Informatics approaches are increasingly being applied to healthcare data for their ability to identify
- 29 specific patient cohorts efficiently, at scale.
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- 31 CT report text to identify cases of ICI and radiotherapy pneumonitis between 1/1/2015-31/12/2020.
- 32 Further data on severity, investigations, medical management were also acquired from the electronic
- 33 health record.

- 34 We identified 248 cases of pneumonitis attributable to ICI and/or radiotherapy, of which 139 were
- 35 symptomatic with CTCAE severity grade 2 or more. The grade $\geq 2+$ ICI pneumonitis incidence in our
- 36 cohort is 5.43%, greater than the all-grade 1.3-2.7% incidence reported in the literature. Time to
- 37 onset of ICI pneumonitis was also longer in our cohort (mean 4.5 months, range 4 days-21 months),
- 38 compared to the median 2.7 months (range 9 days-19.2 months) described in the literature. The
- 39 estimated average healthcare cost of symptomatic pneumonitis is £3932.33 per patient.
- 40 In this study we use an informatics approach to present new real-world data on the incidence,
- 41 severity, management, and resource burden of ICI and radiotherapy pneumonitis. To our knowledge,
- 42 this is the first study to look at real-world incidence and healthcare resource utilisation at the per-
- 43 patient level in a UK cancer hospital. Improved management of pneumonitis may facilitate prompt
- 44 continuation of cancer therapy, and improved outcomes for this not insubstantial cohort of patients.
- 45

46 **1** Introduction

47 Pneumonitis is a well-described, potentially life-threatening and disabling adverse effect of several

- 48 cancer therapies including immune checkpoint inhibitor (ICI) drugs and thoracic radiotherapy. The
- 49 advent of ICI drugs, such as those targeting the Programmed Cell Death 1 receptor or its ligand
- 50 (PD1/PD-L1), have transformed cancer treatment over the last decade. The numbers of patients
- 51 receiving such drugs either alone or in combination therapy for various cancers continues to increase
- 52 and an abundance of clinical trials elaborate upon further applications(1,2). Radiotherapy continues
- 53 to be a major treatment modality for lung cancer and with an aging and increasingly comorbid
- 54 population, the number of patients treated curatively with radiotherapy rather than surgery is likely to 55 increase. As pneumonitis is observed in up to 5% of patients treated with ICI(3–5) and 40%
- 56 following radiotherapy(6), it is likely to present a growing problem in cancer care. As pneumonitis
- 57 can result in significant morbidity, preclusion of further treatment and even death(7), it is important
- 58 for clinicians to have an awareness of its incidence and severity.
- 59 There is a lack of real-world incidence data in the literature, and that which exists does not always
- 60 correlate with findings from clinical trials(8). Similarly, there is a dearth of information on health
- 61 resource utilisation by patients with pneumonitis, which is an important element of economic
- 62 evaluation studies seeking to explore whether new approaches to treatment are cost-effective.
- 63 Informatics approaches are increasingly being applied to healthcare data for their ability to identify
- 64 specific patient cohorts at scale, more efficiently than traditional manual approaches. Here we use
- 65 informatics tools to assist identification of cases of ICI and radiotherapy-pneumonitis and describe
- data on clinical management and impact of such cases in our specialist cancer centre from 2015-2020
- 67 inclusive.

68 2 Materials and Methods

- 69 Using our integrated data warehouse and electronic health record (EHR) systems, we developed a
- 70 Structured Query Language (SQL)-based informatics algorithm which we applied to CT Thorax
- report text to identify scans performed between 01/01/2015 and 31/12/2020 that contained key terms
- 72 determined by radiology and respiratory expertise: "pneumonitis", "pulmonary toxicity", "lung
- toxicity", "lung injury", "interstitial lung disease" and "pneumonia". This generated a list of 3,632
- 74 CT reports. The report text, scan date and patient identifiers were extracted along with additional
- 75 demographic and treatment details.

- 76 Such terms were typically located within the "request details" section of the report, where the
- 77 requesting clinician had queried presence of "pneumonitis", separately from the radiologist's
- findings. In order to identify CT reports where the body of the report described findings relating to 78
- 79 possible pneumonitis, further rules were applied to filter reports containing the terms "ground glass",
- "treatment", "drug", "diffuse", "infiltrates", "radiotherapy", "radiation" again guided by respiratory 80
- and radiology expertise. This filtered the number of reports down to 2,416. 81
- 82 Filters were also applied to structured treatment fields to identify only patients who had received any
- 83 of the ICI drugs prescribed at our centre (Atezolizumab, Avelumab, Durvalumab, Ipilimumab,
- Nivolumab, Pembrolizumab) and/or to identify all patients that had received radiotherapy to the 84
- thorax/upper abdomen/neck/vertebrae/breast/chest wall prior to the date of the flagged CT report. A 85
- 86 manual validation step was undertaken to eliminate any reports that did not suggest a possible
- pneumonitis. Reports from additional scans performed within 6 months of the identified scan for 87
- 88 each patient were also eliminated, to limit the dataset to the earliest CT with reported pneumonitis.
- 89 The EHR of all patients with pneumonitis possibly attributable to ICI and/or RT was manually
- 90 reviewed to identify the earliest date where potential pneumonitis symptoms (e.g. cough, dyspnoea)
- 91 or clinical reference to pneumonitis began, and to ascertain severity of pneumonitis, which was
- inferred according to CTCAE v5.0 criteria (Supplementary Table 1). A case of pneumonitis was 92
- 93 defined as a radiological report consistent with pneumonitis or treating clinician or multidisciplinary
- 94 meeting consensus of pneumonitis based on the clinical picture at the time of presentation.
- 95 Pneumonitis was attributed to ICI if one of the above six drugs was administered within the
- preceeding three months, and considered radiotherapy-related if the patient was treated with radiation 96
- 97 in the preceeding twelve months. Fifty cases from the final cohort (20%) were randomly selected for
- 98 independent review and scoring of CTCAE severity by a second clinician. The Krippendorff's alpha
- 99 measure of inter-observer correlation(9) was used to check concordance between both clinicians' 100 interpretation of severity, calculated using the Natural Language ToolKit (NLTK) package in Python
- v 3.9.
- 101

102 Where symptoms were CTCAE grade 2 or more or treatment was withdrawn, additional data

- 103 including investigations and medical management with steroids and/or antibiotics were collected
- 104 manually from the EHR. Where a patient had more than one distinct episode of pneumonitis, this was
- recorded as a separate case. Further data were collected from the pharmacy database on the total 105
- 106 number of patients treated with the above-mentioned ICI drugs (as mono- or combination-therapy)
- 107 between 2015-2020 and for all patients deemed to have ICI or radiotherapy-related pneumonitis, 108
- clinical activity data was extracted algorithmically from the EHR including total number of 109 consultant follow-up clinic attendances, CT thorax scan appointments and MDT discussions for the
- 16-weeks after the date of pneumonitis diagnosis. 110
- 111

3 112 **Results**

The Cohort 113 3.1

114 We identified 450 CT reports indicating a pneumonitis in patients who had previously received ICI

115 and/or radiotherapy, and thus which was possibly attributable to ICI/RT amongst other cause Figure

- 1). In 248 cases (from 242 patients), the pneumonitis was attributed by the treating team as partially 116
- 117 or completely due to ICI and/or radiotherapy-pneumonitis. In some cases, infection and other co-
- 118 morbidities (e.g. pulmonary embolus or COPD) may have also contributed to the presentation as per

- 119 the clinical opinion of the treating team at the time; for example due to CT pulmonary angiogram
- 120 results demonstrating the presence of both pulmonary emboli and features in keeping with
- 121 pneumonitis, or raised inflammatory markers and pyrexia at presentation which responded to
- 122 antibiotic therapy. One hundred and nine cases were asymptomatic (grade 1) and 139 were
- symptomatic with severity grade 2 or more. Results of symptomatic cases are presented below.
- 124 Table 1 shows the demographic and aetiology breakdown of symptomatic cases. Of the 139
- symptomatic cases, 61% of patients were male, the majority were performance status 0-1 and 20.14%
- 126 were never-smokers. ICI accounted for 61.15% of cases with 7.19% of cases attributed to a
- 127 combination of both ICI and radiotherapy.
- 128 Three quarters of cases were of grade 2 severity, 10.79% were grade 3 severity, 4 patients (2.88%)
- required intubation (grade 4) and 13 patients (9.35%) died (grade 5) (Figure 2). Of those that died,
- 130 average time from first diagnosis of pneumonitis to death was 64 days (range 6-378). The number of
- 131 cases increased year-on-year until 2020 after which there was a marked reduction (Figure 3). For the
- 132 50 cases where a second clinician independently reviewed and scored CTCAE severity, the
- 133 Krippendorff's alpha measure of inter-observer correlation demonstrated high concordance at 0.97.
- 134 One hundred and thirty-four symptomatic cases (96.4%) were treated with intravenous or oral
- 135 steroids (Table 2). Two patients declined, 1 was treated with a steroid inhaler and in one grade 2 case,
- 136 steroids were withheld due to concerns of possible COVID-19 and on-going tumour response to
- 137 immunotherapy. A third of cases treated with oral steroids were given prophylactic co-trimoxazole at
- 138 the time of steroid initiation, and this was mostly in cases where pneumonitis was described in the
- 139 EHR to be ICI-related. Seventy-nine cases (57%) were treated with empirical antibiotics at initial
- 140 presentation. Six cases (all ICI-pneumonitis) went on to receive another immunosuppressive therapy
- 141 (Infliximab or Mycophenolate Mofetil).
- 142 Fifty-eight cases (42%) were referred for specialist respiratory management. The average time from
- 143 first presentation with pneumonitis to being seen by the respiratory service was 34 days (range 0-
- 144 215) with 40% and 55% of cases seen within 2 and 3 weeks of pneumonitis diagnosis respectively.
- 145 Thirty-three cases (24%) went on to have a bronchoalveolar lavage (BAL). The average time from
- 146 first presentation with pneumonitis to BAL was 35 days (range 1-149), with 58% of cases having
- 147 BAL within 3 weeks. For those with grade 2 severity (n=20), average time to BAL was 41 days
- 148 (range 1-149), and for those with grade 3-5 severity, was 24 days (range 1-91). Twelve cases (8.7%)
- 149 had documented evidence of pulmonary function tests (PFTs) following diagnosis with pneumonitis.
- 150 Fifty-four cases were admitted to hospital with 10 requiring admission to critical care (CCU). The
- average length of hospital and CCU admission was 10.5 days (range 1-43) and 6.5 days (range 1-20)
- 152 respectively.

153 **3.2 ICI related cases**

- 154 Of the 85 cases attributed to ICI, 32 (37.6%) had received pembrolizumab, 20 (23.5%) had received
- nivolumab and 11 (12.9%) combination therapy with ipilimumab and nivolumab (Supplementary
- 156 Table 2). Thirteen (15.3%) were considered to have superadded infection. Three cases (3.5%) were
- 157 due to a flare of underlying fibrosis or severe sarcoid-like reaction from ICI.
- 158 The mean time from starting ICI therapy to first presentation with pneumonitis was 4.5 months
- 159 (range 4 days 21 months). Forty-eight percent of cases presented within 3 months.

- 160 In 4 cases, patients had completed ICI therapy at the time of presenting with pneumonitis. Of the
- remaining 81 cases, 28 (34.6%) were re-challenged with ICI therapy. The mean lost treatment time
- 162 between ICI being held and reintroduced was 73 days (range 11-275), however in some cases this
- 163 was due to other toxicities e.g. ICI-mediated colitis. Of the 28 cases that were re-challenged, 6
- 164 (21.4%) had recurrence of pneumonitis and had to stop treatment. In 6 cases (21.4%), patients had
- 165 disease progression within 2 cycles after resuming ICI and then stopped treatment. For these 6 cases,
- 166 the average treatment interruption was 74 days (range 29-150).
- 167 A total of 1565 patients were treated with ICI therapy in our centre between 2015-2020. Of these, we
- 168 identified 85 (5.43%) that developed symptomatic ICI-related pneumonitis (N.B. the 10 patients with
- 169 pneumonitis considered to be due to both RT and ICI therapy are not described here). Table 3
- 170 describes the proportion of pneumonitis cases by tumour-group, the highest of which were head and
- 171 neck and lung cancers. Figure 2 describes the number of ICI-pneumonitis cases by severity. Of the
- total number of patients treated with ICI therapy, 62 (3.96%) were Grade 2, 11 (0.7%) were Grade 3,
- 173 4 (0.26%) were Grade 4 and 8 (0.51%) were Grade 5 respectively.
- 174

175 3.3 RT related cases

176 Forty-four cases were attributed to RT, of which 8 (18%) had received palliative dose-fractionation

- schedules (ranging from 20 Gy in 5 fractions to 39 Gy in 13 fractions). The mean time from first
- fraction of radiotherapy to first presentation with pneumonitis was 3.6 months (range 8 days-8
 months). Nine cases (20.5%) were considered to have superadded infection. Of the total number
- 179 months). Nine cases (20.5%) were considered to have superadded infection. Of the total number 180 treated with RT, 35 (79.5%) were Grade 2, 4 (9.1%) were Grade 3 and 5 (11.4%) were Grade 5,
- including 2 patients (4.5%) that had underlying fibrosis thought to be exacerbated by RT-and-both
- 182 patients died. The number of RT related cases were stable at approximately 10 per year between
- 183 2015-2020 (Figure 3).
- 184

185 3.4 Mixed RT and ICI related cases

186 Ten cases were in patients with a diagnosis of non-small cell lung cancer (NSCLC) who had received

- 187 both RT and ICI prior to presenting with pneumonitis. All 10 cases were of grade 2 severity. Of
- 188 these, 6 patients (60%) received Durvalumab. Five had prior treatment with concurrent
- 189 chemoradiotherapy (60-66Gy in 30-33 fractions) and one received Durvalumab after sequential
- 190 chemoradiotherapy 55Gy in 20 fractions). The remaining patients were treated with Pembrolizumab
- 191 (3 cases) or Atezolizumab (1 case) and palliative dose fractionation schedules (ranging from 20Gy in
- 192 5 fractions to 36Gy in 12 fractions). Three cases (30%) were considered to have superadded
- 193 infection.

194

195 **3.5 Healthcare Resource Utilisation**

196 The number of consultant follow-up clinic, CT thorax appointments and MDT discussions in the 16

197 weeks following pneumonitis diagnosis was compared between patients with grade 1 and grade 2-4

198 severity (Figure 4). The number of CT thorax scans and MDT discussions were broadly equal across

the groups however patients with grade 2-4 severity had approximately 50% more consultant follow-

- 200 up clinic appointments (unpaired t-test: P value <0.0001, difference in mean = 2.21, CI 1.34-3.07).
- 201 Of the patients with grade 2-5 pneumonitis, 54 (39%) were admitted to hospital and 10 (7%) to CCU.
- 202 The average duration of hospital admission was 10.5 days (range 1-43) per patient and CCU
- admission was 6.5 days (range 1-20) per patient.

In Table 4 we present the average use of resources associated with managing a symptomatic

- 205 pneumonitis case. We recognise that resource utilisation will vary depending on severity and not
- 206 every resource will be used for every case. Estimates for units used are based on data from this study 207 (indicated with *) and expert opinion (indicated with ^) on additional resources that gold-standard
- 208 care is expected to include (PFTs and follow-up consultation for all cases requiring referral for
- 209 specialist respiratory opinion). Units used have been weighted based on study data on the expected
- 210 average use of resources by patients. For example, based on our data, only 4.3% of cases required
- 211 other immunosuppressive therapy, only 41.7% a respiratory referral, and 23.7% bronchoscopy. Costs
- 212 per unit were derived from the National Schedule of NHS costs 2019/2020 (NHS reference costs)(10)
- and British National Formulary (BNF)(11) and allow estimates on the average costs of healthcare per
- symptomatic pneumonitis case to be made (£3,932.33).
- 215 This is a conservative estimate as we have not included costs for empirical antibiotics, steroids, co-
- 216 trimoxazole, pathology and microbiology services and have accounted only for CT thorax imaging,
- 217 whereas in practice patients are likely to have had CT thorax, abdomen, and pelvis imaging.

218 Furthermore, we have assumed patients that were referred for specialist respiratory input had only

219 one initial and one follow-up appointment whereas in practice the number of follow-up appointments

220 may have been higher.

To put this into context, applying the average cost per patient to the 139 symptomatic cases in our study who were treated at our centre between 2015-2020 leads to a total cost of £546,594.52. This is

- 223 a cost of £91,099.09 per year.
- 224

225 **4 Discussion**

In this study we present new real-world data on the incidence, severity, management, and resource burden of cancer therapy pneumonitis. To our knowledge, this is the first study to look at real-world incidence and healthcare resource utilisation at the per-patient level in a UK cancer hospital. The latter is an important contribution, providing useful health economics data to inform future studies assessing cost-effectiveness of pneumonitis-related healthcare pathways. Additionally, we contribute evidence to the literature on the utility of informatics tools to extract real-world data from the EHR

with reduced need for clinician time to manually collect such data.

233 The grade 2 or higher ICI-pneumonitis incidence in our cohort is 5.43%, which is greater than the all-

- grade 1.3-2.7% incidence reported in the literature(4,5) and higher than the all-grade pneumonitis
- from a large real-world series by Naidoo et al(3). For example, a meta-analysis of PD-1 inhibitor pneumonitis by Nishino et al demonstrated an all-grade incidence of 2.7%(5). Whilst our study also
- included PDL-1 and CTLA-4 related pneumonitis, making direct comparison difficult, this value is
- much lower than seen in our cohort. Similarly, grade 3-5 incidence in our cohort was 1.49%, higher
- than the 0.8% Grade 3-5 PD-1 pneumonitis rate described by Nishino et al(5). Time to onset of ICI-
- pneumonitis was also longer in our cohort (mean 4.5 months, range 4 days-21 months), compared to
- the median 2.7 months (range 9 days-19.2 months) described by Naidoo et al(3). In ninety-one
- 242 patients receiving adjuvant Durvalumab following RT for NSCLC at our centre over the study

243 period, 6 (6.59%) developed pneumonitis, all of which were grade 2 severity. Our data demonstrates

- lower rates of grade 3-4 pneumonitis than the PACIFIC study, which reported all-grade and grade 3-
- 245 4 pneumonitis rates of 12.6% and 1.9% respectively.

246 The incidence of pneumonitis in patients treated with combination ipilimumab and nivolumab was

- 247 3.75%, lower compared to the incidence from single agent ICI. This contrasts findings in the
- 248 literature which describe ICI-related pneumonitis most commonly occurring in patients receiving 240 $\operatorname{combination} \operatorname{tractmant}(2, \mathbb{R})$ A high grin data of ICI and the second s
- combination treatment(3,8). A higher incidence of ICI-pneumonitis is reported in patients with nonsmall cell lung cancer and with squamous cancers(5,8). This is reflected in our cohort which
- demonstrated highest incidence in head and neck (11.48%) and lung (9.01%) tumour groups.
- 252 Twenty-eight patients who developed ICI-pneumonitis at our centre had ICI re-introduced on
- resolution of symptoms. Six (21.4%) had disease progression within 2 cycles of restarting treatment.
- The average interruption in treatment was 74 days (range 29-150) and it is possible that this
- interruption may have led to loss of immunomodulation and control of cancer.
- Almost 20% of RT pneumonitis cases had received palliative dose-fractionation schedules. Whilst
- there may be confounding factors including larger irradiated volume and possibly frailer patients with

258 heart-failure or disease progression contributing to the presentation, this may be an important factor

- 259 when considering quality of life in deciding which patients would benefit from palliative treatment.
- 260 Mean time to onset of RT pneumonitis in our cohort fit with that described in the literature(6).
- 261 Of note, the number of cases of ICI-pneumonitis increased year on year from 2015-19 but then
- reduced in 2020. This is inconsistent with the number of patients treated with ICI overall at our
- 263 centre which continued to increase in 2020 (Supplementary Table 3). The explanation for this is
- 264 likely multifactorial, however one possibility may be the impact of the COVID-19 pandemic, due to
- increased local hospital care or misdiagnosis of ICI-pneumonitis as COVID-19 due to overlapping
- clinical and radiological features(12–14), particularly if patients presented to departments less
- familiar with the diagnosis and management of ICI-toxicity. It is possible that growing understanding of ICI-pneumonitis results in earlier identification and optimal management. In particular, there is a
- need to identify patients at risk of developing grade $\geq 3+$ pneumonitis as early as possible and this is
- an area where artificial intelligence and machine learning predictive models may provide significant
- 271 clinical utility.
- 272 Such considerations support the need for wider education on cancer therapy toxicity including
- 273 differential diagnoses and the potential role of acute oncology, respiratory and microbiology services
- in recognising this. Continued surveillance and analysis of pneumonitis incidence will be important
- and may be benefited by a national pneumonitis registry. Here we have provided an indicative list of
- resource use for symptomatic pneumonitis based on a combination of study data and expert opinion,
- and an indicative, conservative estimate of healthcare cost per patient. Whilst we do not have data on
- the UK-wide incidence for ICI or radiotherapy-pneumonitis to provide estimates at population-level,
- the economic impact at our centre is estimated at over £90,000 per year. Earlier detection and
- improved management of pneumonitis could potentially reduce such costs. Future research on the health economic aspects of ICI or radiotherapy-pneumonitis will allow us to estimate more precisely
- 282 the economic burden on the NHS.
- 283 Our study has several limitations. Due to its retrospective nature, the data presented relies on EHR
- 284 documentation which may contain inaccuracies, especially when referring to investigations
- 285 performed outside our centre such as BAL and PFTs. An example was concurrent administration of

- 286 prophylactic co-trimoxazole with steroids which appeared variable. It is difficult to ascertain from
- 287 retrospective EHR data the reasons for this. One explanation is that steroids were started on the
- assumption that symptoms would improve and when they didn't, the course was extended and 288
- prophylactic co-trimoxazole was introduced. Improved education on recording key clinical decisions 289
- in medical notes is often encouraged as a gold-standard of documentation. Considering informatics 290
- requirements with respect to such principles highlights a need for more structured data fields that in-291
- turn could integrate with drug toxicity analytics and decision support systems e.g. the recording of 292
- 293 a steroid prescription in the EHR then presents the clinician with a data field asking if prophylactic co-trimoxazole, proton-pump inhibitor or bisphosphonate is indicated, thus providing additional data 294
- 295 at the same time as standardising care.
- 296 A further limitation of informatics approaches is that the identification of cases is dependent on
- 297 defining comprehensive search terms. Missed cases, or indeed those investigated with chest x-ray
- 298 rather than CT would lead to underestimates of the incidence of pneumonitis in this cohort or favour
- identification of milder cases that are defined with radiological reports but not actioned by clinical 299
- teams as significant. Informatics approaches do however tend to be more comprehensive than manual 300
- 301 searches for cases given their broad vision of the entire EHR dataset and are therefore a valuable
- route to define descriptive statistics of the broader cohort identified, which may improve upon more 302
- 303 traditional methods of audit and research and can be scaled up to larger data sets, with less person-
- 304 hour requirements.
- 305 This is a single-centre study and therefore may not reflect variation in practice across centres, but our experience is that such tools can be readily applied in other centres and are thus well placed to drive 306 acquisition of much larger datasets, in collaboration with others, where this can facilitate greater 307
- 308 understanding and allow comparison between centres or creation of a lung toxicity registry.
- Overall, the use of ICI has increased over the last 6 years and with that as has the incidence of ICI-309
- related pneumonitis. Our data suggests the incidence of ICI-pneumonitis is higher, and time to onset 310
- is longer compared to the literature. The number of patients receiving ICI therapy and subsequently 311
- the number presenting with possible ICI-pneumonitis is likely to continue to increase, placing 312
- 313 demand on acute oncology and specialist respiratory services, and potentially hospital and CCU
- admissions. It is imperative that funding and resource provision is made available to support 314 315
- increasing demand on such pathways and to ensure adequate provision of acute oncology, respiratory and microbiology services - for example, rapid access to BAL to aid diagnosis, and PFTs to define 316
- severity. Improved management of pneumonitis may facilitate prompt continuation of cancer therapy, 317
- 318 and improved outcomes for this not insubstantial proportion of our ICI or thoracic radiotherapy
- 319 treated patients.
- 320

321 5 **Conflict of Interest**

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- 345 6 Author Contributions
- 346 Author contributions to the work are indicated with author initials as follows:
- 347 Guarantor of integrity of the entire study RWL
- 348 Study concepts and design SH, DC, MA, BS, KG, PM, NY, RWL
- 349 Literature research SH
- 350 Data analysis SH, DC, KG, BH, HK, RWL
- 351 Manuscript preparation SH
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- 358 1 Data Availability Statement

- 359 The dataset utilized in this work contains personal patient identifiable data and is thus not publicly
- available, in keeping with the organisation's Data Protection Policy.
- 361

362 2 Figure Captions

- 363 Figure 1: Flow of data to identify cases for inclusion. RT = radiotherapy.
- 364 Figure 2: Symptomatic pneumonitis severity by cause.
- 365 Figure 3: Number of symptomatic cases per year by cause.
- 366 Figure 4: The mean number of cases requiring CT thorax scan, MDT discussion and consultant
- 367 follow-up clinic appointment in the 16 weeks following pneumonitis diagnosis, by severity.

368 **3 Tables**

369

Table 1: Symptomatic (grade $\geq 2+$) pneumonitis demographics and aetiology.

Demographics and Causes	Number
Age	Average 66, Range: 27-87
Gender	
Male	85 (61%)
Female	54 (39%)
Performance Status	
0	20 (14.4%)
1	89 (64%)
2	21 (15.1%)
3	5 (3.6%)
No Data	4 (2.9%)
Smoking Status	
Never	28 (20.14%)
Ex	82 (58.99%)
Current	11 (7.91%)
No Data	18 (12.94%)
	1

Running Title

Aetiology	
Radiotherapy	44 (31.65%)
ICI	85 (61.15%)
Radiotherapy and ICI combined	10 (7.19%)

Table 2: Medical treatment, investigation, and management for symptomatic pneumonitis.

Medical treatment	All Cases [n=139]	ICI Cases [n=85]	RT Cases [n=44]	RT and ICI Cases [n=10]
Empirical antibiotics	79 (56.8%)	49 (57.6%)	25 (56.8%)	5 (50%)
Steroids (oral or intravenous)	134 (96.4%)	84 (98.8%)	40 (90.9%)	10 (100%)
Prophylactic co-trimoxazole at initiation of oral steroids	41 (29.5%)	37 (43.5%)	1 (2.3%)	3 (30%)
Other immunosuppressive agent	6 (4.3%)	6 (7.1%)	0	0
Investigation and management				
Referral to Respiratory Specialist	58 (41.7%)	40 (47%)	15 (34%)	3 (30%)
Average time [and range] from pneumonitis diagnosis to respiratory review (days)	34 [0-215]	30 [0-135]	35 [2-128]	75 [2-215]
Broncho-alveolar lavage	33 (23.7%)	28 (32.9%)	5 (11.4%)	0
Average time [and range] from pneumonitis diagnosis to BAL (days)	35 [1-149]	32 [1-149]	52 [6-128]	NA
Pulmonary function test (PFT) following diagnosis of pneumonitis	12 (8.6%)	9 (10.6%)	3 (6.8%)	0
Admission to hospital	54 (38.8%)	39 (45.9%)	13 (29.5%)	2 (20%)
Average duration [and range] of hospital admission (days)	10.5 [1-43]	10 [1-43]	15 [1-39]	2 [1-2]
Admission to CCU/ITU	10 (7.2%)	7 (8.2%)	3 (6.8%)	0
Average duration [and range] of CCU/ITU admission (days)	6.5 [1-20]	7 [1-20]	7 [3-11]	NA

Table 3: The number of patients receiving ICI therapy and developing symptomatic ICI-related pneumonitis between 2015-2020.

Tumour Group	Patients receiving	G <mark>≥2+</mark> ICI pneumonitis cases	Proportion of	
	[n=1565]	[n=85]	tumour group (%)	

Running Title

Breast	35	-	-
GI	144	10	6.9
Gynae	47	-	-
H&N	61	7	11.5
Lung	433	39	9.0
Lymphoma	25	-	-
Sarcoma	29	2	6.9
Skin	522	18	3.4
Urology	269	9	3.3

376

377 Table 4: The estimated average per-patient cost of symptomatic pneumonitis based on NHS reference

and BNF unit costs. FU – follow up, CL- consultant led, OPROC-outpatient procedures, IMAG –

379 Diagnostic Imaging, CMDT-Cancer multidisciplinary team meetings, CC-Critical Care, NES- Non-

380 elective short stay. Resource utilisation units have been based on data extracted from healthcare

records (*) or expert opinion (^) and have been weighted based on study data on the expected

average use of resources. Infliximab is used here as an example of "other immunosuppressive agent".
 The cost per unit is based on a course of 5mg/kg twice daily for 5 days. For a 70kg patient this is

384 3500mg. The BNF cost is £377 for 100mg.

Resource	Units used (weighted)	Cost per unit (£)	Currency or service code	Total Estimated Cost (£)
Initial respiratory appointment (CL)*	0.417	198.52	WF01B	82.78
FU respiratory appointment (CL) ^	0.417	209.12	WF02A	87.20
Bronchoscopy*	0.237	703.86	DZ69A (OPROC)	166.81
PFT ^	0.417	156.75	DZ52Z (OPROC)	65.36
CT Thorax scan*	1	68.92	RD21A (IMAG, outpatient)	68.92
MDT discussion*	1	127.45	Average of CMDT-B, -C, -LG, -OTH, -SPU, - SPG	127.45
FU Oncology appointment (CL) *	2	200.38	WF01A	400.76
Hospital admission (nights) *	10.5 x 0.07	473.97	DZ19M (NES)	1,940.91

Running Title

CCU	admission (nights)*	6.5 x0.39	933.51	CCU03, XC06Z (CC)	424.75		
Other	r immunosuppressive agent*	0.043	13,195	BNF	567.39		
				Total average cost per patient	£3,932.33		
L					I		
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Figure 1. Flow of data to identify cases for inclusion. RT = radiotherapy.





Figure 3.JPEG



