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A Review of Human Induced Vibrations on Footbridges

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Abstract: An extensive literature review of human induced vibrations that flexible footbridges experience is addressed in this study. Qualitative information is comprehensively included herein to provide common methods and code recommendations for the practicing engineers. The parameters affecting the dynamic response of footbridges excited by pedestrians are highlighted. In particular, the synchronous lateral excitation is addressed. This investigation can be valuable for the design criteria selection. In addition, this work contributes to the review of numerous case studies correlating important dynamic characteristics for various footbridge structural types, the variability of which confirms the complexity of the issue. Furthermore, vibration upgrading methods are described, focusing on applications of tuned mass dampers and remarkable conclusions are drawn.

Keywords: Footbridges, Human-Induced Vibrations, Dynamic Instabilities, Human-Structure Interaction, Vibration Upgrading

Introduction

Since the beginning of the millennium, observed dynamic instabilities on footbridges induced by human vibrations have attracted considerably more researchers. Although the capacity of a structure is of paramount importance, the design of footbridges has been focused on the serviceability state. Modern design is implemented towards lighter, flexible and slender structures, in a way that comfortability, safety and the social aspect with regards the pedestrians have to be considered. The last observation introduces several interaction phenomena making the issue especially complex. The problem of excessive vibrations was especially highlighted in recent years, since some footbridges were laterally excited Synchronous Lateral Excitation (SLE) by large crowds which interact with the natural vibration of the bridge and act as negative dampers, causing unacceptable discomfort (serviceability failure). For a comprehensive description of the phenomenon the reader is referenced to Dallard et al. (2001).

The phenomenon of human induced vibrations and the interaction with the natural inherited vibrations of the structure has occupied the field of biomechanics as well. A major comprehensive review that bridges the gap between biomechanics of human gait and civil engineering dynamics is addressed by Racic *et al.* (2009). Indirect measurement methods of humaninduced loading, combining visual motion tracking systems and known body mass distribution, implemented by anthropometry and kinematics of body segments, are also included therein, providing information about the distribution of body mass. Furthermore, uncertainty issues regarding the structural vibrations are especially highlighted in order to stress the necessity of new simulation models for investigation.

A main characteristic of the dynamic interactions is regarded the sudden instability phenomena with a small alteration of the effective parameters, for instance due to the increase of the number of people crossing a footbridge. This observation has been verified through both experimental and theoretical studies.

The fundamental elements that need to be determined during the optimized design of a laterally unrestrained footbridge are considered as: (a) The induced loadings which indicate the real loading conditions for the appropriate simulation and (b) the stability criteria, that define the safety of the structure according to the serviceability limits. Therefore, advanced simulation of load models should be adopted, the reliability of which should be validated against full-scale testing. In the last decade, many tests have been conducted investigating both the human induced loads and the response of the various types of bridge decks.



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Among the parameters that affect the dynamic response of the structural system of a footbridge under human vibrations are regarded: The density of the crowd, the type of users, the users activity-such as walking, running, etc. (active human) or standing (passive human), even the visual characteristics. It has been observed that the same user behaves in significant different way (dissimilar comfort) crossing bridges with the same dynamic properties, yet of different type and surrounded by different landscapes (JRC/ECCS, 2009). The latter last phenomenon implies the factor of vibration expectancy.

Two types of interactions have been recorded according to the literature (Pedersen, 2013), namely the interaction between human-structure and the interaction between humans. An important benchmark the modeling of the aforementioned towards interactions is implemented by Nakamura's load model (Nakamura, 2004), which implies that the pedestrians adjust their walking trend when the bridge velocity becomes large. Particularly regarding the interaction between humans, there is almost a linear decrease of the walking speed along with the increase of the crowd density that has been reported in several studies (De Donno et al., 2005; Venuti and Bruno, 2007; 2009; Butz et al., 2005), while in other studies (Dallard et al., 2001) it has been observed that the lateral forces are reduced when above 1.7 walkers/m². This phenomenon is attributed to the restriction of the space while the crowd becomes denser. Furthermore, it has been observed that the visual contact has an impact on the resulting response (Racic et al., 2009; Bocian *et al.*, 2012).

There are also two types of receivers on a footbridge: The pedestrian (moving) and the passive person (standing). It has been found that the passive person affects both the damping and the natural frequency of the bridge, while the acceleration response of each one is expected to be different. In addition, the presence of the passive receiver is recommended for a more realistic estimation of the serviceability comfortability, although the bridge response can be significantly reduced (Pedersen, 2013). Regarding the current codes of practice (JRC/ECCS, Sétra), the influence of the static pedestrian mass corresponding up to 5% of the bridge mass can be ignored, since it results in the decrease of the natural frequency by lower than 2.5%, $f' = f / \sqrt{1.05}$.

It is obvious that the considerations mentioned above amplify the complexity of the problem, for which the relevant codes of practice do not provide efficient design guidelines until recently (while the quantification of the results is still under investigation). This work focuses on the clarification of the existing design procedures, after a thorough presentation of the influencing factors and the alternative load models. Moreover, a few case studies are reviewed, while the effects of the damping modifications are highlighted.

Predicting Methods

Two ways of estimating the actions of pedestrians walking are considered in the literature (Pedersen and Frier, 2013); namely the use of deterministic loads, which do not take into account the stochastic nature of the walking load introduced by the walking parameters and the use of stochastic models, which implies a more advanced approach for computing the bridge response. Among the walking characteristics: The walking velocity, stride length, step frequency, pedestrian weight and the dynamic load amplification can be considered. For this purpose, it is obvious that although the stochastic approach is more efficient, more assumptions are required to be made. In their study, Pedersen and Frier investigated the effect of stochastic approach on vertical footbridge response to a single person loading. The results demonstrated that the bridge accelerations are not sensitive in case the walking parameters account as random variables. However, another two factors; the lateral response and the multi-person traffic have to be addressed as well.

In addition, Ingólfsson and Georgakis (2011) have addressed the issue of stochastic load modeling. They used the experimentally obtained forces (Ingólfsson *et al.*, 2011) to define the total pedestrian-induced lateral force, F(t), as an equivalent static force plus the additional equivalent damping and inertia forces, respectively. In contrast to the single person stochastic investigation of Pedersen and Frier, Ingólfsson and Georgakis showed that the modal response of a footbridge subjected to a pedestrian group is sensitive to the selection of the pacing rate distribution.

As it was noticed before, the complexity of the pedestrian's behavior during the use can hardly be evaluated. It is worth to mention that many elaborated studies (Živanović et al., 2005; Racic et al., 2009; Ingólfsson et al., 2011), have failed to indetify a commonly accepted human-structure interaction model, while some mathematical models have not yet been interconnected with the experimental observations (Ingólfsson 2012). et al., However, several characteristics can be identified by observing a typical shape of the lateral force generated by walking, such as the one in Fig. 1, as produced by Živanović *et al.* (2005).

From previous studies (Chao *et al.*, 1983) the peak lateral forces have been measured approximately 4-5% of the vertical weight, while evaluated the first five dynamic load factors were evaluated in the range 1.0-4.2% of the body weight (Bachmann and Ammann, 1987), which were verified lately by Ricciardelli and Pizzimenti (2007) through a stochastic approach- with 95% non-exceedance variability.



Fig. 1. Typical shape of lateral force by walking (a) a single footstep and (b) a series of footsteps (Živanović et al., 2005)

To an extent for several representative human activities such as walking, running, jumping, dancing, hand clapping and lateral body swaying, Bachmann (1992) and other researchers defined the typical frequency ranges after statistical elaboration as well as evaluated the dynamic load factors for the considered harmonics.

Various load models have been proposed to date, the most important of which are presented below. It is worth to note that it is widely accepted (and experimentally proved) that the pedestrians' distribution across the footbridge should be described as a periodic function of time and position. Equation 1 describes the motion of the structure; u represents the modal displacement, u' the modal velocity and u'' the modal acceleration of the girder and M, C and K correspond to the modal stiffness, respectively. The external dynamic force is indicated by the right-hand side of Equation 1, $F_p(t)$ and the most conventional way to be expressed is obtained through a Fourier series, as shown in Equation 2:

$$Mu''(t) + Cu'(t) + Ku(t) = F_{p}(t)$$
(1)

$$F_{p}(t) = \sum_{i=1}^{n} G_{i} \sin(2\pi i f_{i} t - \phi_{i})$$
(2)

where, G_i and φ_i denote the load amplitude and phase for the ith mode.

In this way, the vibration induced by pedestrians can be modeled using: (a) A Single Degree Of Freedom (SDOF) method, (b) a Finite Element Method (FEM), (c) a response spectrum method, or (d) probabilistic procedures (e.g., Monte Carlo simulation). Although the first method is considered as the most easily used, an idealized pedestrian stream consisting of N synchronized pedestrians is implemented, affecting the reliability of the results. For this reason, many researchers have addressed the issue by considering coefficients based on experimental results and/or stochastic procedures (e.g., Živanović *et al.*, 2010), while considerable attention has been paid for the case of lateral loads.

Another issue which has attracted many researchers regards the phase of which modal characteristics (namely acceleration, velocity or displacement response of the structure) should be correlated with the resulting lateral force. The last observation was initiated by Arup's team hypothesis which demonstrated based on an experimental study for the case of Millennium footbridge, highlighting that the pedestrians' dynamic force is proportional to the velocity of the structure, as shown in Equation 3 and further indicating the moving pedestrians as negative dampers:

$$F = k \cdot u'(t) \tag{3}$$

Dallard *et al.* (2001) further concluded that the lock-in effect can be associated with a limiting number of pedestrians, known as Arup's stability criterion Equation 4:

$$N = \frac{8\pi\xi Mf}{k} \tag{4}$$

where, k denotes the proportional factor and f the frequency of the lateral mode assuming a sinusoidal form Equation 5:

$$\phi(x) = \sin \frac{2\pi x}{L} \tag{5}$$

Stability criteria have been reported by many researchers (e.g., Piccardo and Tubino, 2008), while several stability limits have been introduced in design guidelines as a function of the critical number of pedestrians or the critical acceleration (Sétra; BS 5400, 1978; Hivoss, 2008; etc.).

The load model described above was subsequently investigated by Nakamura, who proposed an improved non-linear dynamic model (Nakamura, 2004) Equation 6a and b:

$$F_p(t) = k_1 k_2 H(u') G(f) Mg$$
(6a)

$$H(x') = \frac{u'}{k_3 + |u'|}$$
(6b)

where, k_1 and k_2 represent the proportion of the lateral force to the pedestrian's weight and the synchronized

pedestrians percentage respectively. The non-linearity is implemented through the *H* function which describes the synchronization nature (depending on the structure's velocity, u') and G describes how pedestrians synchronize with the bridge natural frequency. The coefficient k_3 is established for the corresponding data measured from the T-bridge in Japan. In any case, the need for a non-deterministic approach is stressed through several studies (Nakamura and Kawasaki, 2009). Recently, Zhen et al. (2013) draw some interesting findings using the bifurcation theory, while highlighting the great non-linearity of lateral vibrations and concluding the need of new models evaluating the lateral forces, since the coefficients used in Dallard's and Nakamura's models may differ significantly for other case studies. In Fig. 2, the comparison of the aforementioned load models has arrived for the coefficients: k = 300 Ns/m(Dallard's model) and $k_1 = 0.04$; $k_2 = 0.2$; $k_3 = 0.01$ m/s; M = 65 kg (Nakamura's model).

Pizzimenti and Ricciardelli (2005) distinguished two different types of loading mechanisms, the first one is corresponding to the walking and the vibration frequency, while the second one ("self-excited force") was subdivided into the in-phase and out-of-phase lateral force. The in-phase excitation implies negative mass (or positive stiffness) to the system, while the out-of-phase (greater than 90°) excitation corresponds to additional structural damping.

The latter study referred to the displacement phase correlation. Nevertheless, the new findings should be verified through more quantitative results. For this reason, an invaluable experimental campaign was conducted by Ingólfsson *et al.* (2011) adopting the moving surface framework of Pizzimenti and Ricciardelli (2005). The results indicated that, with a

small exception at low frequencies (below 0.5 of the mean walking frequency, \overline{f}_w), pedestrians extract energy from the structure (negative damping), while the added stiffness is also observed for the dimensionless frequency ratio below 0.55-0.85. Furthermore, the large variability in results is highlighting once again the need for a probabilistic approach.

Furthermore, researchers (Abe and Fujino, 1992; Barker, 2002; Hof *et al.*, 2007; Macdonald, 2009; Carroll *et al.*, 2011) have studied an inverted pendulum model, inspired by the field of biomechanics. As indicated in by Macdonald (2009), the lateral displacement and velocity of the center of pedestrian's mass prior to the foot placement are the most important control parameters, while the pedestrians can be well represented by added damping and mass, rather than by external forces. Also, the introduction of random (Gaussian) variations of the foot placement position and timing, revealed scatter results, with no significant difference on the corresponding mean values.

Interesting studies have been presented by Bocian *et al.* (2012; 2013), in an attempt to identify the susceptibility of the resulting bridge response arising from the Macdonald's inverted pendulum model, in terms of added modal damping and mass. Particularly, the equivalent added damping, ΔC and mass, ΔM , are quantified for a wide range of bridge response frequency, taking into account variations of leg lengths and pedestrian walking frequency. Both the negative and positive effects of damping and mass are clearly noticed for specific bridge frequency ranges, while the instability limits are defined in terms of frequency ratios, ω_b/ω_n and critical damping ratios, ζ , for different pedestrian to bridge mass ratios, $\mu = m/M$.



Fig. 2. Comparison of Dallard's and Nakamura's load models

To an extent of the above findings, the critical number of pedestrians needed to produce synchronous lateral excitation may vary considerably depending on the particular crowd characteristics. On the other hand, as mentioned by Dallard *et al.* (2001), the analysis or experimental tests are not always close to reality, since people often exhibit 'meandering' patterns in their walking.

Code Provisions

In this section, a brief summary of the design procedures is presented, evaluating the footbridge dynamic response under pedestrian loads. In general, the loading model based on a single person excitation was implemented by Matsumoto *et al.* (1978), while all the specifications are time-domain modeled.

BS 5400

The BS 5400 Standard is one of the earliest developed codes of practice addressing vibrations on footbridges. In the last edition, deflection criteria are implemented, for the cases of natural frequencies below 5 and 1.5 Hz, for vertical and horizontal directions, respectively. For more complex structures, the maximum vertical acceleration should be calculated by imposing a movable point load, F Equation 7:

$$F(t) = 180\sin\left(2\pi f_0 t\right) \tag{7}$$

where, f_0 represents the fundamental frequency of the footbridge.

Eurocode 5-Part 2

Although Eurocode 5 concerns timber bridges, the response model could be used for any material. Nevertheless, it regards simply supported beams or truss systems, while the walking frequency is not taken into account for the dynamic response. In addition, although the serviceability check is exempt in case the fundamental frequency of the bridge is greater than 5 Hz for vertical vibrations and 2.5 Hz for lateral and torsional vibrations, comfort criteria are defined in terms of accelerations without frequency dependence (Eurocode 0, Annex A2). The last observations make Eurocode restricted for wide usage.

Particularly for the horizontal vibrations, the horizontal acceleration for several pedestrians crossing the bridge, $a_{hor,n}$, are calculated as follows Equation 8a and b:

$$a_{hor,1} = \frac{50}{M\zeta}$$
, for 0.5 Hz $\leq fn \leq 2.5$ Hz (8a)

$$a_{hor,n} = 0.18a_{hor,1}nk_{hor} \tag{8b}$$

where, *n* (which is the number of pedestrians) should be taken as 13 or 0.6A (i.e., 60% of the bridge deck area) and k_{hor} is the coefficient according to the natural frequency of the structure, f_n . The latter factor is illustrated for both vertical and horizontal directions in Fig. 3.

ISO 10137

According to Annex A of ISO 10137 (2007), in contrast to the Eurocode, the dynamic force F(t) produced by a person walking on a footbridge can be expressed as a Fourier series for each direction, as demonstrated in Equation 9:

$$F_{1}(t) = W\left(1 + \sum_{n=1}^{k} a_{n} \sin(2\pi n f_{p} t + \varphi_{n})\right)$$
(9)

where, W represents the pedestrian's weight, a_n the dynamic load factor (or the ratio of the lateral force to the pedestrian's weight) and f_p the pacing frequency. The dynamic factor for the first mode is expressed proportional to the walking frequency, while for the next 5 harmonics is defined as $a_2 = 0.1$, $a_3 = a_4 = a_5 = 0.06$. However, through this approach an over-conservative assumption is introduced by the fact that all users synchronize with the structure (Ingólfsson *et al.*, 2007).

Sétra

Using Sétra guidelines, footbridge categorization is implemented taking into account both the traffic and the comfort levels. In case the studied structure's resonance level is negligible, the footbridge is judged sufficient and no further calculation is required.

Otherwise, the direction of the dynamic load corresponds to the sign of the mode shape, while its amplitude is defined as Equation 10a to c:

$$f_N(t) = N_{eq} \frac{F_0}{A} \psi \cos(2\pi f_n t)$$
(10a)

$$N_{eq} = 10.8\sqrt{N\xi}$$
, for sparse or dense crowd (10b)

$$N_{eq} = 1.85\sqrt{N}$$
, for very dense crowd (10c)

where, F_0 , A and N_{eq} represent the load amplitude of a single pedestrian, the bridge deck area and the number of people (separately for two types of crowd), respectively. f_n is the natural frequency and ψ denotes the reduction of load for excitations away from the average pacing ratio. After the maximum acceleration is established, the comfort criteria are implemented to check whether the structure exhibits within the acceleration limits or not.

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Fig. 3. Comparison of reduction factors as a function of natural frequency

The criterion of the acceleration limit should be considered, as expected, more relevant than the critical number of pedestrians, since through critical acceleration the concept of the problem is more realistically simulated, while the stability criteria can be effectively applied. Besides, as it is mentioned in the current guide "acceleration actually corresponds to what the pedestrians feel whereas a critical number of pedestrians depends on the way the pedestrians are organized and positioned on the footbridge". The methodology of Sétra Guidelines was presented recently by Saouridis and Remy (2014), along with the implementation on two case studies.

JRC/ECCS

JRC/ECCS specifications are based on recent projects (Butz, 2007; Hivoss, 2008), while the relation with the French Sétra Guidelines is apparent. Some important modifications are highlighted herein, such as wider critical ranges are specified regarding the natural frequencies, for both vertical and longitudinal directions. In particular, the upper limit of the vertical vibrations is expanded to 4.6 Hz in order to take into account the second harmonic. In addition, the comfort classes are presented as defined in Sétra guidelines, while traffic classes.

Both deterministic and probabilistic approaches have been demonstrated for the response to distributed harmonic loads, while SDOF method and response spectra method are also presented in these guidelines. Specific information is attached for the dynamic properties' evaluation of a footbridge, assisted by testing procedures. Finally, numerous case studies for which damping systems have been implemented are presented in tabular form.

The reduction factors for the dynamic forces produced by pedestrians, are presented according to three European Guidelines (JRC/ECCS, Sétra and EC5) for both vertical and lateral directions (Fig. 3). Thus, the risk frequencies' comparison for each specification can be schematically observed. For a more comprehensive compilation of risk frequencies from various published guidelines the reader is referenced to Table 1.2 of Sétra (2006). The over-conservation of the Eurocode is also apparent.

Case Studies

The most valuable observations about the dynamic behavior of footbridges under pedestrian loads have been recorded through studying existing structures. For this reason, case studies for which excessive instability phenomena has occurred, are presented in this study.

London Millennium Bridge (Fig. 4) is rather a conventional bridge. The structural system stiffness is almost derived by the cable tension (80% of the total stiffness), since the deck is supported on the cables (Fitzpatrick *et al.*, 2001). Dallard *et al.* (2001) highlighted the torsion effects on both vertical and horizontal response. The fact that a large mass distribution is obtained through the cables, results in the torsion modes having relatively high modal mass. However, although the torsional modes were generally less excitable than the vertical ones, the maximum lateral acceleration recorded on the bridge was over 0.2 g (contrary to 0.02 g predicted during the analysis).

Nevertheless, it was resulted that synchronous lateral excitation is not attributed to the innovative design of the London Millennium Bridge (Dallard *et al.*, 2001). According to the literature, a significant number of cases are found to be sensitive to the same phenomenon. For comparative reasons, examples of several footbridge types are reviewed in Table 1, where one can observe the main features, namely the first mode frequency and type, along

with the corresponding length and type of each footbridge. Many of the cases below regard footbridges where damping systems are implemented. In addition, two of the most wellknown footbridges, the Solferino footbridge (Paris) and the M-bridge (Japan), are shown in Fig. 5 and 6, respectively.

Vibration Upgrading

One way for reducing the dynamic effects on an existing footbridge is, clearly, the reduction of accelerations. However, through the vibration upgrading process, one should also consider the modification of the natural frequencies. For that reason, several highlights according to (Sétra, 2006) are synopsized herein.

Ultimately, it should be noted that extensive structural modifications (which imply time and cost effective solutions) are needed for the re-arrangement of the footbridge's stiffness. In case the first mode is within the range of risk, one should take into account that decreasing it below the range of risk, the second one is retained above that critical range. Otherwise, increasing the flexibility of the structure leads to higher deflections.

Table 1	Ι.	Considered	case	studies	of	footbridge	s
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Reference	Bridge type	Hz ^a	Length (m)	Mode type	Bridge
Sétra (2006)	Warren-type lateral beams	1.95	49.7+49.7	vertical bending	Cavaillon footbridge
	steel box-girder	1.97	54+50+64	vertical bending central bay	Stade de France footbridge
	ribbed slab	1.65	22+22+44	vertical bending	Noisy-le-Grand footbridge
	bow-string arch	2.54	55	vertical bending	Montigny-les-Cormeilles
	suspended construction	1.1	60.0	lateral bending of deck	Footbridge over the Aisne at Soissons
	steel arch	0.71	106	lateral swing	Solferino Bridge
	cable-stayed construction	1.38	68+36+42+42	lateral bending of deck	Pas-du-lac footbridge at St Quentin
	mixed construction beam	2.15	23	vertical bending	Mon-Saint-Martin footbridge
Nakamura and Fujino (2002)	cable-stayed/continuous box girder	0.93	45+134	lateral	T-bridge, Japan
Breukleman et al. (2002)	steel beam girder	1.7-2.2	-	vertical	Bellagio to Bally's footbridge, Las Vegas
Hatanaka and Kwon (2002)	steel box girder	1.84	47.4	vertical	Simply supported footbridge
Collete (2002)	steel beams	4.3	28	vertical	Footbridge on large atrium
Caetano et al. (2007)	steel box girder	0.8	-	vertical	Mjomnesundet bridge, Norway
	steel cable-stayed/steel arch	1.9	209	vertical	Schwedter Straße bridge, Berlin
	hinged steel arch/orthotropic deck	5.6	33.8	vertical	Britzer Damm footbridge, Berlin
	shallow arch/girder	0.85	110	lateral/vertical	Pedro 3 Ines Bridge, Coimbra
Seiler et al. (2002)	cable-stayed construction	1.0-3.0	117.5	vertical	Forchheim Bridge, Germany
JRC/ECCS (2009)	suspension bridge	0.24	38+103+38	horizontal	Weser River Footbridge, Minden
	steel arch	0.63	15+90+15	lateral	Guarda Footbridge, Portugal
Dallard et al. (2001)	suspension tension-ribbon	0.48	108+144+80	lateral	London Millennium footbridge
Nakamura et al. (2006)	suspension bridge	0.5	60+320+60	-	Maple Valley Great Suspension Bridge (M-bridge)
Pantak et al. (2012)	suspension bridge	1.44	51.2	-	Wegierska Górka, Poland
	steel truss arch	2.14	45	-	Łapanów, Poland
	suspension bridge	1.4	102	-	Nový Dvůr near Brno, Czech Republic
Van Nimmen et al. (2014)	steel U-shaped cross section	1.71(2.03)	96	-	Eeklo footbridge
	steel tied-arch	0.71(0.74)	107	-	Wetteren footbridge
	steel cable-stayed with a 3D truss	2.97(2.93)	58.5	-	Ninove footbridge
	steel hammock with concrete deck	1.55(1.67)	106	-	Knokke footbridge
	steel structure	3.06(2.92)	23	-	Leuven footbridge
	steel arch bridge	2.85(3.04)	57	-	Anderlecht footbridge
	steel L-shaped cross section	3.75(3.7)	31	-	Mechelen footbridge
	steel U-shaped cross section	1.64(1.86)	57	-	Brugge footbridge
Black and Webster (2006)	semi-tied bowstring arch	2.07(2.03)	77.0	-	Jane Coston Cycle bridge



Fig. 4. View of the London Millennium Bridge (Brownjohn et al., 2008)



Fig. 5. View of the Solferino footbridge in Paris



Fig. 6. View of the Nasu Shiobara footbridge in Japan (M-bridge)

In particular, the most efficient way of upgrading the natural frequencies is regarded the increase of the stiffness by reducing (or without increasing) the mass of the system. This could be achieved by improving the geometrical or material properties (e.g., modulus of elasticity, strength, etc.). In other case, the simultaneous increase of both the stiffness and the mass reduces the overall effect. Nevertheless, although the increase of the mass leads to the reduction of the natural frequency (which is found insignificant), it also implies reduction of the accumulated accelerations (inversely proportional).

An alternative solution of major importance is regarded the installation of damping systems. Three major damping systems are found in the literature: Tuned mass (or liquid) dampers, viscous (and friction) dampers and the active control.

Tuned Mass Dampers (TMDs) are the most popular, as they are easily-installed and very effective for damping out excessive vibrations. However, the damping ratio has to be maintained for the TMD lifetime. In addition, the proper installation position should be chosen to allow easy maintenance and inspection without the need for special traffic-management measures. A representative example of a TMD is schematically illustrated in Fig. 7 (Black and Webster, 2006).

On the other hand, viscous and friction dampers are energy-dissipating, for the operation of which two points of the structure should be connected. The active control systems use computer-controlled powered components which induce the certain forces to cancel out the dynamic actions. The successful application of fluid viscous dampers to earthquake resistant design has also been extensively discussed many years ago by Constantinou (1994). In addition, semi-active TMDs are developed by Occhiuzzi *et al.* (2008) by adjusting their dynamic parameters based on a magnetorheological fluid-control strategy by varying the intensity of the magnetic field, while different combinations of viscous and friction types of behavior can be achieved. The effectiveness of semi-active TMDs is also presented in Demetriou *et al.* (2015).

London Millennium footbridge and Toda footbridge in Japan, are regarded two of the most well-known cases of dampers installation. Dallard *et al.* (2001) elaborately describe the design process for the vibration upgrading of Millennium footbridge, where 37 fluid viscous dampers were installed to cancel out the horizontal vibrations as well as tuned mass dampers for the vertical vibrations (some of these can be seen in Fig. 4). The sufficient use of the first ones were ensured by connecting the dampers (where possible) to fixed points (piers and ground). To provide horizontal damping for the Toda footbridge, Tuned Liquid Dampers (TLDs) corresponding to 0.7% of the total mass were used (Nakamura and Fujino, 2002).

The optimum frequency and damping amplitudes are expressed through Equation 11a and b (Den Hartog, 1940):

$$f_{opt} = \frac{f_H}{1 + m_T / m_H}$$
(11a)

$$\zeta_{opt} = \sqrt{\frac{3m_T / m_H}{8(1 + m_T / m_H)^3}}$$
(11b)

where, m_T and m_H denote the damper mass and the main system mass, respectively.



Fig. 7. Presentation of TMD installed in Jane Coston Cycle Bridge (Black and Webster, 2006)



Fig. 8. Effect of a tuned mass damper according to (Den Hartog, 1940), for $\mu = 0.05$, $\alpha = 1$ and several damping ratios

In general, the proper ratio m_T/m_H is found to lie between 2-5%, while the damping coefficient has been observed to reach great values (20%), along with significant reduction of the produced accelerations (up to 20 times), according to the literature (Dallard *et al.*, 2001).

In Fig. 8 (Sétra, Appendix 3), the vertical axis represents the impact factor A, defined as the ratio of the maximum dynamic to the static displacement and depends on the parameters: The mass ratio $\mu = m/M$, the frequency ratios $\alpha = \omega_{ada}/\omega_{osc}$ and $\beta = \omega/\omega_{osc}$ and the damping ratio of the damper, ξ_{ada} . Particularly for great damping values of the TMD, the two masses are virtually fused, forming a single oscillator of mass equal to m + M. The two humps generated are more than obvious for the two-degrees-of-freedom system, while the optimum damping coefficient is obtained through Equation 11b approximately 0.13. For more information about the effectiveness and the applicability of tuned absorbers the reader is referenced to Bachmann and Weber (1995), Bachmann (1992) and Meinhardt et al. (2008).

Conclusion

This work consists a thoroughly review of the dynamic response of footbridges under pedestrian loads. Initially, some qualitative information is given for the introduction to the problem. Regarding the correlation between the forces generated by the pedestrians and the movements of the bridge, safe conclusions can be drawn only by considering the produced accelerations (separately for vertical and horizontal directions). In particular, regarding low levels of accelerations compared with the corresponding acceleration limit, the recorded forces are considered rather random. In case one follows a conservative approach, a number of assumptions should be considered such as the increased crowd density (at whole or local areas), the correlation between pedestrians, the absence of passive human (and generally the neglect of the pedestrians' participation to the overall structural damping) and the allowance of random component.

Furthermore, the main deterministic time-domain load models are presented, while the need for probabilistic methods is also highlighted. This is regarded essential to obtain the approach of the design guidelines, which are illustrated subsequently. This study includes briefly the principles of BS 5400, EC5, ISO, Sétra and JRC/ECCS guidelines and specifications.

The design of a footbridge should accommodate the provision of dampers, in order to constrain large dynamic effects. Vibration testing after the bridge installation may be regarded as an obligatory provision (at least for identical case studies) adopted by the national codes, in order to monitor whether specific vibrations (or comfort and stability) criteria have been met. Otherwise, vibration upgrading measures will have to be implemented for the safe use of the footbridge. For the latter case, conventional cases of damping systems are exemplified and examples of implementations are presented.

Author's Contributions

All authors equally contributed in this work.

Ethics

No ethical issues are encountered by the authors.

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