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PRE-OPERATIVE RISK ASSESSMENT TOOLS FOR MORBIDITY AFTER CARDIAC SURGERY: A

SYSTEMATIC REVIEW

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ABSTRACT

BACKGROUND

Post-operative morbidity places considerable burden on health and resources. Thus, strategies to identify, predict and reduce post-operative morbidity are needed.

AIMS

To identify and explore existing pre-operative risk assessment tools for morbidity after cardiac surgery.

METHODS

Electronic databases (including MEDLINE, CINAHL, Embase) were searched to December 2020 for pre-operative risk assessment models for morbidity after adult cardiac surgery. Models exploring one isolated post-operative morbidity and those in patients having heart transplantation or congenital surgery were excluded. Data extraction and quality assessments were undertaken by two authors.

RESULTS

From 2,251 identified papers, 22 models were found. The majority (54.5%) were developed in USA or Canada, defined morbidity outcome within the in-hospital period (90.9%), and focused on major morbidity. Considerable variation in morbidity definition was identified, with morbidity incidence between 4.3% and 52%. The majority (45.5%) defined morbidity and mortality separately but combined them to develop one model, while seven studies (33.3%) constructed a morbidity-specific model. Models contained between five to 50 variables. Commonly included variables were age,

emergency surgery, left ventricular dysfunction and reoperation/previous cardiac surgery, although definition differences across studies were observed. All models demonstrated at least reasonable discriminatory power (area under receiver operating curve (0.61-0.82).

CONCLUSION

Despite the methodological heterogeneity across models, all demonstrated at least reasonable discriminatory power and could be implemented depending on local preferences. Future strategies to identify, predict and reduce morbidity after cardiac surgery should consider the aging population and those with minor and/or multiple complex morbidities.

KEYWORDS: post-operative morbidity; cardiac surgery; pre-operative risk; risk prediction models; morbidity outcome

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INTRODUCTION

It is widely recognised that mortality alone provides only a crude representation of surgical quality and that high quality surgical care should include mortality, morbidity and patient-reported outcomes¹. In particular, post-operative complications are a serious global concern affecting up to 16.8% of patients². In cardiac surgery, where over one million cardiac surgeries are performed worldwide each year³, up to 48% of patients experience at least one complication⁴. Those experiencing post-operative complications experience increased intensive care length of stay (LOS)⁴, hospital LOS^{4, 5, 6,} substantial morbidity at 6-weeks after surgery (between 28%⁷ and 38.9%⁸, and readmission requirement (between 6%⁷ and 15.3%⁸). Moreover, almost a quarter of cardiac surgery patients require community health service support in the initial period after discharge⁷ and those who suffer post-operative complications also experience worse quality of life⁹ lasting up to three years after surgery¹⁰ and report increased anxiety and fear of dying¹¹.

In addition to the patient and societal health burden, this poses a huge financial and organisational load on health care systems. Data from the Society of Thoracic Surgeons (STS) suggests the total cost of complications after isolated coronary artery bypass graft surgery (CABG) over the last 10 years was \$78.6million in the USA alone¹². More specifically, the average in-hospital incremental cost of experiencing any complication after CABG is approximately \$15,000 per patient¹³, higher in those undergoing combined CABG and valve surgery⁵, with additional morbidities exponentially increasing costs¹². Such costs, and the associated challenges imposed on healthcare delivery services, will only continue to increase as surgical complexity, increasing patient age and associated co-morbid conditions also increase¹².

Despite this increasing burden, few countries reliably record post-operative morbidity outcomes after cardiac surgery ¹⁴ due to its considered subjective and imprecise nature¹⁵. That said, greater emphasis has been placed on morbidity outcome in recent years with both the STS National Database (USA) and the National Institute of Cardiovascular Outcomes Research Adult Cardiac Surgery (UK) reporting some morbidity outcomes at national level (for example, reoperation for bleeding or wound infection, post-operative stroke or post-operative renal failure). However, there lacks an international consensus or standardised definition for post-operative morbidity and clinical endpoints in cardiac surgery trials are measured and reported inconsistently^{16, 17}. This poses considerable challenges as there is a specific need to be able to identify, measure and then accurately predict complications after cardiac surgery¹². If strategies to identify, predict and then subsequently reduce post-operative morbidity after cardiac surgery can be found this will improve patient well-being, reduce healthcare costs and increase healthcare service efficiency.

Thus, we sought to undertake a systematic review of pre-operative risk assessment tools of postoperative morbidity after cardiac surgery to identify and examine the existing tools used to define, measure and assess pre-operative risk of post-operative morbidity after cardiac surgery.

METHODS

This review was registered on PROSPERO, an international prospective register of systematic review (February 2019, reference CRD42019120080).

Protocol and registration

This systematic review was conducted in accordance with the Preferred Reporting Items for Systematic reviews and Meta-Analyses (PRISMA) guidelines¹⁸.

Eligibility criteria

All studies that develop (with or without validation) a pre-operative risk assessment tool of postoperative morbidity after cardiac surgery were eligible for inclusion. Studies were included if they met the following inclusion and exclusion criteria: *Population*: adults (≥18 years of age) undergoing any form of cardiac surgery (including coronary artery bypass grafts and/or valve surgery in isolation or combination) but excluding those undergoing heart transplant, cardiology procedures (for example, percutaneous coronary intervention or Transcatheter Aortic Valve Implantation); *Outcome:* morbidity after cardiac surgery, excluding those that assess one isolated post-operative morbidity outcome (for example, stroke or bleeding only). Studies were not excluded on the basis of publication date or quality assessment outcome, but were required to be available in English language.

Information sources

A search of MEDLINE, Cumulated Index of Nursing and Allied Health Literature, Embase, British Nursing Index, the Cochrane Library and ClinicalTrials.gov (www.clinicaltrials.gov) was undertaken for relevant papers published up to and including December 2020 (last search date 14th December 2020). Identified systematic reviews were reviewed to identify any additional tools.

Search strategy

The above data sources were searched using a strategy comprised of title/abstract text terms paired with (majored) exploded Medical Subject Heading (MeSH) terms, or equivalent, in the following combinations, as per the Cochrane Library search: (*MeSH descriptor:* [Thoracic Surgery] *explode all trees* OR *MeSH descriptor:* [Cardiovascular Surgical Procedures] *explode all trees* OR (((cardiac OR heart*) NEXT (surge* OR surgical*)) OR CABG OR "coronary artery bypass"):ti,ab,kw) AND (*MeSH descriptor:* [Morbidity] *explode all trees* OR (Morbidit*):ti,ab,kw) AND (*MeSH descriptor:* [Risk Assessment] *explode all trees* OR (risk* NEXT (assess* OR scor* OR tool*)):ti,ab,kw). Clinicaltrials.gov

(<u>www.clinicaltrials.gov</u>) was also searched for trials-in-progress, and citation searches were performed on relevant papers.

Study selection

Two rounds of screening occurred. First, a title and abstract review was undertaken followed by a full paper review of those included from the first screening. All screening was undertaken independently by two authors, in accordance with the inclusion and exclusion criteria, with a third author reviewing any discrepancies between authors. The full-text paper of potential studies identified through systematic reviews were obtained and were also screened as per the above process.

Data collection and syntheses (data items and data collection process)

Data extraction included primary author, date of publication, country of study, study design, type of surgery, sample size (in development and validation datasets, where appropriate), definition of morbidity use, morbidity rate, variables (and attributed scores) included in the final tool, and reliability and validity assessment outcome. All data were extracted and collated into a standardised proforma by two authors, with differences resolved through discussion until consensus achieved.

Risk of bias and quality assessment

All included papers were reviewed for quality by two authors using the Critical Appraisal Skills Programme template for clinical prediction rule¹⁹. A risk of bias graph was generated²⁰ and studies were not excluded on the basis of the quality assessment.

Analysis

Meta-analysis was not possible due to the heterogeneity of studies. Thus, results were summarised using descriptive statistics, tables and narrative synthesis, as appropriate. Interpretation of the discriminatory power of the models followed that described by Hosmer and Lemeshow²¹. MedCalc[®] version 19.7.4 was used to generate a forest plot to compare the discriminatory power of each the models. Interpretation of the analysis was discussed and agreed by all members of the authorship team.

RESULTS

Study selection

A total of 2251 non-duplicate papers were identified for possible inclusion (Figure 1) with 105 papers undergoing independent full-text assessment. This resulted in 22 papers being included for data analysis that described the development of a pre-operative risk assessment tool for post-operative morbidity after cardiac surgery. A complete reference list of all included studies is presented in Supplementary Table 1.

Study characteristics

The study characteristics of the 22 included studies are detailed in Tables 1 and 2. The majority of studies were conducted in USA or Canada (n=12 (54.5%)) (Table 1), with just over a quarter (n=6 (27.3%)) published in the last 10 years. Equal proportions of tools were developed in mixed cohorts of cardiac surgery patients and those specifically undergoing CABG (n=9 (40.9%)), four (18.2%) were developed specifically in valve surgery patients^{22, 23, 24, 25} and two focused on risk assessment in the elderly (>70 years²⁶; >80 years²⁷. More recently, focus has been on adapting existing models, for example, combining tools²⁶, and adding biomarkers^{28, 29} and echo parameters²³. Overall, development set sample sizes ranged from 152²⁶ to 670,830²⁵, while almost all defined outcome within the in-hospital post-operative period (n=20 (90.9%)). Only one study included morbidity outcome up to six months after surgery³⁰.

Risk of bias

Figure 2 demonstrates the risk of bias across studies. While the vast majority conducted the development of the models in an appropriate cohort of patients, just under half did not validate the model in a different group of patients. Furthermore, in almost three-quarters of studies performance or detection bias was detected or unclear, although the clinical prediction rule was clearly defined in over 75% of studies. Considering studies individually (Figure 3), only three studies demonstrated no bias in any category^{31,32, 25,} one study demonstrated bias in all categories and another was unclear in all but the sample population bias category³³.

Definition of post-operative morbidity

Across studies four broad types of definition of morbidity were used (Table 2). Two studies defined morbidity using a surrogate marker (LOS >12 days³⁴, LOS >10 days²², while the majority (n=10), and all studies pre-1996, defined morbidity and mortality separately but combined them to develop one model. Similarly, three further studies included death within the morbidity definition^{31, 32, 35}. The construction of separate models for mortality and morbidity was first reported in 2000³⁶ with seven of 12 studies (58.3%) from this time defining and constructing a separate model for post-operative morbidity. However, within these models only two studies used the same definition of morbidity (Hsieh et al 2007²⁷ used that of Dupuis etc al 2001³⁷) (Supplementary Table 1), highlighting the variation of morbidity definitions. The majority defined morbidity as severe morbidity, including a range of variables of varying definitions/criteria, while only Magovern and colleagues defined morbidity as either a major or minor complication³¹.

Incidence of post-operative operative morbidity

Overall, the majority of studies (n=9, 40.9%) reported post-operative morbidity incidence between 20% to 30%, although the range across studies was $4.3\%^{35}$ to $52\%^{31, 27}$. However, it is important to note that Hsieh et al only included those >80 years old²⁷, and is considerably higher than that

reported by Dupuis et al using the same morbidity definition but in a younger cohort³⁷. Equally, as highlighted previously, Magovern et al was the only study to include both major and minor complications (36% minor complication, 16% major complication)³¹. The reverse is true for Fortescue et al where only five serious adverse events were included in the morbidity definition (death, renal failure, myocardial infarction, cardiac arrest, stroke and coma)³⁵, which are uncommonly experienced after cardiac surgery³⁸.

Pre-operative risk assessment model

Six models either used statements or categories to assess risk^{37,22} or, as detailed previously, combined or modified existing scores^{26,28,29,23.} Of the newly developed models, including those using EuroSCORE, the number of variables included in a model ranged from six³² to 50²⁵. Overall, 94 variables were included across studies with the highly common variables identified as age (n=16), emergency surgery (n=14), left ventricular dysfunction/ejection function (n=14), reoperation/previous cardiac surgery (n=13), renal dysfunction/failure (including creatinine level categories) (n=11) and gender (n=10), where female gender was consistently identified as higher risk (n=8) (Supplementary Table 1). However, despite some variables being commonly included in the models, considerable variations in the definitions of the variables existed. For example, where categorised, eight different age, seven different left ventricular dysfunction/ejection function and eight different renal function definitions were identified. Considering those models defining and measuring post-operative morbidity only (n=7) the common variables were similar and included age (n=7), left ventricular dysfunction/ejection function (n=6), renal dysfunction/failure (including creatinine level categories) (n=4), combined surgery (n=4), lung disease (n=4) and gender (n=4). The discriminatory power of each model is shown in Figure 4, excluding three early models that did not report the area under the receiver operating characteristic curve (area under ROC) or C-statistic ^{39, 40, 41}. Four studies demonstrated poor discriminatory power (0.6-0.7) while fair (0.7-0.8) or good

(0.8-0.9) discriminatory power was demonstrated in two-thirds of the models (fair n=12 (54.5%); good n=3 (13.6%). No models demonstrated excellent discriminatory power (0.9-1.0).

DISCUSSION

The impact of post-operative morbidity after cardiac surgery, on in-hospital⁴, post-discharge⁸ physical health and quality of life⁹, and the associated financial burden¹², means that strategies to identify, predict and reduce morbidity after cardiac surgery are needed. Our systematic review identified 22 models of pre-operative risk assessment of morbidity after cardiac surgery. There are several findings of note from these studies. Firstly, there is a recognition of a shift over time in how post-operative morbidity has been defined and measured as the relevance, impact and importance of post-operative morbidity has heightened. Secondly, there remains ongoing challenges relating to varying morbidity definitions resulting in a multitude of prediction models using different outcomes;. Thirdly, there is still an overwhelming focus on in-hospital morbidity outcome despite the evidence supporting impact beyond discharge and potentially for several years and finally, only three models demonstrated 'good' discriminatory power while only one of the 22 models considered both major and minor complications. However, it is also interesting to note that morbidity outcome for those undergoing valve surgery is beginning to be considered separately from CABG with four models now available focusing on this patient group.

Increasing age and risk profile

Cardiac surgery is experiencing an increasing age and risk profile of patients although mortality has continued to fall⁴². Despite this, considerable post-operative morbidity was reported in those over 70 years old (24.3%)²⁶ and 80 years old (51.6%)²⁷. Clearly, the differences in definition influence interpretation of these figures but there are two noteworthy points. Firstly, Hsieh and colleagues used the same morbidity definition as the Cardiac Anaesthesia Risk Evaluation Score model³⁷, which included all cardiac surgery patients and identified a morbidity rate of 20.7% in the development and

22.2% in the validation dataset. Secondly, Afilalo and colleagues added frailty and disability scales to known mortality prediction tools and reported improved model discrimination (compared to mortality prediction alone) for post-operative morbidity²⁶. This suggests that elderly patients experience greater post-operative morbidity and that consideration of pre-operative frailty and disability may be useful in predicting post-operative morbidity risk. As it is expected that any life expectancy gains over the next 20 years will be spent living with multiple complex morbidities, efforts on prevention and efficient service provision is needed⁴³.

Utility in practice

A fundamental challenge of clinical risk prediction scores is their utility in practice ⁴⁴. Since operative mortality has been found to be associated with both the number and severity of complications after cardiac surgery⁴⁵, and operative mortality risk tools are routinely used in practice, it is not unreasonable to consider whether existing mortality risk prediction tools may also have value in morbidity prediction. Certainly, EuroSCORE, developed to predict operative mortality risk and used widely across Europe, has been applied to explore post-operative morbidity risk prediction. Indeed, two tools identified in this review^{28,29} added biomarkers to the EuroSCORE to create new models. Unsurprisingly, due to its discriminatory power in predicting operative mortality, EuroSCORE appears to perform reasonably well in predicting overall in-hospital major morbidity incidence^{36,46}. However, EuroSCORE only predicts some, but not all, major (for example, stroke, acute renal failure, respiratory infection, bleeding, myocardial infarction) post-operative complications^{47, 46, 48, 49} and these results are also inconsistent across studies. Equally, previous work has highlighted that different risk factors are associated with morbidity outcome as time from surgery progresses. Thus, accepted risk factors and models for operative mortality may only be useful for predicting morbidity risk in the first few critical days of recovery⁵⁰. This principle may also be applied to the vast majority of models in this review, since almost all only considered in-hospital morbidity and major morbidities.

The 'holy grail' of prognostic factor research is to improve patient outcomes by providing a personalised approach to healthcare and risk prediction⁵¹ and how these factors can be used to improve patient or treatment outcomes⁵². Clinical risk prediction scores are an important driver for person-centred care⁴⁴, at a time when shared decision-making to meaningfully improve outcomes that are important to patients⁵³ is advocated. Specifically, in the UK these currently include improving the outcomes of frail heart surgery patients and those with chronic conditions, including long-term outcomes ⁵⁴. Enhanced Recovery After Surgery cardiac programmes recognise the culture-shift to a person-centred system of care and the importance of the multidisciplinary team in this to optimise patient outcomes and experience⁵⁵. Certainly, nurses and allied professionals working in primary care, optimisation or pre-operative clinics are ideally placed to use clinical risk prediction scores to provide this level of personalised care prior to surgery⁵⁶.

Although few countries to date have reliably recorded post-operative morbidity after cardiac surgery¹⁴, efforts to do so are being progressed^{57, 42}. This provides the opportunity for more detailed and accurate identification, prediction and subsequent reduction of post-operative morbidity in the future.

Study limitations

This review has three main limitations. Firstly, no studies were excluded on the basis of the quality assessment. This was to enable full exploration of all the models available, although as the results detail, the studies were of varying quality. Secondly, we purposefully only included pre-operative risk assessment tools, excluding those that included intra-operative (and post-operative) variables. If strategies to predict, and then subsequently reduce, post-operative morbidity after cardiac surgery are to be implemented, then pre-operative risk assessment is necessary. Thirdly, due to the heterogeneity of the outcome definition and variations in methodological detail direct comparisons

or undertaking a meta-analysis are not feasible. Despite this, our review, conducted with considerable methodological rigor (for example, not employing any date restrictions, undertaking double independent searching, data extraction and quality assessments), is valuable in describing and summarising the current evidence in this area to enable subsequent work to be undertaken to improve morbidity burden after cardiac surgery.

In conclusion, this review identified 22 pre-operative risk prediction tools for morbidity outcome after cardiac surgery. Those including minor morbidities, focusing on the elderly and including Growth Differentiation Factor 15 biomarker performed well. However, due to the methodological heterogeneity of studies, the lack of ability to undertake direct comparisons or a meta-analysis does limit the scope of conclusion that can be made as they all measure and predict different factors. Certainly, obtaining consensus, both nationally and internationally, would be beneficial for future work. Despite this current lack of standardisation, the review has highlighted that strategies to identify, predict and reduce morbidity after cardiac surgery should consider minor, as well as major morbidities, the impact of in-hospital complications on longer-term recovery and the increasing age, with accompanying multiple complex morbidities, of the current and future cardiac surgery population.

IMPLICATIONS FOR PRACTICE

- Clinical risk prediction models are important for person-centred care and can provide a basis for shared decision making
- Three models exhibit good discrimination and could be used in pre-operative clinics to optimise patient outcome and experience
- Age, frailty and multiple complex morbidities are important factors to consider
- New models that include minor morbidities and consider longer-term recovery are needed

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DECLARATION OF CONFLICTING INTERESTS

The author(s) declare that there are no conflict of interest.

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TABLES AND FIGURES

Table 1: The study characteristics of each included model (n=22): model name, year of publication, country, design, data collection period and

population.

Study (author, reference and	Year	Country	Design (includes validation	Data collection period	Population (surgery type)
model name (where stated).	published		design where conducted)		
Parsonnet ³⁹	1989	USA	Retrospective	1982-1987	Open heart surgery
Higgins ⁵⁸	1992	USA	Development: Retrospective	1986-1988	CABG
Cleveland Clinic score			Validation: Prospective		
Tuman ⁴⁰	1992	Canada	Prospective	Not stated	Isolated cardiac surgery
Geraci ⁵⁹	1993	USA	Retrospective	1985-1986	CABG
Hattler ⁴¹	1994	USA	Prospective	1991-1993	CABG
Roques ³³	1995	France	Prospective	1993	Cardiac surgery
Ontario Province Risk Score					
(French score)					
Kurki and Kataja ³⁴	1996	Finland	Retrospective	1990-1991	CABG

CABDEAL score					
Magovern ³¹	1996	USA	Retrospective	Development 1991-1992	CABG
				Validation: 1993-1994	
Staat ³²	1999	France	Retrospective	1996	CABG
Pitkanen ³⁶	2000	Finland	Development: Retrospective	Development 1992-1996	Cardiac surgery
			Validation: Prospective	Validation: 1998-1999	
Dupuis ³⁷	2001	Canada	Prospective	Development: 1996-1998	Cardiac surgery
Cardiac Anaesthesia Risk				Validation: 1998-1999	
Evaluation Score (CARE)					
Fortescue ³⁵	2001	USA	Prospective	1993-1995	CABG
Quality Measurement and					
Management Initiative (QMMI)					
score					
Wouters ³⁰	2002	Netherlands	Retrospective	Development: 1998	CABG
CORRAD score				Validation: 1999-2000	

Huijskes ⁶⁰	2003	Netherlands	Retrospective	1997-2001	CABG +/- valve surgery
Amphibia score					
Hsieh ²⁷	2007	Taiwan	Retrospective	2004-2006	Cardiac surgery (>80 years
					old)
Grinberg ²²	2009	Brazil	Retrospective	Not stated	Heart valve surgery
Valve, Myocardial function,					
Coronary artery disease and					
Pulmonary artery pressure					
(VMCP) score					
Afilalo ²⁶	2012	USA and	Prospective	2008-2010	CABG +/- valve replacement
		Canada			or repair (>70 years old)
Heringlake ²⁸	2013	Germany	Prospective	Development: 2009	Cardiac surgery
				Validation: 2008	
Schoe ²⁹	2014	Netherlands	Prospective	2006-2010	Elective cardiac surgery

Tan ²³	2015	USA and	Retrospective	USA: 2008-2010	Surgical AVR +/- CABG. Also
		Canada		Canada: 2010-2012	included aortic surgery
LaPar ²⁴	2018	USA	Retrospective	2002-2014	Isolated tricuspid valve
					operations
O'Brien ²⁵	2018	USA and	Retrospective	Development: 2011-2014	Considered separately:
STS Adult Cardiac Surgery Risk		Canada		Validation: 2014-2016	CABG, Valve, and CABG and
Model					Valve

Table 2: The model characteristics of each included model (n=22): sample size, morbidity definition, timing of morbidity outcome, number of

variables in the score and morbidity rate.

Study (author and	Sample size	^a Morbidity	Timing of	^d Number of variables in	Morbidity rate (%)
reference)	(development and	definition for	morbidity outcome	score (taken from text,	
	validation)	model	(eg in-hospital, 1	where stated, otherwise	
		development	week)	counted from results	
				table)	
Parsonnet ³⁹	Development: 3,500	2	In-hospital ^b	15	23.5
	Validation: 300				
Higgins ⁵⁸	Development: 5,051	2	In-hospital	13	13.5
	Validation: 4,069				
Tuman ⁴⁰	Development: 3,156	2	In-hospital ^b	12	22.2 development
	Validation: 394				19.8 validation

Geraci ⁵⁹	Development: 2,213 (split	2	Post-operative	11	33
	in half for development				
	and validation)				
Hattler ⁴¹	Development: 728	2	Unclear – some	17	Not stated
	No validation		done post-		
			discharge		
Roques ³³	Development: 7,181	2	In-hospital ^b	8	Not stated
	No validation				
Kurki ³⁴	Development: 386	1	In-hospital	7	Not stated
	No validation				
Magovern ³¹	Development: 1,567	3	In-hospital ^b	20	16 (major)
	Validation: 1,235				36 (minor)
Staat ³²	Development: 679	3	Post-operative	6	23
	Validation: 226				
Pitkanen ³⁶	Development: 4,592	4	Post-operative	14	22.0 development

	Validation: 821				18.4 validation
Dupuis ³⁷	Development: 2,000	1 and 2	In-hospital	6 (statements)	20.7 development
	Validation: 1,548				22.2 validation
Fortescue ³⁵	Development: 6,237	3	Post-operative	16	4.3
	Validation: 3,261				
Wouters ³⁰	Development: 653	4 and 3	Up to 6 months	20	19.1 development
	Validation: 969		after surgery		21 validation
Huijskes ⁶⁰	7,282 (split 2/3 for	4 and 3	In-hospital	8	17
	development and 1/3 for				
	validation)				
Hsieh ²⁷	Development: 199	4	In-hospital ^b	13	51.6
	Validation: 423				
Grinberg ²²	Development: 768	1	In-hospital ^b	4 categories each with 4	Not stated
	No validation			categories/statements	
				in each	

Afilalo ²⁶	Development: 152	2	In-hospital	Not stated specifically	24.3
	No validation			but combines 5 meter-	
				gait speed, STS-PROMM	
				and Nagi scales	
Heringlake ²⁸	Pooled datasets due to	4	In-hospital ^b	16 ^c	14.4
	some loss of samples, and				
	low event rate (3.4%				
	mortality): 1452				
Schoe ²⁹	Development: 679	4 and 3 and 1	In-hospital ^b	16 ^c	27.5
	No validation				
Tan ²³	Development: 432	2	In-hospital ^b	STS model (version or	20.4
	No validation			number of variables not	
				stated) and echo	
				parameters (3)	
LaPar ²⁴	Development: 2,050	4	Post-operative	9	42%

	No validation				
O'Brien ²⁵	Development: 670,830	2	In-hospital ^b	CABG: 50	All: 17.4
	Validation: 579,335			Valve: 45	CABG: 15.0
				CABG and Valve: 47	Valve: 18.4
					CABG and Valve: 28.3

^a Morbidity definition codes: 1: morbidity defined using surrogate marker (all were hospital LOS); 2. Specifically defined morbidity and mortality

separately but included all outcomes in developing one model; 3. Included death in the morbidity definition; 4. Defined mortality and morbidity separately and constructed separate models for each. ^b In-hospital outcome only inferred but not explicitly stated. ^cEuroSCORE used was additive/model 1⁶¹ containing 15 variables; ^dThe specific variables included for each model are available in Supplementary Table 1



Figure 1: Preferred Reporting Items for Systematic reviews and Meta-Analyses flow chart

Figure 2: Risk of bias summary



Figure 3: Risk of bias of individual studies



Figure 4: The discriminatory power of each model



FIGURE LEGENDS

Figure 1: Preferred Reporting Items for Systematic reviews and Meta-Analyses flow chart.

Abbreviations: NA - Not applicable; Pre-op – pre-operative.

Figure 2: A summary of the overall risk of bias across all 22 studies included in Tables 1 and 2. Red = high risk of bias; Yellow = unknown risk of bias; Green = low risk of bias.

Figure 3: The risk of bias of the 22 individual studies included in Tables 1 and 2. Red (-) = high risk of bias; Yellow (?) = unknown risk of bias; Green (+) = low risk of bias.

Figure 4: For the models listed in Tables 1 and 2 (excluding three that studies that did not report the area under the receiver operating characteristic curve (area under ROC) or C-statistic), the individual effect sizes (squares) and their confidence intervals (95%) are shown. The size of the square reflects the random effect weight assigned to each study. There is significant heterogeneity between the studies so the random effects estimate for the overall effect is 0.72 (0.69-0.75) (diamond). Abbreviations: ROC - receiver operating characteristic curve